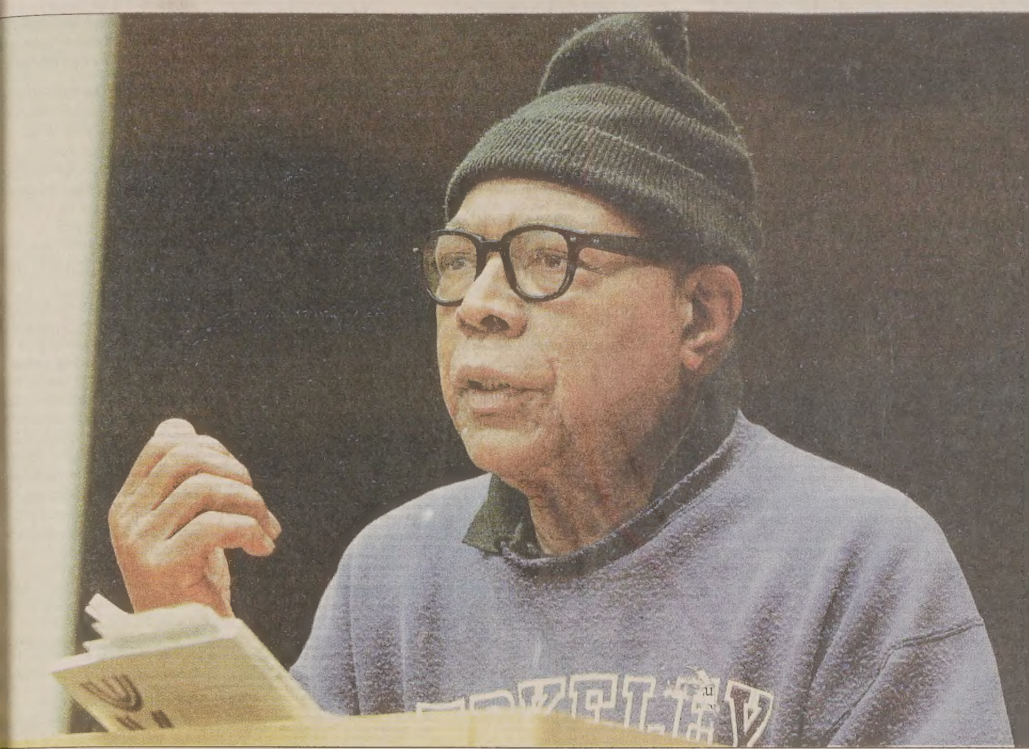


# THE JOURNAL

Friday, January 17, 2003

50 cents (tax included)

**Man About Town** Don't throw in the towel on using handkerchiefs [A3]

**Arts** Musician Laurie Lewis comes to Cody's with new book on her inspirations [C3]


TUE NAM TON/STAFF

BERKELEY RESIDENT and poet Adam David Miller reads excerpts from his book "Land Between" during an open mike poetry night at the Albany Library.

## Open mike feeds poets' need to read

 By Alan Lopez  
STAFF WRITER

ALBANY — Alison Seevak stood at a dais in front of about 20 people at the Albany Library Tuesday night to read a self-penned poem at combined the two.

"When my mother meets God, she's not surprised to find that she's a manicurist,

a quiet woman with jade bangles around her thin wrists and a warm tub of swirling water waiting for weary feet.

"Square or oval," God wants to know,

"Cut or push down your cuticles?"

When my mother tells God she's agnostic,

She just files and nods."

— from "My Mother Finds God at Pinky's Nails on East 57th

### POETRY

The Albany Library holds poetry events three times a month. Poets gather for open mike and featured poet the first Thursday of the month from 7 to 9 p.m. the library presents a poetry-writing workshop on the second Wednesday of the month from 7 to 9 p.m. and a workshop for children in the fourth through eighth grades every second Saturday of the month from 2 to 4 p.m. Call Julie Winkelstein at 510-526-3720 ext. 20 for more information.

Street."

Seevak read her poem during recently open-mike event held at the Albany Library. Though poetry events can be

See POETS, Page A10



TUE NAM TON/STAFF

POETRY ENTHUSIASTS listen to reading by Oakland resident and poet Hew Wolff at an open mike night last month.

## BART will open lots overnight for travelers

 By Lisa Vorderbruegg  
STAFF WRITER

OAKLAND — What BART keth, BART giveth back.

The board Thursday reversed ban on overnight parking at Bay stations and will allow practice only on weekends.

The regulation will go into effect the San Francisco Airport

opens in a few months.

BART hopes to encourage

st Bay residents to ride BART

weekends when its parking

is largely empty.

"This is a good change in the

city," said BART Director Joel

Miller of Antioch. "This will in-

crease ridership."

Today, BART riders can park

cars for up to 72 hours as

long as they notify BART police.

The board adopted regulations

year that will restrict park-

ing to 24 hours or less when the

port extension opens. Direc-

ts wanted to save spaces for

daily commuters and to prevent air travelers from leaving their cars in the already crowded lots.

Under the revised policy, patrons will be able to park from Friday through Sunday night at all stations in Alameda and Contra Costa counties without fear of tickets or tows.

The free weekend parking may lure weekend travelers to take BART to the airport, although the train's shortened weekend schedule fails to match many early and late flights.

BART still will offer an under-termined number of long-term parking spaces intended for air travelers at the Walnut Creek, El Cerrito del Norte and Bay Fair stations. The spaces will cost \$7 a day and carry no time limits or weekday restrictions.

The weekend deal applies only to East Bay stations at this time,

See BART, Page A10

## Bus line changes could strand some

 By Alan Lopez  
STAFF WRITER

EL CERRITO — The 67 bus route, which takes residents from the city's hills to Berkeley, would be among the 26 AC Transit bus lines that might be affected by budget cuts.

The City Council criticized the

possible elimination of the 67 bus line, though council members conceded there is little the city can do.

AC Transit is looking at cutting bus lines that are lightly used and beefing up the more popular lines, said AC Transit spokesman Mike Mills.

The agency, which runs 150

bus lines throughout Alameda and Contra Costa counties, needs to cut \$30 million, or 12 percent of its \$250 million budget for the 2003-04 fiscal year.

"There's been a dramatic decrease in revenues, which basically are hinged largely on sales

See BUSES, Page A10

## Students may be off the hook for having cell phones

■ A change in state policy could lead the AUSD to rescind its ban on phones and pagers

 By Alan Lopez  
STAFF WRITER

ALBANY — The Albany Unified School District may soon allow students to bring cell phones and pagers to school.

A repeal of the state ban on cell phones and pagers in schools went into effect Jan. 1. The state government approved the repeal because electronic devices, including audio/visual players, are a part of everyday life, said Albany School District Superintendent William Wong.

When signing the legislation, Gov. Gray Davis said allowing the devices at school would also give students a greater sense of

security.

Wong said it was obvious new laws were needed to allow the cell phones on campus. The school district is now in the process of changing its own policies to meet that need.

Wong met with the individual school principals to figure out what kind of policy should be created. He changed the language of the district policy banning cell phones and it's now up

### HEARING

WHAT: Public hearing for possible bus service changes to Alameda and western Contra Costa counties.

WHEN: Thursday, Jan. 23, at 3 and 6 p.m.

WHERE: AC Transit district offices, at 1600 Franklin St. in downtown Oakland.

DETAILS: Call 510-391-4875

to the Albany School Board to adopt it.

The revised policy leaves it to the individual schools to decide what should be done if the electronic devices become a distraction.

The policy reads: "Each school shall establish policies to confiscate these devices when their use violates school guide-

See PHONES, Page A10

## INSIDE

&gt;KNIGHT RIDDER&lt;

### Library column

■ Enjoy the books, tapes and videos, but also check out the library's display cases. Page A5

### Schools column

■ Students benefit in many ways by developing healthy habits. Page A5



### Martin Snapp

■ Examples of 'Amazing Grace' came at some amazing times. Page A3

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Arts .....C3  
Crossword .....C6



## NEWS BRIEFS

## Albany

## Clean-up will honor Meniketti

A city clean-up in honor of Dario Meniketti will be held at 10 a.m., Sunday, Feb. 2. Participants should meet in front of the Albany Chamber of Commerce, 1108 Solano Avenue and bring plastic bags and gloves if they have them. Details: 510-525-1771.

## Lions gather for annual crab feed

The Albany Lions Club's annual all-you-can-eat Crab Feed will be held Friday, Jan. 24, from 5:30 to 8 p.m. at the Veteran's Memorial Building, 1325 Portland Ave. The menu will include crab, appetizers, salad, baked beans, and fresh hot bread. Proceeds will benefit at least 11 Albany community groups, including Little League, Track-and-Field, the Wilderness Camp for Deaf Children, and the Lions Eye and Sight Saver Foundation. Tickets are \$27.50 per person, and reservations are required. For details call 510-223-9153 or e-mail alancarusso@excite.com, or contact the Albany Chamber of Commerce at 510-525-1771.

## Elvin Bishop added to music fund-raiser

Guitarist, songwriter and vocalist Elvin Bishop will join Norton Buffalo and the Turtle Island String Quartet at a blues concert to benefit music programs in Albany Schools.

Bishop was a founding member of the Paul Butterfield Blues Band in the 1960s, had chart-topping hits in the 1970s, and continued to record for Alligator Records in the 1980s and '90s. He is considered in the forefront of electric blues guitarists.

Virtuoso harmonica player Buffalo will be accompanied by an all-star band that includes Garth Webber on guitar, Dewayne Pate on bass, Kevin Hayes on drums, and Frank Martin and Jimmy Pugh on keyboards. The show-opening Turtle Island String Quartet has, since its 1986 inception in Oakland, been a force in the creation of new trends in chamber music for strings. Cellist Yo-Yo Ma has proclaimed TISQ to be "a unified voice that truly breaks new ground... authentic and passionate... a reflection of some of the most creative music-making today."

The concert is a benefit for the Albany Music Fund, which is dedicated to preserving music education in the schools. It will be held at 7:30 p.m. Feb. 1 at the Albany High School Gym 603 Key Route Blvd. Admission is \$10 for students and those 18 and under, \$20 bleachers, \$25 main floor. Doors open at 6:30. All proceeds will go directly to the Albany Music Fund.

For tickets call 510-559-8474 or e-mail albanymusic@hotmail.com.

## Chamber has new online presence

ALBANY — The Albany Chamber of Commerce has a new Web site designed by high school intern Richard Gong.

The site includes reports and opinions, links to chamber members, a brief history of Albany, census data; and more. The site is located at <http://commercechamber.tripod.com/#>.

## Berkeley

## City wants to help smokers quit

Albany and Berkeley residents, students and employees can participate free in Berkeley's Tobacco Prevention Program. "Freedom from Tobacco" will meet on six Thursday evenings from 5:30 to 7:30 p.m. Feb. 13 through March 20 at the University Health Services Tang Center, 2222 Bancroft Way (at Oxford).

To enroll: 510-981-5330 or e-mail quitnow@ci.berkeley.ca.us.

## El Cerrito

## LWVRA, Demos hold meetings

The League of Women Voters Richmond Area will meet Tuesday, Jan. 21 at 7:30 p.m. at El Cerrito Royale, 6510 Gladys Ave., El Cerrito. Louise Vogelsberg will speak about community colleges. The League will not have a meeting in February.

The El Cerrito Democratic Club's January meeting is on Tuesday, Jan. 28 at 7:30 p.m. at Northminster Presbyterian Church, 545 Ashbury Ave., El Cerrito.

This will be an organizational meeting: ECDC issues and priorities for 2003, including election of officers and setting of calendar; reviewing possible issues for meetings during the year.

## Learn to use computers at the library

The El Cerrito Library will begin offering free computer classes every other Saturday, beginning Feb. 1, from 10 to 11 a.m. Participants can learn the basics of the Internet, practice computer mouse skills, set up e-mail, search the World Wide Web, locate library materials online and find information through the library's databases.

The library is at 6510 Stockton Ave. Details: 510-526-7512.

## No mystery where authors will speak

Mystery authors Mary Madsen Hallock, Jim Chriss and Max Isaacman will speak and read from their works at the El Cerrito Barnes & Noble this weekend.

Mary Madsen Hallock, 80, writes the Casa Colonial Mystery Series from the viewpoint of the Zapotec Indians of Oaxaca, Mexico, with whom she has formed a close friendship. She will be discussing her book "The Dog on the Roof." Max Isaacman is internationally known as a veteran financial writer and has used his experience to write "Blizzard of Money." Jim Chriss's book, "Guardian Angel" covers intrigue in Washington, D.C.

The authors will speak at 2 p.m. Saturday, Jan. 18. Information: 510-524-0087.

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## Golf pro finds relief at Good Feet

When Bobby Astleford walked into the Good Feet Store a few months ago, he was looking for relief. As a golf teaching professional at El Camino Country Club, Bobby spends all day on his feet. "I had chronic back pain and a lot of joint trauma," Astleford said. "And, my knees have been operated on five times."

"A friend of mine, another golf pro, had suggested that the Good Feet Store products might help my back and knee pain," Astleford said.

Astleford described the kind of pain he was experiencing and the kind of work he did at Oakland Good Feet Store owners, Erik and Glenn Krupp. "They made measurements of my feet and had me try on several pairs of arch supports," Astleford said. "My feet are on the flat side so the supports felt a little funny at first, but within days I had gotten used to them. Since then, the relief has been tremendous."

Astleford reports that the supports have improved his posture so his back and joints no longer hurt. "It's similar to what I teach golfers," Astleford said. "I'll help them correct their swing, which prevents injury and improves their game. The Good Feet Store arch supports correct my balance and spine alignment, which prevents stress on my joints and relieves my pain."

"My supports can be worn in all my shoes, including my clogs, so I can get the benefit not only on the golf course, but throughout the day," Astleford said.



## ALBANY POLICE

## Monday, Jan. 6

■ **VEHICLE VANDALISM** — At about 7 p.m. a resident on the 1500 block of Thousand Oaks Avenue reported that vandals had smashed the driver's side rear view mirror of a white pickup. The resident reported that this was the third time this had happened. There were no witnesses.

■ **BREAK-IN** — Unknown thieves broke into a home on the 700 block of Jackson Street by entering through a rear door.

■ **VEHICLE THEFT** — Thieves stole a maroon '91 Toyota Camry that was parked on the 800 block of Masonic Avenue. There were no witnesses.

■ **PUBLIC INTOXICATION** — At about 11 p.m. officers investigated reports of a subject sleeping on a bus bench on the 800 block of San Pablo Avenue. They arrested the Kensington man for public intoxication. He was cited and released.

## Tuesday, Jan. 7

■ **VEHICLE THEFT** — During the night thieves stole a red '94 Honda Civic that was parked on the 1000 block of Kains Avenue.

■ **THEFT** — At about 10 a.m. a business on the 800 block of San Pablo Avenue reported that a male subject had just stolen two 12-packs of beer and rode away traveling north on San Pablo Avenue on a bike. He was gone when officers arrived.

■ **VEHICLE BREAK-IN** — Thieves broke into a black '99 Ford Explorer parked at 535 Pierce Street. There were no witnesses.

■ **GIFTS FOUND** — An Albany woman found a bag containing two wrapped holiday gifts behind a tree on the 1200 block of Marin Avenue two days earlier. She turned them in at the police station.

## Wednesday, Jan. 8

■ **DISTURBANCE** — At about 3 a.m. officers responded to 545 Pierce Street on reports of several subjects who were in the pool/hot tub area and making a lot of noise. They contacted the three women from Oakland and the two men, one from Albany and one from Richmond, and learned that none of them lived in the complex. They were escorted off the property and strongly admonished regarding their behavior.

■ **VEHICLE THEFT** — A resident on the 1000 block of Stannage Avenue reported that a white '89 Honda Civic had been parked near his home for a couple hours with the engine running and the lights on. Officers investigated and found that the car had been stolen from Pinole during the night. It had a flat rear tire and the ignition had been damaged. It was towed and the owner notified.

■ **DUI** — Officers contacted a 49-year-old Alameda man on the 800 block of Cerrito Street who was taking recyclables and had his vehicle nearby. He was found to be intoxicated and failed the field sobriety test. He was arrested for DUI, cited and released.

## Thursday, Jan. 9

■ **OUTSTANDING WARRANT** — At about 3 p.m. officers responded to the 700 block of Adams Street on reports that a woman who had outstanding Oakland warrants was in his home. A check found that the 31-year-old Albany woman had a no-bail warrant and was on probation. She was arrested and transported to the Berkeley jail.

## Friday, Jan. 10

■ **VEHICLE BREAK-IN** — A resident on the 800 block of San Carlos Av-

enue reported that during the night thieves broke into her black '01 Jeep Cherokee. There were no witnesses.

■ **THEFT** — A teacher at Albany High School reported that thieves had stolen cash from a classroom. There were no witnesses.

■ **DUI** — At approximately 11 p.m. Officers stopped a blue Pontiac on the 800 block of San Pablo Avenue for erratic driving. The driver, a 35-year-old Richmond man, was found to be intoxicated, in possession of drugs and driving with a suspended driver's license. He was arrested, cited and released.

■ **BURGLARY** — A resident on the 700 block of Madison Street reported that unknown thieves had broken into his back office by breaking a window and stole items.

## Sunday, Jan. 12

■ **VEHICLE RECOVERED** — Officers located a gray '90 Toyota Camry on the 800 block of Hillside Avenue that had been reported as stolen from Albany. They did not have anyone in custody.

■ **THEFT** — A resident on the 1000 block of Paralta Avenue reported that thieves had stolen a plant from the porch during the night. There were no witnesses.

■ **BURGLARY** — During the night thieves broke into a home on the 600 block of San Carlos Avenue and stole items. There were no witnesses.

■ **BURGLARY** — Officers responded to a restaurant near San Pablo and Solano Avenues on reports of a subject who had ordered food and left without paying for it. Officers stopped a group of three subjects and arrested a 41-year-old man for burglary. He was transported to the Santa Rita jail. He was found to have only 51 cents in his pocket.

## Monday, Jan.

■ **VEHICLE BREAK-IN** — A white Honda Civic on the 1100 block Brighton Avenue and cut him the process because blood was found on the glass. He then got into the interior of the vehicle but, he didn't take anything. The car was towed.

■ **VEHICLE BURGLARY** — On the night thieves broke into a green '97 Toyota Corolla on the 1000 block of Stannage Avenue and stole various items including the stereo. There were no witnesses.

■ **ILLEGAL CAMPING** — On the night thieves broke into a green '97 Toyota Corolla on the 1000 block of Stannage Avenue and stole various items including the stereo. There were no witnesses.

## Summary

During the week of Jan. 6, officers towed four vehicles, responded to false alarms, attended to three deceased animals, and assisted people who were locked out of their house or car. In the domestic violence category, officers assisted with two standbys, attended to 17 civil disturbances, 127 civil assists. Officers stopped vehicles and/or pedestrians in 65 citations and 55 warnings, responded to 17 firefighter/paramedics responses, one fire call and five medical emergencies.

— K.

## EL CERRITO POLICE

## Wednesday, Dec. 25

■ **VEHICLE THEFT** — A 1991 Acura Integra was stolen from the 11700 block of San Pablo Avenue sometime between 1 p.m. on Dec. 25 and 6 p.m. on Dec. 28.

## Friday, Jan. 3

■ **VEHICLE RECOVERED** — A stolen black Saturn SL2 was recovered on the 500 block of Ashbury Avenue. The vehicle had been stolen in El Cerrito on Dec. 16.

■ **VEHICLE RECOVERED** — A stolen 1991 Toyota Camry was recovered at the Mechanics Bank parking lot. The vehicle was reported stolen from Albany on Dec. 31.

## Saturday, Jan. 4

■ **VEHICLE RECOVERED** — A white 1990 Honda Civic was stolen from the 11700 block of San Pablo Avenue sometime between 9 a.m. and 8 p.m.

■ **VEHICLE THEFT** — A 1995 Honda Civic was stolen from the 600 block of Lexington Avenue sometime between 4 p.m. on Jan. 3 and 3 p.m. on Jan. 5.

■ **RECYCLING THEFT** — Glass bottles and plastic was stolen from bins at the El Cerrito Recycling Center sometime between 4 p.m. on Jan. 4 and 8 a.m. the next day.

## Sunday, Jan. 5

■ **VEHICLE BURGLARY** — A stereo was stolen from a vehicle on the 5800 block of Avila Avenue sometime between 9 p.m. on Jan. 5 and 12:50 p.m. the next day.

■ **VEHICLE THEFT** — A gray 1991

Honda Civic was stolen from the 2500 block of Alva Drive sometime between 7:30 p.m. on Jan. 5 and 6 a.m. the next day.

■ **VEHICLE BURGLARY** — Property was stolen from a vehicle on the 8600 block of Terrace Drive sometime between 3 a.m. and 3 p.m. The vehicle was entered through its convertible top, which was cut open.

■ **BURGLARY** — A laptop computer and two electronic organizers were stolen from a home on the 400 block of Liberty Street sometime between 8:30 a.m. and 1:30 p.m.

## Tuesday, Jan. 7

■ **BURGLARY** — A laptop computer was stolen from a home on the 1300 block of Liberty Street sometime between 8:10 a.m. and 7:45 p.m. The home's rear window was broken.

■ **WEAPON** — A 22-year-old Richmond man was arrested on suspicion of possessing a stolen, loaded and concealed gun inside his vehicle at 2:45 a.m. Police discovered the gun underneath the driver's seat during a traffic stop.

■ **VEHICLE BREAK-IN** — A screwdriver was used to pry open a vehicle's driver's door window on the 100 block of Santa Fe Avenue sometime between midnight and 7 a.m. There was no loss.

## Wednesday, Jan. 8

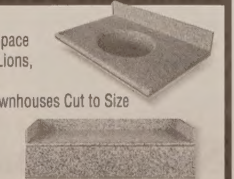
■ **ROBBERY** — A 74-year-old woman's purse was taken from her by two men while she was walking on San Pablo Avenue at Blake Street at 11:45 a.m. The men snatched the purse from the woman's shoulder and then ran away on Blake Street. The victim lost \$70.

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## Harding School goes Hollywood

A publicity poster signed by the entire cast of "Friends," a "Vanilla Sky" poster autographed by Tom Cruise, and a script from "Sex in the City" signed by Sarah Jessica Parker are just a few of the celebrity items up for auction at the fourth annual "Harding Goes Hollywood" event.

In addition to the celebrity items, silent auction tables will offer donations from local merchants, museums, sports organizations and theaters. Special items include a private birthday

party given by the firefighter from Station 72 and a hand-carved wooden dollhouse donated by Marvin Gardens Realty. Items also will be lift tickets from the Bowl, Northstar and Donner Lake, as well as tickets to Berkeley's ACT and the San Francisco Opera. Bay Area bakeries will offer desserts for \$3.

The event will be held 6:30 to 9 p.m. Saturday, Feb. 15, at the Harding Elementary Library, 7230 Fairmount Ave., El Cerrito. Details: 510-524-

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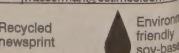
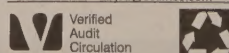
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# ay inspires thoughts of amazing grace

LET US STOP for a moment and think about Martin Luther King. Wednesday is his birthday, and his birthday will be the official celebration.

Most 35 years after his death, he looks better than ever. It's incredible that I was able to live at a time when I could see this great man and his mighty deeds.

In his human frailties that come to light over the years — like his womanizing and the accusations that he played parts of his doctoral dissertation — are as nothing. That his fallibility makes his accomplishments even more impressive.



MARTIN SNAPP  
Snapp Shots

now I see.

And let us also think of George Wallace. He was the governor of Alabama who literally stood in the schoolhouse door, "his lips dripping with the words of interposition and nullification," as Martin Luther King described it, trying to block integration.

Back then, Jim Crow meant much more than just separate drinking fountains. It was a blank check for white people to do whatever they wanted to do to black people, up to and including murder. And no jury would convict them, because only whites were allowed on juries — or even to vote, for that matter.

George Wallace presided over all that. He was Jim Crow's poster boy and head cheerleader. When four little black girls in Birmingham were killed in a church bombing, he shrugged. His rallying cry was, "Segregation now, segregation tomorrow, and segregation forever!"

But one day he had a life-transforming experience, like John Newton. He was shot by a would-be assassin, leaving him paralyzed and in excruciating pain for the rest of his life.

It was the best thing that ever happened to him. His suffering taught him to empathize with the suffering of others, and he came to realize what terrible things he had done.

Finally, old and frail and confined to a wheelchair, he had himself wheeled down the aisle of the same African-American church in Birmingham where those little girls had been killed. With tears in his eyes, he humbly confessed his sins and begged them to forgive him.

And the congregation responded by rising as one and singing "Amazing Grace."

May 10, 1748, his ship was crashing around in a violent storm in the South Atlantic. The ship was ripped away, and the shipboard side was caved in. Newton was clearly about to die in desperation, Newton exclaimed, "Lord, have mercy on me and in his heart he cried out that if he survived, he'd atone for his sins by going to live to see slavery's end. The storm miraculously subsided, and Newton kept his promise. He became an ordained minister, spending the rest of his life preaching against what he called "the great evil" of slavery. Newton didn't live to see slavery's end throughout the British Empire in 1832, but the man who pushed the abolition bill through Parliament was one of his disciples, William Wilber-

force. Newton composed a hymn about his conversion from slave trader to anti-slavery crusader. He sat down to write these words:

*Amazing Grace! How sweet  
and true! That saved a wretch  
like me, I once was lost, but  
now I'm found! Was blind, but  
now I see.*

Reach Martin Snapp at 510-262-2787 or msapp@cctimes.com.



STEVE MASLANKA/STAFF

## Pinewood pit stop

**ZAK GRINSTEAD, 7,** glues a part onto Pinewood Derby car while his mom, Allison, watches. About 45 cars made by Cub Scouts in Albany Pack 3 raced at the Veterans Memorial Building on Sunday, Jan. 12.

## Handkerchiefs are benchmark of civilization

THE PROTAGONIST of the 1986 movie, "The Mosquito Coast," defined civilization in one word: ice. Agreeing, I often quoted the line while consuming cubes of it in adult beverages as the sun settled over the yard arm. But after viewing countless disgusting scenes in movies and television, I have changed my opinion: Civilization is handkerchiefs.

If you have not lived under a bridge for the last decade, you must have noticed that the handkerchief has gone the way of the buggy whip. Hollywood reflects this slide into barbarism — as it does many others — with revolting accuracy.

Only on Regis Philbin's morning interview program have I seen a sniveler provided with even a disposable tissue. On other shows and in the movies, fingers, sleeves or other people's shoulders are pressed into service. About anything will do. As a result, tender love scenes are completely blown for me, so to speak.

Although noses have run since we first grew them, the earliest mention of handker-



DAVE GREER  
Man About Town

chiefs is by the Roman poet, Catullus. It's likely that Lesbia, the bard's faithless girlfriend, set him first to blubbering and then to reflecting on hankies.

For centuries thereafter, handkerchiefs were used for both blow and show. One of the most profound of Renaissance thinkers, Erasmus, took time out from denouncing Martin Luther's apostasy for this pronouncement: "To wipe your nose on your sleeve is boorish."

Nobody questioned his dictum until the '60s when hirsute hippies made boorishness acceptable. Handkerchiefs went out the window along with "please," "thank you," "you're welcome," knocking before entering, removing hats indoors and everything else the new barbarians considered "bourgeoisie." (A Marxist term of derision.)

I recommend 100 percent cotton hankies as they are far more absorbent than those containing synthetics.

Handkerchiefs made a last, neatly folded stand in the breast pockets of men's jackets. But even this largely ornamental use ended when the casual craze led men to swapping their suits for blue jeans and exercise apparel.

Then feminists unwittingly raised the lack of civilized wipage to the level of national crisis by insisting that males become more "sensitive." But "getting in touch with their feminine side" reduced strong men to sniveling, snuffling and sobbing brokenly. And without even a lady's silk hankie to staunch the flow!

New laws won't help. We must all equip ourselves with handkerchiefs, or at least dis-

posable tissues, if we are to halt this slide into prehistoric slime. I recommend 100 percent cotton hankies as they are far more absorbent than those containing synthetics.

And I favor large, colorful bandanas which have many uses beyond their primary function. They double as dust masks, head covers, tourniquets, emergency signals, place mats for alfresco dining, and bibs for sloppy eaters.

A Dollar Warehouse at 1073 San Pablo Ave. in El Cerrito sells all-cotton bandanas in many beautiful colors for just a buck. So grab a few and join me in this great crusade to ease a crisis far more menacing than outdoor smoking or even fat kids. Carry a handkerchief and use it to wave the flag of civilization.

Dave Greer is a longtime Albany resident, musician and sailor.

## icking wild mushrooms can be dangerous, fatal

THE RAINY SEASON is also the mushroom season in the East Bay Regional and elsewhere, including front lawn or back yard.

With the arrival of the annual room crop come the innumerable reports of mushroom eaters suffering extreme illness, even death, after picking and eating the wrong varieties. It seems timely to talk a bit about mushrooms and their hazards.

Most of all, it is not permissible to gather mushrooms or any other plants in the regional parks. The Sierra Club slogan, "Leave No Trace," is to "take only pictures, leave only footprints."

If you do go mushroom picking, you should do it on private property with the permission of the property owner. Equally important, you should be a mushroom expert yourself, or be accompanied by someone who is. Hundreds of species of mushrooms can be found in the Bay Area. While some of them are



PARK IT  
Ned MacKay

edible, many others are very dangerous.

Here's some information on the mushrooms to avoid, provided by Ron Russo, the park district's manager of nature interpretation and recreation. Ron has studied mushrooms for years and has written a mushroom ecology guide.

Dangerous mushrooms that appear this time of year include *amanita phalloides* (death cap), *amanita verna* (death angel), *amanita pantherina* (panther fungus) and *amanita muscaria* (the sacred mushroom). There are many others as well, some of which look very similar to edible mushrooms.

Phalloides is probably the

worst of the bad guys. It is light brassy green in color, four to five inches in diameter, and six or seven inches tall. It has a thin white patch on the cap, a collar around the stem, and white gills. It's commonly found under oaks, or mixed woods of oak, pine and madrone. Symptoms usually develop 10 to 12 hours after you've eaten the mushroom. It can cause severe liver damage and even death. Death angel and pantherina have similar effects, though the onset and intensity of symptoms varies.

Amanita muscaria has a red cap with pieces of white veil on the top. Although it's widely known for its hallucinogenic effects, it contains another compound that causes tissue, liver and kidney damage. It, too, is common in the Bay Area.

Mistaken identity is a major problem for mushroom gatherers, especially people who have come to California from other countries. According to Russo,

many of the same mushroom varieties can be found in California, New York, Western Europe and Russia. "But as soon as you cross the equator or get in different latitudes, you get different species," he said. California mushrooms may look similar to some kinds that are found in Southeast Asia, but it's almost guaranteed the ones in California are not the same kind that were eaten safely elsewhere.

There's also a lot of folklore about discriminating good from bad mushrooms, Russo said. Some people believe that if they use silver spoons or coins, parsley, rice and various other folk methods, they will be able to tell poisonous toadstools from edible mushrooms.

A rule of thumb based on local folklore may work under certain restricted circumstances locally, but it inevitably fails elsewhere. The best rule is that there are no rules of thumb, devices, or processes

that can reliably distinguish toadstools from edible mushrooms, except through expert identification, Russo said.

Mycologists (mushroom experts) believe that the only certain method to distinguish poisonous mushrooms from edible ones is by having a trained expert familiar with all the subtleties and characteristics of each species carefully examine mushrooms for their diagnostic features. Sometimes the only foolproof method involves the use of microscopes and various chemicals. Otherwise mistaken identity can be deadly.

This is not to say that in Vietnam the folklore may work, Russo said. But you can't take that rule of thumb and apply it

everywhere else. So generally, mycologists say there are no rules of thumb that are safe everywhere.

So please don't pick mushrooms or anything else in the regional parks. And on the whole, unless you really know what you're doing, the best place to go mushroom hunting is the produce department of your local supermarket.

Ned MacKay, retired public information supervisor for the East Bay Regional Park District, writes a weekly column about East Bay parks. If you have a question for MacKay, write to him at 2950 Peralta Oaks Court, Oakland, CA 94605, or call the district at 510-544-2207.

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## THE JOURNAL

"... were it left to me to decide whether we should have a government without newspapers, or newspapers without a government, I should not hesitate a moment to prefer the latter."

— Thomas Jefferson

## EDITORIAL

## King's 1964 words for 2003 and beyond

"MODERN MAN has brought this whole world to an awe-inspiring threshold of the future. He has reached new and astonishing peaks of scientific success. He has produced machines that think and instruments that peer into the unfathomable ranges of interstellar space. . . . This is a dazzling picture of modern man's scientific and technological progress.

"Yet, in spite of these spectacular strides in science and technology, and still unlimited ones to come, something basic is missing.

"... we have not learned the simple art of living together as brothers." — excerpt from Martin Luther King Jr.'s acceptance speech for the Nobel Peace Prize in 1964.

King would be disappointed if he could see the world as it is in 2003. It is increasingly clear we have yet to master the challenges of brotherhood. With an entire planet to share, the human emphasis is still more on protecting and fighting for figurative and literal boundaries than on the pursuit of peaceful co-existence. Seems true from the inside out; from townspeople with crosshairs on newcomers, to countries with crosshairs on countries.

Maybe living peacefully requires maintaining an awareness of our own knee-jerk discriminations. Maybe it requires looking as hard at ourselves as we look at anyone who appears "different."

Maybe we need to keep working on it, no matter how unlikely it is that everyone will try. In the end, King was not about street signs and holidays, but about personal convictions of common sense, empathy and mutual respect. As he pointed out nearly 40 years ago, we've done better with rocket science than we've done with the human spirit.

Let's work on it.

## VIEWPOINT

## Remembering King's speech on peace

By Paul Rockwell

THIRTY-FIVE YEARS ago, April 4, 1967, Dr. Martin Luther King Jr. delivered a speech that changed my life. I was a student at Union Theological Seminary in New York City in 1967, during the peak of the Vietnam war. Almost by accident a friend invited me across the street to hear Dr. King deliver a comprehensive anti-war address at Riverside Church.

It is not the drama, the excitement of the occasion, nor King's mellifluous voice passing over the hushed sanctuary as he described the holocaust of Indochina. It is not even the way history later vindicated King's teachings on war — everything he predicted came to pass — that makes his 1967 address so memorable to me. It is the vitality of his teachings for our own lives, the immediate relevance to the arrogance and jingoism of our time, that compels me to recall and reread the Peacemaker's masterpiece once again.

The economic and moral crisis we are facing today — the ubiquity of violent crime, the endemic clutch of drugs, the growing poverty of the working poor, the suffocation of millions of decent lives in the ghettos of our cities — all date back to that fateful turn when American leaders, pressured by big corporations, chose war over peace, empire over civil rights and social progress.

Dr. King saw our crisis coming. "A few years ago," he began from his well-lit pulpit, speaking in reference to the anti-poverty programs, when American was moving forward — "A few years ago, there was a shining moment in our struggle. It seemed as if there was a real promise of hope for the poor, both black and white, through the poverty program. There were experiments, hopes, new beginnings. Then came the buildup in Vietnam, and I watched the programs broken. I was compelled to see the war as the enemy of the poor."

As Dr. King analyzed the hope-wrecking nature of war, I put down my pen, stopped taking notes, and listened with my heart, as he described, not only the devastation abroad, the injuries and scarred lives of the working class youth returning home, but the spiritual costs of imperialism — the mendacity of our leaders, the disillusionment of youth.

"A nation," he said, "that continues year after year to spend more money on military defense than on programs of social uplift is approaching spiritual death."

King reminded his listeners that U.S. lawlessness abroad breeds violence within the United States as well. "As I have walked among the desperate, rejected angry men, I have told them that Molotov cocktails and rifles would not solve their problems. But they ask — and rightly so — what about Vietnam? Wasn't our own nation using massive doses of violence to solve its problems? Their questions hit home, and I knew that I could never again raise my voice against the violence of the oppressed in the ghettos without having first spoken clearly against the greatest purveyor of violence in the world today — my own government."

King never used the term "blowback," but his message was clear: When America sows the wind, it will reap the whirlwind in due time.

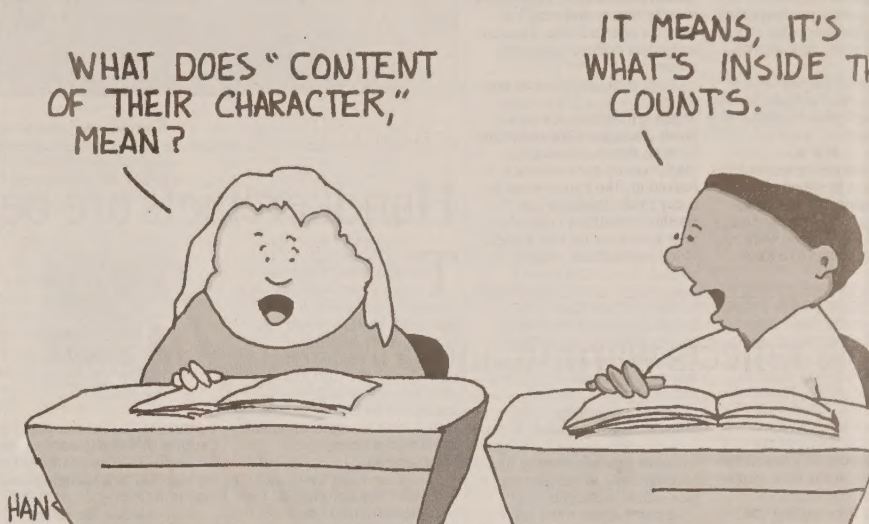
The Vietnam war is past. The Cold War is over. But King's teachings about the moral and social costs of militarism and empire are as relevant today as they were 35 years ago. Under a new \$396 billion military budget, Americans pay more for defense than all potential adversaries combined. The United States is now the world's leading merchant of death, the primary font of arms proliferation. No monarchy, no despot, or human rights abuser is off-limits for American high-tech weaponry. While France sold Saddam Hussein Mirage bombers, during the U.S.-backed Iraq war against Iran, U.S. companies, licensed by the Department of Commerce, shipped biological germ stocks to Saddam throughout the '80s. The arms trade is a sordid and secret business, and we have forgotten King's admonition: the sale of weaponry on a world scale is one of the great social crimes of the modern age.

I left Riverside Church inspired by the intensity of the event. The following day, King's patriotic address caused an outcry in the media. Time magazine called it "demagogic slander, a script for Radio Hanoi."

Nevertheless I can still hear our teacher reciting the words of James Russell Lowell: "Though the cause of evil prosper yet 'tis truth alone is strong."

JEFF HANSEN • HILLS NEWSPAPERS

## REMEMBER WHAT DR. KING SAID



## LETTERS TO THE EDITOR

## Out-of-touch politicians

Another incremental step in erasing the distinction between legal and illegal was reached as the Federal Building opened its doors to and began providing services for illegal aliens.

The so-called "matricula" ID cards issued by Mexican consulates should be printed on fig leaves, as they are, in fact, simply a thinly veiled instant amnesty card.

San Francisco's very own Rep. Nancy Pelosi, passed along these cheerful remarks for the occasion: "The reason (Pelosi) did this was it would help her constituents access services there, including our office."

Illegal immigrants are Pelosi's "constituents"? This member of Congress is a perfect example of how out-of-touch the governing elite is with the wishes of the American people.

A recent survey by the Center for Immigration Studies showed that reducing illegal immigration is considered to be a "very important" foreign-policy goal by 70 percent of Americans — but only 22 percent of those in the elite.

Pelosi's words are a disgrace to Americans. Meanwhile the East Bay's Ellen Tauscher and George Miller are silent to this charade.

Wanda Gomez-Berger  
El Cerrito

## Racist allusion

As an American, born of Chinese heritage, living in Albany for more than 30 years, I was appalled and offended to read the overtly racist piece of Jan. 3 titled, "Them" had nothing on these ants." Dave Greer may sneer at this protest of his "Man About Town" column. He will probably dismiss objections to his sophomoric, lightweight column like an Archie Bunker would: Call it the whining of a wimpy, thin-skinned, politically correct, communist sympathizer.

He wrote about the extermination of the ants that swarmed into his house. "We baited and sprayed extensively, but could not stop the brutes," he frets, "... and then they made the same mistake the Viet Cong made in the 1968 Tet ... When the Raid cleared, we wiped them out just as the Cong had been destroyed at Tet. But there was no leftist press to spin this into a propaganda victory for them."

My God, has nothing been learned since Vietnam?

It is precisely the use of this kind of allusion that breeds and permits hatred, racism and, eventually, genocide. Perhaps he should not have hesitated to call a spade a spade: We should have nuked the little creatures when we had the chance. Then those "leftists," like Walter Cronkite, wouldn't have had the chance to spin a thing.

But regardless how one may feel about the outcome of the Vietnam War, it is the dehumanization of the "other" that makes possible the blood-lust massacres at My Lai, Bosnia, Rwanda, Nanking, East Timor and on and on.

Does Greer not realize that for more than a century, in the Western press, Asians had been frequently portrayed pejoratively in terms of "hordes," "teeming masses," "rats" and ... "ants"? We are tired of it.

Too many people, all over the world, have suffered brutality at the hands of

those goaded to exterminate, kill, rape or maim on the justification that "animals" live on the other side.

Our blood is red, too, Greer. Our bones are white. We laugh in joy, we weep in loss. Look around. We live here. Think about using another metaphor next time you exterminate ants.

Fu-Tung Cheng  
Albany

## Credit due

The El Cerrito Planning Department and Planning Commission deserve much credit for completing and studying a report of 278 pages describing the city's housing needs.

Now, the next step is contacting public and private housing developers to acquaint them with the mutual benefits of investing in El Cerrito.

Another task in city planning is site selection and construction of a city hall that compels attention. For 85 years, in a metropolitan area, we have housed our city employees in village-type quarters.

A new city hall, suitably located, would then become another asset to help gain the attention and respect of potential developers. Local government would then be better government. And perhaps construction costs could be shared with grants.

Art Schroeder  
El Cerrito

Schroeder is a former planning commissioner.

## A bleak future

Building more housing will not solve the housing shortage. It just leads to more people who demand more houses.

Creating fewer people and balancing immigration with emigration will solve the housing crisis and lead to a stable housing market and stable housing prices.

If people who currently exist can buy and occupy the houses of people who die and no longer exist, then you have a stable housing supply, stable employment and stable or declining housing prices.

The problem is a rising population.

"More" is bad, "the same" is good, and "less" is even better, because it leads to a stable and better future for the human race instead of the disaster we are all headed for when the oil runs out.

Can you imagine what this society will be like when we no longer have petroleum as a fuel? The problems we will face?

Stephen Jory  
Berkeley

## HOW TO REACH US

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## Alternative fuels

In 1895, Dr. Rudolph Diesel developed the first diesel engines.

These engines were designed to run on vegetable oil and hog fat. His vision of renewable fuel and strengthened cultural economies was extinguished in 1913 when he was assassinated.

Since then, diesel engines have been modified to only accept higher viscosity petroleum diesel fuel. However, diesel engine will still happily burn vegetable oil at the same mileage and power as petroleum fuel, if the oil is heated before entering the fuel lines.

The emissions are approximately 10 percent less than diesel fuel. I own a Chevy diesel pickup and I get my fuel from Chinese restaurants who have a mally pay to have it removed.

A little earlier in history, the hydrogen fuel cell was being developed at the same time as the first internal combustion engines were built. The gasoline engine dominated because it was more reliable.

Hydrogen engines work, their only drawback is water, and the cost of fuel is compared to gasoline. The spread of hydrogen power will bring a revolution in world economies.

As individuals become more responsible for their own energy use, the companies will lose their stranglehold on the world.

Casey  
Albany

## Not so brilliant

Wow! Another brilliant proposal to keep the rich on board. The doubling of dividends paid by corporations to their shareholders has always been beyond reason.

The simple solution to this is to put dividends on an equal footing with interest paid on corporate debt: both as tax deductible expenses for the corporation. Individuals receiving interest and dividends then simply pay these as ordinary income. Even these \$100 or \$200 exemptions on dividend interest income are perverse gestures to the rich.

Capital gains taxation (non-existent in Europe) is beyond reason on the notion of the capital gain which is caused by inflation. Indexing capital gains to inflation is possible but very cumbersome.

Here, the simple solution would be to do away with capital gains taxation altogether or, at least, for assets held less than three years; gains on assets held less than three years after acquisition be reported as ordinary income.

These two straightforward changes would simplify our tax returns while reducing tax collections. But God bless our government would do anything to make our tax code more simple and suitable.

If Bush was serious about reducing unemployment, he would retrain manufacturing jobs exported to other countries back to the United States. Leaving more money in the pockets of the rich does not create jobs.

Scrapping the World Trade Organization and all those free trade agreements, and, of course, a few more wars, would also help.

Jan H.  
Kensington



# Library display cases are worth checking out

quote of the week:  
let books be your dining  
And you shall be full of de-  
Let them be your mistress  
you shall sleep restful nights.  
— from Bar Hebraeus' *Syriac*, St. Ephrem the Syrian (303-373)

## STARTED THINKING

ABOUT library display cases recently because we have had great exhibits in the Albany area. In December we have celebrated how holidays are celebrated by our patrons and staff, including Christmas, Hanukkah, Kwanzaa. Other exhibits included Lego creations, handmade dolls, origami, and objects, miniature fireplaces and greeting cards. So, last week I visited the Richmond Main Library, and Crockett, El Sobrante and other libraries, and took a look at their cases. What did they have? In the display case advertised upcoming children's library events and in El Sobrante there was a wonderful Gingerbread house, with graham cracker houses made by children. Richmond had beautiful exhibit from their sis-

ter city, Regla, and not long ago



**JULIE WINKELSTEIN**  
At the Library

had handmade sailing vessels, built to scale.

Out of curiosity, I also did a search on the Internet, to see what other libraries in the United States do with their cases. Are they for public use, as the Alameda County, Richmond and Contra Costa County ones are, or only for library programs? What are their policies? Who has the final say on content? This last question turned out to be a lot more interesting than I had anticipated.

An article from the ACLU News about the Oakland Public Library, dated July/August 2000, was on the first site I looked at. The controversy over a gay pride display at the West Oakland branch was resolved with a new policy protecting "First Amendment values,"

which was adopted by the Library Advisory Commission. Looking at other public libraries, I found that at the Brighton Memorial Library, in Rochester, N.Y., the display cases are for the library first, then the public, and "determination of the appropriateness of the display or material for posting is the sole decision of the Director or designated representative."

Shaler North Hills Library, in Glenshaw, Pa., states "Use of the display cases is subject to approval of the Library Board who may deny space to displays that do not meet the general objectives of the library."

Neither of these seems to include First Amendment Rights, but instead gives the final say to the people in charge.

I also came across an article dated Aug. 17, 1995, and titled "Two NORML Chapters Fight for Their Rights ... And Win!" NORML, which is the National Organization for the Reform of Marijuana Laws, was denied permission by library management to run a month-long hemp exhibit in the display of the Norman (Oklahoma) Municipal Public Library. In this case, they

charged discrimination and violation of the National Library Association's anti-censorship policy. They were eventually permitted to install their display, again with the help of the ACLU.

I'm not sure what all this means, but after being sidetracked by these controversies, I'd like to get back to my first point: Local libraries have display cases. Go, take a look! Or, consider displaying your collection or your craft — it's a great opportunity to share with your community.

**READER REVIEW:** Today's book review is from Lesly and the book is "Island of the Blue Dolphins" by Scott O'Dell. This book, which is fiction for ages 9 and up, is about "a girl named Karana who gets stranded on an island and after 18 years she gets to America and lives in the Santa Barbara Mission." Lesly says it is "interesting" and she recommends it because "I spent time studying it."

Reach Winkelstein at [jwinkelstein@aclibrary.org](mailto:jwinkelstein@aclibrary.org)

# Healthy habits can help students focus

WHETHER A CHILD eats a bag of potato chips or stays up to watch a favorite television show may not seem like an educational matter. But how much attention we pay to children's health issues has a major influence on whether children make it to school every day, and how ready they are to pay attention once they get to school.

Parents and teachers should work in partnership to keep children healthy, suggests Rona Renner, R.N., a parent educator and temperament specialist with Kaiser Permanente's Richmond Medical Center. Renner is host of "Childhood Matters," a talk show for parents and caregivers on 98.1 KISS-FM Sundays at 9 a.m. ([www.childhoodmatters.org](http://www.childhoodmatters.org)).

When children have difficulty focusing, are irritable, or misbehave, she says, it may be because they haven't had enough sleep. Just think about how you feel when you haven't been getting enough sleep, notes Renner.

According to the Kaiser Permanente publication "Healthy Teens Healthy Futures," most teens get only seven hours' sleep but need at least nine hours.

Many children, Renner says, fall asleep watching television. They may have a TV in their bedrooms with the parents unaware of how late they are watching.

Nighttime can be a time of great anxiety for children. While television can be over stimulating, bedtime stories are a great way to help children relax. Some children may find music soothing.

"You can't force someone to go to sleep," says Renner. But you can set limits to ensure they are in bed, and create an environment that is conducive to rest.

Teachers can help out by alerting parents if they see evidence the child hasn't had enough sleep. Classroom discussions and activities about sleep habits might also be helpful, she says.

Good eating habits, particularly starting the day with a healthy breakfast, can also help ensure children are ready to learn. Children who haven't



**BETTY KING BUGINAS**  
Schools

had breakfast may be restless or irritable by about 10 or 10:30 a.m., she says.

Mornings can be a rushed time for families, but Renner urges parents to schedule in that extra few minutes it takes to ensure children eat breakfast. It doesn't have to be a big breakfast — perhaps an egg and toast, cereal and milk, or fruit and yogurt — but it is a good idea to include some kind of protein. If you have to, she says, put together something for them to eat in the car on the way to school.

A good way to show children the importance of a healthy meal, she says, is by eating one yourself.

Some schools offer breakfast programs. Some schools or classrooms provide a time when students can eat snacks.

Another area in which parents and schools can work together is ensuring students get enough physical activity. Kaiser Permanente's "Healthy Kids Healthy Futures" encourages children to be active 30 to 60 minutes a day. Renner says it helps to limit the amount of time children spend on activities such as watching television, playing video games, and using a computer. She also encourages parents to ask their children's teachers if they are getting physical activity regularly at school.

Physical activity helps the brain function, she says. Some children are better off doing some physical activity before doing their homework, though, she notes, it's important to know your own child's temperament and learning style.

Again she notes that parents can best teach by providing a good model.

**Next week:** Mental health and health resources.

Betty King Buginas is a West Contra Costa Unified School District teacher.

# Home reflects warmth and spirit of the season

YOU ABSOLUTELY HAVE to see this house," said the voice on the telephone, "I know Christmas is over, but this is a 'must-see' at any time."

Since this was the second person who called me about the El Rito home, I called Mary Osdon, who quickly invited to come and see her decorated home.

And a must-see it was. Mary Osdon decorates her home in love, joy, humor and with the items she has collected over the years to feed her passion. When husband, who was alive, he did the outside and she the inside.

I think he loved doing it as much as I do," she says. Since he had been gone she has left the side with only a few handmade red bows as decoration.

However, inside! This year she not feel able to manage a , although until she mened it I hadn't noticed its absence. That was because around a window and doorway there were evergreens with lights on



**CLARA-RAE GENSER**  
Community Folk

them. The chandeliers had wreaths of greens from which hung Christmas tree ornaments. Sound overdone? It was not. It was warm and attractive. In every corner or niche there was a Santa Claus. One was busy making a list, one making a toy. Most of them did something, and were musical. Some looked very old, but well-cared-for, especially a very large one upon her sideboard. The Santa in the kitchen was checking his list and his toys, ready to go.

Woodson's family was always with her, for in several locations Christmas stockings were hung, with the names of her children and grandchildren on them. Since she has seven grandchildren, there were many socks. In

her bedroom, the bedspread was awash with poinsettias, with pillow shams of beaming Santas.

But the focal point of all of her decorations were the "villages" tucked into two shelves in a corner of one small room. There were two villages, each very special, with houses, retail buildings and civic centers. In one, skaters skate on a mirror; a gift, she says, from her grandchildren. That man sitting on a bench and reading is special. When she bought it she told Dean, "That's you," because that was what he loved to do most.

Each house or ornament has a history, lovingly related, including the fact that her mother had started the collection when she gave Mary and her sister each two small buildings.

Born in Iowa, on a farm, Woodson came to California after her sister had moved here and had gone to work in the Kaiser shipyards in Richmond. The rest of the family soon joined her, and Mary, too, became a Rosie the Riveter — and met and married her husband. They were

married for 49 years, about to celebrate their 50th when Dean was diagnosed with acute leukemia.

Their son Steven is a lawyer and father of six. Son Dennis died some time ago, but his son, Paul, is now in a musical off Broadway, where he plays Vincent Van Gogh.

Woodson is very active in her church, where a scholarship was begun in her name by the Belles of St. Mary's, an organization in which she is very active.

"I feel so honored," she says. She also makes rosaries for the church's missions, and for the jails. But mostly she spends her time with her grandchildren whenever possible. "I have a rich, full life," she says.

*Do you know people, places or groups in El Cerrito, Albany or Kensington that would make good subjects for this column? If so, please write me at 555 Pierce St., No. 443, Albany, CA 94706 or call 510-525-4585. My e-mail is [ergenser@aol.com](mailto:ergenser@aol.com).*

## BANY PTA NEWS

### any PTA Council

Meeting: 7:30 p.m. Jan. 27, S Library.

### any High School

ive the daily bulletin and news by mail. Contact Linda Okamoto at [lo@earthlink.net](mailto:lo@earthlink.net).

25. Curriculum discussion with Superintendent Wong and Principal Lindo; 9 a.m., AHS Library.

1. Blues concert to benefit Albany S Fund featuring Norton Buffalo, in Bishop & Turtle Island String Quartet; 7:30 p.m., AHS Gym, \$10 for adults, \$20 for bleachers, \$25 on main floor; for reservations call 559-8474 or e-mail: [albanymu@hotmail.com](mailto:albanymu@hotmail.com).

Edna Shipley at 510-527-0745, EdnaShipley@aol.com or Karen ss at 510-526-2018, e-mail: [karen-ss@sbccglobal.net](mailto:karen-ss@sbccglobal.net) 510-526-2018.

### Albany Middle School

Receive the daily bulletin and news by e-mail. Contact Nancy Nelson at [nannelson@aol.com](mailto:nannelson@aol.com).

Jan. 21, choir concert, 7-9 p.m. Jan. 21, Parent Education Evening featuring AMS parent and psychologist Lisa Warhuus and Principal Maria Stephenson on academics at AMS, 7-8:45 p.m., AMS Library.

Scrip Orders: Call Dorothy Brown at 510-524-3123 or e-mail: [dorothy-cmc@yahoo.com](mailto:dorothy-cmc@yahoo.com).

### Cornell Elementary School

Receive the daily bulletin and news by e-mail. Contact Barbara Grady-Ayer at [gradayer@aol.com](mailto:gradayer@aol.com).

Scrip Orders: Call Mark Priven 510-528-2082 or e-mail: [privemark@pacbell.net](mailto:privemark@pacbell.net).

### Marin Elementary School

Receive the daily bulletin and news by e-mail. Contact Tree Stuber at [marinetree@aol.com](mailto:marinetree@aol.com).

Scrip orders: Call Helene Class at 510-526-4902 or e-mail: [h.class@att.net](mailto:h.class@att.net) Paper scrip for sale in the office Monday, Wednesday and Friday at 8:30 a.m. and Monday and Friday at 9:30 a.m.

### Ocean View Elementary School

Jan. 23, PTA Meeting, 7 p.m., Ocean View Library

Scrip Orders: Call Kim Denton at 510-528-6480

### AUSD Board of Education

Jan. 21, Regular Meeting, 7:30 p.m., Cornell Multi-Purpose Room

### AUSD Calendar

Jan. 20, Martin Luther King Jr. Day, no school.

Items? Call Kay Weinstein at 510-525-0363 or e-mail: [kayweinstein@yahoo.com](mailto:kayweinstein@yahoo.com)

**BERKELEY FARMERS' MARKET**  
11th Annual  
**HOLIDAY CRAFTS FAIR**  
a benefit for the Ecology Center  
Saturdays, Nov 30, December 7, 14 & 21  
10 am - 4 pm  
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**Oakland East Bay SYMPHONY**  
Michael Morgan, Music Director  
Friday, January 24, 8pm  
Paramount Theatre  
Michael Morgan, conductor  
Free Pre-Concert Lecture by Omar Sosa and Jesse "Chuy" Varela, Music Director, KCSM, 7:05pm  
Omar Sosa, From Our Mother (World Premiere of Sosa's first symphonic work)  
Co-commissioned by Yerba Buena Center for the Arts  
Tchaikovsky, Romeo and Juliet  
Schreker, Suite from Der Geburtstag des Infanten (The Birthday of the Infanta)  
Saint-Saëns, Cello Concerto No. 1 with Gabrielle Athayde, cello  
Featuring Omar Sosa & his Afro-Cuban jazz ensemble with orchestra  
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Campus Ministry & Student Leadership



# Calendar

Submissions to the Community Calendar must be received Thursdays one week prior to publication. Listings are on a space-available basis.

## Children

■ **Children's Social Skills and Manners** workshops are offered in Albany on Saturdays for two hours, 3 to 5 p.m. Each workshop lasts for four weeks. For more information and registration fees, call Linda at 527-6202.

■ **Teen Support Group** meets twice a month Tuesday evenings at the Women's Cancer Resource Center, 3023 Shattuck Ave. The free group is for teens who have a parent or caregiver with cancer. The meeting is co-facilitated by a teen whose mother had breast cancer. Details: 531-7551.

■ **Check out books** from the Berkeley Richmond Jewish Community Center Library. Spend quality time with your kids, meet with the children's librarian, research your Jewish roots or check out best sellers. The library is located at 1414 Walnut St. Hours: 11 a.m. to 3 p.m. Monday through Thursday, 6:30 p.m. to 8:30 p.m. Tuesdays. For details, call 848-0237.

■ **Hall of Health**, 2230 Shattuck Ave., a health exhibit museum of Children's Hospital Oakland, presents free puppet shows, 1:30 p.m. and 2:30 p.m. The Kids on the Block, the award-winning educational puppet troupe, features puppets with such conditions as cerebral palsy, blindness and Down syndrome. The Hall of Health is a hands-on community, health-education museum and science center sponsored by Children's Hospital Oakland and Alta Bates Medical Center. Hours: Tuesday to Saturday, 10 a.m. to 4 p.m. Admission is free. Details: 549-9582.

■ **El Cerrito** offers special programs for children from 22 months to 5 years of age. These programs are designed to offer parents an opportunity to leave their pre-school children in a safe atmosphere under qualified supervision. The program for ages 22 months to 3-1/2 years meets Monday through Thursday from 9 a.m. to noon. Registration is continuous as long as space is available. Located at 7007 Mooser Lane. Details: Judie, 215-4371.

■ **LGBTQ Parent and Prospective Parent** groups meet the first Saturday of the month 10:30 a.m.-12:30 p.m. with concurrent child care. All groups meet at the Pacific Center at 2712 Telegraph Ave. in Berkeley. Donations are requested, but not required. Details: Anna at familyprogram@yahoo.com or 415-789-8560.

■ **The Ann Martin Children's Center** offers eight "Support Groups For Mothers," sessions for first time mothers and babies their babies under 5 months. Experienced facilitator. Details: 524-0821.

## Classes

■ **ASSETS Senior Employment**, job training program for income-eligible Oakland, Emeryville, Berkeley or Albany residents, 55 and older, offer classes in Early Childhood Development. Seniors can receive college credits while being paid. Classes start mid-November. Call 238-3535 for more information.

■ **The Albany Library**, 1247 Marin Ave., offers free, ongoing chess instruction Tuesdays, from 8 p.m. to 8 p.m. The lessons range from fundamental to advanced topics, and also casual play. This program is led by David Pruess, who holds the Senior Master title and is one of the top chess players and teachers in California. All levels are welcome and chess sets are provided. Call Julie Winkelstein at 510-526-3720 ext. 19.

■ **University of California Botanical Garden** holds a free Sick Plant Clinic on the first Saturday of every month, 9 a.m. to noon. UC Plant pathology and entomology experts will diagnose what ails your plant. UC Botanical Garden is at 200 Centennial Dr. in Berkeley. For information, call 510-643-2755.

■ **Folkdance classes**, Mondays 9:30 to 11:30 a.m. at the Arlington Community Church, 53 Arlington Ave. (across from the Kensington Library). Simple, clear lessons for people of all levels. Emphasis is good music and fun. Cost: \$30 for 6-week session (pro-rated fees apply), \$8 for drop in session. Details: Mel Harte, at 848-5289 before 9 p.m.

■ **Vista Community College**, 2020 Milvia St., offers its new Sunrise College this spring with classes in accounting, e-commerce, business, Java programming, English, ESL, statistics and Spanish for business professionals. Classes start at 7 a.m. and end at 9 a.m. Call 981-2800 for more information.

■ **Assets Senior Employment** offers a job training program for income-eligible people 55 and older living in Oakland, Emeryville, Berkeley and Albany. Earn when you learn. Interested in working with children? You can receive college credit in Early Childhood Development while being paid. Details: 238-3554.

■ **Julia Morgan Center** for the Arts, 2640 College Ave., offers a family-friendly program of classes, workshops and activities taught by professional teaching artists, all aimed at bringing arts participation into people's everyday lives. Classes take place at the Julia Morgan Center for the Arts. For details, including class descriptions, fees, and instructor bios, call 845-8542 or see www.juliamorgan.org.

■ **The Berkeley Adult School** offers Adult Basic Education classes, High School Diploma Requirement classes, General Educational Development. Preparation classes which can be utilized to earn a GED certificate, and Preparation for US Citizenship classes. The classes are free. BAS also offers, for an affordable fee, a variety of vocational classes and computer classes, ranging from introduction to Computers to Advanced Computer Applications. Details: 644-6130.

■ **The South Berkeley Senior Center**, 2939 Ellis St., offers a variety of classes. Details: 853-5222.

■ **Interview Clinics** sponsored by Turning Point Center at the YWCA, 2600 Bancroft Way, are held on Monday mornings from 9-11 by appointment. 30-minute sessions are \$15 for YWCA members and \$20 for non-members. Call 848-6370 and leave a message to reserve an appointment time. Leave a name and telephone number.

■ **A free CopWatch** class takes place Monday nights from 6 to 7:30 p.m. at



ROBERTA JOHNSON, a professor of politics at the University of San Francisco, will discuss her book

"Whistleblowing: When It Works - And Why" at Cody's Books, 2424 Telegraph Ave., Thursday, Jan. 23 at 7:30 p.m.

2022 Blake St. near Shattuck. Know your rights. Details: 548-0425.

■ **Berkeley Community Media**, Channel 25, offers affordable classes in video production and editing to Berkeley residents. Free orientations designed to introduce BCM to the public are held Thursdays, 6:30-7:30 p.m. at 2239 Martin Luther King, Jr. Way. Details: 848-2288 and ask for Patrick, John or Sage.

■ **Ashkenaz**, 1317 San Pablo Ave., offers many dance classes ranging from Afro-Cuban to Kalarajali Dances of India, to West Coast Swing to Lindy Hop and East Coast Swing. Ashkenaz is a non-profit music and dance community center. Details: 525-5054.

■ **Life Stories/Collage and Ceramics** classes forming at St. John's Senior Center, 2727 College Ave., Tuesday mornings 9 a.m. to noon. All are welcome. Free. Sponsored by Berkeley Adult School. Details: 845-6830.

■ **Contemporary Women's Issues** class is forming at the North Berkeley Senior Center, 1901 Hearst St. Free class offered by the Berkeley Adult School, taught by Judith Carroll, MFCC. Friday mornings 10 a.m. to noon. Open to all women 55 or older. Details: 644-6107.

■ **Dance and Fitness** Classes open to all in flamenco, Afro-Brazilian, belly dance, salsa, swing, ballroom, tap, theater dance, yoga, chi gung, tai chi, aikido, pilates-based body conditioning and more at the YWCA, 2600 Bancroft Way, Berkeley. Drop in fees: \$8-10. Information: 848-6370.

■ **Let's Swing and Jitterbug** 7 p.m. beginning classes, 8 p.m. intermediate; four-week dance classes beginning the first Tuesday of the month; Finnish Brotherhood Hall, 1970 Chestnut, Berkeley; Diana Castillo, 549-3591; \$40 for four classes.

## Community

■ **UC Botanical Garden**, a non-profit research garden and museum, offers a Rose Pruning class from 9:30 a.m. to 12 p.m. Jan. 11. Peter Klement, Garden Horticulturist, guides you on how to do it right. This is the best time of year for Bay Area rose pruning; join Klement with your pruners in hand. \$20 mem-



## On the trail

**HENRY HUANG**, center and Miles Watkins, both 6, help turn over the soil on part of the Albany Waterfront Trail on Sunday, Jan. 12 as part of a community effort to help weed and plant native wildflowers and grasses. (That's Miles' mom, Barbara Maricle, at left.) Led by City Councilmember Maris, about 30 people met to help out on the portion of the Bay Trail developed by Albany. The workdays at the waterfront have been going on for several years.

bers, \$25 non-members. Registration is required. For more information, call 510-643-2755.

■ **Berkeley Neighborhood Computers**, a non-profit organization, provides high-value and high-demand computer technology training for disadvantaged and at-risk individuals. The organization seeks computers and networking equipment to be used for training purposes. All donations are tax deductible. Details: 845-1226 or e-mail bnc@netvalue.net.

■ **Berkeley Camera Club** meet Tuesdays at 7:30 p.m. at the Northbrae Community Church, 941 The Alameda, Berkeley. Share slides and prints, learn what other photographers are doing. Monthly field trips. Details: 525-3565.

■ **TOPS (Take Pounds Off Sensibly)** Chapter CA 1294 is now meeting from 7:15-8:30 p.m. every Thursday evening at Mira Vista UCC Church, 7075 Cutting Blvd. TOPS is a non-profit organization assisting men and women in weight control. Details: Betty Coates at 235-0490.

■ **Turning Point** at the YWCA, 2600 Bancroft Way, sponsors Resume Clinics on Tuesday afternoons, or by appointment. To sign up for an appointment, leave a message several days before you would like to meet. Anne Levine has a background in Design and Education. For the past 10 years, she has assisted in producing numerous resumes as part of her desktop publishing business. Call 848-6370.

■ **Berkeley's Office of Emergency Services** presents a new series of free Community Emergency Response Training classes. The classes give basic, practical information, including hands-on training in fire suppression, light search and rescue, and disaster first aid. All classes are held at the fire department's Emergency Operations Center, 997 Cedar St. The classes are open to everyone, 18 or older, who lives or works in Berkeley. Register: 644-8736.

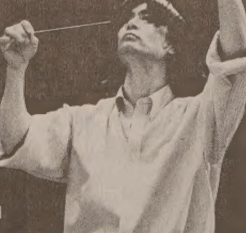
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 volunteers. The Center is  
 2 p.m. to 4 p.m. Monday  
 day. Volunteers are  
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 details call 466-5663.

## Exhibits

Free Gallery, 2599 Eighth St.,  
 izes its exhibition "Art is  
 Art," through Jan. 31. For  
 nation, call 510-540-7843.

Free Art Center, 1275 Wal-  
 Santa Barbara, presents  
 a biennial "Members  
 through Feb. 15. The exhibi-  
 tions in all media,  
 works on paper, photogra-  
 phing, drawing and mixed  
 day hours: Wednesday  
 10 a.m. to 5 p.m. Admis-  
 sion: \$5. For more information, call  
 510-540-7843.

Public Library, 2090 Kit-  
 presents the Afghanistan  
 display "Before There Were  
 Jang Brothers," through Feb.  
 15. The exhibit features a  
 of Afghanistan," on Feb. 6,  
 photographer joins authors  
 and David Fleishacker  
 discussion. Library  
 day through Thursday 10  
 m. Friday and Saturday 10  
 m. and Sunday 1 p.m. to 5  
 p.m. For more information, call  
 510-540-7843.

Art Institute, 1060 Heinz  
 an exhibition for more than  
 100 years. On Jan. 30, although  
 is a print workshop,  
 will also be exhibiting  
 cultures and new works in  
 action takes place from 6 to  
 12. Gallery hours are noon  
 to 5 p.m. Tuesday through Friday  
 4:30 p.m. Saturday, or by  
 at. For more information, call  
 510-549-2977 or via  
 email at [kala.org](mailto:kala.org).

San Francisco Museum presents three  
 in its Berkeley location,  
 1 St., through Feb. 16. The  
 "Hidden in the Walls:  
 pulse from San Francisco's  
 try," (Stephanie Snyder;  
 The Place), and "Sharing  
 Israelis and Palestinians in  
 Israeli Jewish Film Festival,  
 Admission: Suggested do-  
 nations: \$3 students and se-  
 nior members and children  
 e. For more information, call  
 0 or visit the Web site at  
[museum.org](http://museum.org).

mond Museum of History  
 ighlights highlighting Rich-  
 cultural beginnings, indus-  
 tries, and home-front con-  
 trol during World War II. Special  
 events are held throughout  
 the museum is located in the  
 Carnegie Library in the  
 area at Fourth Street  
 re. Call 235-7387 for more  
 or to arrange tours.

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 ses on Mondays, 7-9 p.m.  
 with clay is helpful, but not  
 opportunities will be pro-  
 vided to explore areas of  
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## Health

■ **Charcot Marie Tooth** support group  
 meets Saturdays bimonthly at West  
 Berkeley Library, 1125 University Ave.,  
 from 2 p.m. to 4 p.m. CMT is a neuro-  
 pathic disorder. Details: 524-3506.

■ **YWCA Health and Community Educa-**  
 tion: drop in classes in dance, fitness,  
 yoga, martial arts and more; University  
 YWCA, 2600 Bancroft Way; 848-6370;  
 \$8 - \$10.

## Lecture/workshop

■ **"Keepers of the Flame: Jewish**  
 Women's Roles and Rituals," a facili-  
 tated study and discussion group led by  
 Chana Andler takes place Jan. 19, Feb.  
 2, Feb. 16, March 2, March 16 and April  
 6. Women from all backgrounds, ser-  
 vious about exploring women's roles, rit-  
 uals and more in the Jewish tradition are  
 invited. To keep the group small and in-  
 timate, there is limited space available.  
 Required Text: Rachel Biale's "Women  
 and Jewish Law: The Essential Texts,"  
 "Their History" and "Their Relevance for  
 Today." Registration: \$40. For more in-  
 formation, call Chochmat HaLev at 510-  
 704-9687.

■ **The Berkeley Camera Club** meets  
 every Tuesday evening, at 7:30 p.m. at  
 the Northbrae Community Church, 941  
 The Alameda, Berkeley. Share your  
 slides and prints and learn what other  
 photographers are doing. Monthly field  
 trips. For more information, call Don at  
 510-525-3565 or visit the Web site at  
[www.berkeleycameraclub.org](http://www.berkeleycameraclub.org).

■ **Berkeley Richmond Jewish Commu-**  
 nity Center expanded its collection of  
 contemporary fiction, nonfiction and  
 children's books. Meet the children's li-  
 brarian, research your Jewish roots or  
 check out best sellers. The library is  
 open to the public. Hours: 11 and to 3  
 p.m. Monday through Thursday; 6:30  
 p.m. to 8:30 p.m. Tuesdays. Details:  
 848-0237.

■ **Tai Chi Chuan** and Chi-kung classes  
 take place at Berkeley Unitarian Church  
 at 7 p.m. on Wednesday evenings and  
 9 a.m. Saturday mornings at Berkeley  
 Fellowship of Unitarian Universalists,  
 1924 Cedar St. People of all ages and  
 physical conditions are welcome to  
 practice. Donation: \$65. To sign up call  
 268-4995.

■ **The YWCA** offers free orientations of  
 its Turning Point Career Center. The ori-  
 entations outline the resources available  
 to the public as well as the different  
 things that the center has to offer such  
 as a great variety of workshops. They  
 are held every Tuesday, at 1:30 p.m.  
 The Turning Point Career Center is lo-  
 cated at 2600 Bancroft Way. For more  
 details call 848-6370.

■ **Learn Computer Applications** for the  
 "working" world Using Windows '95 and  
 '98 and Microsoft Office 2000 software,  
 Word, Excel, Access, PowerPoint, Publi-  
 sher. Class offered: Monday-Friday,  
 2:15 - 6:15 p.m. Location: Contra Costa  
 County Office of Education, 13925 San  
 Pablo Ave., Suite No. 111, San Pablo.  
 For information call 237-0840 or visit the  
 web site at [www.cccoe.k12.ca.us/rop](http://www.cccoe.k12.ca.us/rop).

■ **"What Is Meditation,"** is a peaceful  
 and practical introduction to the basics  
 of meditation. The free seminar takes  
 place at Barnes and Noble Booksellers,  
 2352 Shattuck Ave. Pragita Dove is the  
 facilitator. Call 644-0861 for additional  
 information.

■ **Emotions Anonymous:** Twelve-Step  
 meetings every Sunday at 8 p.m. Call  
 236-8226 for Berkeley location.

## Literary Events

■ **Albany Library,** 1247 Marin Ave.,  
 continues its Open Mike and Featured  
 Poet series 7 to 9 p.m. Jan. 9, featuring  
 poet Uchechi Kalu. The series takes  
 place on the first Thursday in the Edith  
 Stone Room. Due to the holiday, this

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the second Thursday. A Poetry Writing  
 Workshop takes place second Wednes-  
 days from 7 to 9 p.m. The next writing  
 workshop is Jan. 8. Both events are free  
 and open to all ages. Light refresh-  
 ments will be served. For more infor-  
 mation, call Julie Winkelstein at 510-526-  
 3720 ext. 19.

■ **The Reading Edge** is available for  
 public use at the Berkeley Public Li-  
 brary, 2121 Allston Way. This computer  
 scans printed text and reads it back  
 aloud with a synthesized voice. It's  
 available for anyone with a disability  
 that requires its use to access print ma-  
 terial. Users must complete a brief train-  
 ing session before using the Reading  
 Edge; after that, reservations are  
 needed. Call at 644-6648 to set up a  
 training session.

## Meetings

## Miscellany

■ **El Cerrito** celebrates its 14th annual  
 Dr. Martin L. King Jr. Parade and Pro-  
 gram at 9:30 a.m. at the El Cerrito De-  
 partment of Motor Vehicles at Kearney  
 and Manila streets. The Parade starts at  
 10:30 a.m. down San Pablo Ave., to the  
 El Cerrito Community Center. The pro-  
 gram begins at 11 a.m. The theme of  
 the program is "Keeping the Dream  
 Alive... peace, tolerance, and diversity."  
 For more information call Patricia  
 Durham, MLK Coordinator at 510-234-  
 2518.

■ **Friendship Circle,** a Jewish club for  
 older adults, meet 11:30 to 1:30 p.m.  
 Wednesdays, at the Oakland Senior  
 Center, 200 Grand Ave. The club is an  
 outreach program of Berkeley Rich-  
 mond Jewish Community Center. Activi-  
 ties include day trips, Jewish holiday  
 celebrations, theater outings, entertain-  
 ment, speaker and much more. Call  
 Maria at 848-0237 ext. 115 for details.

■ **Improve your speaking skills** by at-  
 tending Berkeley Communicators'  
 Toastmasters meetings, the first and third  
 Wednesdays each month at 7:15 a.m.  
 at Vault's Cafe, 3250 Adeline St. Call  
 527-2337 for more information.

■ **The Berkeley Camera Club** meets  
 Tuesday evenings 7:30 p.m. at the  
 Northbrae Community Church, 941 The  
 Alameda. Share your slides and prints  
 and learn what other photographers are  
 doing. Monthly field trips. For more de-  
 tails call Don at 525-3565.

■ **Disabled American Veterans** Chapter  
 25 meets on the third Tuesday of the  
 month. The evening begins with a no  
 host dinner and fellowship at 7 p.m. at  
 2068 Center St. A short business meet-  
 ing follows at 8 p.m. at 1931 Center St.,  
 the Veterans Memorial Building. Price:  
 \$3. Women who have had relatives in  
 the US Military are invited to attend and  
 join the auxiliary. For more details call  
 R. DeRit, Cmdr. D.A.V. Chapter 25, 916-  
 832-8364.

■ **The YWCA** offers free orientations of  
 its Turning Point Career Center. The ori-  
 entations outline the resources available  
 to the public and the great variety of  
 workshops held every Tuesday, 1:30  
 p.m. The Turning Point Career Center is

located at 2600 Bancroft Way. For more  
 information, call 848-6370.

■ **The Berkeley Avatar Metaphysics**  
 Toastmasters Club meet on the first and  
 third Thursdays, from 6:15 to 7:30 p.m.,  
 at 2515 Hilleglass Ave. Public speaking  
 skills and metaphysics come together.  
 For details, call 869-2547 or 643-7645.

■ **Berkeley Toastmasters Club** meet  
 monthly, the first and third Thursdays  
 at 2515 Hilleglass Ave. The group specia-  
 lizes in developing its communication  
 and public speaking skills in the field of  
 metaphysics. The group also learn from  
 each other through short speeches. Call  
 Odette Lardé at 869-2547 or 643-7645.

■ **The Kensington Senior Activity Cen-**  
 ter meets on Thursdays from 9 a.m. to 2  
 p.m. in the Arlington Community  
 Church, 52 Arlington Ave. The center's  
 community program of life-long learning  
 is presented by the West Contra Costa  
 Adult School. Attend any class or event  
 you choose. Everyone over 55 is wel-  
 come. Details: 526-9146 or 547-1969.

■ **The YWCA** offers free orientations  
 every Tuesday at 1:30 p.m. of its Turn-  
 ing Point Career Center, 2600 Bancroft  
 Way. The orientations outline the cen-  
 ter's resources and the variety of work-  
 shops it offers to the public. Details:  
 848-6370.

■ **Speak Smart!** Join Beijing Express  
 Toastmasters. The Smart Club! Meet-  
 ings take place each Monday, 6:15 to  
 7:30 p.m. at Peking Express Restaurant,  
 2068 Center St. Details: 549-9671.

■ **Toastmasters Meeting:** Stand up  
 and say what you mean. Come practice  
 with us. Every Tuesday, Noon to 1 p.m.  
 at 700 Heinz Ave. Berkeley. Details:  
 863-6708.

■ **Joy of Yiddish:** Yiddish conversation  
 at 1 p.m. at the North Berkeley Senior  
 Center, 1901 Hearst. Details: 644-6107.

■ **The Berkeley Communicators** Toast-  
 masters Club meet on the first and third  
 Wednesday of the month from 7:15 to  
 8:30 p.m. at the Berkeley City Club,  
 2315 Durant. Details: 524-3765.

■ **The Berkeley Arthritis Support** and  
 Education Group meets on the second  
 Tuesday of each month (except Decem-  
 ber) 1 to 2:30 p.m. in the Maffly Audi-  
 torium, Herrick Campus, 2001 Dwight  
 Way. For additional information call 204-  
 4503.

■ **Toastmasters on Campus** meet the  
 second and fourth Wednesday of the  
 month from 6:15 to 7:30 p.m. at the  
 English Language Program Building,  
 2515 Hilleglass. Details: 704-1822.

■ **Public speaking skills** and meta-  
 physics come together at Avatar Meta-  
 physical Toastmasters. On-going meet-  
 ings first and third Thursdays, 6:15 to  
 7:30 p.m., 2515 Hilleglass Ave., Call  
 869-2547 for details.

■ **"Voices of Healing"** is a group ex-  
 ploring the psychological and spiritual  
 dimensions of illness and healing. The  
 group meets on the second Friday of  
 each month, 1 to 2:30 p.m. in North  
 Berkeley. Call 528-1235 for more infor-  
 mation.

■ **State Health Toastmasters Club** meet  
 every second, third and fourth Thursday  
 of the month from 12:10 to 1:10 p.m. at  
 the State Health Building, 2151 Berkeley  
 Way. Details: 649-7750.

■ **Higher Alignment;** 7 p.m. - 9:30 p.m.  
 Mondays; fun, informative seminars cre-  
 ating spiritual partnerships; Feldenkrais  
 Center, 830 Bancroft Way, Berkeley;  
 415-461-5337; \$20.

■ **Alta Bates Support Groups - Arthritis**  
 Support Group meets the second Tues-  
 day of every month; 1 - 2:30 p.m.; 204-  
 4503. Call for additional special events.

■ **Overeaters Anonymous,** a 12-step  
 program providing free aid for those  
 with eating problems, meets in Berkeley  
 every Saturday at 8:30 a.m. (newcom-  
 ers at 8 a.m.) at St. John's Church,  
 2727 College Ave. and in Richmond  
 every Thursday at 7 p.m. at Kaiser Hos-  
 pital, 901 Nevin (take Elevator C to the  
 third floor). Details: 273-9292.

■ **TOPS;** 9:30 a.m., Mondays; Take  
 Pounds Off Sensibly, Albany Chapter  
 meets at 980 Stannage St. at Marin;  
 233-2948 or Karen, 525-6858.

■ **Alta Bates Rehabilitation Center** and  
 East Bay Neurology sponsors a free  
 monthly stroke support group. No ad-  
 vance reservations are required, drop-in  
 anytime. The group meets the first Tues-  
 day of each month from 4 p.m. to 5  
 p.m. in the Maffly Auditorium on Herrick  
 Campus, 2001 Dwight Way, Berkeley.  
 Details: 204-4503.

■ **The New Century Chamber Orche-**  
 stra celebrates a baroque Christmas  
 Thursday through Sunday, Dec. 19-22  
 in Berkeley, Menlo Park, San Francisco,  
 and San Rafael. Music Director Krista  
 Bennion Feeley will lead the 22-member  
 orchestra in a selection of uplifting  
 music from the Baroque period. Individ-  
 ual and season tickets can be pur-  
 chased through City Box office at 415-  
 392-4400 for Berkeley, Menlo Park and  
 San Francisco performances and  
 through the Marin JCC Box Office at  
 415-479-2000 for the San Rafael per-  
 formance. Single ticket prices are \$35 and  
 \$27.50. Details: 415-357-1111 or visit  
 the Web site at [www.ncco.org](http://www.ncco.org).

## Music

■ **Freight & Salvage Coffee House,**  
 1111 Addison St., Berkeley, presents  
 folksinger/songwriter Tom Paxton at 8  
 p.m. Jan. 19. Paxton writes political and  
 inclusively personal songs. Since 1967,

he has written the texts for more than a  
 dozen children's books. Tickets: \$18 in  
 advance, \$20 at the door. For more in-  
 formation, call 510-548-1781.

■ **The Bay Area Collegium Music,**  
 David Taylor, director, presents the  
 baroque music of Handel and Purcell  
 with soloist Catherine Webster at 8 p.m.  
 Jan. 24, at St. Albans Episcopal  
 Church, 1501 Washington (at Curtie) Al-  
 bany. This event is a benefit for food  
 charities. Bring a gift of non-perishable  
 food. For more information, call 510-  
 236-9808.

■ **The Crowden Music Center** hosts  
 its Fourth Annual Colin Hampton Memo-  
 rial Concert at 4 p.m. Jan. 26, at 1475  
 Rose St. (at Sacramento) in Berkeley.  
 This Young Artist's Showcase features  
 cellist Claire Bryant with performances  
 by well-known Bay Area musicians Bon-  
 nie Hampton, Benjamin Simon, and Ian  
 Swenson. The program includes works  
 by Tchaikovsky, Boccherini and Colin  
 Hampton. Tickets: \$10 general, free for  
 children 18 and under. For more infor-  
 mation, call 510-559-6910 or visit  
[www.thecrowdenschool.org](http://www.thecrowdenschool.org).

■ **Celtic Rock Band Tempest** performs  
 at the Stary Plough, 3101 Shattuck  
 Ave. Tempest has been touring and  
 recording since the late '80s, and is  
 known for its high-energy mix of rock  
 and roll and traditional Celtic music. For  
 more information, call 510-841-2082.

■ **Trinity Chamber Concerts,** 2320  
 Dana St., present "Clarinet Solos and  
 Duets with Various Instruments," at 8  
 p.m. Jan. 18. Soloists include Robert  
 Bails, clarinet with Roy Zajac clarinet,  
 Siye Atman, piano and Karen Hall, so-  
 prano performing Brahms, Weber, Os-  
 borne, Poulenc and Bialoski. Admission  
 is by donation: No one will be turned  
 away for lack of the suggested donation  
 of \$12 general and \$8 for students, se-  
 niors, or handicapped. Call 510-549-  
 3864 for more information.

■ **Berkeley Symphony Orchestra** pre-  
 sents a concert at 8 p.m. Jan. 18, at  
 Berkeley Rep Roda Theater, 2015 Ad-  
 dison between Shattuck and Milvia. Kent  
 Nagano, conducting. The program in-  
 cludes J.S. Bach's Kunst der Fuge  
 Arrangements for Orchestra 2002 (US  
 Premier); Aligro ma Non troppo (1998)  
 Soloist: Ward Spangler, Flutes Concert  
 (2002) Soloist: Vincent Lucas (World  
 premiere) and the 7th Symphony  
 (1812). Tickets: \$45, \$32, 21; student  
 \$10. Details: 510-841-2600 or visit the  
 Web site at [www.berkeleymusic.org](http://www.berkeleymusic.org).

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Hit the Street, and hit the books during the Bay Street Book  
 Drive at Barnes & Noble, Bay Street, Star 101 and Barnes & Noble  
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 the Oakland Public Library. The Book Drive ends with a bang  
 on January 18, with a live appearance by Star 101 personality  
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 Exit Powell Street  
 Left on Powell  
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From 880 South  
 Take Rt East  
 Exit Ashby  
 Ave./Shellmound  
 Right on Shellmound

From 580 East  
 Exit San Pablo Ave.  
 Right on San Pablo Ave.  
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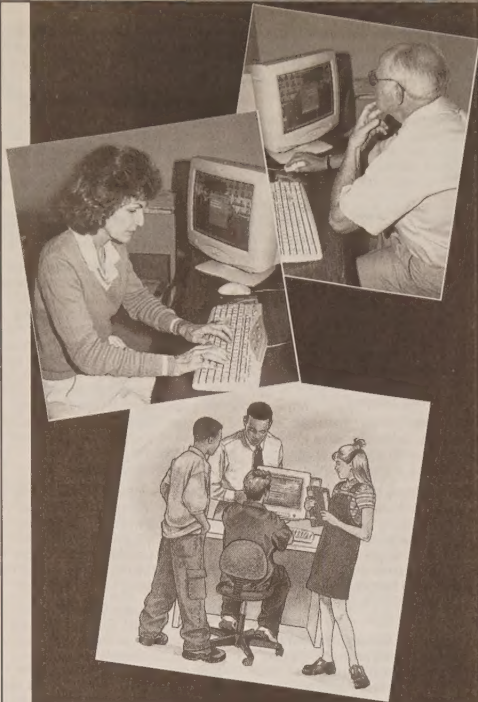
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 SUNGLASS HUT  
 TALBOTS  
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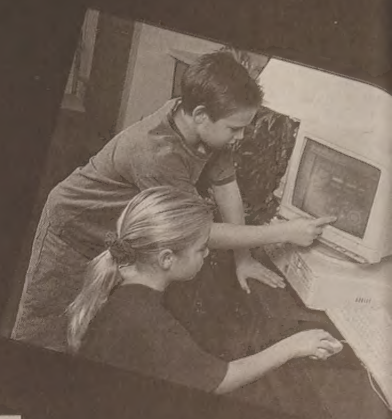
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ON THE CORNER OF CITY AND LIFE





# Schools, Colleges, Education and Recreation Instruction



Next School Page  
February 8<sup>th</sup> & 11<sup>th</sup>, 2003  
Call 339-4036

## Zion Lutheran School



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Session I June 16-27 1/2 hr. lessons  
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Red Cross Certified Staff. Lessons follow the Red Cross "Learn to Swim Program". Small classes and warm water make this program extremely popular. Sign up early to guarantee your place in a class. There is an "Early" and "Late" registration. Save \$ and sign up early!

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SUNDAY, JANUARY 26, 2003  
12:00 - 1:30 P.M.

Testing for new students grades K-7: February 12, 2:45 p.m.  
Kindergarten testing is by appointment only.  
Enrollment applications and appointments available  
(510) 530-0266

## THE CROWDEN SCHOOL

You are cordially invited to our  
INFORMATION NIGHTS

Wednesday, January 22<sup>nd</sup>, 2003 7:30-8:30 PM  
Wednesday, February 26<sup>th</sup>, 2003 7:30-8:30 PM

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The Crowden School

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Berkeley CA 94702

Tel: 510.559.6910

www.thecrowdenschool.org

Email: sarasweb@thecrowdenschool.org



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- Academics
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- Computer Sciences
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- Extended Care
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8:30am



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Thurs., Jan. 16, 23, 30 & Feb. 6 • 8:45-10:30 a.m.

Berkeley Montessori School

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www.bmsonline.org  
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- Block Schedule
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## Open House

January 25, 2003

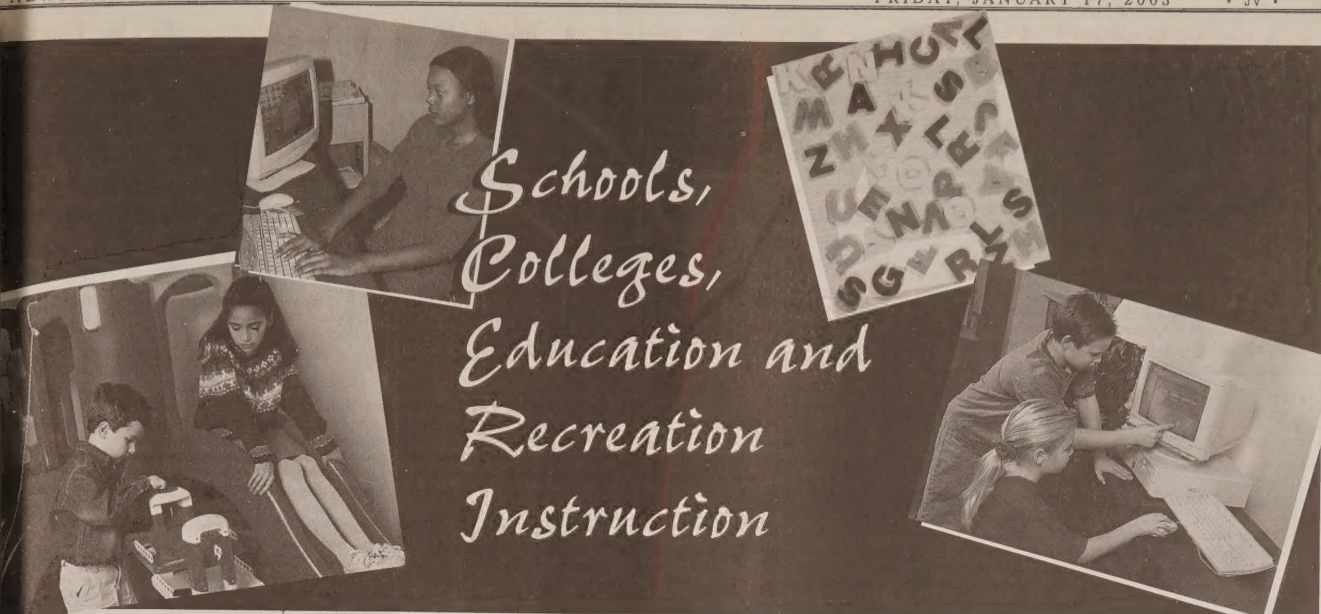
3:00 P.M. to 5:00 P.M.

Please join our faculty and staff  
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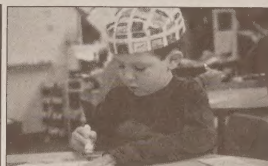
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**Next School &  
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**February 8 and February 11**  
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Join us for a Kindergarten Information Night  
Thursday, January 23, 2003 7:00 - 9:00 p.m.

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## School of the Madeleine

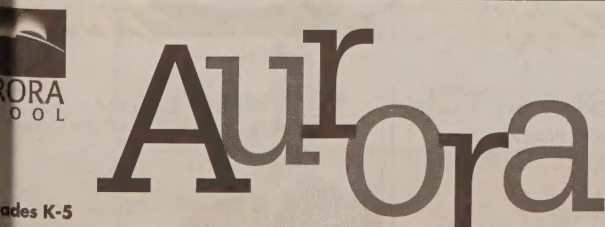


1225 Milvia Street  
Berkeley, CA 94709  
(510) 526-4744  
www.themadeleine.com

**OPEN HOUSE 1/26**  
**10:30 am - 1:00 pm**  
**1225 Milvia Street, Berkeley**  
**Enter parking lot from Berryman, near Henry St.**

Parents of children entering grades K-8 are invited to come to The School of the Madeleine OPEN HOUSE. Meet the teachers, tour the school, get an overview of the programs and pick up an application. Prospective Kindergarten parents can meet the Kindergarten teacher from 12:00-1:15 PM during the OPEN HOUSE. We look forward to seeing you!

Now accepting applications  
Kindergarten thru 8th Grade  
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## EL CERRITO CHAMBER NEWS

## Past president honored

By Sewall Glinternick  
Three-time past president Bill Kerber, who led the 1996 campaign that defeated a proposed tax assessment in El Cerrito, was singled out for special recognition at the Chamber of Commerce's 67th installation luncheon this month. The chamber presented him with a plaque honoring him "for outstanding service to the chamber and the community."

In Canada, where he was born, Kerber was plant manager for a national dairy, sales manager for a large dry-cleaning and uniform rental firm and property manager for a real-estate company. He was head of the Saskatoon, Saskatchewan, Jaycees, president of the Saskatoon Chamber of Commerce and a member of that city's park and recreation board.

He came to El Cerrito in 1976 and became operator of the Free-

way Motel, where he worked until 1999. He was elected to his first term as president of the El Cerrito chamber in 1991 and again in 1998 and 1999. He served on several city study groups including the task for to study redevelopment in 1991.

He continues to be an active associate member of the chamber.

**NEW MEMBERS:** Yan Can Restaurant and life-purpose con-

sultant Tess Daniel are the first new chamber members of 2003. Celebrity chef Martin Yan's new restaurant at 5020 El Cerrito Plaza is a contemporary, casual restaurant that combines traditional Chinese dishes with those from Vietnam, Thailand and Japan. Patrons waiting in line can watch Yan cooking on a TV screen hanging from the ceiling, look at artifacts from Asia, read food facts, learn to use

chopsticks, and more.

Yan Can is open from 11 a.m. daily. Phone: 510-527-5525.

Tess Daniel is a life-purpose consultant and manifestation coach, who has studied and practiced these principles extensively and uses a three-phase coaching system she calls "the process for manifesting your life purpose."

A Bay Area native, she earned a bachelor's degree in rhetoric from UC Berkeley and a master's

degree in transology from John University in Ontario. Her private practice office is at Bank Plaza at 11100 St. Phone: 510-234-4000. info@tessdaniel.com

**REINVESTMENT** Members received dues earlier this month. For more information, contact her at 510-233-7000.

## King

FROM PAGE A1

con Light Seven Day Adventist Church in Richmond.

Special guests will include Assemblywoman Loni Hancock, Congressman George Miller, County Supervisor John Gioia, and El Cerrito and Richmond City Council members and local city managers and police chiefs.

After 14 years, the King celebration has become an institution in El Cerrito, Durham said.

The parade originally was held in the city's "back alleys" because the city failed to support it, Durham said.

After a few years, the city came around and is now a co-

sponsor, Durham said. Now, she said, it is the biggest and longest-running Martin Luther King celebration in the East Bay. She expects more than 500 people to attend.

King's dream of tolerance and peace is more important than ever, Durham added. Last year at this time, members of the Muslim community were being targeted with hate crimes in the aftermath of the Sept. 11, 2001, terrorist attacks.

"We want to continue to appreciate and strive for a world and a people of equal rights and nonviolence," Durham said.

Reach Alan Lopez at 510-243-3578 or at alopez1@cctimes.com.

## BART

FROM PAGE A1

but the board likely will extend it to the Peninsula. One BART director questioned why an agency that faces severe budget deficits is giving away free parking when airports charge \$10 to \$15 a day.

"We need to take a look at this," said BART Director Roy Nakadegawa of Berkeley.

In a parking-related matter, the board extended the \$2 per

day parking charge established for the airport extension stations to the more than 1,800 spaces at the Daly City station.

BART and San Mateo County officials argued that free parking in Daly City would encourage motorists to drive past the new stations rather than use the nearest station.

Reach Lisa Vorderbruggen at 925-945-4773 or lvorderb@cctimes.com.

## Phones

FROM PAGE A1

lines or causes a disruption."

School board president Miriam Walden said the revised policy was vague and she wanted to know more about how the schools would handle a disruptive cell phone.

The policy change must be looked at twice by the school

board before it can approve it. The board briefly discussed the issue Tuesday night and could do a second reading at its Jan. 28 meeting, Walden said.

"We will make sure it gets a good hearing, it's just a matter of time," she said.

Reach Alan Lopez at 510-243-3578 or at alopez1@cctimes.com.

## Poets

FROM PAGE A1

found throughout the Bay Area practically any night of the week, the events at the Albany library draw an enthusiastic crowd and are meeting a need for poetry events close to home, according to Julie Winkelstein, the coordinator of the events.

A core group goes to nearly every meeting, though attendance varies from six to 30 participants, she said.

"It's such a wonderful event no matter how big it is, because of the quality of the readers is so big, and just the feeling of the room," Winkelstein said.

The Albany poetry events include two drop-in writing workshops held once a month: one for children in grades 4-8 and the other for all ages.

The open-mike event is held the first Thursday of the month and includes a "featured" poet, one who is invited to read several poems of their own for 30 to 40 minutes. After that, audience members are given three to five

minutes each to read their work.

About two-thirds of the participants were women, though a variety of ages were present, ranging from teen-agers to senior citizens. Nearly every poem varied in its topic and style.

Song- and fiction-writer Alice Templeton writes "lyric poetry," and said she's less interested in telling a story than creating an effect with the language:

"you life by driftwood tempting the skies  
run in the surf through rain through howl  
why do we laugh and beg for destruction  
when love moves into us opening  
our pores like windows gently undoing  
the buttons on our clothes?"  
— from "a poem falls off the bed"

Twenty-two-year-old Richmond resident Jennifer Giang read a spoken-word piece that mocked the television show "American Idol," which for her brought up questions about what typical Americans are supposed

to look like.

"Pop idols and untalented stars are handpicked, plucked and paraded on national television/Only to be rejected/Not because she or he didn't get enough votes/No/See/Nappy headed/Slanted eyes/Boriquas or any 'thing' non-American enough/Wouldn't be ideal enough to be an American idol"  
— from "American Idol"

Nearly two years ago, the Albany library received a grant from the American Library Association to do a series of poetry events and out of that series, Winkelstein said, came the library's monthly programs. She called it a niche the library has found.

The participants say they come to the Thursday-night event for a variety of reasons, though perhaps the main one is a need to communicate.

Giang has been reading at open mike nights since she saw the Def Poetry Jam, a traveling hip-hop poetry event, last year. She said she likes writing about

politically-charged topics as the media or rap.

"I kind of want to see what my mind, and what the world needs to be heard."

Templeton said she likes open-mike events to see what she can do before she submits a poem. Not only is it inspiring to hear a work, she said.

Seevak, an Alameda resident, has been teaching poetry for six years at the two monthly events at the library, which has 15 to 20 people.

She said the subway library's poetry events are linked to the need to figure out who is as the world around.

"I think people are looking for ways to express themselves," she said, an amazing way.

Reach Alan Lopez at 510-243-3578 or at alopez1@cctimes.com.

## Buses

FROM PAGE 1

taxes," said AC Transit spokesman Mike Mills.

The 67 bus route begins at Arlington Boulevard and Terrace Drive in the El Cerrito hills and winds its way to the Plaza BART station and on to the Berkeley hills. The section of the route from Arlington Boulevard to El Cerrito Plaza operates in the morning and afternoon. The rest of the route runs throughout the day.

Council members said the cut would affect children who rely on it to get to school as well as the elderly who use it as perhaps their only source of transportation.

tion.

Mayor pro-tem Letitia Moore said she has a 90-year-old grandmother who uses the line to get to San Pablo Avenue.

"In making cuts, and setting priorities, it seems shortsighted to cut service where we have little service and improving service where we already have a lot of service," said Moore, who regularly uses the bus to get to work.

"We have a lot of elderly residents in El Cerrito and a lot of them probably don't drive," added Councilwoman Janet Abelson.

In addition to the 67, AC Transit plans to cut portions of several other lines, nearly all of them in Alameda, Berkeley and Oakland. About 17 other lines

would be affected through reduced stops or new routes.

After cutting bus routes, AC Transit intends to increase service in other areas, particularly on San Pablo Avenue, where the "Rapid Bus" service will go into effect this summer. This service will replace the 72 L line on San Pablo Avenue and will be 20 percent faster, and it is projected that it will increase the number of buses and passengers.

New bus lines would also be created, including one that would replace a portion of the 67 line, from the North Berkeley BART station to the El Cerrito Plaza BART station.

Abelson was unsatisfied with both of those changes. The rapid bus, she said, would have fewer

stops on San Pablo Avenue, creating the need to have to drive to the next stop.

And the new rapid bus would not make it easier to make it easier to get to the next stop, she said.

The AC Transit board will consider these issues at its meetings at 3 and 6 p.m. at the district's office in Franklin St. in Oakland.

Mills said the board will make a final route changes on

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# Real Estate & Home

Supplement to The Berkeley Voice, The Journal, The Montclairian, The Piedmonter

Friday, January 17, 2003

Section B

## I need an insurance contingency?

ing preapproved for may not be enough

INMAN NEWS FEATURES

years, real estate agents advised their clients to get preapproved for a mortgage before starting looking at houses. Getting preapproved for a mortgage was not enough to be a bona fide buyer. Now, buyers are finding out the hard way that they need to know that their insurance is in order.

When lining up home insurance was one of the things you did before closing. Now, buyers are finding out the hard way that they need to know that their insurance is in order.

Homeowner's insurance is required to close any home purchase where a new mortgage is involved. A mortgage lender will not give you a loan unless you have insurance on the property with the lender named as the beneficiary. If you are not insured, you can't close.

When purchasing contracts, buyers include insurance contingencies that make the purchase dependent on the buyer's ability to obtain acceptable homeowner's insurance. But, that situation could change if current conditions in the insurance industry change.

Homeowner's insurance carriers have recently been hit with skyrocketing costs due to an increase in the number of mold and water damage claims. In an effort to control costs, carriers have become hyper-diligent in whom they will insure, and what properties they will insure.

Years ago, insurers have scrutinized applicants to make sure they had a good financial risk. Now, they also look at the applicant's credit reports and other factors to see if they are a good insurance risk.

**HUNTING TIP:** Insurers are also checking the property to make sure its claim record is clean before they'll agree to write a policy.

This means that you could have a squeaky-clean record, but you could be denied insurance if a claim or two has been filed on the property you're attempting to buy within the last 5 years. Most insurers participate in a claims-sharing database, the Comprehensive Loss Underwriting Exchange (CLUE). CLUE reports detail every claim made on a property during the last 5 years.

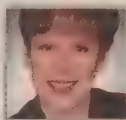
A homeowner can obtain a copy of the Clue report on his home online at [www.choicetrust.com](http://www.choicetrust.com) for less than \$15. A buyer cannot directly access the Clue report on a property unless the seller provides a copy. However, an insurance agent who has access to Clue can, and will, check the claims record.

Insurers are also tightening up with already insured homeowners. Long-time insured customers may not be renewed if they have submitted a claim in the last year. To make matters worse, what you think is a casual inquiry, the insurer may interpret as a claim.

A woman who had been with an insurer for over 10 years, called to ask if damage caused by a leaky roof would be covered by her policy. The insurer said that it would. The insured never made a formal claim. She replaced the roof and repaired the damage herself. The insurer dropped her at the next renewal date. Her benign inquiry qualified as an unpaid claim. If you call your insurer for general information, be sure to begin the conversation by saying: "This is hypothetical."

Before you go house hunting, talk to an insurance agent to see if you're insurable. First-time buyers should consider taking out a renter's insurance policy. Insurers will often write homeowner's insurance for their existing customers.

**THE CLOSING:** If your purchase contract doesn't include an insurance contingency, find out if



**DIAN HYMER**  
House Hunting

Homeowner's insurance carriers have recently been hit with skyrocketing costs; they have become hyper-diligent about whom they will insure, and what properties they will insure.

the house is insurable at a price you can live with before you remove your inspection contingency. You can probably find insurance to cover a home with a bad CLUE report, but the cost may be prohibitive.

Dian Hymer can be reached at 510-339-4777 or by e-mail at [Dian@Dianhymer.com](mailto:Dian@Dianhymer.com).

## Real Estate Spotlight:

### Contemporary home has dramatic features



**CONTEMPORARY HOME AT 95 WESTMINSTER DRIVE, OAKLAND**, has a dramatic two-story entry, with a geometric skylight. This sets the stage for this impressive four-bedroom, three-plus bath Claremont Pines home built in 1995. The wet bar off the entry and the spacious room sizes are conducive to formal and informal entertaining. The cook's kitchen is equipped with expansive Corian counters, a large island with a single slab granite counter, double ovens, a pantry closet, Sub-Zero refrigerator, Dacor 6-burner gas cook top, custom cabinets, microwave, a pass-through to the family room and a built-in desk. The family room opens to the patio, swimming pool and garden. A shower and sauna are conveniently located near the pool area. The library off the main entry hall makes an ideal home office. The master bedroom suite provides a lovely retreat with fireplace, marble bathroom, spa tub and enormous walk-in closet. Additional features include a breakfast room with access to a covered terrace and a view of the garden, two half-baths on the main level, hardwood floors, box-beamed ceilings in the living and dining rooms, three fireplaces, marble and granite accents, separate laundry room, three-car attached garage with inside access to the main living level, security system, central vacuum system. Price: \$1,695,000. Listing agent: Dian Hymer, Previews property specialist, Coldwell Banker, 6137 La Salle Avenue, Oakland, 510-339-4777, [dian@dianhymer.com](mailto:dian@dianhymer.com). Home will be open Sunday, Jan. 19, from 2 to 4:30 p.m.

**TAKE A CLOSE LOOK AT  
THE EAST BAY'S  
VICTORIAN-ERA  
ARCHITECTURE: A NEW  
SERIES BEGINS THIS  
WEEK ON PAGE B10**



**FINIALS, BARGEBOARDS AND AN ORIEL** are just some of the trademarks of the Gothic Revival style that grace Mosswood in Oakland. To learn the history of Mosswood and its role in East Bay Victorian-era architectural history, see page B10

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# New do-it-herself guidebook for those home fix-it repair

BY ROBERT J. BRUSS  
TRIBUNE MEDIA SERVICES

"Dare To Repair," by Julie Sussman and Stephanie Glakas-Tenant (Harper Resource Harper-Collins, Publisher, New York, 2002), \$14.95, 239 pages. Available in stock or by special order at better bookstores, public libraries and amazon.com.

If you are a woman and want to learn more about how to fix the things that go wrong in a typical house, "Dare To Repair" by Julie Sussman and Stephanie Glakas-Tenant is the right book for you. Even men are allowed to read it when nobody's looking.

Written by two Washington, D.C., housewives whose husbands are too busy running the government to help with their home repairs, this new book explains home-repair basics from the female viewpoint. Sussman's husband works at the CIA, and Glakas-Tenant's husband is director of the CIA.

The foreword written by Linda C. Fuller, co-founder of Habitat for Humanity, sets the book's tone. She emphasizes the large number of women homeowners (43 percent of Habitat homeowners are women) who need to know how to make simple home repairs. Fuller then explains why this book will save readers money and add to their personal satisfaction when they don't have to call a man for routine home maintenance.

"Neither of us was born with a silver hammer in her hand. We started doing home repairs out of financial necessity," the authors explain. "Our goal in writing this book is not only to teach you how to do home repairs but also to inspire you to pass your knowledge to others. Use your knowledge as a tool for improving your life, as well as the lives of others," they continue.

The book is filled with impor-

tant homeowner basics that, shockingly, even many men don't understand. It begins with simple but vital facts homeowners need to know, such as how to shut off the water supply valve and how to restore a hot water heater's operation.

Next, the book advances to the ever-popular topic of the toilet and how to fix what goes wrong, such as repairing a running toilet. Interestingly, when the problem isn't easy to correct, such as a clogged toilet that won't respond to a closet auger, the authors don't hesitate to advise, "If the obstruction didn't budge, call a certified plumber."

Throughout the book, usually at the beginning of each chapter or section, there are supposedly real-life examples of women who encountered household problems, such as a clogged kitchen sink drain, and how they handled it. Finding treasures, such as a missing earring in a bathroom sink trap, add to the excitement of the book.

This is not a home construction book. Nor will it reveal how to fix serious problems. Readers won't discover how to build a deck in a weekend. But they will find simple, practical facts, such as how a fire extinguisher should be used and what homeowners need to know to solve electric garage door opener problems.

To illustrate, my 12-year-old GE dishwasher won't drain properly, so I'm debating whether to call a repairman or replace it with a new dishwasher. I was hoping the section on home appliances would show me how to fix my dishwasher. But it was limited to what to do when the dishes aren't getting clean.

The drawings make this book very understandable because they are detailed enough but not too technical. Several illustrations show a woman in a wheelchair

The drawings make this book very understandable because they are detailed enough but not too technical. Several illustrations show a woman in a wheelchair performing repairs.

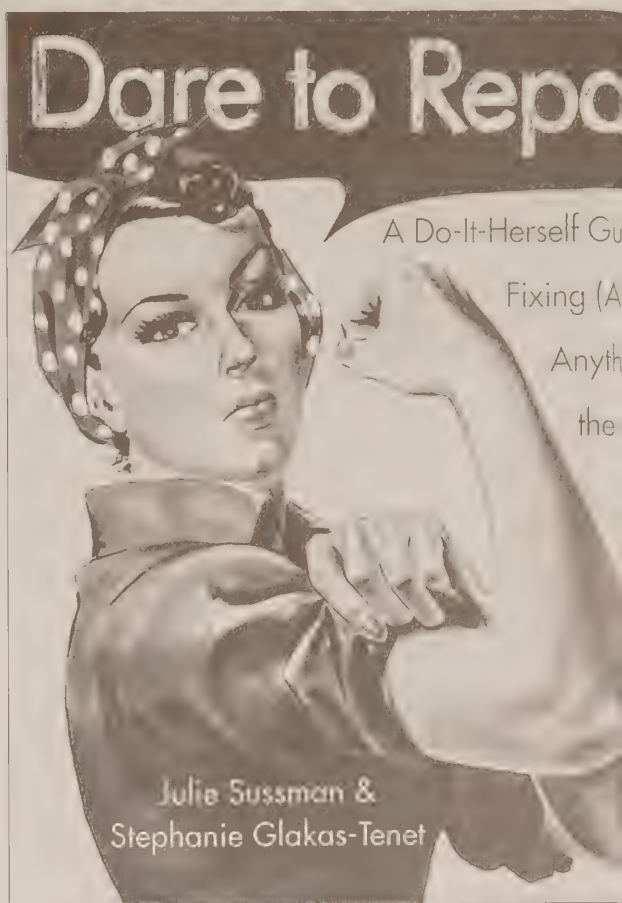
performing repairs, such as replacing a door handle.

The information on home electrical systems is especially well-presented, such as testing to see if the wall plug is live. Replacing wall switches, particularly three-way switches, looks downright easy although I know it can be tricky to get the right wire in the right place. But the material on replacing the light bulb in a refrigerator and a stove was a bit too elementary.

The five simple chapters are plumbing, electricity, major appliances, windows, walls and doors; and home safety. There is also a resource section, with addresses, e-mail addresses, and phones of firms such as appliance manufacturers, women's housing organizations, home component manufacturers, and home supply associations.

Most home repair books are written for men, often making a simple task seem complicated. But this one simplifies tasks, warns about possible pitfalls, and encourages the homeowner to give it a try. But the authors don't hesitate to say, "If this doesn't work, call a specialist." On my scale of one to 10, this well-designed book rates a 10.

Write to Robert J. Bruss at 251 Park Road, Burlingame, CA 94010.



**MOST HOME REPAIR BOOKS** make a simple task seem complicated. But this one simplifies tasks, warns about possible pitfalls and encourages the homeowner to give it a try.

## Asbestos problem in home's ceiling?

POPULAR MECHANICS

**Q** I'm concerned about a possible asbestos problem in my ceiling. Our home was built around 1969 and it has a type of ceiling finish known in this area as popcorn, which contains asbestos.

The ceiling has become dirty and needs to be repaired.

Can the ceiling be repainted or should it be dealt with by some other means?

**A** First, have the ceiling material tested to see if it contains asbestos.

Just because asbestos was used for ceilings at the time your house was built doesn't mean that your ceiling contains asbestos.

Testing is recommended because of the expense involved in properly correcting the problem if the ceiling contains asbestos.

If it does, then whatever action is taken is not a do-it-yourself task.

The procedures for working with asbestos-containing materials fall into three general categories: Removal, Encapsulation, and Enclosure.

Painting would be considered encapsulating. However, prior to painting, the ceiling would have to be cleaned. This can cause particles of asbestos to loosen and fall.

Also, several asbestos consultants with whom we discussed this problem recommend against encapsulating a ceiling because they were concerned that the weight of the layer of encapsulating material would cause the "popcorn" to loosen and drop from the ceiling. The decision to remove the popcorn or enclose the ceiling is one that should be made by a certified asbestos abatement consultant.

## Berkeley Education Center offers home improvement classes

**Building Education Center**, a nonprofit education organization at 812 Page St. in Berkeley (510-525-7610), offers the following:

"Controlling Termites and Dryrot," 10 a.m.-5 p.m. Saturday; \$75.

"What You Need to Know Before You Build or Remodel," 7-9 p.m. Monday, Jan. 20; free lecture.

"Homeowner's Essential Course: How to Build, Remodel and Maintain Your Home," 17-session course meets Mondays and Wednesdays Jan. 24-March

26; first session is 7-10 p.m. Jan. 22; \$475, includes textbook.

"Drywall," 9 a.m.-5 p.m. Jan. 25; \$95.

"Basic Home Repair and Im-

provement Skills," 9 a.m. Saturday and Sunday, Jan. 25 and 26; \$180.

"How to Inspect," 9 a.m.-5 p.m. Sunday, Jan. 26; \$95.

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# How about some new stuff for the New Year?

ber 414 in a series of true  
ces in real estate  
a new products, services  
ation, which maybe you  
So I have collected some  
e come to my attention re-  
nd I offer them to you.  
Butter slices are now  
I was delighted to find via  
paper ad, individually  
squares that look very  
processed cheese slices.  
p them in the refrigerator,  
makes them easy to open  
up, then put them in sand-  
on toast, or wrap around a  
wedge. Unfortunately, ac-  
to their Web site www.pb-  
om, they are not yet avail-  
able in the area. Too bad, I'd like  
em.  
about bread without  
No cutting or trimming nec-  
essary this product the other  
person's, then ran across  
ine ad for "Iron Kids Crust-  
ed." The loaf looks kinda  
all white and square, but I  
appeal.  
you know that Alta Bates  
t in Berkeley is bedding  
mature twins together?  
t newsletter has a very  
photo of a set of twins  
in a single blanket. They  
ch other warm and, ap-  
healthier. Looks so cozy  
even all babies, not just  
much benefit.  
much is a dollar worth to-  
compared to, for example,

a dollar in 1973? That was the year  
I wanted to know about because I  
remember that I had just gotten  
married, I was making about  
\$25,000 a year in salary and I sold  
my house for \$18,000.  
Turns out \$1 in 1973 is worth  
\$4.08 today. (The \$18,000 house,  
however, is worth around \$350,000.)  
You can find out the relative num-  
bers for other years by going to  
www.bls.gov/cpi/#data.com and  
clicking on the Inflation Calculator.  
Virtual pet adoption is fascinat-  
ing www.PetFoodExpress.com. No  
more going to the SPCA and falling  
in love with every dog you meet.  
Instead you go to the Web site,  
choose one of various Bay Area an-  
imal shelters, then search by type  
of animal, age, size, and activity  
level. The animal is shown along  
with his name and description. You  
choose, then arrange for adoption.  
Right now at the Alameda Animal  
Shelter there are — in addition to  
dogs and cats — a hamster, a  
guinea pig and some hairless rats  
looking for homes.  
In the AARP magazine I read  
that the average new home has in-  
creased in size from 1,500 to about  
2,300 square feet in the past 30  
years. It is true that many parents  
these days feel strongly that each  
child needs his own bedroom. I'm  
not so sure. While it is a boon for  
my older teenagers to have their  
own spaces, they chose to sleep in  
the same room until they were in  
their early teens. And when I was

a kid, my sister and I spent happy  
times giggling under the covers at  
night and climbing in and out of our  
bunk beds.  
I am a big fan of old gas stoves,  
my current one being a chrome-top  
Wedgewood. Once I bought a new  
gas stove, but sent it back after only  
a couple of days because I found  
it tiny and the top middle section  
hot to the touch. Plus the porcelain  
on the burner grates immediately  
chipped. The problem with old  
kitchen appliances is finding parts  
and people who can make repairs  
to them.  
According to the Old-House  
Journal, the place to go is the Old  
Appliance Club, www.an-  
tiquetovestoves.com, where members  
(cost is \$35 a year) point you to  
parts, service people, and authen-  
tic accouterments such as owner  
manuals and salt and pepper shak-  
ers. Membership includes their  
newsletter plus unlimited personal  
consultation and resources. What  
a boon! Fact-filled Web site, too.  
If you have a pond or pool that  
attracts mosquitoes, you might want  
to get some free mosquito fish from  
the Alameda County Mosquito  
Abatement District, phone 510-763-  
7744 (or contact the county where  
you live). I did this, called them, and  
they came as promised with a  
bucket full of fish that eat mosquito  
larvae.  
I was terribly pleased to have  
these pretty little fish, but they died  
the next day because tap water

contains chloramines that are toxic  
to the fish. It's easy to make water  
safe for the fish with conditioning  
chemicals, available at pet stores,  
but they must be put into the origi-  
nal water and all water that is  
added. Because the water in my  
small pond runs in automatically, I'll  
have to figure out how to condition  
it before I get more mosquito fish.  
"Ask the Bugman" newspaper  
column told readers to hang plas-  
tic sandwich bags with water in  
them to keep flies away. Just tape  
them to your doors, the Bugman  
says, and flies will not come in, ap-  
parently because the sunlight re-  
flecting through the water-filled bags  
distracts or disorients the flies. This  
one fascinated me so much that I  
tried it for a few days, and it actu-  
ally seemed to work, but I hated the  
sight of the bags, and took them  
down.  
Whirlpool is advertising a most  
unusual appliance for "revitalizing"  
clothes. According to their mailing  
(I sent for it, just had to know more),  
this metal closet cleans odors and  
smoothes wrinkles. The size is 3-  
feet wide, 1 foot deep, 6-feet tall,  
and it costs about \$1,000.  
Supposedly, you stand it in your  
bedroom closet or laundry room,  
plug it in, add a liquid freshener,

and hang your clothes inside on  
hangers, and after about 30 min-  
utes, your clothes are fresh and  
don't need ironing. Note that the  
Personal Valet does not actually  
clean clothes. When they're dirty,  
they still need to be washed or dry  
cleaned.  
See www.personalvalet.com for  
a demo with accompanying music.  
Who would buy this? Not I. But I  
was certainly entertained to learn  
that Whirlpool thinks there is a  
need.  
Lastly, from a friend at Placer Ti-  
tle, I have the word on who owns  
minerals on your land. It seems that  
your ownership includes all ores,  
metals, and coal that are "in or on  
the land to the center of the earth."  
Doesn't that conjure up a picture?  
Do you remember ever trying to dig  
a hole to China?  
Oil and gas, however, while clas-  
sified as minerals, are in a different  
category. This is because oil and  
gas are "shifting, migratory sub-  
stances." In other words, they don't  
hold still like, for instance, gold  
does. Therefore, you don't have ti-  
tle to oil and gas on your land. How-  
ever, you do have an exclusive right  
to drill for them on your land and  
to retain any substances brought  
to the surface. You can even sell



**TARPOFF AND TALBERT**  
True Experiences

those rights separate from the land  
itself. Got a taker?

Pat Talbert and Anet Tarpo are  
local residential real estate agents  
who can be reached at 510-653-  
2050 or www.tarpoandtbert.com.



**Martino Associates &  
Mortgage Co.**

Alameda  
1040 Central Avenue  
\$439,500  
In-law Potential  
3+ Bed 2-1/2 Bath  
Upstairs 2 Bed 1-1/2 Bath  
Downstairs 1+ Bed 1 Bath  
Garage, Laundry, Nice Yard  
Open Sun 2:00-4:00

Carol Martino  
Realty World  
Martino Associates  
510-523-9300  
510-919-9233

**TERE LEE**  
李麗珠  
814-4840 or  
810-6735 pgr.  
Harbor Bay Realty

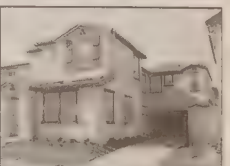
**"TRUST A PROFESSIONAL  
WHO CARES"**

**ALAMEDA**  
NEW LISTING  
1028 ISLAND DR 3 Bdrm/2 Bath,  
single level, **SOLD** new carpeting,  
new paint, new stove. \$399,000  
318 D CYPRESS ST.  
3 Bdrm, **PENDING** co-op at  
Woodstock. Reduced to \$249,000

**SAN LEANDRO**  
1400 CARPENTER ST. #116  
BART + trans. \$249,000  
NEW LISTING  
14388 OUTRIGGER DR.  
3 Bdrm/2.5 Bath, 2 Garages  
Townhouse, **PENDING** adjacent to  
Monarch Bay golf course \$349,000

14402 OUTRIGGER DR.  
Brand new carpeting, 2 Bdrm/2 Bath,  
upper unit, **SOLD** appls incl.,  
Two 1-car gar. Adjacent to Monarch  
Bay golf course \$299,000

**OAKLAND**  
OPEN SUNDAY 2-4  
85 EDMONT WAY.  
3 Bdrm/2.5 Bath, near Dunsmlr  
House & Gardens. \$469,000



**New Listing, Brand New**  
single family home in Alameda.  
Approx. 2200 sq. ft. Prestigious  
new home development. 3+ bed-  
rooms, den downstairs, open loft  
upstairs, gourmet kitchen, all new  
appliances included. Off street  
parking for 5 vehicles. Fabulous  
master suite. Must see. Phone for  
appointment!  
OPEN SUNDAY 2-4  
Only \$678,000

**New 3 Bedroom Single  
Family Home** with approx. 2000  
sq. ft. for quick sale! Won't last  
long in Alameda! Fabulous master  
suite. Another must see! Offers as  
written. Only \$598,000

**The Most Level Lot in  
Oakland.** Build your dream  
home. Over an acre with view.  
Much of the documentation already  
done. Fabulous Montclair area.  
Drastically Reduced  
\$199,000



**Donna Williams**  
(510) 814-4826  
donna.williams@aol.com  
HARBOR  
BAY REALTY  
SALES • REALTY • PROPERTY MANAGEMENT

**Montclair Better Homes Realty**  
ALBERT STREET, OAKLAND  
GLENVIEW BUNGALOW  
This beautiful home boasts pride of ownership and offers character &  
with lovely architectural details throughout. A very bright and  
pleasant-feeling floor plan allows for  
cozy entertaining centered around the  
uniquely appointed, wood burning  
fireplace. The lightly landscaped  
backyard features lush flowering shrubs, level lawn area, ornamental fruit trees  
and a large deck with built-in benches. Full of tranquility & careful design,  
this home is an adorable example of Craftsman style.

- Bright living room offers wood burning fireplace with custom mantel.
- Spacious & sunny eat-in kitchen with fir floor opens onto the rear yard.
- Private, landscaped, completely fenced backyard with deck and drip irri-  
gation system. Side yard with planting boxes, perfect  
for an herb garden.

**MAHID NASSIRI**  
"Best Move"  
(510) 339-8400  
(510) 287-5770  
Virtual tour, visit me at  
MahidNassiri.com

Sunday Open House  
January 19  
2:00 - 4:30pm  
Asking Price \$485,000

**Montclair**  
Better  
Homes  
Realty

**GRUBB Co.**  
2066 Oakland Avenue, Piedmont  
Offered at \$1,195,000  
Open Sunday 2-4:30  
ANIAN PETTIT TUNNEY, CRS  
BROKER ASSOCIATE  
OFFICE: 339.0400/217  
GRUBBCO.COM  
Visit GRUBBCO.COM for  
Photo Tours current listings.

**The Dave And Carla Higgins Homeselling System**  
**Your Home Sold In 60 Days, Guaranteed Or We Will Sell It For Free!**  
And Out More, Call 1-800-525-3704 ID#2076 Anytime, 24 Hours A Day For Pre-recorded Information Which Explains This Offer. (Talk To No Agent.)  
**24 Hour Talking Ads Talk To No Agent • Pre-Recorded Info • Call 1-800-525-3704 & Enter ID#**

**000 • EL CERRITO W/PANORAMIC VIEWS**  
ous city, bridge and bay view home.  
replaces, private patios, open floor plan,  
ed wood beam ceiling, two car attached  
& Kensington Elementary Schools.  
info 24 hours.  
525-3704 ID#3311

**PENDING**  
\$549,000 • HADDON CRAFTSMAN  
Wonderful remodeled home in  
prestigious Haddon Hill. Large  
level back yard, gourmet kitchen,  
separate artist studio, two  
fireplaces, minutes from Lake  
Merritt. FREE info 24 hours.  
1-800-525-3704 ID#3312

**PENDING**  
\$439,000 • MONTCLAIR RETREAT  
Minutes from Montclair  
Village. Tranquil retreat, cozy  
living room w/ fireplace, exposed  
wood beam ceiling, large  
detached artist studio w/ dark  
room. FREE info 24 hours.  
1-800-525-3704 ID#3331

**Sold For 42%  
Over Asking  
Price**  
VICTORIAN DUPLEX  
"Dave and Carla sold my  
house for 42% over the asking  
price. I would never consider  
making a real estate decision  
without them."  
MAURICE MIRANDA  
OAKLAND FIREFIGHTER

**DON & CARLA**  
HIGGINS  
Double Your Expectations

**FREE QUICK OVER THE PHONE  
HOME EVALUATION. CALL US AT  
510-595-7699**





# Taking a look around the East Bay real estate community

News and information for and about the area real estate community and affiliated industries.

## FOR THE PUBLIC

### Selling Your Home?

If you've decided to sell your home or have been thinking about it and can't decide, you won't want to miss **Terry Kulka** of Coldwell Banker's class. The class will be held tomorrow at the Piedmont

Adult School from 9:30 a.m. to 1 p.m. Call 510-594-2717 to register or come to room 11 at the Piedmont High School and register at the class. The class costs \$30. Call 510-339-4789 to learn more.

### Buying A Home?

If you're looking for a home and don't know where to start or what to do, then **Terry Kulka's** class "Take the Confusion Out of Homebuying" may be just the ticket. The class will

be held Saturday, Jan. 25 at the Piedmont Adult School from 9:30 a.m. to 1 p.m. Call 510-594-2717 to register or come to room 11 at the Piedmont High School and register at the class. The class costs \$30. Call 510-339-4789 to learn more.

### No Money Down Seminar

Are you serious about buying a home? Would you like to come away with a strategy for getting a home for no money down? And for-

get about the closing costs, tool **Charles Patton**, regional manager of World Wide Mortgage, offers a free workshop the third Saturday of every month. The next one is on tap tomorrow from 10 a.m. to noon at 3362 Adeline St. in Berkeley. RSVP at 510-472-0917.

### Free Answers To Home Buying

Have you finally decided to buy a home? Is your New Year's resolution to find out how? Learn the answers to many home buying questions at "The Home Buying Answers Class." This free class is from 10 a.m. to noon, Saturday, Feb. 8. Senior Loan Consultant **Margie Lupo** of Vintage Mortgage conducts the class. To pre-register, call 888-629-0077 ext. 8610.

### Workshops For Everyone

**Karen Ward** of RE Loan Mortgage in Albany is the facilitator for a variety of workshops for the homebuyer. The "Homebuyer Finance" workshop is a review of the overall loan process and covers

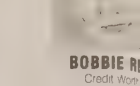
loan programs, credit reports and lender guidelines. "Home Buyer Basics" is a workshop for first-time buyers with a soup-to-nuts overview of all aspects of home buying. The "Woman To Woman Workshop" educates women on the basic principles of home buying. Issues and concerns dealing with women are addressed in "womanspeak." For more information and dates of upcoming workshops contact Ward at 510-559-4000.

### Senior Care Guides

**Georgia Richardson** of Richardson Real Estate Services is offering New Lifestyles, an area guide to senior residences and care options. Guides are available for the San Francisco Bay or the Sacramento/North Bay areas. To obtain a complimentary issue, contact Richardson at 510-569-3499.

### PARAGON AT OAR

Paragon Training for the new area-wide MLS system is being con-



ducted at the Oakland of Realtors during classes, presented by gional, are held daily. day. For more information Bay Regional at 925-

### GLAMOROUS OR

In the national new Realtor **Oral Lee Brown** she have in commo Couric and Sigourn Brown was named magazine's Women 2002. Brown adop's in promised them a colla if they stayed in scho tained a C or better g

See REID Page

## Learn the "how to" of window installation

TRUITT & WHITE LUMBER

Watertight window installation is a hallmark of outstanding carpentry. Ken Lusby from Truitt & White's field service department will give a demonstration seminar sponsored by Andersen Windows and Doors and Tyvek HomeWrap from Dupont.

Using a wall mock-up, Ken will go step-by-step from papering and flashing through the actual window installation.

Ken has many years of field service inspection and problem solving. You may find his seminar




valuable because of Ken's insight and expertise in this potentially problematic work.





In addition, representatives from Andersen and Tyvek will be on hand to answer your questions and review their product lines.

Reservations are required and refreshments will be served. Phone 510-649-2674 to reserve your space. This workshop is scheduled for Saturday, Jan. 25 from 9:30 to 11 a.m. at Truitt & White Lumber Company, 1817 Second St. in Berkeley.

For more information call 510-841-0511.

**A sampling of our current listings:**

	<b>Richmond</b> Just listed, 3 bedroom home on large corner lot. Remodeled kitchen and bath. New paint & carpet. 2 car side by side garage. Fenced yard and large patio. <b>\$319,000</b>
	<b>Pacific Heights</b> Freshly painted 3 bedroom, 2 bath condo in two unit building. Two-level floor plan with high ceilings, double parlor and marble fireplace. Master suite with private back deck. Large family room (third bedroom) on lower level with direct access to shared back yard. One car garage parking. <b>\$769,000</b>
	<b>Ingliside Heights</b> 2 bedrooms, 1 bath home with permits and plans for additional 2 bedrooms and bath down. Living room with corner fireplace. Hardwood floors and newer roof. 2 car side-by-side garage. Great location for 2805 commuters. <b>\$428,800</b>


**Prudential**  
 California Realty  
  
**Jim Hedges**  
 manager  
 stunionjm@aol.com  

  
 2241 Market St San Francisco 415-575-5599    2200 Union St San Francisco 415-921-0113

15 YEAR FIXED		30 YEAR FIXED		3/1 ADJUSTABLE
RATE	APR	RATE	APR	RATE
<b>5.25%</b>	<b>*5.280%</b>	<b>5.875%</b>	<b>**5.893%</b>	<b>4.375% ***4.4%</b>

**510-747-1587**

*"Where People Come First"*


**1416 Park Street • Alameda**

email: [BrydonB@BankofAlameda.com](mailto:BrydonB@BankofAlameda.com) Member FDIC

  
**BLAKE A. BRYDON**


\* 5.280% estimated annual percentage rate is based on \$322,700 loan and includes points. Applicable closing costs will apply. Loan term is 15 years and subject to maximum loan-to-value of 80%.  
 \*\* 5.893% estimated annual percentage rate is based on \$322,700 loan amount and includes points. Applicable closing costs will apply. Loan term is 30 years and subject to maximum loan-to-value of 80%.  
 \*\*\* 4.304% estimated annual percentage rate is based on \$322,700 loan and includes points. Applicable closing costs will apply. Loan term is 3 years, three years fixed and adjustable every year thereafter.  
 Programs are based on primary single family residences, townhouses and planned unit developments only. No prepayment penalty. Up to a maximum of 75% loan to value. Other restrictions may apply. All credit applications are subject to credit qualifications and requirements. Rates as of January 15, 2003 are subject to change without notice.

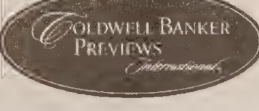
**JUST LISTED • OPEN SUN 2-4:30**




**95 WESTMINSTER DRIVE**  
(Enter on Glenbrook Drive)  
**Offered at \$1,695,000**

**Dramatic Claremont Pines Contemporary**  
Spacious & grand with 4 generous bedrooms, 3+++ bathrooms, cook's kitchen, breakfast room, family room, library, 3-car attached garage, 3 fireplaces, yard & pool.

  
**Dian Hymer, CRS**  
 Associate Broker  
 #1 Agent Oakland/Piedmont Office  
**510-339-4777**  
 Photo Tour @ [dianhymer.com](mailto:dianhymer.com)

  
**COLDWELL BANKER PREVIEWS**  
*International*

**Diamond in the Rough**



**91 FLORADA, PIEDMONT**  
This charmer is now on the market for the more than 50 years. It needs work, but it's got a great neighborhood. The home features four bedrooms, a large living room with original tile fireplace, a large room and filtered bay window. Natural woodwork and a lovely Piedmont home. Offered at \$1,299,000.

**DEBI FITZGERRELL**  
Associate Broker • 510-338-1306

**I am pleased to announce ...**  
**JUST LISTED**  
**2817 Birdsall Ave.**

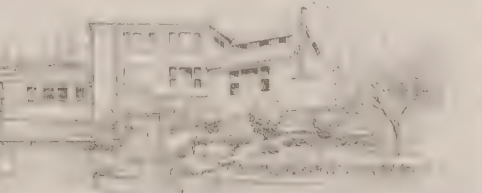


Super sunny and very charming Maxwell Park bungalow with a large, beautiful fenced backyard. Fine craftsman features include oak floors, stone fireplace, built-ins and coved entry's. Separate laundry room and breakfast room off kitchen!  
 Offered at **\$348,000**


  
**Lisa Friedman**  
 Top Producer in 2002  
 Voice Mail 510.986.9547  
 Visit: [www.pruweb.com/lisafriedman](http://www.pruweb.com/lisafriedman)

  
**Prudential**  
 California Realty  
**510.845.0211**

**Open Sunday, January 19, 2-4:30pm**



**6850 Exeter Drive, Oakland**  
New Listing! Dramatic 13 year old contemporary with San Francisco Bay and expansive canyon views.  
 3BR/2.5BA approx (3100 sq ft).  
 Offered at **\$929,000**

  
**Jeri Carlisle**  
 Senior Sales Consultant  
 (510) 338-1305

**View This Home And Still Catch The Game!**  
**Open Sunday, January 19th, Special hours 1-4:00pm**  
**6959 Charing Cross Road**




**Pizzazzy new contemporary! Great floorplan with four bedrooms, three and one half baths plus a huge rumpus room. Light-filled with bold colors & designer finishes.**  
 Offered at **\$1,200,000**

  
**MARY NEUBERGER**  
 (510) 530-4148 OR (510) 485-7251  
 email: [mary@ebrdi.com](mailto:mary@ebrdi.com)


  
**WELLS & BENNETT**  
 REALTORS

**It's all about character**



The East Bay is defined by the character of the people who live and work here. We focus on results and pride ourselves on solutions. Hard and work even harder. Integrity and professionalism are paramount. These characteristics also define Windermere Properties of the East Bay - and the real estate professionals who call Windermere "home." We're part of West's leading regional real estate network, the fastest growing independent real estate company in the Bay Area. Please give us a call and talk with us about your real estate needs. After all, we already have a lot in common.

Windermere Properties of the East Bay is proud to announce Peter Fletcher, one of the Bay Area's most experienced agents, is leading the way for Windermere Real Estate success in Alameda.  
 Contact Peter at 510-521-1177.

  
**Windermere**  
 Properties of the East Bay  
[www.windermere.com](http://www.windermere.com)



teaches how to create this professional marketing tool. Learn how to use it with buyers, sellers, at Open Houses and as part of your Web site. For a date and location near you call 925-254-1900 or send an e-mail to Kittybiz@aol.com.

**REALTOR UNIVERSITY**  
Education for real estate professionals doesn't stop when they receive their licenses. The National Association of Realtors now provides online education, with over 100 hours of real estate and professional development classes. RUO allows agents to learn what they want, where they want, at home or in the office. Students can test-drive a course before registering. For available courses check out [www.realtoruniversity.org](http://www.realtoruniversity.org).

**LUNCH BUNCH**  
Monthly lunch and learn sessions are a tradition at the Berkeley Association of Realtors. For there will be 11 monthly luncheons, on the last Wednesday of each month, with the exception of December (this one is on the third Friday). BAR is offering all its members an opportunity to join the "Lunch Bunch." Pay in advance for sessions. You are guaranteed and never have to make a reservation. The first 2003 program on Wednesday, Jan. 29, and Goodman and Scott will present "Real Property Law." To join the Lunch Bunch call Ingrid Westgard of American Title at 510-339-9800 or BAR office at 510-848-4288.

**FAST POSTPONED**  
Monthly OAR Tour Day is cancelled for January. Training will supersede events for this month. The next tour is at 8:45, on Thursday, Jan. 27, at the OAR Building. For more information call Ingrid Westgard of American Title at 510-339-9800 or BAR office at 510-848-4288.

**TECHNO BOOST**  
Women's Council of Realtors Bay Chapter monthly meeting - Friday, Jan. 17. The meeting will include networking at 11:30 a.m. in Scott's Restaurant, London Square in Oakland. Come for this meeting is to boost 2003: Becoming a producer. Get insight on one industry's top productivity. For reservations call WCR at 510-834-0702 or Ingrid Westgard of American Title at 510-339-9800.

**LESS PLANNING**  
More listings and buyers? The Business Portfolio, created by veteran business and trainer Kitty Cole. Cole

**WEEKLY SALES**

**ALAMEDA**  
1849 8th St - \$465,000  
2014 Central Av - \$692,000  
307 Centre Ct - \$370,000  
311 Cypress St - \$419,000  
5 Dowitcher Ct - \$484,000  
1307 Fernside Bl - \$415,000  
3028 Flora Vista - \$393,000  
117 Holly Oak Ln - \$465,000  
2020 Pacific Av - \$535,000  
192 Ratto Rd - \$815,000  
2101 Shoreline 355 - \$367,500  
2101 Shoreline Dr - \$320,000  
230 Sweet Rd - \$985,000  
3337 Washington Ct - \$745,000  
3104 Washington St - \$425,000

**ALBANY**  
942 Cerrito St - \$406,000  
545 Pierce 2107 - \$309,000

**BERKELEY**  
2430 10th St - \$285,000  
2204 7th St - \$525,000  
1141 Amador - \$705,000  
1631 Belvedere - \$467,000  
1536 Blake St - \$330,000  
2411 Byron St - \$335,000  
1332 Carrison St - \$323,000  
1003 Channing Wy - \$305,000  
1809 Chestnut St - \$445,000  
1537 Comstock Ct - \$505,000  
2159 Emerson St - \$510,000

1186 Euclid Av - \$825,000  
2841 Forest Av - \$857,000  
2832 Fulton St - \$530,000  
1253 Hearst Av - \$475,000  
1211 Henry St - \$522,000  
2465 Hilgard 4 - \$331,000  
1817 Hopkins St - \$725,000  
2841 McGee Av - \$180,000  
911 Modoc St - \$598,000  
2819 Park St - \$387,500  
2200 Rose St - \$469,000  
657 San Fernando - \$753,000

**EL CERRITO**  
8513 Buckingham - \$820,000  
6946 Fairview Dr - \$580,000  
6847 Glen Mawr Av - \$415,000  
704 Midcrest Wy - \$570,000  
1221 Scott St - \$497,000

**EL SOBRANTE**  
4396 Fieldcrest Dr - \$475,000  
5512 S P Dam Rd - \$430,000

**EMERYVILLE**  
1060 48th St - \$340,000  
8 Admiral A321 - \$314,000  
2 Admiral B279 - \$218,000  
6363 Christie 1202 - \$320,000

**KENSINGTON**  
1629 Oakview - \$581,000

8 Stratford Rd - \$833,000

**OAKLAND**  
1669 15th St - \$340,000  
860 21st St - \$380,000  
1917 23rd Av - \$281,000  
2154 24th Av - \$270,000  
827 32nd St - \$299,000  
860 34th St - \$273,000  
494 38th St - \$525,000  
904 39th Av - \$450,000  
825 46th St - \$325,000  
2181 50th Av - \$295,000  
840 56th St - \$335,000  
2732 61st Av - \$273,000  
1420 65th Av - \$246,000  
2306 65th Av - \$193,500  
1064 66th St - \$367,000  
1669 67th Av - \$260,000  
1606 70th Av - \$233,000  
1042 72nd Av - \$200,000  
1654 82nd Av - \$209,000  
2014 88th St - \$270,000  
2618 8th Av - \$580,000  
1920 92nd Av - \$350,000  
1231 95th Av - \$229,000  
1356 96th Av - \$269,000  
6708 Arthur St - \$316,000  
7859 Arthur St - \$270,000  
6246 Aspinwall - \$845,000  
6039 Arden - \$233,000  
565 Bellevue 2504 - \$358,000  
900 Blair Av - \$610,000  
14030 Broadway - \$835,000

6315 Buena Ventura - \$360,000  
320 Caldecott 214 - \$250,000  
747 Calmar Av - \$822,000  
175 Chadbourne - \$559,000  
6574 Chelton Dr - \$595,000  
5230 Cochran - \$180,000  
4832 Congress - \$210,000  
10564 Creekside - \$275,000  
4853 Davenport - \$310,000  
4356 Detroit Av - \$521,000  
8080 Earl St - \$350,000  
2438 East 16th St - \$653,000  
5715 East 17th St - \$245,000  
1622 East 20th St - \$366,000  
3147 Eastman Av - \$335,000  
4105 Emerald St - \$442,000  
9905 Empire Rd - \$215,000  
3842 Enos Av - \$399,000  
801 Franklin St - \$246,000  
1000 Galvin St - \$720,000  
3318 Georgia St - \$295,500  
9955 Gibraltar Rd - \$230,000  
5642 Glenbrook Dr - \$875,000  
3816 Greenwood Av - \$505,000  
3768 Harrison 307 - \$215,000  
3945 Harrison St - \$315,000  
404 Hiller Dr - \$620,000  
1821 Irving Av - \$260,000  
5236 James Av - \$598,000  
3827 Kansas St - \$340,000  
3557 Klamath St - \$510,000  
5944 Laird Av - \$340,000  
3801 Lakeshore Av - \$677,000

See SALES, Page B6

**LAKE MERRITT - OAKLAND**  
OPEN SUNDAY JAN. 19th 1:00-4:30 PM



428 Wayne Avenue  
New Listing

Picture yourself here! Just blocks away from Lake Merritt and Downtown Oakland, this charming home sits on a hill and has views of the hills and the lake. Three bedrooms, 2 baths and plus rooms make this a versatile home. Lovely living and dining rooms boast wood floors, fireplace and period architectural ceilings. Dining room opens out to private deck and lovely backyard. Updated kitchen has a breakfast nook. Downstairs offers additional space for home office, etc. This very special home is waiting for you.



Offered at \$499,000  
Donna Conroy 510-339-4723  
Tour at [www.donnaconroy.com](http://www.donnaconroy.com)

**COLDWELL BANKER**

[www.Realtor4info.com](http://www.Realtor4info.com)

Looking for a home or thinking of selling yours?  
As a full time Realtor® I'm always available to handle all your real estate needs. Call me and let me show you how strong my commitment to you will be.

Listings	Asking Price	Sold
<b>Alameda</b>		
1522 Court St.	\$479,000	\$510,000
<b>Oakland</b>		
3114 Minna Ave.	\$289,000	\$295,000
3149 Minna Ave.	\$229,000	\$232,000
3907 Peninman Ave.	\$259,000	Pending
632 International Blvd.	\$130,000	\$130,000
<b>Buyers</b>		
14 Moss Pointe	\$575,000	\$585,000
Kephan Ave.	\$409,000	\$409,000
2575 Vista Grande	\$350,000	Pending
1618 Court St.	\$239,000	Pending

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**PIEDMONT- OPEN SUNDAY 2-4:30**



**23 CRAIG AVENUE** \$1,850,000  
Elegantly renovated throughout, this lovely home features gracious formal rooms and a spacious kitchen/family room that leads to the inviting garden. 4BR/3BA upstairs. Michelle Winchester




**54 ST. JAMES PLACE** \$1,395,000  
Stunning owner/architect designed contemporary with Bay views located in a private, wooded setting. Approximately 4500 sq. ft 3+BR/2.5BA with many multi-purpose rooms. Angela Wei Grubb




**2066 OAKLAND AVENUE** \$1,195,000  
This very sophisticated & elegant home has it all! Glorious hardwood floors, recessed lighting, gourmet kitchen & library. Wonderful indoor/outdoor living spaces. Three bedrooms. Anian Pettit Tunney


**BERKELEY - OPEN SUNDAY 2-4:30**



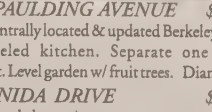
**1 ROCK LANE** \$750,000  
Charming well located home with character! Distinctive features include; vaulted ceilings, wood paneled family room, garden and peek of the Bay views. Nacio Brown



**40 TAMALPAIS ROAD** \$725,000  
Situated in one of N. Berkeley's finest neighborhoods, this property features an oversized lot of 8700 sq. ft., 4BR/3BA, study & updated eat-in kitchen. Susie Schevill

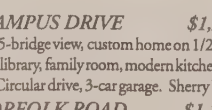


**2115 SPAULDING AVENUE** \$595,000  
Terrific centrally located & updated Berkeley bungalow w/remodeled kitchen. Separate one bedroom apartment. Level garden w/ fruit trees. Diane Verducci




**98 AVENIDA DRIVE** \$549,000  
Spacious and dramatic contemporary retreat nestled amongst the redwoods. Open floor plan, 3BR/4BA, family room & home office. Helene Barkin

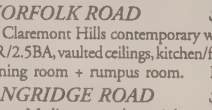
**OAKLAND - OPEN SUNDAY 2-4:30**



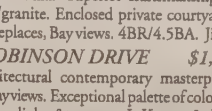
**13337 CAMPUS DRIVE** \$1,385,000  
Spectacular 5-bridge view, custom home on 1/2 acre lot w/ master suite, library, family room, modern kitchen. Approx. 4100 sq. ft. Circular drive, 3-car garage. Sherry Benninger



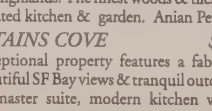
**7044 NORFOLK ROAD** \$1,275,000  
Native redwoods, winding stairs & metal French doors are the beguiling introduction to this bold contemporary w/South Bay views & chef's kitchen. Mavis Delacroix




**9049 BROADWAY TERRACE** \$1,150,000  
Enjoy spectacular city views from this wonderful spacious home. Open floor plan & soaring ceilings, 4BR/2.5BA, sun room & space galore. Mindy Scott




**6960 NORFOLK ROAD** \$1,150,000  
New Tuscan Villa. Superior craftsmanship, gourmet kitchen w/granite. Enclosed private courtyard, 3 large decks, 3 fireplaces, Bay views. 4BR/4.5BA. Jill Carrigan



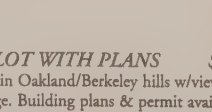
**3310 ROBINSON DRIVE** \$1,095,000  
New architectural contemporary masterpiece! 4BR/3.5BA & Bayviews. Exceptional palette of color, dramatic use of lines, light & space. J. Karnay & J. Carrigan



**7000 NORFOLK ROAD** \$998,000  
Dramatic Claremont Hills contemporary w/Bay & hill views. 3BR/2.5BA, vaulted ceilings, kitchen/family room, formal dining room + rumpus room. Helen Buty

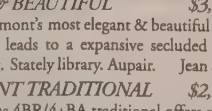


**894 LONGRIDGE ROAD** \$995,000  
This fabulous Mediterranean home is located in popular Crocker Highlands. The finest woods & tiles, 4BR, cozy den, updated kitchen & garden. Anian Pettit Tunney

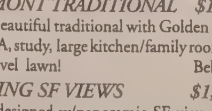


**5 CAPTAINS COVE** \$775,000  
This exceptional property features a fabulous floor plan, beautiful SF Bay views & tranquil outdoor spaces. Elegant master suite, modern kitchen w/adjoining family room, separate office & bath. Sherry Benninger

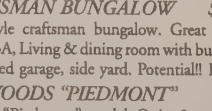
**BY APPOINTMENT**



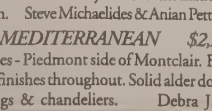
**VIEW LOT WITH PLANS** \$749,000  
Large lot in Oakland/Berkeley hills w/views of SF GG bridge. Building plans & permit avail. One of kind opportunity. Angela Wei Grubb



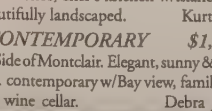
**CRAFTSMAN BUNGALOW** \$575,000  
Prairie style craftsman bungalow. Great floor plan. 3BR/1.5BA, Living & dining room with built-ins, two-car attached garage, side yard. Potential! Faye Keogh



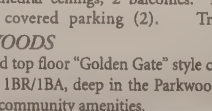
**PARKWOODS "PIEDMONT"** \$379,000  
Top floor "Piedmont" model. Quiet & private. 2BR/2BA. Cathedral ceilings, 2 balconies. Pool, gym, security, covered parking (2). Tricia Swift



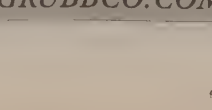
**PARKWOODS** \$287,500  
Sunwashed top floor "Golden Gate" style condo. Many upgrades. 1BR/1BA, deep in the Parkwoods complex. Fabulous community amenities. Tricia Swift



**CLAREMONT TRADITIONAL** \$1,750,000  
Bright & beautiful traditional with Golden Gate view! 4BR/3.5BA, study, large kitchen/family room opening to large level lawn! Bebe McRae



**STUNNING SF VIEWS** \$1,629,000  
Architect designed w/panoramic SF views, 3 master suites, home office, chef's kitchen w/island & family room. Beautifully landscaped. Kurt Buchholz



**VIEW CONTEMPORARY** \$1,149,000  
Piedmont Side of Montclair. Elegant, sunny & refreshing 4BR/3+BA contemporary w/Bay view, family room off kitchen & wine cellar. Debra J. Dryden

**SEE GRUBBCO.COM FOR PHOTO TOURS, OPEN HOMES & ADDITIONAL INFORMATION**







# Hills Newspapers: Your number one source for up-to-date East Bay real estate information.

**No Listing!**  
**Open Homes**  
 n. 18th, 19th, & 26th

**Great Investment Opportunity**

Four Units in two buildings, in very good condition, with some remodeling and fresh paint. Three of the units are vacant with a car garage and sunny yard.

**Offered at \$525,000**

Information deemed reliable but not guaranteed.



1735-37 Ward St., Berkeley

For more information, please call  
**Rayne Palmer**  
 510.868.1441  
 raynepalmer@aol.com

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3310 Robinson Drive, Oakland

OPEN SUNDAY 2-4:30. New architectural contemporary masterpiece! Exceptional palette of color, dramatic use of lines, light & space. Outstanding detail & quality. 4BR/3.5BA & Bay views. Gourmet kitchen, private patio, four bedrooms/three and one half baths.

Offered at \$1,095,000



**JOHN KARNAY**  
 652.2133/430  
 karnay@grubbco.com

**JILL CARRIGAN**  
 339.0400/328  
 jcarrigan@grubbco.com

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**5637 Ocean View Dr. Open Sunday, Jan. 19th, 1-4**

**Just Listed!!!**

**\$749,000**  
**Glorious Traditional**  
 in the heart of Rockridge



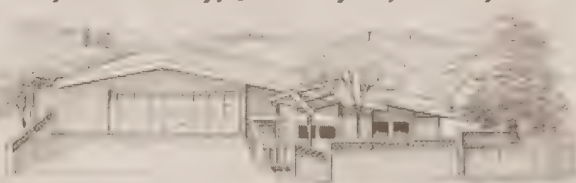
**Adrienne Nash, CRS**  
 510-763-4060

- Extraordinary & spacious 3+ bed., 3.5 bath vintage home
- Exciting architectural details. Significant upgrades.
- Sparking, exquisitely designed 2 story home.
- Master bedroom has bath, balcony and sitting alcove.
- Upgraded kitchen opens to family room and garden.
- Basement has large finished bonus room and full bath.

**Visual Tour + full MLS:**  
[www.homesbynash.com](http://www.homesbynash.com)

**Prudential**  
 California Realty

**New Listing!**  
**Open Sunday, January 19, 2-4:30pm**



6801 Armour Drive

Striking Montclair Contemporary With Straight On Panoramic San Francisco and Bay Views. Landscaped, terraced garden and fenced yard. 3 bedrooms/2 baths



**Teri Carlisle**  
 Senior Sales Consultant  
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**Offered \$639,000**

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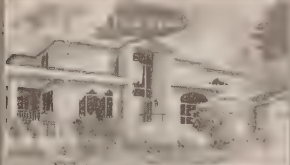


**MAGNIFICENT ESTATE** \$8,750,000  
 45 John Hudson Thomas designed home known as the "Spring Mansion". Includes 3BR house & 2BR cottage on approx 2 acres. Tennis court, grand airium.

Kim & Barbara

Marienthal

\$10,486,1495



**UPPER ROCKRIDGE** \$1,695,000  
 3325 Lenox Sun 2 - 4:30  
 3 BR 3 BA Dramatic & spacious Claremont Pines contemporary home's kitchen, breakfast nook, yard & pool, family room, 1 FP, lovely master retreat.

Ellen Lancaster

\$1,695,000



**CLAREMONT HILLS** \$1,195,000  
 3305 Bristle Dr. Sun 1 - 4  
 3 BR 3.5 BA Dramatic light-filled '97 home overlooking hills. Good separation of space. Quality finishing detail. Lower level w/own entry, incl. kennel w/shower.

Ellen Lancaster

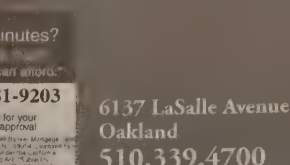
\$1,195,000



**LOWER OAKMORE** \$575,000  
 1500 Park Avenue Sun 1 - 5  
 1 BR 1 BA Stately 2-story Traditional; HWF, large LR w/vaulted ceiling, FDR, 3FP library, large kitchen, det. garage, large front & back garden, sports court.

Norm Robinow

\$575,000



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**6137 LaSalle Avenue**  
 Oakland  
 510.339.4700

**Californiamoves.com**  
 NORTHERN CALIFORNIA



**PIEDMONT-SIDE-MONTCLAIR**  
 6007 Johnston Dr. Sun 2 - 4:30  
 \$789,000  
 3 BR 2 BA Lovely home on hilltop w/Bay views. Level garden; FP; updated eat-in kitchen; ideal in/outdoor flow for entertaining; great location near Montclair

Nancy Dickey 510.339.4700



**BERKELEY**  
 44 Florida Ave. Sun 2-4  
 \$525,000  
 2 BR 1.5 BA Affordable Medit fixer in upscale area. Bay view, deep yd, hwdw flrs, dramatic LR w/ vaulted ceiling & kiva frpl. Bonus rm on sep level, detached gar.

James Brown 510.486.1495



**LAKE MERRITT**  
 428 Wayne Ave. Sun 1 - 4:30  
 \$499,000  
 3 BR 2 BA Cape Cod w/views of lake & hills. Enjoy this charming home w/period ceilings, wood floors, fireplace, updated kitchen & great yard! Light & bright!

Donna Conroy 510.339.4700



**BERKELEY**  
 957 Hilldale Ave. Sun 2 - 4  
 \$479,000  
 2 BR 1.5 BA Large, charming Tudor fixer w/ SF Bay view. Livable now w/ over apprx 1600 SE gorgeous hwdw flrs. Great price for home of character.

Diana Kay 510.486.1495

**FIRST OPEN**

**LAKE MERRITT**  
 325 Lenox Sun 2 - 4:30 \$299,000  
 2 BR 2 BA Lovely condo. Freshly painted, new carpet thruout, new flooring in kitchen & baths. Super location near Lake & downtown; EZ access to freeway & BART.

Becky Andersen 510.339.4700

**OPEN**

**OAKLAND/PILL HILL**  
 371 30th Street Sat/Sun 12 - 5  
 From the mid \$200,000's  
 New construction-26 units (22-1BR/1BA, 4-2BR/2BA); 9' ceilings, HWF, granite & steel kitchens. German & Italian fixtures, w/d hook-ups, garage.

Elena Stone 510.339.4700

**OPEN**

**BERKELEY**  
 2374 Eunice St. Sun 2 - 4 \$799,000  
 4 BR 2.5 BA Classic VERY Berkeley brown shingle. Flxibl firplan. Lots of light & org craftsman details intact. Lofts, det office/auipar. Near Rose Grdn & Walnut Sq.

Linda or Bobbie 510.486.1495

**BY APPOINTMENT**

**UNION CITY** \$425,000  
 3 BR 2 BA Well-cared-for home; nice decor; double pane windows, upgraded kitchen & baths, cozy family room, spacious bonus room; great front & back yard.

Reva Tolbert 510.339.4700

**BERKELEY**  
 1188 Grizzly Peak Blvd. Sun 2 - 4 \$619,000  
 3 BR 2 BA Classic ranch. Lovely & livable dream home next to Tilden Park's trails, golfing & fresh air! Spacious bay view lot. See it to believe.

Azaria Berhane 510.486.1495

**RICHMOND VIEW** \$395,000  
 3 BR 1.5 BA NEW PRICE! 1950's contemporary! Large, airy & open. Desirable corner lot, views, frplc, extra lrg bsmtt, 2 decks, 2 car garage. EZ freeway/BART access.

Gene Della Maggiora 510.486.1495

**LINCOLN HEIGHTS**  
 4274 Coolidge Ave. Sun 1 - 4:30 \$519,000  
 2 BR 2 BA Traditional home w/loads of charm. Formal living/dining room, fireplace, HWF, deck, Bay views, garage w/interior access, large downstairs area.

Victor Ratto 510.339.4700

**HIGHLAND HEIGHTS** \$385,000  
 5 BR 3 BA Spacious with lots of charm. Huge formal dining room & cheering living room; basement; workshop attached to garage.

Reva Tolbert 510.339.4700

**OAKLAND HILLS**  
 3401 MALCOLM AVE. Sun 1 - 4 \$465,900  
 4 BR 2.5 BA Sunny Traditional on corner lot; one owner! Nice floor plan, FP, new carpet, family room, level yard, 2-car garage.

Ruby Ng & Karen Lum 510.339.4700

**BERKELEY** \$249,500  
 1 BR 1 BA Quiet & secluded upstairs condo in small complex. Hardwood floors, garage parking. In the Elmwood. Convenient to UC Berkeley, shopping, transp.

Kim & Barbara Marienthal 510.486.1495

**EMERYVILLE**  
 1500 Park Avenue Sun 1 - 5 \$385,000  
 1 BR 1 BA Partial Bay, bridge & SF views; top level, highly upgraded, spacious loft close to shops & restaurants. Enjoy hardwood/tile floors & built-ins.

Elena Stone 510.339.4700

**ROSE GARDEN** \$160,000  
 Cute studio in great neighborhood; close to Piedmont & Grand Aves; above 580.

Terry Anthony 510.339.4700

**LOTS**

**OAKLAND** \$2,500,000  
 20 contiguous lots subdivided already, soils & surveys available.  
**David Eckert** 510.339.4700

**MONTCLAIR** \$329,000  
 Skyline at Elverton; downslope w/views & engineered plans, ready for permit.  
**David Eckert** 510.339.4700

**OAKLAND** \$75,000  
 8602 Thermal St View lot! Adjacent lot at 8600 Thermal also for sale. Quiet, old established neighborhood, mostly single-family homes. Behind Holy Redeemer College.

Diana Kay 510.486.1495

**OAKLAND** \$70,000  
 8600 Thermal St View lot! Adjacent lot at 8602 Thermal also for sale. Quiet, old established neighborhood, mostly single-family homes. Behind Holy Redeemer College.

Diana Kay 510.486.1495

**BUYER NEEDS**  
 In the Berkeley or Oakland Hills. 4BR/2BA home up to \$1,200,000.

Please call Josh Whitmer.....510.981.3027

In the Berkeley Hills. 3BR/1BA minimum. Prefer home w/light & some level yard/garden. Up to \$1.2 million.

Please call Maura Allen.....510.981.3034

Preferably in Berkeley Hills & Thousand Oaks area. 4BR/2BA home up to \$700,000.

Please call Kim & Barbara Marienthal.....510.981.3036

Light-filled contemporary in Berkeley. 3BR/2BA plus garden. Up to \$1,000,000.

Please call Nadine Oel.....510.981.3033

Elmwood/LeConte School. 3+BR/2BA, sunny yard, fixer o.k. Up to \$700,000

Please call Sarah Shankman.....510.981.3011

Rockridge or No Berkeley, 2BR or more, Craftsman or classic bungalow up to \$500,000.

Please call Bobbie Giarratana.....510.981.3031

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## Turn extra space into usable area

BY ALAN J. HEAVENS  
KNIGHT RIDDER NEWSPAPERS

Say you've outgrown your living quarters and like where you live, but cannot afford the larger houses in your neighborhood or your community.

You do have options. You can add on, or you can turn existing space you've never thought of using into bedrooms or bathrooms.

Before you expand, you have to look into the physical, legal and financial aspects involved.

For example, say you want a two-story addition that might accommodate a master suite on the second floor and a family room on the first.

Do you have enough property to do it and still comply with local planning and zoning regulations? And even if you do, what about the neighbors? They certainly will want a say in something that might block the sun from their gardens or affect property values, taxes and resales.

If you've never thought as far as resale, consider it before you make another move.

Don't overenlarge. In a neighborhood full of three-bedroom houses that are attracting small families, how quickly will your five-bedroom house sell? It is something you need to consider.

Two-story additions should look as if they are integrated with the original structures. Matching stone is always the toughest. Brick is easier to blend, but it is much more expensive than new because old mortar has to be cleaned from the surfaces of the brick.

The Cost vs. Value report jointly sponsored by Remodeler and Realtor magazines has not included a two-story addition for several years because costs and returns on such expenditures vary greatly.

If an addition does not work for you, why not look into the attic and the basement?

The Cost vs. Value report shows that creating an air-conditioned attic bedroom — a 15-by-15-foot room with a 5-by-7-foot shower bath — averages \$22,840 nationally, and that 84 percent of that money will be recouped at resale time.

The attics of some houses are merely crawl spaces, so often roofs need to be bumped up to create headroom.

Although resale might not be an issue here — extra space can mean a home office, a guest room or a playroom for families not needing an extra bedroom — you will need to contact the local

building official to see what kinds of permits are needed.

If you have to change the exterior of the house by making it taller, then planning and zoning approvals are needed. The neighbors' approval is, too.

What about basements? When people buy older houses, one of the first places they look to expand into is the basement. One of the first questions they ask is whether the basement is wet or dry.

Although a finished basement is just one item on a buyer's wish list, it sometimes can make or break a resale.

"It seems that most buyers have one column for needs and one column for wants, and the finished basement appears first on the wants column," said Noelle Barbone, of Weichert Realtors in suburban Philadelphia.

"Buyers are looking for basements that have outside access and daylight," Barbone said. "In new homes, basements with doors that open into the back yard are extremely popular."

The roles basements play these days are similar to the ones they have always played. A lot of parents are finishing them for their

See SPACE, Page B9

## Learning, improving your credit score

TRIBUNE MEDIA SERVICES

**Dear Bob:** I need to know how to improve my 524 credit score to 650 or higher. Are there any credit repair services to help me so I can buy a home? — Naomi B.

**Dear Naomi:** Most so-called credit repair services are rip-off scams. However, most large cities have non-profit consumer credit counseling services that charge very low fees for helping improve your credit rating. You will find them listed in the phone book yellow pages, usually under "credit services."

Have you obtained your credit report to check for errors? If you have not done so, I recommend you go to [www.myfico.com](http://www.myfico.com) to obtain your credit report and FICO (Fair, Isaac and Co.) credit score, which is used by most mortgage lenders. For \$12.95 you will receive this information, plus advice on how to improve your FICO score.

**Where to obtain excellent real estate forms**

**Dear Bob:** I look forward to your real estate articles, which I read faithfully every week. Some time ago you recommended a real estate forms company. Where can I obtain a rental application, lease and other real estate forms? — Lisa K.

**Dear Lisa:** I recommend Professional Publishing Corp. in No-

vato. They have more than 100 real estate forms, valid in all states, for sales contracts, leases, rental applications, and just about every other realty form you will ever need.

To order their forms with your credit card, their phone is 800-288-2006. This is a company I cannot recommend too highly. No, I do not have any ownership in the firm.

**Appraiser disagrees with comparative market analysis**

**Dear Bob:** In a recent reply you advised the home seller that a realty agent comparative market analysis (CMA) was better than a professional appraisal. Your answer shows how little you know because most appraisers receive their "comps" from the local multiple listing service (MLS). This is the very same source local realty agents use to obtain their information. However, only professional appraisers know how to adjust the comps to a subject property under evaluation.

Appraisers have no incentive to push the value up (larger sales commission) or down (quick sale). Your information is usually correct and timely. But when you write about appraisers, you reflect a bias. There are good appraisers, mediocre appraisers and bad



ROBERT BRUNS

Most large cities have non-profit consumer credit counseling services that charge very low fees for helping improve your credit rating.

appraisers, just as there are good Realtors, mediocre Realtors and bad Realtors. — Ken O.

**Dear Ken:** I note from your professional designation that you are an independent fee appraiser, so I'm sure you're completely partial.

It would be my pleasure to have you appraise my residence for sale.

See BRUNS, Page B9

### A Gracious Mediterranean

243 Cherrywood Avenue,  
San Leandro

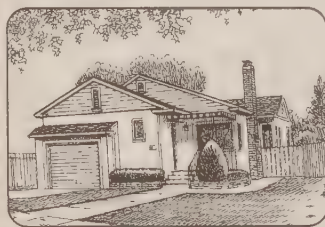
OPEN SUNDAY  
1/19

1:00pm - 5:00pm

Features Include:  
3 bedrooms, large living room with fireplace, formal dining room, updated eat-in kitchen, large landscaped yard, plus laundry room and garage.

Offered at \$399,000

MLS #03000881



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54 St. James Place, Piedmont

OPEN SUNDAY 2-4:30. An architect/owner built this virtual tree house top of this gorgeous wooded property! Decks galore to capture the bay views and surroundings. This 4500 square foot contemporary features high style design and flexibility in its use of space.

Offered at \$1,395,000

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- Positioning Your Property
- 1031 Exchanges
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- Moving Your Tax Basis
- Staging Your Home

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## JSS

PAGE B8

However, successful realty agents are better in touch with the home sales market, especially in a rising or falling market.

Professional licensed appraisers estimate market value of the property based on comparable sales prices. But they don't know what sales are pending, as do realty agents.

## ace

PAGE B8

ers, so that the parents have the family room to relax while encouraging children to stay at home for recreation.

Other uses include exercise rooms, home offices and storage. When home buyers have it a little because these days are coming with what are "bonus rooms." Actually, not rooms — just spaces that become something when the owner needs them.

Thus space is probably one of the more popular options in construction because it gives the owner the option of having to grow without having to build, or pay up on it.

Bonus space often becomes an in-law suite, or a room for a "boomerang" child — one who appears at the door when he

The local MLS reports actual sales prices, often 30 to 90 days after the sale took place. For accurate, up-to-date market valuations of a specific home, I recommend interviewing at least three successful agents who sell homes in the vicinity and obtaining their CMA valuations.

### Why lenders charge higher rates on rental property

**Dear Bob:** We own our former residence near Orlando and would like to refinance it. It is va-

or she is between apartments, schools or careers. It is also used for storage, home offices, exercise rooms or nothing at all.

The demand for special rooms has meant that traditional rooms have lost some of their appeal. For example, living rooms have gotten smaller over the years as family rooms have grown larger and more important.

The desire for formal space once provided by the living room, however, has manifested itself in the conservatory, with its large windows and high ceilings — almost like the drawing rooms in English manor houses.

Although tastes vary from region to region, there are some shared preferences.

One is house size. According to a recent survey by the National Association of Home Builders, buyers in all regions are looking for houses with more than 2,200 square feet of living space. They also prefer to pay no more than \$200,000 for whatever they buy.

cant. We plan to keep it as a rental. But the mortgage brokers I've consulted say our interest rate will be higher than if we lived in the house. We're moving due to a job location change, and we want to refinance our former home to raise cash to buy a home at our new location. Is it legal to charge a higher interest rate on a rental house? — Suzanna G.

**Dear Suzanna:** Yes. Lenders charge higher interest rates on rental properties because the foreclosure default rate is higher. Owner-occupants have the lowest mortgage default rate. You should have refinanced while you were still living in that home. Then you would have qualified for the lowest owner-occupied interest rate.

The new Robert Bruss special report "How to Profit from Foreclosures and Other Bargain Distress Properties" is available for \$4 from Robert Bruss, 251 Park Rd., Burlingame, CA 94010 or by credit card at 800-736-1736 or [www.bobbruss.com](http://www.bobbruss.com). Questions for this column may be mailed to the above address or e-mailed to [robertbruss@aol.com](mailto:robertbruss@aol.com).

**THIS WEEK'S OPEN HOME GUIDE IS ON PAGE B15.**

## Walker completes OAR presidency

■ Her legacy at OAR included raising \$33,000 for the Ora Lee Brown Foundation

Coldwell Banker's Evelyn Walker recently completed her one-year term as president of the Oakland Association of Realtors.

Walker completed her presidency with a powerful symbol of her dedication — the organization made a \$33,000 donation to the association's 2002 charitable partner, the Ora Lee Brown Foundation.

Under Walker's leadership, the association and its 900 registered members raised the money for the foundation by contributing a portion of each commission to the nonprofit organization.

The foundation began in 1987 when Brown, a Realtor at the time, told a 4th-grade class in Oakland that if they graduated high school she would pay for their college tuition.

Today Brown continues her efforts and has 19 students currently enrolled in college. With the help of the foundation, Brown has adopted 20 more 9th graders and hopes to add two more elementary school classes to her list by the end of the year.

Walker will now serve as an ex-officio for the association and as director for the California Association of Realtors. She will also continue to be involved with the Ora Lee Brown Foundation. The association's new president, Georgia Richardson of Richard-

son Real Estate Services, has vowed to continue Walker's tradition. The association will support the Ora Lee Brown Foundation in 2003, she said.

A licensed Realtor since 1984, Walker joined Coldwell Banker in 1991. Throughout her career with Coldwell Banker, Walker has earned a number of prestigious awards including President's Club, International President's Circle and International Diamond Society — all recognizing associates for top sales.

Walker earned her B.A. in literature from University of California, Berkeley. She has been a member of OAR's board of directors since 1997. She served as a director for the California Association of Realtors in 2001.

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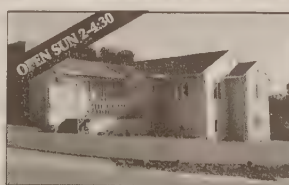
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**KENSINGTON \$769,000**  
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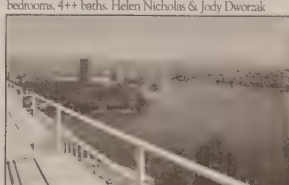
**WOLF LINKS OAKLAND \$475,000**  
"FACE - The Final Frontier." Large remodeled home with sweeping Bay and hill views. TV viewing room, hot tub. Move-in condition. Very wonderful! Cindy Bore



**TEMESCAL \$549,000**  
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**LAKESIDE \$779,000**  
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**LAKE MERRITT \$988,000**  
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**ROCKRIDGE EDGE \$700,000**  
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**MAXWELL PARK \$319,000**  
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**OAKLAND \$1,585,000**  
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**OAKLAND \$280,000**  
Recently remodeled starter conveniently located. Spacious living with built-ins and breakfast room. Angela Lawson

**LAKE MERRITT \$495,000**  
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**OAKLAND \$225,000**  
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**OAKLAND \$949,000**  
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# Mosswood: Gothic Revival house graces Oakland

BY DENNIS EVANOSKY  
SECTION EDITOR

In 1863, J. Mora Moss employed architect S. H. Williams to draw up plans for a home on 32 acres of land that he had acquired along Telegraph Road.

At the time, the property was located outside Oakland about 15 blocks above the city's Charter Line at 22nd (Charter) Street.

On Feb. 29, 1864, Moss hired builder Joseph H. Heston to complete what writer Paul Ducheser in "Victorian Glory in San Francisco and the Bay Area" calls "possibly the finest example of a Gothic Revival house still standing in California."

According to Oakland History Room files, Moss arrived in San Francisco with his brother Samuel in the 1850s. He went into business as a merchant and later branched into banking. "He made and lost a fortune in Philadelphia before coming to California, and had sought out the Gold Rush to recoup," Elinor Richey tell us in "Ultimate Victorians." He held interests in water, gas and ice companies.

In 1862, to celebrate his recovery from his Philadelphia setbacks, he purchased those 32 acres of land and built his Gothic Revival masterpiece for the handsome sum of \$14,500. In 1867, he married Julia Theresa Wood; the couple combined their names into a moniker for their property: Mosswood.

The Mosses had the home—

set in the park near the intersection of today's MacArthur Boulevard and Broadway—painted white with a "tinted" trim. "White paint set off to advantage the curved brackets, the fret work



DENNIS EVANOSKY

**SLANKING BARGEBOARDS, FINIALS AND PENDANTS** leave no mistake as to Mosswood's style

and the silver-plated hardware," History Room files tell us.

Outside, the architect patterned the wooden edging under the gables, called a bargeboard, after English Tudor houses. Ducheser refers to the home's "piercing and slanking bargeboard" and says its "handsome combination with the large finial (above the main entrance) emu-

lates the crocket of a Gothic cathedral." The oriel—the angled bay projecting under the home's front gable—recalls a French chateau, according to Richey. Inside "much of the wood was grained to look like something else," Richey says.

So no matter what wood the builder had available, the visitor enjoyed black walnut in the lower rooms and the family relaxed with white oak upstairs.

The home boasted many 19th century amenities:

- silver-plated faucets
- a French-style bathtub of "planished tin encased in paneled Spanish cedar"
- clothes closets fitted with brass hooks (called "clothes pins" in the home's plans)
- intricate inside window shutters
- a hot-water system that the History Room files call "cumbrous and involved"
- Italian marble sink tops (all "counter sunk" the files tell us).

Stained glass windows illuminate the library's mahogany mantelpiece and mahogany bookshelves. The library's hand-painted panels symbolize the artistic, intellectual and scientific worlds, says Ducheser.

J. Mora Moss died Nov. 21, 1880. He had served as one of University of California at Berkeley's first regents from 1868 until his death. He was a member of the California Academy of Sciences and a board member of



Mosswood's architectural features leave no doubt as to its style. See the sketch in the accompanying article to better appreciate this Gothic Revival masterpiece.

Oakland's Deaf, Dumb and Blind Institute.

Julia lived until 1904. She died in Salzburg, Austria. She and J. Mora rest at Cypress Lawn Cemetery in Colma. In 1905, the court ordered Mosswood sold to satisfy the couple's

estate. The Mosses had no children. Mayor Frank K. Moss (no relation) acquired the property for Oakland.

"The grounds became a city park and playground," say the History Room files. "The family home (became) an administrative

center and costume building for children's theatricals."

In 1975, Oakland designated the home with its remaining acres a city landmark. The surrounding the home is for recreation; the home open to the public.

## A look at Victorian-era architecture: an East Bay primer

BY DENNIS EVANOSKY  
SECTION EDITOR

Among other artistic achievements, the Victorians produced (or imitated) a number of wonderful architectural styles. In this series, we will look at the styles that architects developed during Queen Victoria's reign from 1837 until 1901.

what style the Pardee Home is. "And don't say Victorian," Nicolai quickly adds.

The group is stunned; they were all so sure, so ready to enthusiastically reply "Victorian." It is not; it is Victorian-era. The Pardee Home is Italianate, and will be featured in the second article in this series.

very wealthy, as the style first required building with stone.

Alexander Jackson Davis' 1838 creation "Lyndhurst" in Tarrytown, New York is often cited as an example of the style's early appearance in this country.

### Important innovations

About 10 years later, balloon

### Greek Revival

We can easily dispense with Greek Revival, as those who settled here in the 19th century did not use this style for residential architecture.

According to Wilson, "The only full-blown Greek Revival (survivor in the East Bay) is the Old State Capital Building in Benicia, erected in 1852 at First and West G streets. Its imposing facade sports two huge brick columns stuccoed over to look like stone."

Elements of the style survived and architects used them extensively in the Italianate style, as we shall see.

### Is it a "revival"?

Let's begin with Gothic Revival.

During last year's visit to England, I toured York Minster, the largest Gothic church north of the Alps. I learned that some think there can be no Gothic Revival at all. A stonemason who spoke to us on a tour through the Minster said one could not revive a style that has never died.

"Construction on the present church began in 1220 and has never ceased," said the stonemason. "How can we speak of a revival?" he asked, pointing with his

Scholars applied the term to a style they as rooted in the "Dark Ages." They associated the Goths and their invasion of Europe with the beginning of these shadowy times.

cone-shaped mallet to a 21st century corbel he was shaping.

Taking this argument at face value, one can still speak of a revival, however. According to Megan Aldrich in "Gothic Revival," the word Gothic was not applied to any style until the 17th century.

Then, scholars—looking to the Renaissance as the apex of thought—applied the term to a style they saw as rooted in the "Dark Ages." They associated the Goths and their invasion of Europe as the beginning of these shadowy times. They applied the term Gothic as a pejorative.

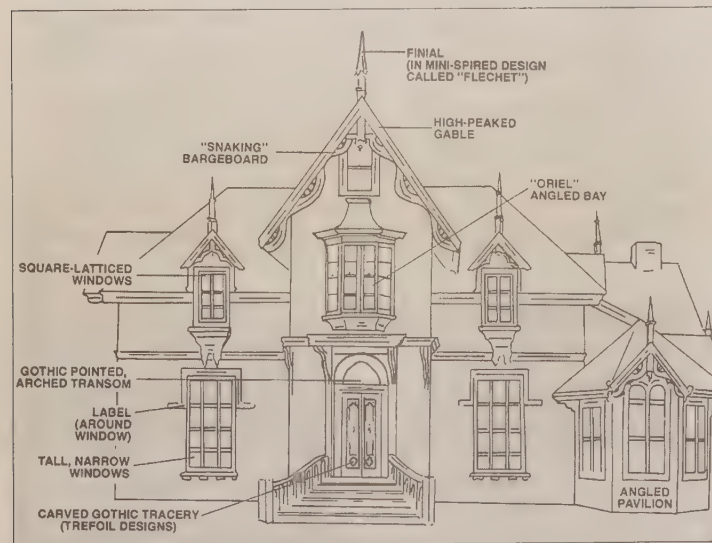
Aldrich points to Sir Henry Wootton's description of the Gothic arch as one of "natural imbecility." Sir Christopher Wren, who designed London's St. Paul's Cathedral in the neo-Classical style, saw Gothic architecture as "full of fret and lamentable images."

If we disagree with stonemason and say that architecture was indeed we have the rigid rules of Greek Revival and need to thank. Builders used styles were forced to rooms into predetermined

"The Gothic-style building plan to grow from within, arriving at based on the owner's the lay of the land," said Walker in "American Houses" in 1850.

Andrew Jackson Downing championed the Gothic style in America in his "Cottage Residences" and "The Architecture of Houses" in 1850.

By the time J. Mora Moss was ready to build his home in Oakland, architects were with and eager to revive this style to wealthy homes. The article above about Mosswood is a Gothic Revival home.



SKETCH COURTESY MARK WILSON

This sketch of Mosswood complements the photograph in the article at the top of the page; compare the two to see the home's Gothic Revival features.

First, I would like to weigh in with something I learned from Mark Wilson. Wilson writes for Hills Newspapers about architectural history.

More than that, however, he teaches architectural history and has written what I consider the definitive work about architecture in the East Bay, "A Living Legacy, Historic Architecture of the East Bay."

There is no such thing as Victorian architecture; Wilson is quick to point out. There is only Victorian-era architecture.

One of my favorite moments as a docent at Oakland's Pardee Home Museum comes with curator David Nicolai's introduction. He often asks the tour group

### Early Victorian-era styles

The first two Victorian-era styles were actually survivors that architects developed before Victoria's coronation on June 20, 1837.

Translated from Europe, Greek Revival made its appearance in the United States with Benjamin Latrobe's design for the Bank of Pennsylvania building in 1803.

Latrobe's greatest contribution to our architecture, however, came at the bidding of President Thomas Jefferson: the United States Capitol Building.

The Gothic Revival style began in England in 1733 with Henry Pelham's Esher Place in Surrey.

The style first appeared in the United States in homes for the

framing and the jig saw came on the scene. These innovations, along with the proliferation of pattern books, allowed builders to construct Gothic Revival homes on a much larger scale: Carpenter Gothic was born.

Just before the middle of the 19th century, industrialism—and the machinery it created—allowed a more complicated and elaborate architecture.

Prominent styles during this latter period include:

- Italianate, circa 1840-1890
- Second Empire, 1855-1885
- Stick-Eastlake, 1860-1890
- Queen Anne (1880-1910).

Over the next issues, we will explore these four styles in turn



ICICLE BARGEBOARDS define Alameda's Gothic Revival Webster House. John Nelson's home in 1854. The Webster House will be the subject of a later story in this series.

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# Clutterbugs: Get ready to organize

BY ELLEN JAMES MARTIN  
CORRESPONDENT

A music producer was ready to sell his family home — a stunning Spanish-style beauty with 1,000 square feet of living space. But before he could proceed, he had a big barrier: The house was cluttered with a lifetime of acquisitions. His real estate agent advised that he would have to clear out his superfluous belongings — or put a sacrificial price for his property. The producer called in Kathy Breininger, head of a professional organizing company. She led a crew of assistants who spent four full days ridding the house of clutter. A key target zone was the family's three-car garage, a crowded floor to ceiling with

unused exercise and camping equipment, pool gear and a music collection that included more than 1,000 CDs and tapes. The example of the music producer is hardly unique. "It's very common at all income levels to have a major clutter problem in a home," says Breininger, head of the Center for Organization & Goal Planning ([www.organize-goals.com](http://www.organize-goals.com)). The problem becomes particularly acute when it comes time to sell a home. People don't realize how their hard-to-break shopping habits can create a monumental headache until they're trying to ready a property for market. Shopping, of course, is a favorite American pastime.

A survey of mall shoppers, conducted by a trade association, shows they average more than 40 visits a year, typically spending almost 80 minutes per trip. It also found that nearly a quarter of mall visits were made for "browsing" or "general shopping," rather than "purpose-driven shopping." "People get momentary pleasure from buying something new," says Elisa Adams, who owns a clutter-management firm called Positively Organized! If you're a shopaholic or a pack-rat and wish to sell your home, here are several suggestions you might find useful:

- Slow the inflow as much as

See CLUTTER, Page B12

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**Open Sun. 2-4:30 \$824,500**  
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**Open Sun. 2-4:30 \$520,000**  
Forest Circle. Wonderful house gorgeous architectural details in Hills.  
**Bill Boze**  
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**Open Sun. 2-4 \$498,000**  
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**Open Sun. 1:30-5:30 \$439,000**  
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(510) 339-9290

**\* Open Sun. 2-4:30 \$399,000**  
6141 Hillmont. Off Seminary. 2+BR cottage with attached in-law + detached studio, garage, huge wooded lot.  
**Roxanne Bruins**  
(510) 868-1400

**\* Open Sun. 1-4 \$375,000**  
2203 13th Ave. Beautiful Victorian 3BR, 1+BA.  
**Reina and Isabel**  
(510) 337-8670

**\* Open Sun. 1-4 \$370,000**  
3516 Brookdale. Big beautiful home, 5BR, 2.5BA. Seller motivated. Priced reduced!  
**Lillian Liao**  
(510) 337-8670

**\* Open Sat. 1-4, Sun. 10-5 From \$339,000**  
850 West Grand Ave. NY style lofts, close to downtown Oakland and 10 minutes from SF. Live in luxury and location.  
**Brenda Walker**  
(510) 868-1400

**\* Open Sun. 2-5 \$220,000**  
525 Mandana #205. Sharp 1BR condo in Grand/Lakeshore area. New paint, 2nd floor view. HOA has EQ insurance!  
**John F. Bell**  
(510) 834-2010

**\* Open Sun. 2-4:30 \$599,000**  
36 Greenbank. 4BR, 2BA fixer on great Piedmont street. Centrally located. Large home waiting to be restored.  
**Hernan Luna**  
(510) 464-1354

### BERKELEY/ALBANY

**\* Open Sun. 2-5 \$1,550,000**  
20 Oak Ridge Rd. Grand Willis Polk Mediterranean, 5BR, 4.5BA, pool, spa, beautiful kitchen, many original architectural details. Best Claremont neighborhood.  
**Ford/Plowright**  
(510) 848-1093

**Delightful Victorian \$499,000**  
Recently restored Victorian period charm throughout. 2BR, 1BA, sunporch, loft. Separate rear cottage, woody setting.  
**Dolores Thom**  
(510) 834-2010

**\* Open Sun. 2-4 \$399,000**  
1443 Russell. Craftsman with tons of light and original detail. 2BR, 1 1/2 sq. ft. Move-in condition.  
**Jeanette Ventti**  
(510) 845-0211

**\* Open Sun. 2-4:30 \$338,000**  
2601 College #204. 2BR, 1BA convenient to shops, transportation, Cal. Well-maintained building. Interior courtyard. Landscaped.  
**Wendy Kashiwa**  
(510) 868-1400

### CONTRA COSTA COUNTY

**Exquisite Alamo Estate \$Upon Request**  
Sited on a secluded acre in the Alamo hills, this 8000+ sq. ft. home with unique floor plan boasts a master suite with his & her baths, closets and in-suite laundry. 2 additional bedroom suites, chef's kitchen, a 1200 sq. ft. IFR/IBA cottage and 7 fireplaces are a few of the detail finishes of this architectural craftsman.  
**Millie Lombardi**  
(510) 869-4210

**\* Open Sun. 1-4 \$429,000**  
3390 Savage Ave., Pinole. 4BR, 2BA, family room, formal dining room, breakfast bar, 2 fireplaces, pool & patio.  
**Vena Flint**  
(510) 527-9800

**\* Open Sun. 1-4 \$352,000**  
2717 Kevin Rd. Tara Hills. Nice 3BR, 2BA home in quiet neighborhood. Lots of room. 2 fireplaces. A must see.  
**John Chaney**  
(510) 527-9800

### EMERYVILLE

**\* Open Sun. 1:30-4:30 \$439,000**  
4300 Horton #14. Fabulous live-work loft, residential & commercial use. 1600 sq. ft., warehouse conversion. 2+ office/bedroom, 1.5BA.  
**Dolores Thom**  
(510) 834-2010

### WEST COUNTY

**\* Open Sun. 12-4 \$618,000**  
Impeccable 5BR, 3.5BA custom home, Orinda schools, safe, quiet neighborhood by greenbelt.  
**Pamela Crawford**  
(510) 868-1400

**Pristine 5BR, 3.5BA Beauty \$618,000**  
Minutes from Orinda BART, new custom home. By greenbelt, Orinda school district.  
**Pamela Crawford**  
(510) 868-1400

**\* Open Sun. 1-4 \$249,900**  
121 S. 23rd St. Charming 2BR, 1BA, family room, dining room, living room, nice front/back yard, 1 car garage. Hardwood floor.  
**Sung Miller**  
(510) 834-2010

### SAN LEANDRO

**\* Open Sun. 2-4 \$399,000**  
14175 Seagate Dr. Gorgeous gated community home. Upgraded throughout. Tennis, pool, spa, hot tubs.  
**Bonnie Drowe**  
(510) 667-0077

**\* Open Sun. 2-4 \$399,000**  
243 Cherrywood. 3BR, 1BA, stunning Mediterranean. Beautiful yard, patio, garage. Spacious home close to shops and transportation.  
**Lillie Braudy**  
(510) 644-5262  
(510) 868-1400

### RESIDENTIAL INCOME

**Close to Lake Merritt \$689,000**  
5 unit building located on Haddon Hill. Well-maintained, spacious 2BR/1BA units with separate meters.  
**Hernan Luna**  
(510) 464-1354

**\* Open Sat. & Sun. 2-4:30 \$525,000**  
1735-37 Ward, Berkeley. 4 units, 2 buildings, 3 units vacant. Well-maintained, 2 car garage, yard!  
**Rayne Palmer**  
(510) 868-1400

**\* Open Sun. 2-4 \$395,000**  
1915 9th St. Mirror image duplex. 2BR, 1BA each. Garden with roses, garage, hardwood floors, gated for privacy.  
**Candice**  
(510) 868-1400

### LOTS

**Oakland Tunnel Road 4 Lots \$239,000**  
A great opportunity. 4 yes, 4 lots for \$239,000 together. Upslopes, need sewer + gas + electric. Build, build & turn dirt into cash!  
**Lillie Braudy**  
(510) 868-1482

**Huge Buildable Lot \$175,000**  
Nearly half an acre, prime for subdividing. Lush, gently rolling site in Oakland Hills - Opportunity!  
**Roxanne Bruns**  
(510) 868-1400

**2 Valley View Oakland Lots \$58,000**  
Upslopes on a great Montclair St. close to Montclair Village & swim club. Build and enjoy a great profit. Soils report available.  
**Lillie Braudy**  
(510) 644-5262

## Redwood Heights OPEN SUNDAY, JANUARY 19, 2-4:30PM



4601 Stauffer Place, Oakland

Beautiful home with charm and style. Remodeled kitchen with breakfast room. Three spacious bedrooms, two and one half baths. All bedrooms are on the main level. Spiral staircase leads down to large family room. Tree views from every room. Attached two car garage. Close to public transportation and shopping.



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Andrew Diggon & Sabrina Amador-Diggon, Barrows Road



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918 Underhills Road - Offered at \$568,000  
\*1289 Holman Road - Offered at \$569,000  
\*1433 Barrows Road - Offered at \$695,000  
\*955 Grosvenor Place - Offered at \$849,000  
(Represented the buyers)  
\*697 Mandana Blvd. - Offered at \$549,000  
\*910 Paramount Road - Offered at \$859,000

\*These properties sold above list price with multiple offers.

**Dolores Thom**  
(510) 834-2010 Office  
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**1330 Campus Dr., Berkeley**  
**Open Sun., 2-4**  
**Golden Gate and Bay View Home.**  
A private sanctuary can be found in this 3-bdrm, 2-bath home nestled in oak, maple, redwood, & bay trees. Great separation of spaces allows you to use lower level for entertaining. Beautiful oak & mahogany-clad walls and floors. 2-car garage plus spacious art studio or home office. Easy access to transportation, parks, UCB, & shopping. \$795,000.  
**Terese Ashman x11**



**5721 Fleming Ave., Oakland**  
**Open Sun., 2-4:30**  
New List! Charming, spacious 2-bdrm craftsman with beautiful architectural details throughout. Mahogany woodwork & built-ins, original light fixtures, large living room w/ exquisite fireplace & spacious formal dining area with wood-wrapped windows & built-ins. Large kitchen w/sweet breakfast nook & plus room in basement. Many upgrades. \$375,000.  
**Denise Milburn x12**



**Parkwood Condominiums, Oakland**  
**240 Caldecott Ln., #112**  
**By Appointment**  
Charming 1-bdrm "Golden Gate" model w/many designer upgrades incl. built-in entertainment center, dining room, hutch, hdwd floors, ceiling fan, closet organizers & antique stained glass window. Excellent amenities in this very popular newer complex. Pool, gym, security, express bus to S.F. & BART + lots more! \$284,950.  
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## Clutter

FROM PAGE B11

possible. An overstuffed home appears smaller than it truly is. That's why real estate agents routinely encourage clients to reduce furnishings and clutter before a property goes on the market. Avoiding unnecessary purchases always makes good sense, especially when you plan to sell your home.

Breininger advocates what she calls the "one in, one out" philosophy of shopping. Suppose you see a dandy new toaster that's designed for toasting bagels. Before you buy it, Breininger says you should make a mental commitment to let go of your old toaster. Don't simply leave it in the kitchen. Crowded countertops make a kitchen look unappealing to prospective home buyers.

■ Try "re-gifting" as a disposal strategy. Many who attempt to conquer their belongings are plagued with guilt at the notion of giving away gifts, even though they don't want or need them. Even Adams, who has been helping others with their disposal problems for four years, hung on to a set of ceramic mugs given her as a wedding present decades ago. Finally Adams gave the mugs to her son, who was leaving for college. He needed them to furnish an apartment and appreciated the retro look of the mugs.

■ Start from scratch by taking everything out of a room or closet. "Never, never try to organize within the chaos itself," says Breininger, author of the soon-to-be-published book titled "365

Days of Organizing." For example, if you're conquering the clutter in your garage, remove everything, placing it temporarily in the driveway. Then dispose of or give away anything you don't want or need. Bring back what's left, arranging the items in an orderly way.

■ Don't assume there's a quick fix for your storage problems. All too often, clutterbugs think they can solve a home organizing problem merely by purchasing new plastic containers, shelving and other storage gear. But professional organizers say this approach only results in the creation of new stashing centers.

Organizers don't oppose the use of large plastic tubs or other containers. But they urge you to wait to make these purchases until you've culled through all your belongings. This way you'll have a much better idea of the size, shape and quantity of the containers you'll need.

■ Make the sorting and disposal of extra clothes a priority. Crammed closets are especially troublesome for those planning to sell a home, given that prospective buyers often peek into closets and are turned off by those that are overstuffed.

Adams recommends that sellers sort through their clothes, giving away surplus items. Afterward, group the remaining clothes by categories — all white dress shirts together, for instance. Also, shoes should be placed neatly in a shoe rack.

Ellen James Martin is a syndicated columnist. Write to her c/o Universal Press Syndicate, 4900 Main St., Kansas City, MO 64112.

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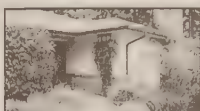
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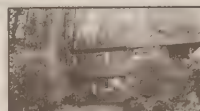
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**RICHMOND ANNEX**  
5835 Huntington Avenue \$359,000



**KENSINGTON**  
2 Kier Avenue \$649,000



**BERKELEY**  
8 Roanoke Avenue \$839,000



**BERKELEY**  
1398-1402 Currier Street \$499,000

New listing! Spacious 2+ BR home in wonderful family neighborhood. Office/studio, 2 fireplaces, living room, formal dining room. Convenient location near tot lot, shopping. Lot adjacent (see below).  
Open Sunday 2-4  
Joan Underwood 559-2911

Gracious, spacious home with lush gardens in Kensington. 3 bedrooms, 3 baths, mult. cook kitchen, large, beautiful living room. Lovely landscaping and deck. Convenient to El Cerrito Plaza and BART.  
Open Sunday 2-4  
Gloria Polanski 292-3049

Beautiful, private contemporary home in a lovely sylvan setting close to Tilden Park. This spacious home includes 3 bedrooms, 2 baths upstairs, w/separate in-law unit below. Expansive Park views.  
Open Sunday 2-4  
Melissa Eizenberg 292-3055

FABULOUS DUPLEX! Rent (example) Immaculate condition! hardwood floors, new roof, tile & back! Front unit has 2 bedrooms fireplace. Back unit has 2 bedrooms fireplace. Detached garage used as storage. W. Cafe Family for breakfast!  
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**RICHMOND ANNEX**  
5834 Santa Cruz Avenue  
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Last wk 5.750  
This wk 5.875

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COMPANY					Rates as of 01/14/03	
					COMMENTS	
COMPANY	Loan Product	Rate/Points	Rate/Points	Rate/Points	Rate/Points	COMMENTS
	Rate/Points	APR/Lock	APR/Lock	APR/Lock	APR/Lock	
A American Resid. Lend.	30-yr Fixed	5.625 ... 0.000	30-yr Fxd Jumbo	5.875 ... 0.000	15-yr Fixed	4.990 ... 0.000
800-566-8470	5.750 ... 45	5.875 ... 45	5.980 ... 45	5.030 ... 45	5.375 ... 0.000	Refi purchase or consolidate now!
DRE#1130340 Fees=\$1379					5.480 ... 45	No Doc Loans
A Superior Mortgage	30-yr Fixed	5.750 ... 0.000	30-yr Fxd Jumbo	5.125 ... 0.000	5/1 ARM	5.125 ... 0.000
800-591-4446	5.930 ... 30	6.180 ... 30	5.310 ... 30	5.350 ... 30	5.350 ... 30	Open weekends. Credit problems OK
DRE#1351704 Fees=\$1889						"Apply online" Se Habla Espanol
AAA Mortgage	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	5.125 ... 0.000	15-yr Fxd Jumbo	5.500 ... 0.000
888-821-6200	5.887 ... 45	6.040 ... 45	5.250 ... 45	5.568 ... 45	5.568 ... 45	Lower rates available
DRE#1096146 Fees=\$1699						
AccessBanc Mortgage	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	6.000 ... 0.000	Jumbo Special*	Jumbo Special*
800-661-2765	5.937 ... 30	6.032 ... 30	6.032 ... 30	6.032 ... 30	6.032 ... 30	3yr/6mo ARM 4.250%, 4.115 APR; 0/0 Fee
DRE#00892684 Fees=\$1430						5 yr/6mo ARM 5.000%, 4.042 APR; 0/0 Fee
A-Olympic Funding-Best	30-yr Fixed	5.375 ... 2.000	30-yr Fxd Jumbo	5.500 ... 2.000	15-yr Fixed	4.750 ... 2.000
Rate 800-640-5588	5.640 ... 30	5.710 ... 30	5.180 ... 30	5.110 ... 30	5.110 ... 30	Best Rate Promise! Open 7 days 9-9
DRE#01197415 Fees=\$1820						S.J., E.Bay & Peninsula Offices
Bay Area Olympic	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	6.125 ... 0.000	25yr/6m JMB ARM	3.500 ... 0.000
Funding 888-833-1000	5.888 ... 30	6.137 ... 30	1.850 ... 0.000	1.863 ... 30	3.512 ... 30	UP to \$8,000,000 CASH OUT 4.55% APR
DRE#01197415 Fees=\$1695						ARM, NO income verif, www.MegaJumbo.com
California Mortgage Mart	30-yr Fixed	5.750 ... 0.000	30-yr Fxd Jumbo	6.000 ... 0.000	15-yr Fxd Jumbo	5.500 ... 0.000
800-947-4769	5.820 ... 45	6.030 ... 45	5.370 ... 45	5.550 ... 45	5.550 ... 45	Check our website
DRE#00408187 Fees=\$1758						www.CaliforniaMortgageMart.com
Cal-State Funding	30-yr Fixed	5.750 ... 1.000	30-yr Fxd Jumbo	6.000 ... 1.000	5/1 ARM Jumbo	4.375 ... 1.000
800-883-5363	5.840 ... 45	6.090 ... 45	5.090 ... 45	4.470 ... 45	4.470 ... 45	Rates change daily
DRE#00874441 Fees=\$2010						Call for latest rates
CMG Mortgage	30-yr Fixed	5.500 ... 1.375	30-yr Fxd Jumbo	5.875 ... 1.000	3/1 ARM Jumbo	4.625 ... 1.250
800-958-5339	5.690 ... 30	5.996 ... 30	3.750 ... 1.125	3.867 ... 30	4.759 ... 30	Open Sat & Sun. Quik Qualifier & stated
DRE#01170028 Fees=\$1433						Income option available. Financing for
Downey Savings & Loan	30-yr Fixed	5.750 ... 1.000	30-yr Fxd Jumbo	5.750 ... 2.000	1-mo COFI ARM*	2.450 ... 1.000
800-798-2148	5.871 ... 60	5.951 ... 60	5.179 ... 45			Direct lender, 45 yrs experience; fixed
DOC#8037471 Fees=\$1428						& adjust rate mtgs; *Pot. neg. amort
FINet.com	30-yr Fixed	5.750 ... 1.000	30-yr Fxd Jumbo	6.000 ... 1.000	5/1 ARM Jumbo	4.375 ... 1.000
800-841-7556	5.840 ... 45	6.090 ... 45	5.090 ... 45	4.470 ... 45	4.470 ... 45	Rates change daily
DRE#00921943 Fees=\$1717						Call for latest rates
Intercontinental Mortgage	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	6.250 ... 0.000	15-yr Fixed	5.250 ... 0.000
800-848-6002	5.967 ... 30	6.291 ... 30	5.402 ... 30	5.566 ... 30	5.566 ... 30	http://calintercontinentalmortgage.com
DRE#01347152 Fees=\$1575						Apply online. Credit website for more
Lenders Northstar Mtg	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	6.250 ... 0.000	15-yr Fixed	5.250 ... 0.000
Grp 888-568-9080	5.967 ... 30	6.291 ... 30	5.402 ... 30	5.566 ... 30	5.566 ... 30	great rates. Rates updated daily
DRE#1345744 Fees=\$2224						
Matrix Investment Corp.	30-yr Fixed	5.250 ... 1.990	30-yr Fxd Jumbo	5.500 ... 1.990	15-yr Fixed	4.625 ... 1.880
800-366-8916	5.490 ... 30	5.660 ... 30	5.090 ... 30	5.090 ... 30	5.090 ... 30	Good & bad credit considered
DOC#4130418 Fees=\$4050						Brokers welcome! Visit us at
Mortgage Market	30-yr Fixed	6.000 ... 0.000	30-yr Fxd Jumbo	6.250 ... 0.000	15-yr Fixed	5.500 ... 0.000
800-837-5626	6.113 ... 30	6.365 ... 30	5.686 ... 30	5.686 ... 30	5.686 ... 30	www.matrixinvestmentscorp.com
DRE#00887562 Fees=\$1875						
Northern Mutual Corp.	30-yr Fixed	5.490 ... 2.000	30-yr Fxd Jumbo	5.740 ... 2.000	20-yr Fxd Jumbo	5.490 ... 2.000
888-441-2600	5.787 ... 30	5.903 ... 30	5.881 ... 30	5.881 ... 30	5.881 ... 30	WOW!! Look at our Jumbo int. rates! We
DRE#01243581 Fees=\$2648						guarantee closing costs won't incr. at
Pacific West Financial	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	6.000 ... 0.000	5/1 ARM Jumbo	4.500 ... 0.000
800-798-7334	5.982 ... 30	6.046 ... 30	5.294 ... 30	5.294 ... 30	5.294 ... 30	100% purchase loans
DRE#01124581 Fees=\$1694						Apply at <a href="http://pacificwestfinancial.net">pacificwestfinancial.net</a>
Premier Mortgage Group	30-yr Fixed	5.750 ... 0.000	30-yr Fxd Jumbo	5.875 ... 0.000	15-yr Fixed	5.125 ... 0.000
888-389-6633	5.807 ... 30	5.927 ... 30	5.227 ... 30	5.227 ... 30	5.227 ... 30	Apply online at <a href="http://www.pmgmortgage.com">www.pmgmortgage.com</a>
DOC#4130386 Fees=\$1992						Now open Saturdays
Saratoga Bancorp	30-yr Fixed	5.875 ... 0.000	30-yr Fxd Jumbo	6.125 ... 0.000	15-yr Fixed	5.250 ... 0.000
800-935-6266	5.941 ... 45	6.150 ... 45	5.359 ... 45	5.359 ... 45	5.359 ... 45	3/1 ARM 4%, Optis, 4.421 APR, 30 day lock
DRE#01220328 Fees=\$1893						No Income Check loans. Problem

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Rates based on \$150,000 loan for single family residence. Jumbo rates (loans in excess of \$322,700) based on \$350,000 loan. All rates are believed to be accurate but cannot be guaranteed and are subject to change without notice. Minimum downpayment requirements and other restrictions may apply. Closing costs may vary. Contact each company for details. Points include origination and discount fees. APR = annual percentage rate and is calculated by each company - includes costs to obtain loan and private mortgage insurance (if applicable). Lock-rate lock period. ARM=adjustable rate mortgage. Companies pay a fee to be in this Guide. \*Average 30-yr fixed conforming with 0 points Fees are estimated costs and may vary to loan. These are not inclusive of all costs and do not include points, prepaid interest, title insurance or escrow items. Click on "Fees" in "Current Mortgage Rates" section of loan to loan. These are not inclusive of all costs and do not include points, prepaid interest, title insurance or escrow items. Click on "Fees" in "Current Mortgage Rates" section of loan to loan. These are not inclusive of all costs and do not include points, prepaid interest, title insurance or escrow items. Copyright 2002, INFO/TRAK National Data Services and Knight Publishing Co.

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**Oakland - Glenview District**  
**\$449,000 4032 Woodruff Ave.**

Open Sunday 2-4:30

This 3 bedroom family home is in a quiet neighborhood close to Park Avenue shopping. The two story home has a versatile floor plan with lots of extra space and expansion potential. Downstairs there are hardwood floors in the living room, formal dining room and bedroom. The modern eat-in kitchen opens to a laundry room and an enclosed back porch with access to the sewing room or home office. The upstairs bedroom could be used as a family room or great room. The long driveway for additional off street parking leads to the back yard and a newer 1 1/2 car detached garage with room for a workshop. Please call Janette at 521-1830.

**Open Sunday 2-4:30**

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# When it comes to pipes, plumber was a real snake

**Q:** There is an odor in our bathroom that no amount of scrubbing will eliminate. It seems to have started just after the sewer man snaked out the pipes from the roof. He banged really hard for almost an hour. We plan to remodel this bathroom soon. Is there something that we can do at that time that will eradicate this foul odor?

**A:** There is nothing worse than having a dinner guest go off to powder her nose only to wonder if your home has been selected as a community landfill site. You have a serious problem that deserves immediate attention.

We first suggest that you never again hire the man who snaked your pipes. It sounds as if you have fallen victim to the old rupture-the-vent-line-while-snaking-the-pipe routine. The vent pipe (the vertical pipe that carries sewer gases from the plumbing fixture up and out through the roof), probably was ruptured when your sewer man snaked it. The fact that he was banging for almost an hour is evidence.

Fear not, this can be a simple and inexpensive repair, especially since you will be completely remodeling this bathroom.

First, you will need to expose

this vent line by removing the interior-wall covering immediately next to the vent pipe in question. Once visible, a quick going-over will expose the damaged area. Unless the damage is extensive — in which case you might need to remove all or part of the pipe and replace it with a new piece — an inexpensive rubber compression repair sleeve will do the trick. Most major hardware stores or home improvement centers will have what you need to make a proper repair.

**Q:** My new home is only 2 years old and the toilet in one bathroom constantly "sings" after flushing.

**Sometimes just a lift of the tank top will stop it but more usually, I have to lift the ball to stop the noise. How can I fix it permanently?**

**A:** The singing you refer to is almost certainly originating from the small valve contained in the toilet tank that regulates the filling of the tank. This rather simple, yet important device is called the ball-cock assembly. It is designed to work in harmony with a flush-valve assembly that controls the flow of water from the tank to the bowl.

A flush of the toilet by means of that little lever creates a chain of events. The trip lever raises a chain

(or lift wire) which is connected to a stopper at the bottom of the tank. As the stopper goes up, water is allowed to escape from the tank into the bowl. Then with a little help from a couple of laws, (physics and gravity) the water and everything else is siphoned out the trap.

Once the tank is empty, the stopper drops back down into place and the tank begins to fill using the ball-cock assembly that is activated by the float ball. The float ball rises in unison with the water level until it is high enough to shut off the ball-cock assembly.

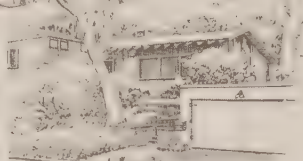
And so, we have arrived at your



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problem. Contained in the assembly are a couple of rubber ball-cock washers and might split, causing sound. Replacing these simple and inexpensive local hardware store, for the device you have a tie one-on-one training, if you are prepared to name of the toilet man, the store's representative.

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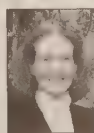
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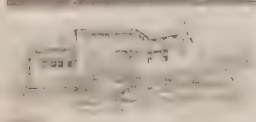
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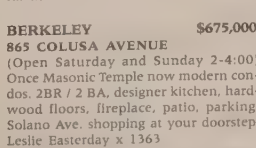
Open Sunday



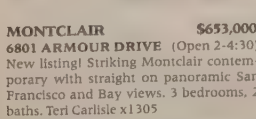
**MONTCLAIR** \$929,000  
6850 Exeter Drive (Open 2-4:30)  
New listing! Dramatic 13 year old contemporary with San Francisco Bay and expansive canyon views. 3+BR/2.5BA. Teri Carlisle x1305



**HILLER HIGHLANDS** \$775,000  
1 BINNACLE HILL (Open 2-4:30)  
3+ bedroom/3 baths. Fabulous remodel! Three suites, Loft and bay view. Joanna Hirsch x1366



**BERKELEY** \$675,000  
865 COLUSA AVENUE  
(Open Saturday and Sunday 2-4:00)  
Once Masonic Temple now modern condos. 2BR / 2 BA, designer kitchen, hardwood floors, fireplace, patio, parking, Solano Ave. shopping at your doorstep. Leslie Easterday x1363



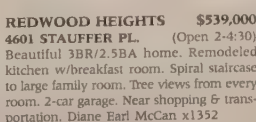
**MONTCLAIR** \$653,000  
6801 ARMOUR DRIVE (Open 2-4:30)  
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Open Sunday

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6040 JOHNSTON DRIVE (Open 2-4:30)  
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**ADAMS POINT** \$549,000  
370 EUCLID AVENUE (Open 2-4:30)  
Charming, all-level 1915 home with wheelchair ramp. 5BR / 2BA. 2 car garage, level yard. Kathleen Callahan x1343

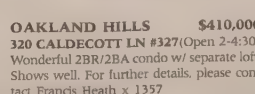


**REDWOOD HEIGHTS** \$539,000  
4601 STAUFFER PL. (Open 2-4:30)  
Beautiful 3BR/2.5BA home. Remodeled kitchen w/breakfast room. Spiral staircase to large family room. Tree views from every room. 2-car garage. Near shopping & transportation. Diane Earl McCan x1352

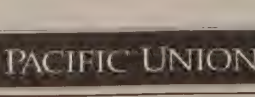
Open Sunday



**BERKELEY** \$495,000  
885 COLUSA AVENUE  
(Open Saturday and Sunday 2-4:00)  
Once Masonic Temple now modern condos. 1+BR/1.5BA, two levels, big deck, peak of the Bay. Leslie Easterday x1363



**OAKLAND HILLS** \$410,000  
320 CALDECOTT LN #327 (Open 2-4:30)  
Storybook English cottage w/2BR/1BA, professionally designed kitchen, upgraded bath, vaulted ceiling, hardwood floors, gracious living & dining rooms. Charlotte Boyle x1370 & Helen Danhaki x1356

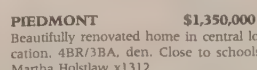


**MAXWELL PARK** \$379,000  
4827 ALLENDALE AVE (Open 2-4:30)  
Wonderful 2BR/2BA condo w/ separate loft. Shows well. For further details, please contact Francis Heath x1357

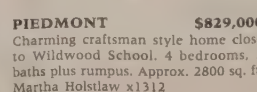
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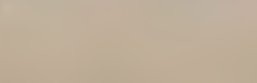
**CLAREMONT HILLS** \$2,920,000  
Custom details grace this newly built masterpiece. Beautiful views. Private 1.52+/- acre setting. 5+ bedrooms/4.5 baths. David Ichikawa x1331



**PIEDMONT** \$1,350,000  
Beautifully renovated home in central location. 4BR/3BA, den. Close to schools. Martha Holstlaw x1312



**UPPER ROCKRIDGE** \$1,095,000  
Bay view lot, privacy. Approximately 12,800 square feet. One mile walk to BART. David Ichikawa x1331.



**PIEDMONT** \$829,000  
Charming craftsman style home close to Wildwood School. 4 bedrooms, 2 baths plus rumpus. Approx. 2800 sq. ft. Martha Holstlaw x1312

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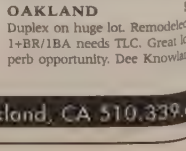
**PIEDMONT** \$1,350,000  
Charming fixer. Good bones. Sunny dining room, filtered views. Debi Fitzgerald x1306



**REDWOOD HEIGHTS** \$1,350,000  
First time on market. Spacious contemporary. Fireplace in family room. Beautiful random plank hardwood floors. Large 2-car garage. Diane Earl McCan x1352



**ROCKRIDGE** \$1,350,000  
Charming sunny 3BR/1BA craftsman style home w/built-in dining room w/built-in kitchen. Painted in 6-out, nice split level. Refinished hardwood floors. Near College Ave. Leslie Avant x1340



**OAKLAND** \$1,350,000  
Duplex on huge lot. Remodeled 1+BR/1BA needs TLC. Great investment opportunity. Dee Knowlton x1356

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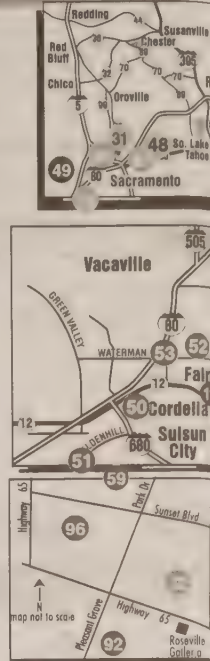
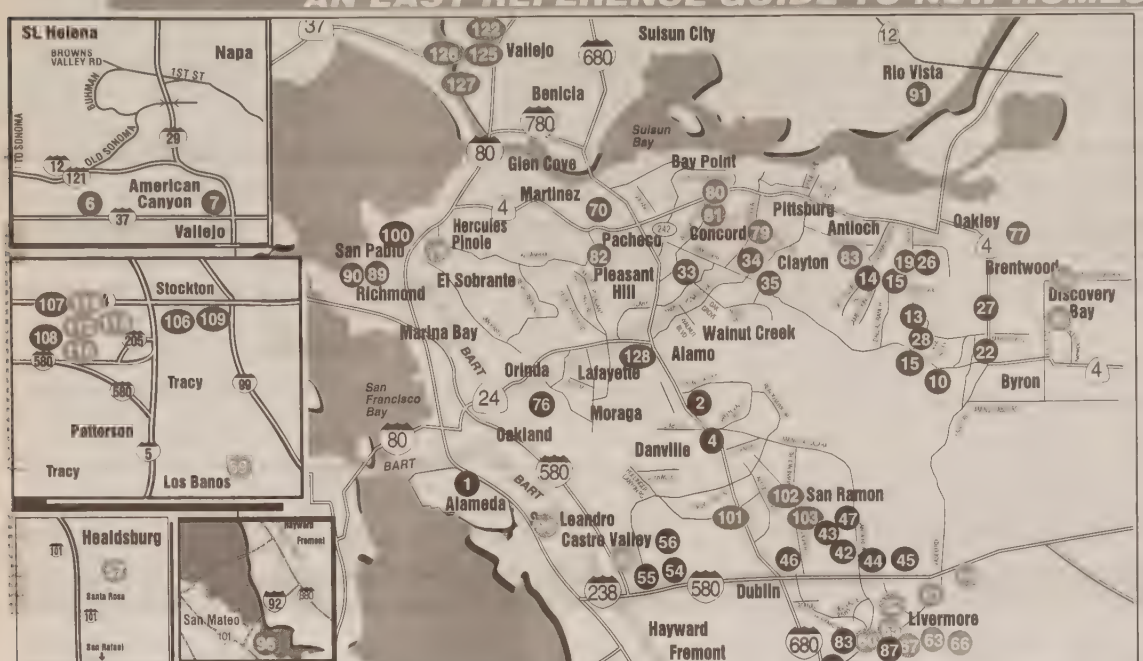
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- 22 Hearstshores** From the \$300,000s. Morrison Homes. All new home designs ranging from 1950-3252 sq. ft. Call sales office for info. Open daily 10am-5pm. From Hwy 4, exit Ballantyne Rd. South, left on Fairview Ave. 10 on Sand Creek Rd. to Morris lane at 1205 Jasmine Ct. 925-516-9784
- 26 Meridian Palms** From the high \$300,000s. Beautifully designed craftsman-style homes located off Fairview & Meridian. Call 925-262-3602 or 1-415-499-9999 for variety of the space options. From Livermore take Vasco north to Ballantyne, turn left & go to Fairview. Right at entrance to sales office. Info. call 925-240-1000.
- 27 Parkview at Garin Ranch** From the high \$200,000s. A collection of 8 home designs from 3 to 5 BR in a master-planned setting. Open daily 10-5. Mon. 1-5. Signature Properties 925-240-1585. www.egroup.com
- 28 Shadow Lakes** From the \$300,000s. 25 models now open! Two new communities plus three of the hottest selling communities in Brentwood are offered by two top Bay Area builders. Up to 6 bedrooms & 4.5 baths, 1,882-3,705 sq. ft. within master-planned golf course community. 1-2 stories & multi-level floor plan designs available. Greystone Homes 925-513-2552. Brookfield Homes 925-240-7820. www.brookfieldhomes.com
- 30 Canyon Glen** Now Open For Sales. From the low \$700,000s. Seven executive homes, close-in location. 5 bns. 3 gas, 2500 to 2920 sq. ft. At the end of Canyon Terrace Dr. off Canyon Parkway. Open daily, call Lenor Homes at 610-950-9457. Broker coop.
- CITRUS HEIGHTS**  
**31 Ryland Stock Ranch** Coming August 2003! Single family detached homes 4 & 5 bedrooms. For information call 888-646-6888.
- CONCORD**  
**33 Parkside** MODEL HOMES NOW OPEN!!! From the \$440,000s. Four bedroom single family homes oriented to its own community park. Two floorplans from 1,970 to 2,088 SF. 9'12" ceilings, gas fireplace in coordinating and security alarm wiring included in every home. Project is located on Monument Blvd., just 1/2 mile east of 1580. 925-993-9777. www.youngallhomes.com
- 35 Amber Grove** From the upper \$300,000s. Exceptionally large 4 to 6 bedroom estate homes in three floor plans with up to 3,600 sq. ft. 1,680 to 2,900 sq. ft. (left) on Olive Dr. 925-827-0787. www.pulte.com
- CONCORD**  
**36 Crystall Ranch** Priced from the mid \$500,000s. Master Planned community. Legacy Homes presents luxury homes in the foothills of Mt. Diablo. 2 luxury neighborhoods. Enclave with 4 plans from 2400-3500 sq. ft. The Northside, 4 elegant plans from 3000-4500 sq. ft. The Enclave 925-887-3552. The Pointe 925-871-8030. www.legacyluxuryhomes.com
- DISCOVERY BAY**  
**38 Lakeshore** Discovery Bay's Premier Gated New Home Community started in 1985. 1,415 sq. ft. 3-4BR, master suite, gourmet kitchen, 10m. 11m. 12m. 13m. 14m. 15m. 16m. 17m. 18m. 19m. 20m. 21m. 22m. 23m. 24m. 25m. 26m. 27m. 28m. 29m. 30m. 31m. 32m. 33m. 34m. 35m. 36m. 37m. 38m. 39m. 40m. 41m. 42m. 43m. 44m. 45m. 46m. 47m. 48m. 49m. 50m. 51m. 52m. 53m. 54m. 55m. 56m. 57m. 58m. 59m. 60m. 61m. 62m. 63m. 64m. 65m. 66m. 67m. 68m. 69m. 70m. 71m. 72m. 73m. 74m. 75m. 76m. 77m. 78m. 79m. 80m. 81m. 82m. 83m. 84m. 85m. 86m. 87m. 88m. 89m. 90m. 91m. 92m. 93m. 94m. 95m. 96m. 97m. 98m. 99m. 100m. 101m. 102m. 103m. 104m. 105m. 106m. 107m. 108m. 109m. 110m. 111m. 112m. 113m. 114m. 115m. 116m. 117m. 118m. 119m. 120m. 121m. 122m. 123m. 124m. 125m. 126m. 127m. 128m. 129m. 130m. 131m. 132m. 133m. 134m. 135m. 136m. 137m. 138m. 139m. 140m. 141m. 142m. 143m. 144m. 145m. 146m. 147m. 148m. 149m. 150m. 151m. 152m. 153m. 154m. 155m. 156m. 157m. 158m. 159m. 160m. 161m. 162m. 163m. 164m. 165m. 166m. 167m. 168m. 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Montclair, Piedmonter, Berkeley Voice, The Journal, Alameda Journal

## Classified Deadlines

<b><u>Ad Starting:</u></b>	<b><u>Deadline:</u></b>
Tuesday	10am Monday

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<b>ANNOUNCEMENTS</b>	<b>INSTRUCTION</b>	<b>EMPLOYMENT</b>	<b>PETS &amp; SERVICES</b>	<b>MERCHANDISE</b>	<b>FINANCIAL</b>	<b>SERVICES</b>	<b>RENTALS</b>	<b>REAL ESTATE</b>	<b>TRANSPORTATION</b>
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County Homes**

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Bay Area**

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1 car gar, ingrid Excel loc  
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2pm, 110 School Ln, 1st  
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3BD/2BA, frpic, ingrid, 1st  
floor, 1000 sq ft, 1000 sq ft

[illegible]

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D \$1050/mo. + dep 44th & Macdonald \$104-334-9667	4802/2BA, Comptly new remod. Pool, firm/hv, 1/2 bath \$2200 - dep 92-836-8626	CABO San Lucas Loc, 2BD ocean front condo, sleeps 10 \$748-1120 - dep 923/2701
1BA All Upgraded h/wd, frs, N.E. or C. dep \$10-713-7697	4802/3BA, Farm dme frn family rm, 2 trics, exte 1/2 bath, no Pets/Non-smk \$2400 - dep 925-635-8075	CARMEI, Prnt Guest house 1800 full kitch Walk to town \$851-625/5931
1BA, dnm frn, fric, 1/2 bath, 1/2 dep \$525-858-5627	4802/3BA, Gated, lake view, 2/2 bath, 1/2 dep \$2650 \$10-683-8662	LAKE TAHOE ski cabin, 3bd 1/2 bath, 1/2 dep \$75-831-6728
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Tracy Butler  
531-7000 x232

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### 6079 COLTON BLVD., OAKLAND

Fabulous family home. 2800 sq. ft. 4 bedroom, 4 bath, 3 bridge views. 1940's Art deco details, completely renovated and retrofitted. Huge family room with French doors opening to large level yard.

Heldi Kearsley  
531-7000 x295

\$898,000

### 375 JAYNE AVE. #305, OAKLAND

Sophisticated spacious top floor corner unit affords fresh slate in any decor - 2 bedrooms, nice kitchen and deck. Perfect move-in condition!

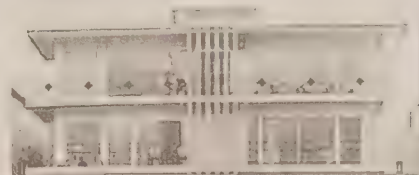
Joyce Bryden  
531-7000 x218



### 6959 CHARING CROSS, OAKLAND

Stylish new contemporary! Great light-filled floor plan with soaring ceilings, bold colors & designer finishes. 4bd/3.5ba, huge rumpus room. 3,850 sq. ft.  
Mary Neuberger  
531-7000 x251 or 485-7251

\$1,200,000

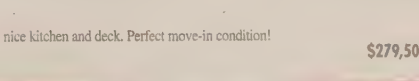


### 1410 LAKESHORE AVE. #1, OAKLAND

New Listing! Wonderful & rare 3bd/2ba, overlooking Lake Merritt. All level living. Small building. Deck, patio, spacious floor to ceiling windows.

Barbara Roessler  
531-7000 x264

\$430,000



\$279,500



### LOVE ORIGINALITY, ALAMEDA

Classy Victorian with oodles of originality. 2 Story design with 5+ bedrooms, 4 dining room, modern kitchen. Newer forced air furnace, updated electrical service, large, level lot.

Frank Hennefer

531-7000 x235 or 485-7235

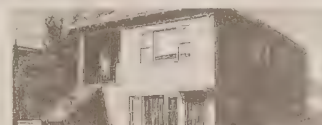


### NORTH OAKLAND 4-PLEX

2 Buildings on 1 lot. Duplex with 2bd/1ba each, hwd. flrs., brg. kit. & LR's. Rm. 1bd/1ba each, wood flrs., LR's, bsmt & laundry. Walking distance to Macys shopping.

Frank Hennefer

531-7000 x235 or 485-7235



### HOME PLUS DUPLEX

Desirable area of N. Oakland. Front duplex with 2bd unit and other with 2+bd unit. 10 dining rooms & living rooms. Rear house is 2+bd/1ba. Wood flrs., book & full bsmt.

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### PRESTIGIOUS CLAREMONT HILLS VIEW LOT

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Heldi Kearsley  
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### MONTCLAIR HOMESITE!!

Very buildable Montclair upslope in established neighborhood. Soil report & survey included. Neighbor above may participate in cost of tree removal.

Mary Neuberger  
531-7000 x251

\$110,000

### ATTN: BUILDERS, INVESTORS & DREAMERS

Two upslope lots: Side-by-side. Off of Shepley Road (across from 6565 Grvin Dr.). Build your home(s)! Buy one or both.

Kevin Kennedy  
531-7000 x204

\$50,000

1451 LEIMERT BLVD., OAKLAND  
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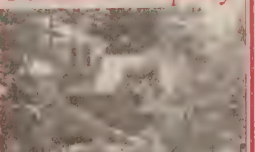
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### Open Sunday 1/19

#### Featured Property



**PERENNIAL PERFECTION... \$849,000**  
Describes this sparkling 4 bedroom, 3 & 1/2 bath home, nestled in Piedmont Pines. This beautifully updated traditional offers spacious living, gourmet kitchen & fully developed guest quarters. Level garden. Parks & Transportation nearby.  
2345 Thackeray Dr.  
Mary Jane McConville 510-339-8400

**UPPER ROCKRIDGE TRADITIONAL \$635,000**  
Upper Rockridge 2+ BD/1+ Bath traditional with separate office/den and downstairs family room; light & bright; fireplace & hardwood floors.  
5283 Harbord Drive. Open 2-5  
Michael Thompson 510-339-8400



**ALL LEVEL LIVING... \$539,000**  
In this 3BR-3 BA custom home in Rockridge, updated kitchen, formal dining, lots of space, extra lot for expansion or gardening plus fantastic separate artist studio. Open 2-5pm  
426 51st St. Arnold Mueller 510-339-4000

**SERENE CANYON VIEWS \$499,000**  
This charming Montclair home is bright & cheerful with walls of glass. The lovely kitchen has been remodeled and the secluded master suite with huge walk-in closets and full bath accesses its own deck!  
6152 Valley View Dr. Nahid Nassiri 510-339-8400

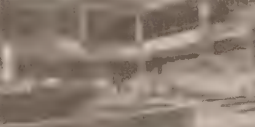
### Open Sunday 1/19



**GLENVIEW BUNGALOW \$485,000**  
Just walking distance to shops, restaurants & transportation. This charming home w/ landscaped front, side & rear yards is filled with traditional craftsman details. A large eat-in kitchen, refinished hardwood floors & full bath w/ claw foot tub are just a few characteristics of this cute home.  
1046 Elbert St. Open 2-5  
Nahid Nassiri 510-339-8400

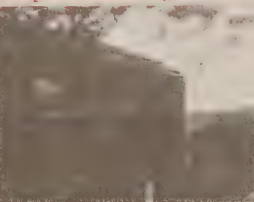


**A HOME IN THE HILLS \$335,000**  
Surprising space and quiet await you in the Richmond Hills. This bright & airy contemporary style home has a big backyard, lots of extra space! Serene hill views.  
2831 Joanne Drive, Richmond  
Seki Chikami 510-339-4000



**CUSTOM OPERA PLAZA CONDO \$270,000**  
Back on the market at reduced price. Customized Opera Plaza larger one bedroom is convenient to pool, spa and indoor amenities. Prime location near civic center. All offers considered. Open 1-5.  
601 Van Ness Ave., San Francisco  
Rosemary Greene 510-339-4000

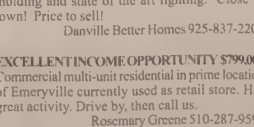
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**COMFORTABLE BAY VIEW UNIT \$247,500**  
Security gates, pool, elevator easy freeway access 2 bedroom 1 1/2 bath, large master. Suite, Deck.  
Open Sunday 1/19/03  
16367 Saratoga St., San Leandro  
Jack Brenneman 510-339-8400



**NORTHDRIDGE HILLS BEAUTY \$949,000**  
From the moment you enter this sprawling 4 bedroom, 3 bath single story home, attention to detail is noted everywhere one looks. From the elegant living room with crown moldings and fireplace to the lovely patios & yards, designer style touches are noted throughout! Located in desirable Northridge Hills.  
Danville Better Homes 925-837-2200



**HAVE IT ALL! \$818,000**  
Sophisticated 4/2 Westside rancher was totally remodeled to perfection by contractor/owner. Gorgeous pool and spa backs to rolling hills and has views of Mt. Diablo. Granite kitchen, inlaid hardwood floors, Anderson French doors, crown molding and state of the art lighting. Close to town! Price to sell!  
Danville Better Homes 925-837-2200

### By Appointment

**ELEGANT BARGAIN! \$799,000**  
Bettencourt Ranch! 4 bedrooms plus den, 3 baths, 3-car garage! Quiet street! Au-pair setup! New carpets & paint! Gourmet kitchen with island. Wood blinds. Approximately 3464 square feet. A 10+! Hurry! Shows great! Fast COE!  
Danville Better Homes 925-837-2200

**2 ACRES... \$759,000**  
Lush hillside setting with majestic old oaks framing a commanding view of towering Mt. Diablo. Alamo's prestigious Westside, featuring 4 bedrooms, 2.5 baths, wood floors, dual pane windows and lots of privacy.  
Danville Better Homes 925-837-2200

**RARE FIND IN MORAGA RIDGE \$658,000**  
Views from a hillside overlooking central Moraga. Large townhouse style (2486 sq. ft.) unit in small, friendly complex. 3 bedroom, 2.5 bath, 2-car garage with extra attic storage.  
Danville Better Homes 925-837-2200

**FLAT HALF ACRE \$649,000**  
Gorgeous ranch home, mature and manicured landscaping, beautiful kitchen, wood cabinets, spacious living area, backs to meandering creek and feeling of privacy.  
Danville Better Homes 925-837-2200

**CANYON LAKES VALUE \$569,900**  
Original owner has maintained and upgraded popular 3 bedroom, 2.5 bath end unit with privacy and view. Priced to sell!  
Danville Better Homes 925-837-2200

**PERFECTION \$549,900**  
... in a convenient townhome. The space of a single family home in a wonderful south Walnut Creek complex. Light & bright 3 bedroom, 2.5 bath with 2-car garage. Many remodels & upgrades including custom entry doors, hardwood foyer, new interior doors & skylights.  
Danville Better Homes 925-837-2200

**EDWARDIAN 3 UNIT \$539,000**  
Commercial building close to the University Campus. Total rents are \$3900 p/month. Huge yard.  
Gary / Noni Robinson 510-339-4000

**BEST VALUE IN PLEASANT HILL \$479,950**  
Beautiful newer 3 bedroom, 2.5 bath, 2-car garage home in prime location. Many, many upgrades. Walk-in closet. Beautiful landscaping. Close to BART and highway 680.  
Danville Better Homes 925-837-2200

**ONLY 1 YEAR OLD \$439,000**  
4 BD / 2 1/2 BA. Just Like New.  
Michael Godanis 510-339-4000

### By Appointment

**THIS HOUSE HAS IT ALL**  
3 bedrooms, 2 remodeled baths. Remodeled central heat and air, dual pane windows. HWE, 5-year old roof. Huge fenced back sprinklers in front & back. Newer gas opener. Just move in to this dream home!  
Danville Better Homes

**CHINA HILL FIXER**  
Cute Bungalow Needs TLC Could be fixed up. Best price for location 3BR yard, seller motivated.  
Teresa Chan 510-339-8400

**SPACIOUS 3+BR**  
plus bath 1920's craftsman. Yes, all the ins and woodwork still intact. Beautiful the livingroom. Big landscaped yard, summer barbecue parties. Over 1500 sq. ft.  
Gary / Noni Robinson 510-339-4000

**NEWLY REMODELED...**  
In Durant Manor on the San Leandro Blvd. 1BA Approx. 1093 sq. ft. gleaming 1940's in BRs, newly painted inside & outside & nook, inside laundry, newly landscaped rear yard with arbor & fountain, 2-car garage, virtual tour: www.pamcorcoran.com  
Danville Better Homes 925-837-2200

**WEST OAKLAND DUPLEX \$379,000**  
Upstairs is a 4/1, downstairs is a 3/1 are occupied, please do not disturb. Rents are \$1100 p/month. Huge side yard. Asking \$349,000 Noni Robinson 510-339-4000

**TOO GOOD TO LAST!**  
Hardwood floors, white kitchen cabinets, freshly painted interior, new bath floors, patio opens to common end unit in quiet community, close to freeway. Amenities include pool, clubhouse, walking distance to downtown.  
Danville Better Homes 925-837-2200

**CONTRACTORS SPECIAL**  
Close to Lake Merritt. This traditional w/ 3 plus BR 2 baths needs everything a great value! Probate sale subject to No open houses.  
Noni Robinson 510-339-4000

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# Pilots finally topple Panthers

By Scott Strain  
STAFF WRITER

The St. Joseph Notre Dame basketball team figured that St. Mary's in the best possible circumstance Friday night.

gym. Large crowd. And best of all, no more Shawn Freeman or John

er. Still, it took all the Pilots had to tie the pesky Panthers 52-47 in the second quarter. Kevin Neveu's follow shot 27 seconds that broke a 50-47 St. Joseph held on, and it was the team's first chance to tie against the Panthers since

Freeman and Sharper-im. St. Mary's team had tormented St. Joseph for more than 10 years, winning both Bay Area Athletic League titles and, years ago, winning the state title in IV title in Sacramento. It's all over now.

"We have a lot of pride," Pi-coach Maurice Horton said. "I knew coming in it would

be tough and they played through the rough spot."

That rough spot was an eight-point Pilots third quarter that allowed the Panthers (8-7, 0-1) to get back into the game after trailing 34-28 at the half. Larry Gurganious led the way in the period, scoring six of his game-high 15 points, the last basket cutting the St. Joseph lead to 40-39. After Cameron Quick (10 points) scored to make it 42-39, Edward Wright hit a free throw to make it 42-40 going into the final period.

"We've had problems in the third quarter this year," Horton said. "I don't know what it is. I've had to tell them to keep playing through it, keep your confidence up and don't quit."

Gurganious hit a 3-point shot with 5:48 left in the game to tie the game at 45-45 and then Spartacus Rodriguez scored with 5:12 left to give the Panthers their first lead since early in the second quarter at 47-45.

Neveu scored to tie the game

St. Joseph 52, St. Mary's 50

ST. MARY'S (8-7, 0-1 BSAL)  
Aman Sebatlu 0 0-0 0, Ed Wright 3 1-2 8, Jordan Thurston 2 0-0 6, Larry Gurganious 6 2-4 15, Spartacus Rodriguez 1 0-0 2, John Manetta 2 1-1 5, Doni Green 1 0-0 2, Simon Knight 5 2-3 12, Omar Patton 0 0-0 0, Totals 20 6-10 50

ST. JOSEPH (8-6, 1-0)  
Marcel Manzanarez 1 0-0 2, Murphy Holmes 4 0-0 8, Alex Harris 3 0-1 6, Kevin Neveu 2 2-2 6, John Mercado 2 4-4 9, Lorenzo Hutson 0 0-0 0, Doni Noble 1 0-0 2, David Duffart 1 0-0 2, Ronald Lewis 1 4-4 7, Cameron Quick 3 4-8 10, Totals 18 14-19 52

St. Mary's 12 10 12 10 — 50  
St. Joseph 13 21 8 10 — 52

3-point goals: Thurston 2, Wright, Gurganious, Mercado, Lewis. Highlights: St. — Manzanarez 2 assists, rebound. Quick 6 rebounds, Harris 2 assists, 5 rebounds, Neveu 6 rebounds, 2 blocks, Knight 18 rebounds, Gurganious 7 rebounds, 3 assists

back up at 47-47, but Jordan Thurston hit another 3-pointer for St. Mary's with 2:52 remaining for 50-47.

Alexander Harris scored for St. Joseph with 2:29 left to pull the Pilots to within 50-49.

Simon Knight fouled Quick with 1:54 left in the game and Quick hit one of two free throws to tie the game at 50-50.

The Panthers missed a shot and in the ensuing scramble, St.

Joseph got possession underneath the Panthers' basket. Marcel Manzanarez took the inbound pass and threw it to Ronald Lewis, who missed a short jumper. Neveu went up, grabbed the rebound and put it back in to give St. Joseph a 52-50 lead.

"It was up for grabs," Neveu said of the shot. "Whoever wanted it had to go and get it. I ended up with the ball."

St. Mary's had to foul three times in quick succession to put the Pilots on the line and, with 11 seconds left, Harris missed the front end of a 1-and-1. Knight grabbed the rebound but Gurganious missed a shot in heavy traffic and the game was over.

Neveu was happy with the victory but said nothing has been decided.

"St. Mary's is the defending champion and the league still goes through them," he said.



ST. MARY'S Larry Gurganious, center, gets a rebound between Doni Noble, left, and Murphy Holmes of St. Joseph.

## CAL NOTEBOOK

ers' forfeit  
the best  
interest'  
the players

By Orlando Molina  
TIMES STAFF WRITER

THE EFFECTS of the brawl that suspended the boys basketball game between Berkeley High School and Hercules on Jan. 7 will be felt later that week as Richmond girls team decided to forfeit its home game at Berkeley because of

the decision to forfeit the game was a mutual decision by Richmond principal Dee Foust and girls varsity basketball coach Darryl on to allow additional personnel from Richmond to the boys game between the schools that night at 8 p.m. They made their decision after administrators met on Jan. 8.

"I thought we should have a long-off period because of the problem would be solved," said Robinson. "We

see ACCAL, Page 2

## CAL NOTEBOOK

ots win,  
at Panthers  
ep it close

By Scott Strain  
STAFF WRITER

onados of Bay Shore Athletic League girls soccer (and some out there) might be cheering their heads at Piedmont High School's 2-0 victory over St. Mary's in Berkeley last

to-nothing? This is a bad team that had de-Holy Names 17-0 and St. Mary's in 10-0 in league games before the holiday break.

It gives with a 2-0 game? They're not bad," Piedmont coach Karyn Shipp said of the team. "They have a couple of players and their goalies are very good."

So kept four starters on the bench (one for a red card in the match and the other for injuries).

When you have the winter break, here (at Piedmont) is on a 120-yard-by-70 yard that's smooth. At St. Mary's 100 yards by 50 yards. That makes a differ-

FieldTurf at Piedmont is over to AstroTurf. But it's not the real thing either. St. Mary's (FieldTurf) is slightly

see BSAL, Page 2



EL CERRITO'S Jerrick Owens-Murray, rear, blocks a shot by Hercules' Deweese Hughes during their game, which El Cerrito won 84-76 in overtime.

## Fort comes up big for the Gauchos in overtime

■ El Cerrito senior scores six points in extra period to spark his team to a win over Hercules

By Phil Jensen  
TIMES STAFF WRITER

The El Cerrito High School boys basketball team wanted to find a way to turn the momentum of its game with Hercules last Friday after the Titans had rallied to force overtime.

The Gauchos found an option in Joseph Fort.

The 6-foot-3 senior scored six of El Cerrito's 10 points in overtime as the host Gauchos outlasted the Titans 84-76 in an Alameda Contra Costa Athletic League game. Hercules had rallied from an 11-point deficit with 2:20 remaining in the fourth quarter to force overtime.

"Our coaches told us to keep our heads in (the game) and don't give up," said Fort, who finished with 16 points. "The whole squad said we were going to win

## PREP ROUNDUP

this as a team."

El Cerrito, which is 3-0 in overtime games this season, outscored the Titans 10-2 in the extra period.

"In overtime, it was all about striking first," El Cerrito coach Brent Daniels said.

Fort scored the first six points of overtime on an offensive rebound and two layups to give the Gauchos an 80-74 lead with 1:05 left. A dunk by Jerrick Owens-Murray increased El Cerrito's advantage to 82-74 before the Titans' Warner West put back an offensive rebound with 17 seconds left. El Cerrito's Patrick Mitchell put the finishing touches on the game with two free throws.

Owens-Murray finished with a game-high 24 points and the Gauchos' Russell Murray contributed 14 points, a game-high 14 rebounds, five assists and three steals. Tida Davis hit four

3-pointers for the Gauchos (11-3, 2-0 ACCAL) and finished with 18 points.

Trailing 73-62 with 2:20 left in the fourth quarter, Hercules (5-8, 0-1) received two 3-pointers from Harry Brown and three points each from John Winston and West to force overtime. West's 3-pointer with 45 seconds remaining gave Hercules a 74-73 lead, but Murray sank a free throw 14 seconds later to tie the score at 74.

"I think we played competitively," Hercules coach Mark Olivier said. "The third quarter is our bad quarter right now. The kids are learning. They've got guts. I'm so pleased with our team."

Hercules held a 37-35 advantage at halftime, but fell behind 55-51 after the third quarter.

Brown and Winston paced Hercules with 20 points each. Teammate Antonio Gooden, a transfer from El Cerrito, added five 3-pointers and 17 points.

## GIRLS BASKETBALL

**Berkeley 64, Pittsburg 46:** In a rematch of last season's North Coast Section Division I title game on Saturday, Shaquita Brown scored 16 points and Danesha Wright added 10 for the Yellow Jackets (10-4), who outscored the Pirates 29-9 in the first quarter to cruise to a non-league win in Berkeley. Keanna Vicks' game-high 20 points led Pittsburg (5-7).

## BOYS BASKETBALL

**Berean Christian 49, Albany 42:** Mike Mourelatos had 15 points and eight rebounds and Devin Martin had nine rebounds and seven points as the host Eagles (8-3) overcame a 26-19 halftime deficit for a nonleague win Saturday.

The Cougars (6-8) were held to single-digit scoring in both the third and fourth quarters. Albany had 11 points from Danny Ho and nine by Matt Ball.

## PREP BOYS BASKETBALL

### Suspended game is postponed

TIMES STAFF

The continuation of a suspended boys basketball game between Berkeley and Hercules high schools set for today was postponed Tuesday by school officials.

The Alameda Contra Costa Athletic League game on Jan. 7 at Hercules was suspended with 30 seconds remaining in the third quarter when a brawl involving an estimated 200 people moved from the stands onto the court. Police said a handful of young fans not enrolled at either school began jawing in the stands. The ensuing brawl resulted in one arrest, no suspensions and no serious injuries.

Officials from the schools halted plans to resume the game today as a precaution as events from last week's game continue to be investigated, according to a press release from the ACCAL office.

The resumption of the suspended game was to have taken place without any fans in attendance. Only school officials, game officials, coaches and players were to be allowed in the gymnasium.

The ACCAL release stated that the resumption of the game will be rescheduled for a time and date to be announced.

## Depth is Berkeley's big edge

By Chace Bryson  
TIMES STAFF WRITER

Take three boys basketball teams that return over 60 percent of their starting fives, two that have improved dramatically through transfers, and a recently underachieving team that has added one of the area's best coaches and what do you get?

An Alameda Contra Costa Athletic League that will be competitive, unpredictable and an awful lot of fun to watch.

"I think you could make a case that our league is as strong as any in the Bay Area," Berkeley High School coach Mike Gragnani said.

If that's the case, Gragnani should be ecstatic since it's the consensus of the league's coaches that his team is clearly a favorite. With 10-to-12 interchangeable players, Oregon's Crater Lake isn't as deep as the Yellow Jackets' roster this season.

See BASKETBALL, Page 2

## Music

■ Steve Young, the song-writer not the quarterback, comes to Freight & Salvage. Page C3

## It's showtime

■ Capsule reviews and showing times are your guide to going to the movies. Page C4

## Musician turns author

■ Versatile musician Laurie Lewis will appear at Cody's to discuss her new book. Page C3



## BRIEFS

## World Team Baseball

Alameda World Team Baseball is holding tryouts for the 2003 team on Saturday, Jan. 18 at Krusi Park. The team will be traveling to São Paulo, Brazil, in August to compete against teams from Brazil, Mexico, Japan, Italy and other countries. Players must not turn 16 before Aug. 1, 2003. For information, contact Ron Matthews at 769-6031.

## Former Alameda High swimmers sought

The Alameda High School Women's Alumni Swimming Meet will take place at 1 p.m. at the Emma Hood Swim Center on Saturday, March 8. Organizers hope to make this an annual event. All former Alameda High School girls swimmers are welcome to participate. For infor-

mation, call Barbara Stahl at 769-7357 or Leslie Cortez at 301-6480.

## East Bay Xplosion spring tryouts

EBX tryouts for the spring 10U-13U teams will be held on Sunday, March 2 and Sunday, March 9. Tryouts for the spring high school teams (14U-17U) will be held Sunday, March 23 and Sunday, March 30. Location and times TBA.

For more information, contact Mark Anger at coachmar@prodigy.net, or by phone at 209-579-0151, or visit the Web site at [www.leaguelinup.com/ebx](http://www.leaguelinup.com/ebx).

## Coaching openings

Bishop O'Dowd High School is looking for assistant coaches for softball, lacrosse and diving. All are spring sports. For more information,

call athletic director Mike Bowler at 577-9100, ext. 401.

■ **St. Joseph Notre Dame High School**, 1011 Chestnut St. in Alameda, is seeking coaches in a variety of sports for its 2002-03 season.

Varsity coaches are needed for boys (spring) junior varsity baseball; girls (spring) junior varsity softball; and boys (spring) varsity tennis.

For more information, call athletic director Dan Curry at 510-814-7146. Résumés or inquiries may be faxed to 510-523-6967.

## Baseball clinics/camp

The Encinal Baseball Camp will take place from 8:30 a.m.-2 p.m. at Encinal High School's Willie Stargell Field on Saturday, Jan. 25.

The camp is open to players 9-14 and covers throwing, baserunning, hitting and bunting, and infield and out-

field play. Among the guests will be former Jets Jimmy Rollins (now with the Phillies) and Dontrelle Willis (in the Florida Marlins organization). Also present will be Jethro McIntyre of the Major League Scouting Bureau.

Cost is \$75. Call Encinal baseball coach Jim Saunders at 510-749-9458, 510-502-0567 or 925-829-6905.

■ **Strike Three Pitching Academy** will hold its 2003 baseball clinic on Saturday, Jan. 18 at the Piedmont High softball field.

The session is for players ages 11-14 and will be held from 1-4 p.m.

The session will be run by former UC-Riverside All-American Frank Potesito, who also played six years in the Chicago White Sox, St. Louis and San Francisco organizations.

The cost is \$75. For applications and further information, contact Potesito at 510-317-0851.

## Umpiring clinic

The Professional Officiating baseball umpires clinic will take place, rain or shine, from 9:30 a.m.-5:30 p.m. at Deer Valley High School in Antioch on Saturday, Feb. 1. The clinic features a rules course as well as instruction on plate and base mechanics. Cost is \$75.

Call Professional Officiating president Mark Beller at 925-858-4917. Or contact him by e-mail at [theumps@pacbell.net](mailto:theumps@pacbell.net).

## Rowing

The Oakland Strokes offer one of the premier junior rowing programs in the nation, giving high school boys and girls opportunities to learn rowing and to compete at club, regional, national and international levels. Contact the club via e-mail at [membership@oaklandstrokes.org](mailto:membership@oaklandstrokes.org).

## Golf

The Galbraith Junior Golf is open to players 7-18 interested in learning the rules and basic golf.

The program runs from 9 a.m. to 1 p.m. at Lake Chabot Golf Course every Saturday.

Galbraith Junior Golf also offers the business communities of the land, Alameda, Berkeley, Emeryville, Piedmont and San Leandro. It is involved through group and individual sponsorship.

For more information, contact program coordinator Clare McKeon at 510-569-5682, or Michael Salem at [oaklandboy@aol.com](mailto:oaklandboy@aol.com).

## ON DECK

## Prep girls basketball

Alameda at El Cerrito, 4 p.m. today — The two teams were tied atop the Alameda Contra Costa Athletic League standings entering this week with 2-0 records. Jordan McCormick and Analise McGrew lead the Gauchos.

St. Mary's at Piedmont, 5:30 p.m. Tuesday — This should be an excellent battle between the Paris-led Highlanders and a Panthers squad with many weapons.

## Prep boys basketball

Vallejo vs. St. Mary's, MLK Classic, St. Mary's College, 5:30 p.m. Monday — The Panthers will take on Vallejo and Duke-bound DeMarcus Nelson.

El Cerrito at Encinal, 7 p.m. Tuesday — The Gauchos, who were undefeated in ACCAL action entering this week, play a talented Encinal squad that is led by Brian Kindem.

Albany at Salesian, 7 p.m. Tuesday — The Cougars face a tough challenge from a Chieftains squad which will be playing its second game in two days.

## JC women's basketball

Contra Costa at Santa Rosa, 6 p.m. Tuesday — The Comets, who are ranked third in the state in the CCCWBCA poll, take on the 16th-ranked Bear Cubs.

## Prep boys soccer

Berean Christian at St. Mary's, 3:30 p.m. — The Eagles, who led the Bay Shore Athletic League race entering this week, will travel to face a hot Panthers team.

Richmond at El Cerrito, 5 p.m. Tuesday — The Oilers begin a tough week by facing the Gauchos and standout goalkeeper Michael Gonzalez, who was impressive in a 1-0 loss to Berkeley on Tuesday.

Berkeley at Richmond, 5:30 p.m.

Thursday — The two rivals battle again. They met on Dec. 12, when the Yellow Jackets edged the Oilers 2-1.

## Stars of the week

**Kahili Davies-Calhoun, Berkeley boys soccer** — Davies-Calhoun produced a hat trick in the Yellow Jackets' 8-0 win over Pinole Valley, and also scored a goal in Berkeley's 3-1 win over Foothill in the championship match of the Winter Soccer Classic.

## Quote of the Week

"St. Mary's is the defending champion and league still goes through them."

— St. Joseph Notre Dame basketball player Kevin Neveu, talking about the Pilots' chances of dethroning St. Mary's in the Bay Shore Athletic League.

## Basketball

FROM PAGE 1

Berkeley isn't the only squad with depth returning. El Cerrito and Encinal each return a good mixture of talent and experience. Hercules improved significantly with incoming transfers — a situation that brought expectations that were both excessive and premature. The Titans began with just a 5-7 start, but first-year coach Mark Olivier still is enthusiastic.

"A lot of people had some real high expectations, but they forget that this is a process," Olivier said. "I think we've come along way, though."

Then there's Richmond, a team that hasn't reached double digits in victories in the past three seasons but has added Rob Collins as their coach. Collins finished an 11-year tenure at Acalanes last season in which he took the Dons to the North Coast Section playoffs nine times.

"It's all new to me," Collins said. "There certainly won't be any off nights in the ACCAL."

## Alameda

■ **HEAD COACH:** Ed Ruiz, eighth season

■ **2001-02 RECORD:** 13-13, 7-7 ACCAL

■ **TOP RETURNNEES:** G, Joseph Park, Sr.; G, Alex Fleming, Sr.; F, Mark Gillman, Sr.

■ **TOP NEWCOMERS:** F, Kris Tinns, So.; G, Jeremy Tinns, Fr.; F, Andy Oliveria, Jr.

■ **KEY LOSSES:** G, Julius Johnson; G, Brian Brooks; C, Eric Tinney

■ **OUTLOOK:** The Hornets' season will hinge on the play of three returning seniors — Park, Fleming and Gillman. Ruiz's team will have a good deal of quickness, but due to its youth, won't be as deep as some of the other teams. The Hornets would have taken on a much more intimidating look had Julius Johnson not been lost to academic ineligibility.

## Berkeley

■ **HEAD COACH:** Michael Gragnani, third season

■ **2001-02 RECORD:** 19-8, 13-1

■ **TOP RETURNNEES:** PG Shaun Burl, Jr.; F, Nate Simmons, Sr.; G, Dontae Hall, Sr.; F/C Kenneth Alexander, Sr.; F, Khion Tate, Jr.

■ **TOP NEWCOMERS:** PG, Jason Maples, Jr.; F, Kevin McGlothlen, Jr.

■ **KEY LOSSES:** F, Damien Burns; PG, Darryl Perkins; G, Lee Franklin

■ **OUTLOOK:** The Yellow Jackets don't have a go-to guy this season — they have about 10 of them. At least, that's how Gragnani is treating things this season. Berkeley rotates 10 to 12 players each night, and doesn't seem to lose anything in its level of play. Not only is the team deep but quite experienced, as it returns six players who received significant floor time a year ago.

## De Anza

■ **HEAD COACH:** Elliott Shaw, first season

■ **2001-02 RECORD:** 5-20, 3-11

■ **TOP RETURNNEE:** G, Greg Parker, Jr.

■ **TOP NEWCOMERS:** C/F, Reggie Pratt, Fr.; G/F, Darius Foster, Fr.; G/F, Demario Cunningham, Jr.; G, Carl Eastley, Jr.; G, Theo Johnson, Jr.

■ **KEY LOSSES:** F, Tristan Nelsemore; F, Marcus Ashley; C/F, Jason Elmore

■ **OUTLOOK:** Shaw returns to the

## PREDICTED FINISH

1. Berkeley
2. El Cerrito
3. Encinal
4. Hercules
5. Pinole Valley
6. Alameda
7. Richmond
8. De Anza

boys bench after a year of coaching the Dons' girls team. He inherits an inexperienced and particularly small De Anza team this season. The Dons have just two players over 6 feet tall, and only one returning player, Parker, that saw significant game time a season ago.

## El Cerrito

■ **HEAD COACH:** Brent Daniels, fourth season

■ **2001-02 RECORD:** 9-17, 6-8

■ **TOP RETURNNEES:** F, Joseph Fort, Sr.; G, Josh Harvey, Sr.; G, Patrick Mitchell, Jr.; F, Tida Davis, Sr.

■ **TOP NEWCOMERS:** F, Jerry Owens-Murray, Jr.; G/F, Russel Murray, Sr.; F, Byron Davis, Jr.; G, Darian Webb, Jr.

■ **KEY LOSSES:** G, Terrance Henderson; G, Antonio Gooden

■ **OUTLOOK:** In a spring full of off-season moves, the Gauchos made out pretty good. With the addition of the Murray brothers, transfers from Salesian, El Cerrito immediately improved both inside and outside. Owens-Murray is one of the best rebounders in the area and will combine efforts with returning forward Joseph Fort to create a very active frontcourt.

## Encinal

■ **HEAD COACH:** Dan Palley, fourth season

■ **2001-02 RECORD:** 12-14, 8-6

■ **TOP RETURNNEES:** G, Drew Dozier, Jr.; PF, Danny Dozier, Sr.; C, Brian Kindem, Sr.; G/F, Ronnie Washington, Sr.

■ **TOP NEWCOMERS:** F, Matt Rice, Sr.; G, Dexter English, So.

■ **KEY LOSS:** G, Nick Loy

■ **OUTLOOK:** The Jets certainly have balance this season. Among Encinal's four returning starters, center Brian Kindem is averaging 15 points per game and the Dozier brothers are each averaging over 13 points through the Jets' first 11 nonleague contests.

## Hercules

■ **HEAD COACH:** Mark Olivier, first season

■ **2001-02 RECORD:** 3-21, 0-14

■ **TOP RETURNNEES:** G, Thomas Mays, G, Iffy Omokaro, Sr.; F, Tony Rodriguez, Sr.

■ **TOP NEWCOMERS:** F/C, Harry Brown, Sr.; G, John Winston, Sr.; F, Andre Dunn, Jr.; Dewees Hughes, So.; G, Antonio Gooden, So.; G/F, Devanae Leach, Fr.; G, Warner West, Sr.

■ **KEY LOSSES:** None

■ **OUTLOOK:** With addition of some incoming transfer talent, the Titans have improved immensely this season from an athletic and depth standpoint. Winston and Brown are both legitimate scorers, and Olivier believes a number of his other players are growing nicely into their roles. "I think we're ready going into league," Olivier said. "And that's all I was concerned with."

## Pinole Valley

■ **HEAD COACH:** Mark DeLuca, fifth

season

■ **2001-02 RECORD:** 21-6, 13-1

■ **TOP RETURNNEES:** G, Corey Collins, Sr.; G, Thomas DeCoud, Sr.; John Smith

■ **TOP NEWCOMERS:** Jabari Davis, Shyne Izzard

■ **KEY LOSSES:** G, John Chapple; F, Duran Davis; F, Dwayne Hoskin

■ **OUTLOOK:** The Spartans had a solid year last season, finishing as co-champions with Berkeley and going two rounds into the NCS Division I playoffs. To do so again this year, they will need to replace the big gaps left by the graduation of point guard John Chapple and center Duran Davis.

## Richmond

■ **HEAD COACH:** Rob Collins, first season

■ **2001-02 RECORD:** 6-12, 5-9

■ **TOP RETURNNEES:** F, Kimathi Harris, Jr.; G, Leonard Neal, Jr.; C, Tashaka Merrweather, Sr.; F, Camari DeArmon, Jr.; F, DeMarcus Hall, Jr.

■ **TOP NEWCOMERS:** None

■ **KEY LOSSES:** F, Mike Fountilla

■ **OUTLOOK:** Richmond is once again a young and developing team. However, there are few better coaches to groom such a team than Collins. Harris and DeArmon create a strong guard duo and Merrweather and Hall have improved down low.

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## ACCAL

FROM PAGE 1

did it in the best interest of the kids. We wanted to have a presence at the boys game to keep our kids under control if anything happened."

And nothing did. Robinson, who is also Richmond's campus fight supervisor, attended the game with a group that included Foust, an assistant coach and three security workers, and said they encountered no problems the entire evening.

"Nothing happened. The people at Berkeley were very nice to us," he said.

Although the Berkeley girls received an automatic win via forfeit, Yellow Jackets coach Gene Nakamura was displeased to see his team sitting idle for more than a week.

"I'm upset because it's punishing the girls and everybody," he said. "It's an anticlimactic decision."

Robinson voiced similar displeasure saying, "I wanted my

girls to get the experience of playing a championship team, but we didn't want to risk any of our girls' health. So I agreed with the principal in the end."

Foust was contacted but declined comment.

The Jan. 7 brawl began with taunting in the stands in the closing moments of the third quarter and spilled onto the court. Approximately 200 people were involved, leading to one arrest. No one was seriously injured.

In other news in the Alameda Contra Costa Athletic League, El Cerrito dispatched Hercules 84-76 in overtime last Friday to stay undefeated in league (2-0).

The Titans overcame a 74-62 deficit in the final 2:20 of regulation to knot the game at 74-74 and force the extra period. But El Cerrito, which is 3-0 in overtime games this season, went on a 10-2 run for the win.

Jerryck Owens-Murray led the scoring with a game-high 24 points, and Tida Davis added 18 points for the Gau-

chos. In addition, Russell Hady had a game-high 11 rebounds, five assists and steals to go with his 18 points.

For Hercules, Harry Robinson and John Winston also scored points each.

Pinole Valley also maintained an undefeated record with a 63-56 win over Encinal. Thomas DeCoud scored 12 of his 25 points in the fourth quarter to lead the Spartans. Brian Kindem led the Jets with 26 points.

**BOYS SOCCER:** All bounces went the Berkeley boys' way last Tuesday as the Yellow Jackets took a win over league rival De Anza to stay perfect at 5-0 in ACCAL.

The biggest bounce Berkeley came in the fourth minute when John Oliveria blasted a shot from 15 yards out that grazed a defender sailed past El Cerrito's goalkeeper Michael Gonzalez to the only goal.

## BSAL

FROM PAGE 1

faster than the old Bermuda grass (that was formerly used at Witter Field as of two years ago)," Shipp said. "If it's dewy (as in winter), the ball is going to pick up speed."

For the record, the Highlanders had goals from Hayley Lambert at 49 minutes and then another one from her at 60 minutes.

On Jan. 4, Piedmont defeated a tough Granada team at home 2-1. Robin Brown, with an assist by Alicia Sabuncuoglu, scored at 33 minutes and wiped out a 1-0 Matadors lead. Sabuncuoglu won

it with a goal from Whitney Temple late in the second half.

On the other hand, the new girl in town just might be St. Joseph Notre Dame. The Pilots improved to 5-0-1 overall and 1-0 in league play as of last Friday when they stomped Kennedy 7-1. Freshman Carla Jasso scored three goals and had two assists in the victory.

In girls basketball, Kennedy (15-1, 3-0 BSAL) overcame a big obstacle by defeating Salesian in Richmond on Tuesday night 56-53 to hand the Chieftains their first league loss. Marissa Holbert led Kennedy with 16 points, and Imani Dhahabu, the reigning BSAL Most Valuable Player for

Salesian, was held to four points.

In boys basketball, Salesian (1-1) handed Albany a league loss 65-61 on Tuesday as Jonathan Williams scored 33 points. The Titans (2-1) had previously defeated Kennedy and John Smith. Joseph Notre Dame's virtue of its 67-35 win over St. Elizabeth in Oakland last night, leads the Jets to the playoffs play host to Piedmont 0) tonight at 7. The Highlanders have never beaten St. Joseph's boys basketball.

Staff writer Mike McGowan contributed to this story.

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# Arts



**BILL MANN**  
Multimedia Notes

## Reader makes own lists

LAST WEEK, WE presented our annual list of Worst Local Media Personalities. As you may have noticed, I got a flurry of e-mail from readers — some complaining, most agreeing with my list. A few had their own selections. Oakland reader Mike Spencer had one of the better ones.

You are slipping," Spencer wrote. "You missed some obvious ones." I've added some comments to Spencer's selections below.

## Worst TALENTED TRAFFIC

**ANCHOR:** KTVU's Sal Castaneda. Spencer: "How did this guy turn mediocrity into a pay-off? He must have the negative someone in management."

"I like Sal. At first, Mike, I thought you were slipping, but I've come to realize that Castaneda serves as a straight man for the anchor and provides chemistry."

**ANCHOR:** "I think KTVU held him at the morgue to find a morning reporter Ted Borel. What does Brian Borel really add to the mix other than oil slick on his head?" I joke that Bann Miller.

On his way up on KCBS Radio, he was writing corporate press releases. I'd term his reporting as "but at least he's not an anchor."

Spencer also had unkind words about KTVU's preeminent anchor-reporter Julie Hare, then this nomination:

**WORST RADIO STATION:** KGO. Spencer: "Break out the bread and mayonnaise dishes, listeners." My comment: KGO gets my award for being local radio's Most Likely to Overlap station.

**WORST BORING TV/RADIO PERSONALITY:** Spencer: "Down, Pete Wilson, KGO. You can only feign outrage. His skill set is to open if he keeps furrow-brow. And what does he do for radio? Squat."

As it is painfully true that local personalities have about no business working in town, he proves the opposite to be true. Most days, con- sider it all Wilson's show out boring.

**WORST IMPRESSION OF RACISM HOST AS A HOUSEWIFE:** Robin Williams. "Whatever became of that woman?" Spencer

has problems with moderate politics, Mike, with his faux-egalitarianism that his guests read stupid mattress commu- nity Jennings, to his refusal to read his, and

how could you forget," he adds, "Terilyn Joe for tomatoes at the help- ing?"

Don't forget her, Mike. My thought, after being ousted from TV, she'll just go away and be equally unpleasant (Pete Wilson) and leave us alone.

**WORST SPORTS RADIO SHOW HOST:** The insufferable Ralph Barbieri (KNBR). Spencer: "He is so insecure he

that the fact he has an MBA from every show and that his 'big break' doing an about Bill Walton 42 years

ago must have very sore spots from carrying this has- ever was. And talk about his suck-up. Yuk." I totally

Barbieri is a sad case. Barbieri is a sad case.

**WORST BEST OF FAMER:** Barry, KNBR. Spencer: "Get

backing gig and get him to live. And can sports be put on the kibosh on the offshoot sportsbooks

incessant stream of erec- tions?"

See, Mike: Barry is as dull as a brick. Women looking for a high should really tune in through a number of pho- tographs spanning her life and 10-album career.

"People asked me, 'Why don't you have a songbook?'" said Lewis. She said she's always loved songbooks filled with "pic- tures and stuff," much like the late Kate Wolf's collection, and constructed her book with that in mind.

"I want it to be part retro- spective, part souvenir, and not just a dry presentation of the words and music," she said.

The "Earth & Sky" songbook



SUSANA MILMAN/CONTRIBUTED

THESSALY LERNER brings her one-woman comedy "Champion!" to LaVal's Subterranean Theater in Berkeley.

## Theaters take on politics, pioneers

A MEDIUM-SIZE movie screen hangs above the thrust stage at Berkeley Rep for the performance piece "The Distribution of Empathy," written and performed by Karen Finley. For 90 minutes, the running time of the uninterrupted show, the screen is filled with a moving jumble of sepia images of New York City — skyline, buildings, images, in-your-face closeups of people — seemingly shot with a not-too-steady video camera.

It is an apt setting for Finley's performance — fragmented verbal images suggesting the trauma and chaos of Sept. 11, 2001, told in splintered recollections, ranging over different times and places, voiced in tones from rant to conversational purr.

"The Distribution of Empathy" is supposed to address the emotional burden of New Yorkers following the attack on the World Trade Center. Its focus blurs, however, with such other areas of the narrator's life as childhood conflict, her father's death, affairs with writers Richard Brautigan and Charles Bukowski, and pregnancy with the latter's child.

Solo performance is a risky occupation, even with material unburdened by such recent and shattering reflections as those on Sept. 11. Triumph and failure are companions when one goes it alone.



**JACK TUCKER**  
Community Theater

"The Distribution of Empathy" embraces fully neither outcome. Even in its energetic shrillness, it has a tentative feel to it — as a work in progress, a search for wholeness not yet realized.

Performances continue at 8 p.m. tonight; 7 p.m. and 9:30 p.m. Saturday; and 7 p.m. Sunday, the final show.

General admission is \$30 tonight and Saturday and \$25 Sunday. Call 510-647-2949 for tickets and details. Berkeley Rep's Thrust Stage is at 2025 Addison St., Berkeley.

**"CHAMPION!":** Thessaly Lerner is bringing her one-woman comedy "Champion!" to LaVal's Subterranean Theater, 1834 Euclid Ave., Berkeley, for seven performances. The first two are Feb. 7 and 8. The show, which Lerner also wrote, continues Feb. 13, 14, 20, 21 and 22. Curtain time is 8 p.m.

Tickets are \$12 to \$20 on a sliding scale. For reservations — and they're always a good idea for LaVal's — call 415-789-8370.

Lerner is a Bay Area actress, director and producer who creates innovative comedic theatricals. Directed by Peter Nachtrieb, she debuted "Champion!" last year in San Francisco at Exit Theatre's 2002 DIVAfest.

Many solo performances are about a single character. Lerner's high-wire-act-without-a-net is about — well, let her take it from there: "maniacal cheerleaders, cutthroat child stars and the mommy-managers who made them battle for power and prestige."

All by one woman? Yep! **THEATREFIRST:** "Via Dolorosa," TheatreFIRST's regional premiere of David Hare's monologue about his conversations with leaders in Israel and the Palestinian territories, previews Thursday and opens Friday, Jan. 24, in the first of three locations. The role of Hare will be performed by Simon Vance, directed by Clive Chafer.

Opening performances will be at the Islamic Cultural Center of Northern California, 1433 Madison St., in downtown Oakland.

The show plays at 8 p.m. Thursdays, Fridays and Saturdays, and 3 p.m. Sunday through Feb. 1.

It then moves to the Berkeley Richmond Jewish Community Center at 1414 Walnut St. in Berkeley for performances Thursdays, Fridays and Sun-

days Feb. 2 through Feb. 16. Sunday performances at the Jewish center start at 3:30 p.m.

"Via Dolorosa" moves to San Francisco for concluding performances at A Traveling Jewish Theatre, 470 Florida St. (between 17th and Mariposa).

Tickets are \$16 Thursdays and Sundays; \$19 Fridays and Saturdays. Discounts are available for seniors, students and TBA members. Those under 25 always pay half price. Call 510-436-5085.

**YOUNG PERFORMERS:** Larkspur Cafe Theatre at 500 Magnolia Ave. in Larkspur is bringing back the "Young Performers" adaptation of "Quilters," which found such favor with audiences around Christ-

mas. Jan. 24 through Feb. 16, it will play at 7 p.m. Fridays and 1 p.m. Sundays. No performances are set Feb. 2 and 9.

Tickets are \$18 for general admission, and \$15 for seniors, students and children. A donation of \$1 for each ticket sold will be made to Marin Breast Cancer Watch.

Call 415-924-6107. Reservations are recommended.

"Quilters," a musical with a book by Molly Newman and Barbara Damashek, and music and lyrics by Damashek, is edited and directed by Kristine

See THEATER, Page C5

## Lewis talks muse, music in new book

By Brian Kluepfel  
CORRESPONDENT

It begins with an old manila folder, filled with notebook paper, bar napkins and other pocket flotsam. These are the seeds of Laurie Lewis' songs, which take days, months or even years to germinate.

An ink-stained receipt may blossom into a song of heart-broken love years later; a single line on a yellowed concert program might be just the thing for a tune seeking completion.

"A song can take anywhere from 20 minutes to five years to write," she said. "A book, now that's completely different!"

Berkeley's famous fiddler has been making music for more than three decades, and now has chosen to bring another part of her persona into the public eye. The publication of "Earth & Sky: The Laurie Lewis Songbook," reveals the inspiration behind her songwriting. It also offers a glimpse into the musician's life through a number of photographs spanning her life and 10-album career.

"People asked me, 'Why don't you have a songbook?'" said Lewis. She said she's always loved songbooks filled with "pictures and stuff," much like the late Kate Wolf's collection, and constructed her book with that in mind.

"I want it to be part retrospective, part souvenir, and not just a dry presentation of the words and music," she said.

The "Earth & Sky" songbook

## AUTHOR APPEARANCE

**WHAT:** Laurie Lewis discussing and performing selections (with guest musicians) from "Earth & Sky: The Laurie Lewis Songbook."

**WHERE:** Cody's Books, 2454 Telegraph Ave., Berkeley

**WHEN:** 7:30 p.m. Wednesday, Jan. 22

**TICKETS:** Free event.

**CALL:** 1-800-995-1180

was five years in the making. Originally slated for publication in conjunction with the 1997 Rounder Records compilation album of the same name, Lewis admitted, "life just got in the way!" Problems integrating computer programs for graphics and sheet music, the completion of a deceased friend's recording project, and the culling of photos all took time.

In "Earth & Sky," Lewis talks about opening herself stylistically to different ideas, from Norteno to Norwegian. While her sound is rooted in the idioms of bluegrass, folk and country, it would be an oversimplification to call it any one thing. Strains of jazz, and even the keening quality of the Celts, are conveyed through Lewis' voice and fiddle.

She finds inspiration in the inevitable ups and downs of human relationships, from the departing of lovers to the death of her grandmother, which is related in "The Light." Her kinship

with the natural environment is detailed in songs like "Maple's Lament," which mourns the loss of the tree that has been made into one of Lewis' fiddles. She wrote the song during some downtime at her now-defunct instrument store, empathizing with a piece of wood "bound so tight in wires, I have no room to grow/I am but a slave when my master draws the bow."

The song also shows Lewis' affinity for Irish music, a mournful drone drawn from the unique properties of the Norwegian hardingfelle, a fiddle with sympathetic strings inside its chamber, tuned to pick up the other instrument's vibrations.

Lewis spent part of her childhood in Michigan but has lived in Northern California so long — since 1959 — that it can't be ignored as a songwriting inspiration.

"Here Comes the Rain" is a post-draught celebration, while "The Hills of My Home" is an ode to Tilden Park. "My heart quickens when the Coast Range comes into view," said Lewis. (The photo on the book's cover and the CD of the same name show her reclining peacefully in the verdant spring grasses of Mount Tamalpais.)

While the book is a guide to anyone looking for a creative method, it's especially helpful to Lewis fans who want a compendium of her work. The 44 songs are indexed by first line, and noted for musicians with helpful hints on what fret the gui-



Musician Laurie Lewis

tar should be capoed, for instance. Lewis credits musical cohorts Daniel Steinberg, Scott Nygaard and Eric Crystal with helping her in this process.

"We wanted to show Laurie Lewis the writer, not just the bluegrass fiddler," said Lewis of the book project. She said getting an editor and publisher (coincidentally, Confluence Press of Lewis-Clark State College in Lewiston, Idaho) speeded up the process, brought to term in October of 2002 with the official publication.

Now that the book is finished, the muse that lives inside Laurie Lewis' old manila folder has been allowed to re-emerge. "The fact that it's finished has been really freeing — it leaves a lot of psychic energy," she said. Seven to 10 new songs have sprung to life, ready to record — and ready for the next songbook, many years down the line.

Brian Kluepfel is a freelance journalist who has lived in the 'burbs, the Bronx, Bolivia, and Berkeley. He can be reached at bkluepfel@hotmail.com.

## EVENTS

### STAGE

**BERKELEY REPERTORY THEATRE —** "The Distribution of Empathy" by Karen Finley, closing Jan. 19. Addressing the emotional burden of New Yorkers following their experiences of Sept. 11.

\$25 to \$30. Tuesday through Friday, 8 p.m.; Saturday, 7 p.m. and 9:30 p.m.; Sunday, 7 p.m. 2025 Addison St., Berkeley. 510-647-2949, 888-4BRTIX or www.berkeleyrep.org

**MASQUERS PLAYHOUSE —** "Pack of Lies," Jan. 17 through Feb. 22. Government agents use the Jackson family's home to watch for a suspect who mysteriously visits the neighborhood each weekend.

\$12. Friday and Saturday, 8 p.m. 105 Park Place, Richmond. 510-232-4031 or www.masquers.org

**THEATREFIRST —** "Via Dolorosa" by David Hare, Jan. 24 through Feb. 1. Hare visits with some of the extraordinary and influential people in Israel, the West Bank and Gaza to hear a wide range of perspectives about the conflict. \$16 to \$19. Thursday through Saturday, 8 p.m.; Sunday, 3:30 p.m. Berkeley Richmond Jewish Community Center, 1414 Walnut St., Berkeley 510-436-5085.

### POPULAR MUSIC

**BERKELEY RUSSIAN SCHOOL —** "Jazz Afternoon with Sergei Podobedov, Royal Hartigan and Paul Hanson," Jan. 19, 3 p.m. \$20 general; \$15 students and seniors. First Congregational Church, 1234 Channing Way, Berkeley. 415-255-9410 or www.berkeleyrussianschool.org

**BLAKE'S ON TELEGRAPH —** Ralph Woodson Trio, Atomic Blues, Jan. 17 \$5

Sol Americano, Thunderpussy, Jan. 18 \$8

Rich McCullay, Kid Moe, Jan. 19. \$4 Solemate, Jan. 24

Psychokinetics, Illa-Dapted, Feenorm Circle, Jan. 25. \$6

Noris, Kevin Beades Band, Jan. 26. \$3 Mondays: The Steve Gannon Band, Mz Dee, \$4

For ages 18 and older. Music at 9:30 p.m. 2367 Telegraph Ave., Berkeley. 510-848-0886

**CAL PERFORMANCES —** The Chieftans, Jan. 21, 8 p.m. \$36 to \$56 Diane Reeves, Jan. 23, 8 p.m. \$20 to \$42

Habit Koite and Bamada, Jan. 26, 7 p.m. \$18 to \$30

Zellerbach Hall, University of California, Bancroft Way and Telegraph Avenue, Berkeley. 510-642-9988 or www.calperfs.berkeley.edu

**FREIGHT AND SALVAGE —** Franco Morone, Jan. 17. \$15 to \$16.50

Darryl Henriques, Jan. 18. \$16.50 to \$17.50

Tom Paxton, Jan. 19. \$18.50 to \$19.50 Dan Bern, Jan. 21 and Jan. 22. \$15.50 to \$16.50

Steve Young, Jan. 23. \$15.50 to \$16.50 Susan Warner, Jan. 24. \$17.50 to \$18.50

Lou and Peter Berryman, Jan. 25. \$16.50 to \$17.50

Catfish Keith, Jan. 26. \$15.50 to \$16.50 Music starts at 8 p.m. 1111 Addison St., Berkeley. 510-548-1761 or 510-762-BASS or www.freightandsalvage.org

**OAKLAND JAZZ CHOIR —** "In the Name of Love: A Musical Tribute to Dr. Martin Luther King, Jr.," Jan. 19, 7:30 p.m. \$18 adults; \$15 seniors; \$10 children under 12. First Congregational Church of Oakland, 2501 Harrison St., Oakland. 866-468-3399 or www.ticketweb.com

**924 GILMAN STREET —** Under a Dying Sun, The Librarians, Pteradactyl, Second Opinion, Jan. 17

Pains of Sleep, Animosity, Embrace the End, All Shall Perish, Clearing Autumn Skies, Something Must Die, Jan. 18

Tribe 8, Gravy Train, Drag Dancers, King Cobra, Vega Lee's Apocalyptic, Confidant, Jan. 24

Groovie Ghoulies, Pansy Division, Subincision, Maurice's Little Bastard, Man Planet, Jan. 25

Mirah, The Haggard, The Kingdom, Jan. 26

Shows are \$5 unless otherwise noted. Friday and Saturday, 8 p.m.; Sunday, 5 p.m. 924 Gilman St., Berkeley. 510-525-9926

**STARRY PLOUGH PUB —** Rosin Coven, Evele Posch and Mahal, Moonrise, Jan. 17. \$7 to \$15.

Mark Gorden's Electric Pinata, Rube Waddell, Jan. 18. \$6

Jim Blanko, Art Hest, Jan. 23. 9:30 p.m. \$7

Tempest, Avalon Rising, Jan. 24. 9:30 p.m. \$10

KGB, The Phenomenons, Spinning Jennies, Jan. 25. 9:30 p.m. \$6

Sundays: The Starry Irish Music Session, Sliding scale

Mondays, Dance Class and Cello. Free. Free. For ages 21 and over unless otherwise noted. Sunday and Wednesday, 8 p.m.; Thursday, Friday and Saturday, 9:30 p.m. unless otherwise noted. 3101 Shattuck Ave., Berkeley. 510-841-2082

**TRADER VIC'S EMERYVILLE —** Jazz at 5 p.m. ongoing. With Claudio Medeiros and Carlos Oliveira. No cover. Monday-Thursday, 5 p.m. Trader Vic's Emeryville, 9 Anchor Drive, Emeryville. 510-663-3400

**YOSHIS —** 12th Annual Mark Hummel's Blues Harmonica Blowout 2003, Jan. 17 and Jan. 18

Jacqui Naylor, Jan. 19

McCoy Tyner with Bobby Hutcherson, Cecil McBee and Jack DeJohnette, Jan. 21 through Jan. 23

Sunday matinees are \$5 per child and \$10 per adult with one child. Shows are Monday through Saturday, 8 p.m. and 10 p.m.; Sunday, 2 p.m. and 8 p.m. unless otherwise noted. 510 Embarcadero West, Oakland. 510-238-9200 or www.yoshis.com or www.tickets.com

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## NOW PLAYING

Below are capsule reviews of movies playing at area theaters. The reviewers are Pat Craig, Randy Myers and Mary F. Pols. Times: Robert W. Butler and Chris Hewitt, Knight Ridder Newspapers; Glenn Lovell, San Jose Mercury News; Anthony Breznican, David Germain, Christy Lemire, Tim Molloy, Sheila Norman-Culp, Jocelyn Noveck, Ben Nukman, Malcolm Rittler and Matt Wolf, Associated Press; Bruce Westbrook, Houston Chronicle; Jan Stuart, Newsday; Stephen Holden, Dave Kehr, Elvis Mitchell, A.O. Scott and Lawrence Van Gelder, New York Times; Evan Henson, Valerie Kulkenski, Fred Shuster, Bob Strauss and Glenn Whipp, Los Angeles Daily News; Manohla Dargis, Kevin Thomas and Kenneth Turan, Los Angeles Times; Nicks Churnin, Gary Dowell, Charles Ealy, Tom Maurstad, Chris Vogner and Philip Wuntch, Dallas Morning News; Christopher Kelly and Robert Philpot, Fort Worth Star-Telegram; and Roger Moore, Orlando Sentinel; Joe Bialake, Sacramento Bee; Ann Hornaday and Stephen Hunter, Washington Post.

**"ABOUT SCHMIDT"** (PG-13): If you love Jack Nicholson, seeing Alexander Payne's ("Election") dark and rather mournful comedy should be high on your list. It features the actor in a state of mind in which we rarely see him: vulnerable, soul-searching and compromising in a way that ordinary people must often be. He is Nebraska Warren Schmidt, recently retired and widowed, and realizing how futile his life has been. Only one means to salvation: Stop his daughter (Hope Davis) from marrying a doofus waterbed salesman (Dermot Mulroney). — M. Pols. (R: language and brief nudity.) 2 hours, 4 minutes. A

**"ADAPTATION"**: This latest collaboration from director Spike Jonze and screenwriter Charlie Kaufman, the "Being John Malkovich" team, is a heady, happy jumble of thought and storytelling, an insane comic undertaking that ultimately coheres into a sane and breathtakingly creative film. Ostensibly, it's about adapting Susan Orlean's book, "The Orchid Thief," to film, with Nicolas Cage doing double duty as the tortured screenwriter and his more successful twin brother. Add to this Meryl Streep as the author, doing shockingly un-Streepian things, and an Oscar-worthy performance by Chris Cooper ("Lone Star"). — M. Pols.

## OPENING TODAY

**"BIG SHOT'S FUNERAL"** (PG-13)

A movie director (Donald Sutherland) develops a case of artistic block while directing a film in Beijing. He befriends a young Chinese cameraman who can't speak English. Misunderstandings ensue, along with comedy.

**"A GUY THING"** (PG-13)

Bridgroom (Jason Lee) wakes up the morning after his bachelor party and finds himself in bed with the bride's cousin (Julia Stiles). Ooops.

**"KANGAROO JACK"** (PG)

Two guys from Brooklyn encounter a kangaroo in the Australian outback while trying to deliver a package to an Aussie

mobster.

**"MORVERN CALLAR"** (NR)

After her boyfriend commits suicide, a Scottish supermarket clerk (Samantha Morton) puts her name on his novel and sends it to a publishing house.

**"NATIONAL SECURITY"** (PG-13)

Cocky LAPD cadet (Martin Lawrence) gets kicked out of the police academy and has to take a job as a security guard. Co-starring Steve Zahn.

**"P.S. YOUR CAT IS DEAD"** (NR)

Nothing is going right for aspiring actor Jimmy Zoole (Comedy Guttentberg) in this black comedy, so he decides to take out his rage on a burglar he catches robbing his apartment.

(R: language, sexuality, some drug use and violent images.) 1 hour, 52 minutes. A

**"ANALYZE THAT"**: After the box office success of 1999's comedy "Analyze This," a sequel reunites mobster Paul Vitti (Robert De Niro) and therapist Ben Sobel (Billy Crystal) was inevitable. Vitti feels being crazy to get out of jail and ends up in Sobel's care. As sequels go, this one isn't half bad. Still, it barely stirs from the recliner to throw us a plot and clings all-too-limely to the original's structure. But the rapport between De Niro and Crystal crystallizes. — M. Pols. (R: language, some sexual content.) 1 hour, 35 minutes. C+

**"ANTWONE FISHER"**: "Good Will Hunting" joins the Navy in this real-life story of a troubled but admirable young man who finds his better self with the help of the troubled but well-meaning psychiatrist he is ordered to see. It's formulaic and idealized, but there is real heart beneath this story's thick shelling of lost man-child sensitivity. The fact that the real Antwone Fisher wrote the screenplay and that first-time feature director Denzel Washington can marshal his troops just as well as he deploys his own prodigious acting talents contribute mightily to this pleasing result. — B. Strauss. (PG-13: language, violence, children in jeopardy.) 1 hour, 57 minutes. B

**"BOWLING FOR COLUMBINE"**: Just

hours before they killed a dozen classmates and a teacher at Columbine High School, Eric Harris and Dylan Klebold went bowling. Was there a connection? Is it logical to blame the sport or, for that matter, any single thing for America's violent nature? "Bowling for Columbine" doesn't have the answers, and really doesn't expect to find them. For documentary writer-director Michael Moore, the asking is what's important. — K. Turan. (R: some violent images and language.) 1 hour, 59 minutes. B

**"CATCH ME IF YOU CAN"**: Director Steven Spielberg has pulled off a neat feat, with two cool movies in one year. He's likely to get more praise for the darkly futuristic "Minority Report," but the pleasure is all ours in this fleet-footed treat, based on a true story. Leonardo DiCaprio plays Frank Abagnale Jr., who began his career as a con artist as a teen in the '60s. With Tom Hanks as the workaholic FBI man who pursues him through bogus identities as a doctor and Pan Am pilot. — M. Pols. (PG-13: sexual content and brief language.) 2 hours, 20 minutes. A-

**"CHICAGO"**: Why was it again that Hollywood stopped making movie musicals? Who decided we shouldn't leave a theater humming that catchy tune, fighting the urge to tap dance our way across the lobby? "Chicago" is the kind of uplifting, exhilarating movie that makes you ask these

questions. Vastly talented Renee Zellweger even manages to upstage diva Catherine Zeta-Jones in this tawdry tale, originally based on true-crime cases and later made into a Broadway musical. — M. Pols. (PG-13: sexual content and dialogue, violence and thematic elements.) 1 hour, 53 minutes. A

**"DERRIDA"**: A first-rate documentary about the life of French philosopher Jacques Derrida. The 70-year-old Derrida has been ranked with Marx and Freud as an influential 20th century figure, but you don't need a familiarity with his work to feel how tonic it is to experience the workings of a penetrating, piercingly analytical mind. Equally at home in English and French, Derrida is a masterful speaker, whether talking about the paradox of forgiveness in South Africa or why he would be interested in hearing the great

philosophers of the past talk about their sex lives. The only aspect of the film that is not successful is Amy Zierling Kotman reading lengthy excerpts of Derrida's work as voice-overs. — K. Turan. (NR) 1 hour, 25 minutes. A-

**"DIE ANOTHER DAY"**: The latest James Bond film starts strong with some tight action and clever Bond quips (look for "Saved by the bell," a classic). Bond is captured, thrown in a North Korean prison, then when he gains his release, accused of treason by M (Judi Dench). The movie fuzzies out in the home stretch, despite Pierce Brosnan's expert handling of the role and the appearance of Halle Berry as the latest Bond babe. — M. Pols. (PG-13: action violence and sexuality.) 2 hours, 12 minutes. B-

**"DRUMLINE"**: This is a youth-market movie that is warm, fuzzy and entertaining, even if it isn't very good. Devon (Nick Cannon), a wicked snare drummer from Harlem, gets recruited into the marching band at Atlanta A&T. A cocky city kid, Devon immediately butts heads with the fundamentalists-obsessed band director (Orlando Jones) and the ego-driven senior drummer (Leonard Roberts). But let's get to the scenes that hope to rouse the most emotional response: The drumming is fabulous, and it's a treat to watch small children in a movie theater bobbing up and down to organically made music. — C. Vogner. (PG-13: language, sexual innuendo.)

2 hours. C+

**"8 MILE"**: A handsome version of the old American show-business dream story we all know and love so well Eminem, displaying movie star charisma, stars as a character much like himself — a rapper who's trying to rise from a poor and rough background. We've seen this before — from "Saturday Night Fever" to "Flashdance" — yet "8 Mile" is so well made, you can't help but get carried along. — M. Pols. (R: strong language, sexuality, some violence and drug use.) 1 hour, 58 minutes. B

**"EMPIRE"**: An oft-told tale of drugs and power, with the inevitable rise and fall of a crime kingpin. This is a Latino version of a story that "The Godfather" told with Italians. Vic, played by John Leguizamo in full Al Pacino mode, is the thug with that special blend of street smarts, greed, opportunism and thirst for revenge. The movie is about the turf war between drug dealers, which it documents by piling on clichés — the misunderstandings that lead to blood baths, the petty feuds that start wars, the girlfriend who wants her man to go straight. All are given screen time in a production that rarely provides a good reason for us to want to see what happens next. — R. Moore. (R: strong violence, pervasive language, drug content and some sexuality.) 1 hour, 40 minutes. C-

**"FAR FROM HEAVEN"**: Perhaps only one filmmaker a year finds a new way to make our mouths hang open. This year, it is writer/director Todd Haynes, who bravely attacks our ennui with the last weapon we might have expected, a Douglas Sirk-style overwrought melodrama right out of the repressed 1950s, complete with a Technicolor palette and a cheesy musical score. Julianne Moore stars as a gracious Connecticut housewife who discovers that her loving husband (Dennis Quaid) is actually gay. A blast of air, albeit deliberately stagnant, up the skirts of the moviegoing public. — M. Pols. (PG-13: mature thematic elements, sexual content, brief violence and language.) 1 hour, 47 minutes. A

**"GANGS OF NEW YORK"**: For 30 years, Martin Scorsese has longed to take us back to the days when New York City was the dangerous home of warring immigrants. The director's passionate and laudable intent is to show young America at its most elemental, boiling over with bigotry and resentments, free of the idealistic gloss fiction often gives our history. It's unfortunate, then, that "Gangs" — based on a semi-journalistic cult book — never pulses with real life. Plenty of veins get sliced open, but there's no sense that the blood pouring forth actually comes from a human being. Daniel-Day Lewis steals the show as Bill the Butcher, head of

one gang, far outshining DiCaprio as leader of the Poles. (R: intense violence, nudity and language.) 2 1/2 minutes. B-

**"HARRY POTTER AND THE CHAMBER OF SECRETS"**: Keeping checking their watches, 15 minutes, director Chris Columbus second installment of J.K. Rowling's Harry Potter series is back, a few adults restless. So in session and dark forcing into Hogwarts, with ethnic cleansing of any witches who have Muggles. Witches like — shudder. Harry must save the world from a charming and well-crafted movie, with some spiffy effects, but less thrilling than the first. Not to mention the end. — M. Pols. (PG: some creature violence and language.) 2 hours, 40 minutes. B

**"THE HOT CHICK"**: The new in this movie, which is a cross-dressing formula used for centuries. Tom Cruise focuses on Jessica (Rachelle Lefevre), a perky, pop leader with a mean streak, who requires earnings with men and when she loses one, she is found by a thirtysomething (Rob Schneider). Over the rings cause the two to change bodies. — C. Strauss. (R: sexual content, drug references, crude humor.) 1 hour, 4 minutes. A

**"THE HOURS"**: Director Adaptation's film is based on a Prize-winning tribute to Virginia Woolf's 1941 suicide, her fiction resonates in the two women in the future. Moore and Meryl Streep, but Nicole Kidman is the per as Woolf. She's a woman with a fake nose, even darker than usual. — by the writer's mania. The convincing both as a general height of her craft, and as desperate to escape her own insanity. — M. Pols. (R: some thematic elements and images, brief language.) 53 minutes. A

**"JUST MARRIED"**: Asmodeus plays Tom Leezak, a gynecologist class young man trying to heart of a rich girl named Murphy (Marilyn). The movie is a snooty family. The movie is the breakup of Tom and the riage — and then flashbacks the story of how they fell in love. It's a jerry-built steersman — any dramatic tears steals from other, better. Once Tom and Sarah see honeymoon, the film picks

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## FRIDAY MOVIE LISTINGS

## Showtimes for Friday January 17

## Alameda County

**Act 1 and 2**  
2128 Center Street, Berkeley 510-643-3456  
●Bowling for Columbine (R) 1:30, 4:15, 7, 9:30  
●Talk to Her (R) 1:45, 4:30, 7:15, 10.

## Albany Twin

1115 Solano Ave Albany 510-843-3456  
●The Pianist (R) 10:45, 1:45, 5, 8:15  
●Rabbit-Proof Fence 11:30, 2, 4:30, 7, 9:15

## AMC Bay Street 16

5614 Shellmound St., Emeryville 510-457-4262  
●25th Hour 12:30, 1:30, 3:30, 4:30, 7, 8, 10, 11  
●Adaptation (R) 12:10, 2:50, 5:25, 8:05, 10:45  
●Antwone Fisher 12:35, 3:20, 6:10, 8:50, 11:25  
●Catch Me If You Can (PG-13) 12:20, 1:50, 4, 5, 7:10, 8:10, 10:20, 11:20  
●Chicago (PG-13) 12:15, 1:15, 2:15, 4:15, 5:15, 6:15, 7:15, 8:15, 10:15, 11:05  
●Die Another Day (PG-13) 3, 9  
●Gangs of New York (R) 12:15, 3:45, 6:15, 7:25, 8:45, 11  
●The Hours (PG-13) 12, 2:45, 5:30, 8:15, 10:55  
●The Lord of the Rings: The Two Towers (PG-13) 12, 1, 2:30, 3:45, 4:45, 6:30, 7:30, 9, 10:30  
●Two Weeks Notice 12:35, 3, 5:25, 7:50, 10:15  
●Wild Thornberrys Movie 12:05, 2:10, 4:10

## California Theatre

2113 Kenedy St., Berkeley 510-843-3456  
●26th Hour (R) 1, 3:55, 5, 7, 8, 9:45  
●About Schmidt (R) 1:15, 4:10, 7:15, 9:55  
●Spirited Away (PG) 2

## Chabot Space &amp; Science Center

10000 Skyline Blvd, Oakland 510-336-7300  
●The Human Body (NR) 11:30, 2:30, 4:30, 8:30  
●The Living Sea (Not Rated) 3:30, 5:30  
●Mysteries of Egypt (Not Rated) 12:30  
●To Be an Astronaut (Not Rated) 10:30

## Elmwood 3

2966 College Ave., Berkeley 510-649-0530  
●Mostly Martha (PG) 5, 9  
●Punch-Drunk Love (R) 4:55, 9:15  
●Rivers and Tides (Not Rated) 5:10, 7:15, 9:15  
●Standing in the Shadows of Motown (PG) 7  
●Tully (Not Rated) 7:05

## Fine Arts Cinema

2451 Shattuck Ave., Berkeley 510-848-1143  
●American Movie (Not Rated) 8:35  
●The Smallest Show On Earth (Not Rated) 7

## Renaissance Grand Lake

3200 Grand Ave., Oakland 510-452-3556  
●About Schmidt (R) 1, 4:15, 7, 9:45  
●Catch Me If You Can 12:15, 3:15, 6:30, 9:30  
●The Lord of the Rings (PG-13) 12, 4, 7:45  
●Two Weeks Notice 11:45, 2:15, 4:35, 7:15, 9:15  
●Jack London Stadium  
100 Washington St., Oakland 510-433-1320  
●Antwone Fisher 11:15, 2, 4:40, 7:25, 10:15  
●Catch Me If You Can 12, 3:15, 6:30, 9:30, 9:45  
●Chicago (PG-13) 10:50, 1:30, 4:10, 6:50, 9:35  
●A Guy Thing (PG-13) 11:30, 1:55, 4:20, 7, 9:30  
●The Hours 11:05, 1:45, 4:30, 7:15, 9:55  
●Just Married 11:30, 1:50, 4:15, 7:30, 9:50  
●Kangaroo Jack 11, 1:10, 3:25, 5:40, 7:55, 10:10  
●The Lord of the Rings: The Two Towers (PG-13) 10:55, 2:40, 6:25, 10:20  
●National Security (PG-13) 11:10, 1:25,

3:40, 5:55, 8:10, 10:25

## Renaissance Oaks Theatre

1675 Solano Avenue, Berkeley 510-526-1636  
●Gangs of New York (R) 7:15  
●Kangaroo Jack (PG) 7, 9

## Parkway Theater

1834 Park Blvd., Oakland 510-814-2400  
●Die Another Day (PG-13) 9:45  
●Frida (R) 6:30, 9:15  
●My Big Fat Greek Wedding (PG) 7

## Piedmont Theatre

4186 Piedmont Ave., Oakland 510-843-3456  
●Adaptation (R) 11:50, 2:20, 4:50, 7:30, 10  
●Bowling for Columbine (R) 11:30, 2, 4:30, 7:10, 9:40  
●Talk to Her (R) 11:40, 2:10, 4:40, 7:20, 9:50

## Shattuck Cinemas

2230 Shattuck Ave., Berkeley 510-843-3456  
●Adaptation (R) 1:15, 4, 7:10, 9:50  
●Catch Me If You Can (PG-13) 12:30, 3:30, 6:30, 9:35  
●Die Another Day (PG-13) 12:10, 4:40, 9:15  
●El Crimen del Padre Amaro (R) 12:05, 5:05, 10  
●Far from Heaven (PG-13) 2:15, 6:50  
●Frida (R) 1, 3:40, 6:45, 9:20  
●The Hours (PG-13) 12, 1:40, 2:40, 4:15, 5:15, 7, 8:15, 9:40  
●Morvern Callar (NR) 12:25, 2:45, 5, 7:20, 9:55  
●My Big Fat Greek Wedding (PG) 2:50, 7:45  
●Nicholas Nickleby (PG) 12:45, 3:45, 6:40, 9:30  
●P.S. Your Cat is Dead (Not Rated) 12:15, 2:30, 4:45, 7:05, 9:25

## United Artists Berkeley 7

2274 Shattuck Ave., Berkeley 510-843-1487  
●Antwone Fisher (PG-13) 12:40, 3:40, 7, 9:50  
●Chicago (PG-13) 12:15, 2:55, 5:35, 8:15, 10:55  
●A Guy Thing (PG-13) 12:10, 2:50, 5:20, 7:50, 10:40  
●Just Married (PG-13) 12:30, 3, 7:10, 10  
●The Lord of the Rings: The Two Towers (PG-13) 12, 4, 8  
●Narc (R) 12, 2:45, 5:30, 8:15, 10:50  
●National Security (PG-13) 12:20, 2:40, 5:10, 7:40, 10:10

## United Artists Emery Bay 10

6330 Christie, Emeryville 510-420-0107  
●About Schmidt (R) 10:45, 12:30, 3:45, 7, 9:45  
●Drumline (PG-13) 11:45, 2:15, 5, 7:45  
●A Guy Thing (PG-13) 12:10, 2:40, 5:10, 7:40, 10:10  
●Harry Potter and the Chamber of Secrets (PG) 11:55, 3:20  
●Just Married (PG-13) 11:50, 2:20, 5:50, 7:20, 9:50, 10:20  
●Kangaroo Jack (PG) 12:45, 3, 5:30, 6:45, 8, 9:15, 10:30  
●Maid in Manhattan (PG-13) 2:45, 5:15, 7:45, 10:15  
●Narc (R) 12, 2:30, 5, 7:30, 10  
●National Security (PG-13) 12, 1, 2:15, 3:15, 4:45, 5:45, 7:15, 8:15, 9:45, 10:45

## Central Contra Costa

## Renaissance Orinda Theatre

4 Orinda Theatre Sq., Orinda 925-254-0060  
●Catch Me If You Can (PG-13) 7  
●Gangs of New York (R) 7:30  
●The Lord of the Rings: The Two Towers (PG-13) 7:45

## Renaissance Park Theatre

3519 Golden Gate Way, Lafayette 925-283-7997  
●Chicago (PG-13) 7, 9:30

## Rheem Theatre

350 Park St., Moraga 925-988-3411  
●About Schmidt (R) 4:15, 7, 9:35

●Just Married (PG-13) 4:45, 7:30, 9:40

●Kangaroo Jack (PG) 5, 7:45, 9:45

●Two Weeks Notice (PG-13) 4:30, 7:15, 9:30

## West Contra Costa

## Century 16 Hilltop

3200 Klose Way, Richmond 510-758-2345  
●Antwone Fisher (PG-13) 11:35, 2:15, 5, 7:50, 10:30  
●Catch Me If You Can (PG-13) 12:20, 3:30, 6:55, 10:20  
●Chicago (PG-13) 11:30, 2:20, 5:05, 7:35, 10:05  
●Drumline (PG-13) 11:25, 2, 4:35, 7:15, 10  
●Gangs of New York (R) 11:35, 3:05, 6:50, 10:10  
●A Guy Thing (PG-13) 12:10, 2:30, 5, 7:20, 9:40  
●Harry Potter and the Chamber of Secrets (PG) 6:55, 10:15  
●Just Married (PG-13) 12:55, 3:10, 5:25, 7:45, 9:15, 10:10  
●Kangaroo Jack (PG) 11:30, 12:35, 1:40, 2:45, 3:50, 4:55, 6, 7:10, 8:05, 10:25  
●The Lord of the Rings: The Two Towers (PG-13) 12:15, 4:05, 7:55  
●Maid in Manhattan (PG-13) 11:40, 2:25, 4:50, 7:20, 9:50  
●Narc (R) 11:45, 2:15, 4:55, 7:30, 9:55  
●National Security (PG-13) 11:25, 12:30, 1:30, 2:40, 3:40, 4:50, 5:50, 7, 8, 9:25, 10:15  
●Two Weeks Notice (PG-13) 11:45, 2:20, 4:40, 7:25, 9:55  
●The Wild Thornberrys Movie (PG) 2:35, 4:45

## AMC Van Ness 14

1000 Van Ness Ave., 415-922-4282  
●25th Hour (R) 1:05, 4:05, 7:10, 10:10  
●About Schmidt (R) 2:15, 5:10, 8:05, 10:50  
●Adaptation (R) 2:30, 5:05, 7:50, 10:35  
●Antwone Fisher (PG-13) 1:15, 4:25, 7:05, 9:55  
●Catch Me If You Can (PG-13) 1:10, 4, 7:20, 10:30  
●Gangs of New York (R) 1, 4:30, 8  
●A Guy Thing (PG-13) 1:40, 5:15, 7:50, 10:20  
●The Hours (PG-13) 1:55, 5, 7:45, 10:35  
●Just Married (PG-13) 2, 5:25, 8:20, 10:50  
●Kangaroo Jack (PG) 1:35, 5:10, 7:30, 9:50, 12:10  
●The Lord of the Rings: The Two Towers (PG-13) 1, 4:45, 8:30  
●Narc (R) 1:45, 5:45, 8:15, 10:45  
●National Security (PG-13) 2:20, 4:40, 7, 9:20, 11:40  
●Two Weeks Notice (PG-13) 2:10, 6, 8:25, 10:55

## AMC Kabuki 8

1881 Post Street, San Francisco 415-931-9800  
●Antwone Fisher (PG-13) 1, 4:20, 7:50, 10:40  
●Catch Me If You Can (PG-13) 12:40, 4, 7:10, 10:20  
●Gangs of New York (R) 12:50, 4:30, 8:15  
●A Guy Thing (PG-13) 1:30, 4:50, 7:30, 10  
●Just Married (PG-13) 1:40, 5, 8, 10:30  
●Kangaroo Jack (PG) 1:20, 4:10, 7, 9:40  
●National Security (PG-13) 1:50, 5:10, 7:40, 10:10  
●Two Weeks Notice (PG-13) 1:10, 4:35, 7:20, 9:50

## Bridge Theatre

3010 Garry Blvd, San Francisco 415-352-0818  
●Nicholas Nickleby (PG) 1, 3:55, 7, 9:55

## Castro Theatre

429 Castro St., San Francisco 415-621-6120  
●Dark Passage (Not Rated) 9:10  
●The Maltese Falcon (Not Rated) 7

## Clay Theatre

2261 Filmore Street, San Francisco 415-352-0810  
●The Pianist (R) 11:30, 3, 6:30, 10

## Embarcadero Center Cinema

1 Embarcadero Center, San Francisco 415-352-0810

●Bowling for Columbine (R) 12, 2:30, 5:05, 7:40, 10:15

●Far from Heaven (PG-13) 1:30, 4:10, 7:20, 9:50

●Rabbit-Proof Fence (PG) 12:30, 2:40, 5, 7:10, 9:20

●Talk to Her (R) 12:10, 1, 2:50, 4, 5:15, 7, 9:40, 10:10

## Lumiere Theatre

1572 California St., San Francisco 415-352-0810  
●El Crimen del Padre Amaro 1:30, 4, 6:45, 9:15  
●Frida (R) 1:15, 4:15, 7, 9:45  
●Morvern Callar (Not Rated) 12:15, 2:30, 4:45, 7:15, 9:30

## Opera Plaza Cinema

601 Van Ness Blvd, San Francisco 415-352-0810  
●Derrida (Not Rated) 12:30, 2:50, 5:15, 7:30, 9:40  
●P.S. Your Cat is Dead (Not Rated) 12, 2:20, 4:40, 7, 9:30  
●Personal Velocity (R) 12:15, 2:35, 5, 7:15, 9:30  
●Real Women Have Curves (PG-13) 12:45, 3:05, 5:30, 7:45, 9:50

## The Red Vic Theatre

1277 Haight, San Francisco 415-668-3994  
●Dancer in the Dark (R) 7, 9:50



# 's the shadows over limelight for Young

By Andrew Gilbert  
CORRESPONDENT

Whatever their musical sins, Eagles deserve credit for lighting the work of some great songwriters. The quintennial mid-'70s West Coast was the first to cover a tune fellow Southern Californian Waits ("Ol' 55"). And in an prescient move, the band recorded a definitive version of "Seven Bridges Road," a song he vastly underappreciated songwriter Steve Young. It's easy to see why the Eagles did gravitate toward Young's music. Born in northern Georgia, raised in the Appalachian hills of Alabama, Young was of the visionary late-'60s Southern California country rock surrounding Gram Parsons, the Eagles spun into FM the following decade. While Young famously flamed out after a stint in the Byrds and the Burrito Brothers, attain- ing legendary status after his death by overdose, Young continued to forge a rootsy, ranging version of what he called Cosmic American music, doggedly maintaining his identity while creating a body of revered by fellow musi- cians including Dave Alvin and Les Williams.

For critics have said that great tragedy that this guy made it, but really I'm the one created that," says Young in his home in Echo Park, a

## PREVIEW

- **WHO:** Steve Young
- **WHEN:** 8 p.m. Thursday
- **WHERE:** Freight & Salvage, 1111 Addison St., Berkeley
- **HOW MUCH:** \$15.50
- **CONTACT:** 510-548-1761, www.thefreight.org

neighborhood just north of downtown Los Angeles. He performs Thursday at the Freight & Salvage. "There's a part of me that's apparently very reluctant to be seen too much, even if I could be," Young continues. "At this point, I just kind of accept it. I think I just have more of a writer's nature. I think some part of me likes to be obscure, and I've certainly achieved that."

## Plenty of renditions

His relative anonymity has persisted despite the efforts of numerous musicians who have recorded his songs. Besides the gorgeous a cappella rendition on the Eagles "Live" album, "Seven Bridges Road" has been covered memorably by Joan Baez, Dolly Parton and Rita Coolidge. Waylon Jennings turned Young's "Lonesome, Ormry and Mean" into his outlaw theme song, and Hank Williams Jr. scored a hit with Young's classic "Montgomery in the Rain."

Though his music is steeped in the sounds he heard growing up

in Alabama and the steamy, industrial city of Beaumont, Texas, Young was always something of a misfit in the South. "I think some of this comes way back in the subconscious from my father, who was a kind of unconventional character," Young says. "He was part Native American, and I think some of it can be attributed to that. It wasn't that he grew up in Indian culture at all; he just grew up on the fringes of society, classified more or less as a poor white man. But I think he did see things a little differently."

As a young musician starting out in rough Texas juke joints, Young feels that his guitar skills probably saved him from several beatings. Heading to New York in 1963, he spent a few months kicking around the burgeoning Greenwich Village folk scene. By 1964, he had settled in Los Angeles, working for the post office while befriending aspiring musicians such as Stephen Stills and Van Dyke Parks.

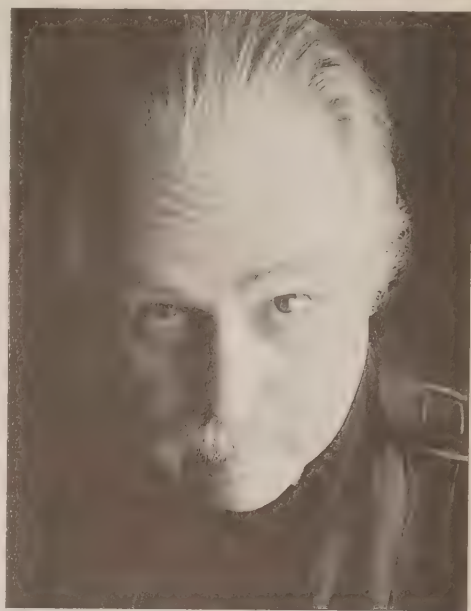
## Musical map

He made his recording debut in 1968 with the psychedelic folk band Stone Country, but it was his classic solo session for A&M the following year, "Rock Salt & Nails," that put him on the musical map. Parsons had recognized a kindred spirit in his fellow Georgia native and joined Young in the studio, making a guest appearance on the album along with the Byrds' Chris Hill-

man and Gene Clark. Following in the footsteps of the Parsons-dominated Byrds session "Sweetheart of the Rodeo," Young's album helped define the protean country rock movement. "Gram and the Burrito Brothers had just finished up 'The Gilded Palace of Sin' in the old A&M studio, and we started recording my album there," Young says. "He heard some of it and really liked it and wanted to be involved. He was very supportive of me, and wanted to encourage me to step out. I was always a little bit of a reclusive guy, and I think he was encouraging me to come out more into the scene. He was very kind in that sense."

Young spent several years in the early '70s living in the Bay Area, mostly in Marin, where he and his former wife founded the San Anselmo guitar store Amazing Grace Music. Never a prolific artist, Young has recorded a dozen critically acclaimed albums showcasing his stark, poetic songs and astonishing guitar picking, including 1975's "Honky Tonk Man" and 1978's "No Place to Fall." His last album, 1998's "Primal Young" (Appleseed Recordings), is a meditation on the deep Celtic current in American music.

"My new stuff I'm working on is more set in the West, more influenced by New Mexico and California," Young says. "Primal Young" does get back to the beginnings of the music that made



**DESPITE HIS TALENT,** Steve Young has always opted to keep an extremely low profile.

an impression on me when I was a little kid. Where I was, it was mostly black and white forms of music, from gospel and Delta blues to mountain and Celtic music, and sometimes the lines were really blurred. Especially in that day, the music of the South was-

n't all homogenized and commercialized. There were still real roots of it left on the surface. There were a lot of street singers, and I was always fascinated by them. I'd watch them play until my grandmother would drag me down the street."

## Events

PAGE C3

## MUSICAL MUSIC

### KEY SYMPHONY ORCHESTRA

Nagano conducting, Jan. 18, 7:30 p.m. A program of works by J.S. Bach, Unsuk Chin, Beethoven and Sir Andr  .

Free lecture and Dinner, 5:30-7:30 p.m. Via Centro, Berkeley.

General: \$10 students. Roda

2015 Addison St., Berkeley.

2800 or www.berkeleysym-

PHARMACIES — Tokyo String

Jan. 19, 3 p.m. Guest artists:

Walther, viola; Max Levin-

g. A performance of Brahms'

Quintet in G major, Op. 111.

Piano Quintet in F minor, Op.

2, Op. 34. Hall, University of California,

Way and Telegraph Avenue,

510-842-9988 or

berks.berkeley.edu.

MUSIC SUNDAYS — Jan.

p.m. A program of works by

Mendelssohn and McFar-

lan. \$14 students and seniors;

\$7 children under 18. St. John's Pres-

biterian Church, 2727 College Ave.,

Berkeley, 415-584-5946.

CROWDEN SCHOOL AND CENTER

FOR MUSIC IN THE COMMUNITY —

"Colin Hampton Memorial Concert,"

Jan. 28, 4 p.m. A family-friendly con-

cert featuring works by Tchaikovsky,

Bocherini and Hampton. Guest

artists: Bonnie Hampton, cello; Ben-

jamin Simon, viola; Ian Swenson, vi-

olin.

\$10 general; free for children 18 and

under. 1475 Rose St., Berkeley. 510-

559-6910 or

www.thecrowdenschool.org.

FOUR SEASONS CONCERTS — Hilda

Harris, mezzo-soprano, Benjamin

Matthews, bass-baritone, Wayne

Sanders, piano, Jan. 18, 7:30 p.m.

\$25 to \$35. Calvin Simmons Theatre, 10

Tenth St., Oakland. 415-392-4400 or

www.fourseasonsconcerts.com.

OAKLAND EAST BAY SYMPHONY —

Michael Morgan conducting, Jan. 24,

8 p.m. A program of works by

Schreker, Tchaikovsky, Saint Saens

and Cuban jazz composer Omar

Sosa.

Pre-performance talk, 7:05 p.m.

\$20 to \$55. Paramount Theatre, 2025

Broadway, Oakland. 510-625-9497.

TRINITY CHAMBER CONCERTS —

Robert Ballis, clarinet, Jan. 18, 8 p.m.

Guest artists: Roy Zajac, clarinet;

Skye Altman, piano; Karen Hall, so-

prano. A program of works by

Brahms, Weber, Osborne, Poulenc

and Bialoski.

\$12 general; \$8 seniors and students.

Trinity Chapel, 2320 Dana St., Berke-

ley. 510-549-3864.

DANCE

CAL PERFORMANCES — Aeros.

through Jan. 19. The dance and gym-

naest troupe from Romania features

over 20 athletes from the Romanian

Gymnastics Federation

\$20 to \$40. Thursday, 11 a.m.

schooling show; Friday, 8 p.m.; Sat-

urday, 2 p.m. and 8 p.m.; Sunday, 3

p.m. Zellerbach Hall, University of Cal-

ifornia, Bancroft Way and Telegraph

Avenue, Berkeley. 510-642-9988 or

www.calperfs.berkeley.edu.

EAGLES HALL ZYDECO CAJUN

DANCES — Dance lesson, 8 p.m.;

concert and dance, 9 p.m. \$11 to \$13.

2305 Alameda Ave., Alameda. 415-285-

6285 or ddesdome.home.mind-

spring.com/Eagles/content-

eagles.html.

STARRY PLOUGH PUB — "Dance

Class & Celi," Mondays, 7 p.m. Traditional

Irish music and dance.

"The Starry Session," Sundays, 8 p.m.

Irish traditional music and song led by

Shay Black. Sliding scale.

For age 21 and over. Dance lesson at 7

p.m.; music at 9 p.m. 3101 Shattuck

Ave., Berkeley. 510-841-2082

## OUTDOOR

BUTTERFLY TOURS — Saturdays,

through Feb. 8, at 11 a.m., 1 p.m. and

2:30 p.m. Tour the monarch butterfly

nesting grounds with instructional

talks

Free. Meet at Mulford-Marina Library,

13699 Aurora Dr., San Leandro. 510-

577-6085.

CRAB COVE VISITOR CENTER —

CLOSED FOR WINTER

Free unless noted otherwise. Registra-

tion required. 1252 McKay Ave.,

Alameda. 510-521-6887.

DUNSMUIR HOUSE AND GARDENS

HISTORIC ESTATE — Nestled in the

Oakland hills, the 40-acre Dunsmuir

House and Gardens estate includes

the 37-room Neoclassical Revival

Dunsmuir mansion, built by coal and

lumber baron Alexander Dunsmuir for

his bride. Restored outbuildings set

amid landscaped gardens surround

the mansion

Tours of the Mansion, Wednesday, 11

a.m. to noon. Docents will lead vis-

itors on a guided tour of the 37-room

mansion and the estate's historic

landscaping. Wear low-heeled shoes:

no high heels allowed in the mansion

\$5 general; \$4 seniors, free children

age 13 and under.

GROUNDS — The 50 acres of gardens

and grounds at the mansion are open

to the public. Free Self-Guided

Grounds Tour maps are available at

Dinkelspiel House, Tuesday through

Friday, 10 a.m. to 4 p.m. Free.

Dunsmuir House and Gardens Historic

Estate, 2960 Peralta Oaks Court, Oak-

land 925-275-9490 or 510-615-5555

or www.dunsmuir.org.

EAST BAY REGIONAL PARK DIS-

TRICT — Free unless otherwise

noted. Call for location of events

2950 Peralta Oaks Court, Oakland

510-635-0135 or www.ebparks.org

KENNEDY GROVE REGIONAL

RECREATION AREA — The 95-acre

park contains picnic areas, horseshoe

pits and volleyball courts among its

growing of aromatic eucalyptus trees

\$4 parking. Through September, daily,

8 a.m. to 8 p.m. San Pablo Dam Road,

El Sobrante. 510-223-7840 or

www.ebparks.org.

OAKLAND ZOO — The zoo includes a

Children's Petting Zoo, the Skyride, a

miniature train, a carousel, picnic

grounds and a gift shop as well as the

animals in site-specific exhibits, which

See EVENTS, Page C6

## Views

PAGE C4

Ut, even at its best, it's only

young. — C. Kelly. (PG-13:

ent, crude humor, drug

use.) 1 hour, 35 minutes. C-

THE KING: IMAX: The Dis-

tributed classic comes to the

screen, but since every-

one, it who will go? Still, it's

brighter than ever, and the

film is a knockout, especially

in the arrangements of Elton

positions. — R. Butler. (G) 1

minutes. B

OF THE RINGS: THE

ADVENTURES: The second instal-

ment Peter Jackson's big-ap-

erature of J.R.R. Tolkien's

world is as intoxicating as last

year's. Jackson expertly

gathers three distinct jour-

neys as his centerpiece

in which Tolkien devoted only

so pages — the battle to

win the Deep. It's a fantastic

piece of the most thrilling battle

ever filmed. The special ef-

fects, notably the computer-

created Gollum (voice and

by Andy Serkis) are nifty,

fortunate exception of the

look a bit too much like

— M. Pols. (PG-13: epic

scenes and scary images.)

4 minutes. A-

MANHATTAN: One of

the funniest comedies where it

is one lover will turn to the

one point and say with

belief, "Is this true?" Hard

luck, though, when our

hisa's (Jennifer Lopez) big

at she's a hotel maid, an

clever and ambitious ser-

vice employee, instead of a

one. The deluded object of

his is blue-blood politician

in Flennex, whose most

feature is the love he dis-

gards. As Cinderella sto-

ry one has his charms —

his sassy as Chris's cam-

erage is among them — but

Wang lets it collapse

at heap at the end. — M.

school teacher, falls for her, too.

Vardalos and Corbett together are

likable enough to make this more toler-

able than the average romantic

comedy. — C. Lemire. (PG: sensuality

and language.) 1 hour, 35 minutes. C+

"NARC": Executive producer Tom

Cruise loved this movie, calling it

"fresh" and "exhilarating." But don't

believe the hype. In writer/director

Joe Carnahan's film, Jason Patric

plays Nick, a disgraced undercover</



## NEW YORK TIMES MAGAZINE CROSSWORD PUZZLE

HALF AND HALF BY PATRICK BERRY / EDITED BY WILL SHORTZ

## ACROSS

- 1 Fluffy accessory  
4 San Antonio landmark  
9 Military org., with the motto "Per ardua ad astra"  
13 Intensified, as sound  
18 Telephone man  
19 Second part  
20 First name in jazz  
21 Thomas of 1960's 70's TV  
22 Like some adapters  
23 It makes your face red  
24 High time?  
25 "The results..."  
26 First part  
28 President who won a Nobel Peace Prize  
29 When most people retire  
30 For example  
31 First part  
33 Second part  
35 Hard drive needs?  
37 Simplifies  
39 Chop \_\_\_\_  
40 Earth sci.  
41 Pays attention  
42 Occurring every other leap year, say  
45 "ho!"

For any done answers, call for a touch-tone phone, 1-800-285-5656 \$1.50 each minute.

## DOWN

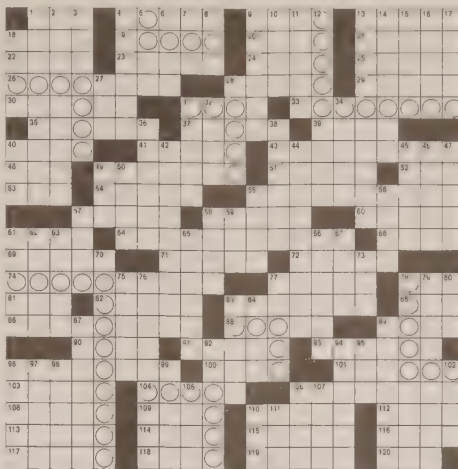
- 49 Redeys  
51 Diamond and Simon  
52 Telephoto lens user, maybe  
53 Patriotic org.  
54 Violet of many colors  
55 Time magazine called him "The Texan Who Conquered Russia"  
57 Rapidity  
58 Monastery sound  
60 Like most store-bought clothing  
61 Up in the air  
64 Blend of two parts  
68 Dodge  
69 Window hider  
71 Take-home for Bowser  
72 Expensive violin, for short  
74 First part  
77 Band leader's call  
78 Rte. that'll cost you  
81 Two-time loser to D.D.E.  
82 Cornice bracket  
83 Philosophical theory first advanced by Leucippus and Democritus  
85 Amber, e.g.  
86 Eric the Red explored it  
88 First part  
89 Planner's problem

## 90 New \_\_\_\_

- 91 Suffix with land or sea  
92 Service lines?  
96 Built up  
100 Scott Turow's first book  
101 Second part  
103 R. J. Reynolds brand  
104 First part  
106 Vine with large flower clusters  
108 Early calculators  
109 Tributary of the Seine  
110 Popular "jam band"  
112 Harrow blade  
113 Closet eaters  
114 Decamped  
115 Jiggly comestible  
116 Some soldiers  
117 Fall of winter  
118 Skin  
119 Piece of candy  
120 "Indubitably"

## 9 Change the identity of

- 10 Dummkopf  
11 "Half \_\_\_\_ is better than none"  
12 First part  
13 Helper who takes dictation  
14 Noed Andy Warhol subject  
15 Ragd rival  
16 Diplomat Root  
17 List of house rules, maybe  
18 Trousers, slangily  
27 Fond du \_\_\_\_ Wis.  
28 Second part  
31 Like morning news people  
32 Toothed tool  
34 Union general at Shiloh  
36 Literally, "way of the gods"  
38 Voiced  
40 Ob \_\_\_\_  
42 Claim  
44 Hundredth of a lira  
45 Axiom developer  
46 \_\_\_\_ ski  
47 Old "Hollywood Squares" celeb  
49 F.D.R. creation of 1935  
50 Door securer  
55 Rooftop sight  
56 Country singer  
57 It's hard to live up to



- 58 "Follow us!"  
59 Dynasty after the Ch'in  
61 Convention  
62 Less controlled  
63 F on a test paper  
65 Low-risk investment choice  
66 Habituals  
67 "Mila 18" author

- 70 Second part  
73 Distributor of reptiles  
75 Entrance  
76 Cowed  
77 Second part  
78 First part  
79 Displays consult them  
80 Beer holder  
83 Appliance company in Iowa

- 84 Drink heavily  
87 Outgla  
89 In the foreseeable future  
92 Second part  
94 Result  
95 Tract  
96 "1776" role  
97 Old programming language

- 98 Farmer's market container  
99 It turns a bit  
102 Fair \_\_\_\_ (Civil War battle site)  
105 On a brig  
106 Truck  
107 "Survivor" setting  
110 What to wear while out?  
111 Hack

## Events

FROM PAGE C5

allow them to roam freely. Included are "The African Savanna" with its two huge mixed-animal aviaries and 11 African Savanna exhibits; the Mahali Pa Tembo (Place of the Elephant) with African lions, giraffes, chimpanzees

and more than 330 other animals from around the world; "Simba Pori," Swahili for "Lion Country," a spacious 1.5-acre habitat offering both a savanna and woodland setting for African lions; "Footprints from the Past," an anthropology exhibit showcasing 4 million years of human evolution and an actual "footpath" of the first hominids to emerge from the African savanna; "Sun Bear Exhibit," a

state-of-the-art space the zoo has developed for its two sun bears; and Siangam Island, a state-of-the-art, barrier-free area that emulates the gibbons' native tropical rain forest habitat.

\$7.50 general; \$4.50 seniors and children age 2 to 14; free children under age 2; \$3 parking fee. Daily, 10 a.m. to 4 p.m. Knowledge Park, 9777 Golf Links Road exit off Interstate Highway 580, Oakland. 510-632-9525 or www.oaklandzoo.org.

**USS POTOMAC** — Visit the 165-foot presidential yacht USS Potomac, called the "Floating White House" when it was refurbished at the beginning of World War II for use by President Franklin Delano Roosevelt. The yacht has been restored to its World War II splendor and visitors may tour the ship or take scheduled cruises Docksides Tours, ongoing. Tours of the Potomac at the dock are approximately 45 minutes. Tours canceled when weather is bad and the decks are too slippery to be safe; call ahead if the weather is rainy. Wednesday and Friday, 10 a.m. to 1:15 p.m.; Sunday, noon to 3:15 p.m.; \$3 general; \$2 seniors; \$1 youths ages 6 to 17; free children under age 6; \$5 family rate for two adults and children.

**USS Potomac:** FDR Pier, Foot of Clay Street, northwest end of Jack London Square, Oakland. Potomac Visitor Center: 540 Water St., Oakland. 510-839-8256 or www.usspotomac.org.

**REI BERKELEY** — A series of lectures on hikes and outdoor equipment. "Snowshoeing Essentials," Jan. 22. Introducing you to the gear essential for safe winter travel.

"Backpacking the Diablo Trail," Jan. 23. An evening of slides and information on backpacking the newly completed multi-use 30-mile long trail. 1338 San Pablo Ave., Berkeley. 510-527-4140.

**REDWOOD REGIONAL PARK** — \$4 for parking. 7861 Redwood Road, Oak-

land. 510-636-1684 or www.ebparks.org.

**ROBERTS REGIONAL RECREATION AREA** — Within the park's 52 acres are a heated outdoor pool, bathhouse, playing fields, picnic areas and hiking and riding trails. Sea captains once took their bearings from a towering redwood tree on Blossom Rock here.

Free. Skyline Boulevard, 1/2 mile north of Joaquin Miller Road, Oakland. 510-521-6887 or www.ebparks.org.

**ROBERT SIBBLE VOLCANIC REGIONAL PRESERVE** — East Bay residents have several volcanoes in their backyard. This park contains Round Top, one of the highest peaks in the Oakland Hills.

Free. 6800 Skyline Blvd., Oakland. 510-521-6887 or www.ebparks.org.

**UC BERKELEY BOTANICAL GARDEN** — ongoing. The gardens have displays of exotic and native plants.

"East Bay Bees," Jan. 25, 2 p.m. to 4 p.m. Learn about the kinds of plants you need in your garden to attract native pollinators. Free with admission.

**TOURS** — Botanical Garden Tours, Thursday, Saturday and Sunday, 1:30 p.m. Meet at the Tour Orientation Center for a free docent tour.

\$3 general; \$2 seniors; \$1 children; free

See EVENTS, Page C7



## Gotta have harp

**BLUES LEGEND JAMES COTTON** is the guest star at the 12th annual Blues Harmonica Blowout, coming this weekend to Yoshi's. The concert, organized by East Bay musician Mark Hummel, also features such stalwarts as Paul Delany, Dave Barrett and more. The Blues Harmonica Blowout is 8 and 10 tonight and Saturday at Yoshi's, 510 Embarcadero West, Oakland. Saturday's early show is sold out. Tickets are \$30. Contact 510-238-9200, www.yoshis.com.

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## THE DINING GUIDE

Legend: \$ rating is average dinner entrée price

AE.....American Express	\$.....Entrées under \$7
CB.....Carte Blanche	\$5.....\$7-\$14
DC.....Diners Club	\$6.....\$15-\$20
DIS.....Discover Card	\$7.....\$20+
MC.....MasterCard	
VS.....Visa	FB.....Full Bar
AC.....All Cards accepted	RR.....Reservations recommended
CA.....Checks accepted	W.....Wheelchair access

## Sergio's Trattoria

3299 College Ave., Oakland (510) 655-2569

Dining is only part of what makes Sergio's such a outstanding restaurant. The waiters always take time to chat with patrons and help determine personal tastes and food preferences - extra garlic, light but spicy decadent. Regular patrons trust the waiter's choice and don't even look at the menu. Seafood, pasta, chicken, meat, even wild boar are featured; plus creative daily specials (with gourmet descriptions). Wild game a specialty - wild boar, antelope, elk. Every weekend they feature crab cioppino. The food tastes good because it's made with extra amore. Newly decorated, Sergio's is lovelier than ever. Whether you dine inside or in the heated outdoor patio, it's an intimate setting with easy listening Italian background music. VS, MC, \$

## Cesare's Fine Italian Cuisine

2520 Mountain Blvd., Oakland (510) 531-9400

Cesare's is one of Oakland's elegant Italian restaurants located in the Oakland East Bay Hills. Dine in the relaxing atmosphere with a fireplace and beautiful fountains in the gardens viewed by each table. The owners, Oscar & Doris, are in their 5th year of service and take great pride in offering specialties such as tender Veal Scallopini, Veal Parmigiana, Italian Pot Roast and Homemade Cannelloni Alta Romana. They offer a full bar that opens at 4:00 p.m. and banquet facilities. Reservations recommended. VS MC AE \$

## Speisekammer

2424 Lincoln Ave., Alameda (510) 522-1300

www.speisekammer.com Handicap accessible! There is a word in the German language that has no counterpart in English: Gemütlichkeit. It connotes a combination of comfort, friendship, and the general sentiment of being completely at ease with yourself and your surroundings. The atmosphere at Speisekammer is Gemütlich. Owners, Peter and Cindy Kahl, present German food that is good for the soul. Wiener Schnitzel, Sauerbraten, Bratwurst are among the favorites. Specials change daily and include seasonal salads as well as fresh seafood. The beer is German, the cocktails are distinctly American and the wine list has some of both. Large tables make it a great place for large groups. Speisekammer - A German Restaurant.

## Pier 29 Waterfront Restaurant

300 - 29th Avenue, Oakland (510) 261-1621

Good food, friendly service, and comfortable atmosphere describe Pier 29 Waterfront Restaurant. For over 30 years the restaurant has been located adjacent to the Park Street Bridge overlooking the Alameda/Oakland estuary. The "Pier" offers an extensive menu featuring fresh seafood, angus New York steak, prime rib, pasta, teriyaki ribs, daily specials, and much more. The theme in the kitchen is "good homestyle cooking." Brunch is served on weekends from 9 a.m. - 3 p.m. and the popular earlybird menu is featured daily. Every table has a view of the water and there is plenty of free parking. The Pier is open 7 days a week, Mon. - Fri. 11 a.m. - 10 p.m., Sat. & Sun. 9 a.m. - 10 p.m. Bar Hours: Mon. - Thu. 11 a.m. - 11 p.m., Fri. - Sat.

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510-522-1300

2424 LINCOLN AVE ALAMEDA

speisekammer.com



nts

PAGE C6

ay, Through Sept. 2: Daily, 9 p.m.; closed the first Tuesday month for maintenance. Garden, 200 Centennial Mile 510-643-2755 or [berkeby.edu.garden](mailto:berkeby.edu.garden)

**WILDCAT CANYON REGIONAL PARK** — Free. Contra Costa County north of El Cerrito. 510-636-1684 or [www.ebparks.org](http://www.ebparks.org)

**EXHIBITS**

**EAST BAY WOMEN ARTISTS** — "Continuous Beginnings," through March 30. An exhibition of paintings, photography, etching, mixed media and basketry by various artists.

Free. Royal Ground Gallery, 2058 Mountain Blvd., Oakland. 510-339-0348.

**HALL OF PIONEERS GALLERY** — "Oakland Chinatown Pioneers," ongoing. Twelve showcases each focusing on historic leaders and personalities of the community.

Free. Monday through Friday, 10 a.m. to 3 p.m. Chinese Garden Building, 275 Seventh St., Oakland. 510-530-4590.

**HERITAGE SQUARE BUILDING** — "New Works from Emerging Artists," Jan. 19 through March 1. An exhibition of works by various artists. On view at Bucci's Restaurant, Monday through Friday, 7 a.m. to 9:30 p.m., and Heritage Square Building, Monday through Friday, 8 a.m. to 6 p.m. "Surface Matters," through Feb. 8. An exhibition of paintings by 13 Bay Area artists.

Reception, Jan. 19, noon to 4 p.m. Free. Monday through Sunday, 8 a.m. to 6 p.m. 6121 Hollis St., Emeryville 510-524-6754

**GENERAL**

**CHABOT SPACE AND SCIENCE CENTER** — A state-of-the-art facility unifying all science education activities around astronomy.

**ASK JEEVES PLANETARIUM** — Featuring one of the most advanced star projectors in the world. "Sky Quest," opening Jan. 25. A young woman's quest to find her special place in the night sky.

"Destiny of the Stars," through March 30. The lives stars unfold before us in the winter sky, from star birth and star death, including a final look at the fate of our own sun.

"Wonders of the Milky Way," ongoing.

This tour of the Milky Way Galaxy, beginning with its formation billions of years ago, surveys the wonders discovered by modern astronomy.

"The Sky Tonight," ongoing. A look at the current stars, constellations, and planets, the Andromeda Galaxy, and the Milky Way. Friday and Saturday, 7:30 p.m.

\$8.75 general; \$6.50 seniors and children ages 12 and under.

**TEN MEGADOME SCIENCE THEATER** — A 70-foot dome-screen auditorium. Showtimes subject to change. CALL FOR CURRENT SHOW SCHEDULE.

\$8.75 general; \$6.50 seniors and children ages 12 and under.

**OBSERVATORY COMPLEX** — Explore the night sky with refractor telescopes. Friday and Saturday, 7 p.m. to 10 p.m. Free.

\$8 general; \$5.50 seniors and youths age 4 to 12; free children age 3 and under; free for all on the first Wednesday of the month; free weekends for telescope viewing only. \$4 parking Tuesday through Thursday, 10 a.m. to 3 p.m.; Friday and Saturday, 10 a.m. to 7:30 p.m.; Sunday, 10 a.m. to 5 p.m. 10000 Skyline Blvd., Oakland 510-336-7300 or [www.chabotspace.org](http://www.chabotspace.org)

**CODY'S BOOKSTORES — TELEGRAPH AVENUE** — Po Bronson, Jan. 17. The author discusses "What Should I Do With My Life?"

Laurie Lewis, Jan. 22. The author discusses "Earth and Sky: The Laurie Lewis Songbook."

Roberta Johnson, Jan. 23. The author discusses "Whistleblowing."

Christopher Hitchens, Jan. 24. The author talks about "Why Orwell Matters."

**POETRY AT CODY'S** — 7:30 p.m. at Telegraph Avenue. Tony Barnstone and Caley O'Dwyer, Jan. 19.

Alice Jones and Cole Swenson, Jan. 26. 2454 Telegraph Ave. 510-845-7852. Free. Readings at 7:30 p.m. unless noted otherwise. Berkeley.

**LAWRENCE HALL OF SCIENCE — EXHIBITS** — "Math Rules!" ongoing exhibit. A math exhibit of hands-on problem-solving stations, each with a different mathematical challenge.

Make mathematical ice-cream cones, use blocks to build three-dimensional structures, make dodecagon pies from a variety of mathematical shapes and stretch mathematical thinking.

"Within the Human Brain," ongoing installation. Visitors test their cranial nerves, play skeeball, master mazes, match musical tones and construct stories inside a simulated "rat cage" of learning experiments.

"1492: Two Worlds of Science," ongoing exhibit. Explore European and Native American science and technology at the time of Columbus's voyage, through activities with number systems, navigation tools, map making, computer games and a replica of the rocking deck of the Nina.

"Gravity Wall," ongoing. Create your own vertical maze by inserting plastic cards into a slotted wall and then drop a ball from the top to the bottom.

"Math Around the World," ongoing. Enjoy math with a multicultural perspective.

**HOLT PLANETARIUM** — Programs recommended for age 8 and up; children under 6 will not be admitted. \$2 in addition to regular museum admission.

Saturday, Sunday and holidays. "Journey to the Moon." Take an imaginary trip to the moon and learn about its changing shapes. For ages 4 and up. 1 p.m.

"Saving the Night." Not too many years ago, people living in the heart of cities could look up and see thousands of stars in the night sky. Today, light pol-

See EVENTS, Page C9

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- New in West Contra Costa Co.
- Family Co-op
- Small school
- Enrolling 6<sup>th</sup> - 8<sup>th</sup> for Fall 2003
- Application deadline - Feb 14
- Open house Thursday, Jan. 23rd

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Estate in  
the East  
Bay  
by Marc  
Guay

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A real estate professional brings potential buyers to look at your home. Gleeefully, you open the door to them and troop around behind them, offering to answer any questions they may have. The buyers nod pleasantly at you but seem reoccupied and rushed. They walk directly to your family room, take a quick look, shake their heads at their real estate agent, and say, "Let's see the next one."

Ouch! You may be wondering what is wrong with this agent. Most likely, nothing whatsoever is wrong with the agent. The buyers probably placed a very high priority on finding a family room they can fit their entertainment center or grand piano or home office, into, or some such problem.

Save yourself the anguish. Don't join buyers when they look at your home. Let the real estate professional do her or his job. Your presence generally keep buyers from reacting frankly to what they see and asking the questions whose answers might result in the sale of your home.

Put out cookies. Make sure the house smells good, looks bright, feels inviting. Then invite yourself out the door until the prospective buyers are through with their inspection of your home. Need more ideas? Just call Marc at 280-2103 and visit his web site at [www.marcguay.com](http://www.marcguay.com).

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# PUBLIC NOTIFICATION

## 20 Legal Notice

FILED  
January 08, 2003  
STEPHEN J. WEIR

[illegible]

**Estate of  
GRACE DAISY BAKER**  
**GRACE DAISY NELSON**  
**CASE #852801**  
NOTICE IS GIVEN THAT Joseph Nelson, Petitioner, Administrator, Estate of Grace Daisy Baker, aka Grace Daisy Nelson has filed petition to determine entitlement to distribution of the estate. Notice of proposed action for report of sale and petition for order confirming sale of the estate's interest in real property commonly known

LE NO. 2002-9875  
FICTITIOUS BUSINESS  
NAME STATEMENT  
The name of the business  
JUNIE NAE'S NATURALS  
located at 220 Lakeshore Ct.,  
In Richmond, CA. 94804  
this business is hereby  
registered by the following  
owner(s)  
Lanae T Corcoran  
220 Lakeshore Ct.  
Richmond, CA. 94804  
this business is conducted  
by an individual  
Lanae T Corcoran

003  
DECEMBER 17, 2002  
STEPHEN L. WEIR  
County Clerk  
CONTRA COSTA COUNTY  
By M. CAUGHREAN  
Deputy  
FILE NO 2002-9878  
FICTITIOUS BUSINESS  
NAME STATEMENT  
The name of the business  
JSETHIS.NET is located at  
106 Lillian Drive in Concord,  
California, Ca. 94521  
this business is hereby

The fictitious business  
 name or names listed  
 above on December 01  
 2002  
 Expires December 01  
 2002  
 Legal The Journal #1113  
 Publish January 3, 10, 17  
 24, 2003

FILE  
 DECEMBER 17, 2003  
 STEPHEN L. WEINER  
 County Clerk  
 CONTRA COSTA COUNTY  
 By B. THOMAS  
 Deputy

FILE NO. 2002-0884

by: an individual  
/s/ Timothy C. DeBenedictis  
This statement was filed  
with the County Clerk  
Contra Costa on date indi-  
cated by file stamp above.  
The registrant commenced  
to transact business under  
the fictitious business  
name or names listed  
above on December 31,  
2002.  
Expires December 31, 2003.  
Legal The Journal #1121  
Publish January 10, 17, 24,  
31, 2003

Pleasant Hill CA. 94523  
This business is conducted  
by: an individual  
/s/ Don Newcomer  
This statement was filed  
with the County Clerk  
Contra Costa on date in-  
dicated by file stamp above.  
The registrant commences  
to transact business un-  
der the fictitious business  
name or names listed  
above on January 08, 2003.  
Expires January 08, 2004.  
Legal The Journal #1122  
Publish January 17, 24,  
February 7, 2003

2535 Downer St.  
Pinole, CA 94564  
This business is conducted by husband and wife  
/s/ Timothy Hamp  
This statement was filed with the County Clerk  
Contra Costa on date indicated by file stamp above.  
The registrant committed to transact business under the fictitious business name or names listed above on December 2, 2002.  
Expires December 2, 2002  
Legal The Journal

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 24 2009

## Searching for savings



# Classified



## ents

## PAGE C7

anywhere and there are only a few left where the night sky is open in all its glory. Learn how to "save the night sky."

**Stars Tonight.** Using a simple star chart, learn to identify the most important constellations for the season. Planetary sky. For ages 8 and up. 7:30 p.m.

**Stargazing.** For seniors, students, and youth ages 7 to 18; \$3.50. Ages 3 to 5; free children age 5 and under. Daily, 10 a.m. to 5 p.m. 1000 University of California Drive, Berkeley. 510-642-5132 or [berkeley.edu](http://www.berkeley.edu)

## MUSEUMS

**AMERICAN MUSEUM AND GALLERY.** "Golden Road to Freedom: African Legacy in California, 1800-1900." Ongoing. An exhibit focusing on the role that people of African descent played in later expeditions and settlements before the state of California.

**Oakland Senior Citizen Oral History Project.** Ongoing. This visual exhibit captures the history of West Oakland's senior residents. There are 51 black-and-white photographs and recorded interviews, including ones by Dr. Ruth Beckford, Anzures, and Alonzo Fields.

**MUSEUM OF ARTS.** A museumizing in the art and history. The collection, which

was on display in the museum's Jack London Village branch, has been incorporated with the material in the 14th Street Victorian Museum building, the site of the original museum. Free admission; \$2 guided tour. Monday through Saturday, 11 a.m. to 6 p.m. 1034 14th St., Oakland. 510-763-0141.

**MAGNES MUSEUM.** "Hidden in the Walls: The Time Capsule from San Francisco's Lost Sanctuary," through Feb. 16. Inspired by a recent discovery of a time capsule, the exhibition reveals the untold story of a pioneer congregation and the spirit of a changing city.

"Stephanie Snyder: Hamakon (The Place)," through Feb. 16. A mixed-media installation examining the intersection of sacred space, religious practice and historical memory.

"Sharing the Screen: Israelis and Palestinians in the San Francisco Jewish Film Festival," through Feb. 16. A cinematic exhibition featuring a dozen film excerpts exploring Jewish-Arab and Israeli-Palestinian themes.

**SECOND SUNDAYS.** A series of programs that begin at 2 p.m. Free with museum admission.

Feb. 9: Panel Discussion: The Architecture of Jewish Sacred Spaces.

**\$4 adults; \$3 students and seniors; children under 12 free.** Monday through Thursday, noon to 5 p.m.; Sunday, 10 a.m. to 5 p.m. 2911 Russell St., Berkeley. 415-591-8800 or [www.magnesium.org](http://www.magnesium.org)

**MILLS COLLEGE ART MUSEUM.** "California Paintings 1910 to 1940," Jan. 21 through March 6. Featuring 40 paintings by California artists including Maynard Dixon, Maurice Braun, Joseph Raphael and Ann Brauer.

"Subtle Sight," Jan. 21 through March 6. An exhibition of site specific interventions by contemporary artists including Stephanie Syjuco, Greg Niemeyer, Trevor Phelan, Talia Konkle, Tina Wolfe, Tomas Vaneck and Chris Sollars.

"Many Roads: 150 Years of Mills College," Jan. 21 through March 6. An exhibition organized by the staff.

"Desolation Sound: Bhaskar Krag," Jan. 21 through Feb. 2. An exhibition of watercolors inspired by the landscape of Desolation Sound, British Columbia.

Free. Tuesday, Thursday-Saturday, 11 a.m. to 4 p.m.; Wednesday, 11 a.m. to 7:30 p.m.; Sunday, 1 p.m. to 4 p.m. 5000 MacArthur Blvd., Oakland. 510-430-2164 or [www.mills.edu/MCAM/mcam.home.htm](http://www.mills.edu/MCAM/mcam.home.htm)

**OAKLAND MUSEUM OF CALIFORNIA.** "Quizzical Eye: The Personal Photography of Ronal Partridge," Jan. 18 through June 22. An exhibition of 100 photographs, including photo cubes, collages, mixed media works and a reconstruction of his darkroom.

"Arte Latino: Treasures from the Smithsonian American Art Museum," closing Jan. 28. Sixty-six paintings, sculptures and photographs highlighting Latino art from across the United States.

**SPECIAL EVENTS.** Free with museum admission unless noted otherwise.

"Family Explorations! Lunar New Year: Celebrate the Year of the Sheep," Jan. 19, noon to 4 p.m. Featuring lion dancers, Korean Women Drummers, a Tae Kwon Do demonstration, Vietnamese and Tibetan dancers, storytelling, cooking demonstrations, a marketplace and craft activities.

"Online Museum," Thursdays, 1 p.m. to 4 p.m. Explore the museum's collection on videodisks in the History Department Library.

**DAYTRIP TOURS.** Docent Gallery Tours, Saturday and Sunday, 1:30 p.m.

**Art à la Carte.** Ongoing. Art docents offer a variety of specialized tours focusing on one aspect of the museum's permanent collection. Wednesday, 12:30 p.m. Free with museum admission.

**\$6 general; \$4 seniors and students; free children age 5 and under; second Sundays are free to all.** Wednesday through Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m.; first Friday of the month, 10 a.m. to 9 p.m. 1000 Oak St., Oakland. 888-OAK-MUSE or [www.museumca.org](http://www.museumca.org)

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**Friday, Feb. 7 (5:30-9:30 PM)**  
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**Saturday, Feb. 8 (9:30 AM-1:00 PM)**  
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Panasonic CT36D31 stereo 36" remote control TV with impressive picture quality  
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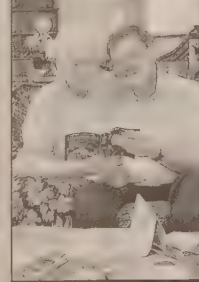


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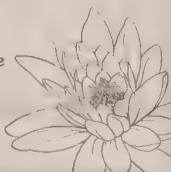
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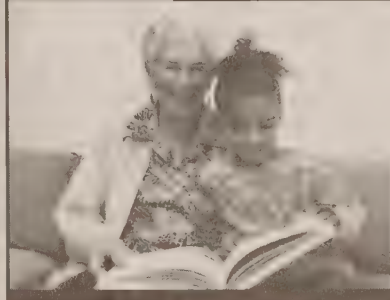
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# Auto Plus

Friday supplement to The Montclarion, The Piedmonter, The Berkeley Voice, The Journal, The Alameda Journal

Friday, January 17, 2003

Section D

## Classic Classics: '54 Dodge truck with Hemi V8 still going strong [D4]

**NICHELLE KREBS**  
Freewheeling

### Centennial celebration for June

MOTOR MATTERS

It's a scene in the Broadway "Auntie Mame," in which Mame (Fey) is down in the mouth. Life is a mess. Instead of wallowing in their misfortune, the characters rejuvenate themselves by celebrating Christmas in July. And a Little Christmas, they sing.

Just couple years have passed for Ford — the Firestormer fiasco, losses to the \$5 billion, an ousted CEO, and a new management team. And seemingly constant production problems have plagued the company. It needs a little Christmas. It has one for five days in January when it turns 100 years old. Only 16 companies in the world today have passed the mark.

More than most other businesses, Ford has shaped the way we work and get around. On Jan. 1903, Henry Ford, incorporated Ford Motor Company. In 1908, Ford introduced the Model T, the first mass-produced car, which resulted in quick and efficient production.

Ford also introduced the eight-hour day and \$5-per-day minimum wage — double the prevailing wages and lower-cost cars. It was possible for workers to own the Model T cars they were driving in the middle class on

Freewheeling, Page D4



MITSUBISHI has designed its 2004 Endeavor crossover to look like a real SUV, but it is built on a car platform for a smooth ride. It also has all the creature comforts inside.

## Mitsubishi rolls out 2004 mid-size Endeavor crossover

MOTOR MATTERS

It's January 2003. Who would be one of the first automakers to introduce a 2004 vehicle? One of the most aggressive manufacturers in the marketplace today — Mitsubishi.

I recently had the opportunity to test-drive the 2004 Mitsubishi Endeavor — a mid-size "crossover vehicle" — which is set to go on sale in the first quarter.

After a day of both interstate highway driving and on secondary roadways of mountainous, twisty climbing and descending, I con-

cluded that the all-new Endeavor will be a huge people-pleaser.

The Endeavor, a blend of sport utility vehicle styling and car-based ride and handling, was developed as an idea several years ago when the automaker began studying and predicting how driver trends would shift in the SUV market.

It is no secret that 90 percent of the SUVs on the roadway never leave the paved highway.

Most drivers don't want the harsh ride of a truck, which is the platform many of the original SUVs were built on. With the 2004 En-

**CONNIE KEANE**  
Keane on Wheels

deavor, drivers get the look of an SUV with the comfort of a sedan.

Mitsubishi did a great job styling the Endeavor, as this all-new vehicle is positioned between the automaker's two other truck-based sport utilities — the Montero Sport and the flagship Montero.

The Endeavor successfully accomplishes the art of disguise; from

roof rails to tires, from front bumper to rear tailgate, this 5,000-pound-plus, 190-inch-long crossover looks like a bona fide SUV.

But it is built on a car platform, the car chassis Mitsubishi will use to build its new Galant, Eclipse and Eclipse Spyder.

The overall exterior styling of the Endeavor is dominated by a theme of aggressive presence. The entire front section of the vehicle is thick with bold bumpers, a pronounced nose and sporty grille, as well as a wide, purposeful stance.

The 17-inch wheels and tires are

visually enhanced by the large, cutout wheel arches. None of this commanding appearance hints at what's inside the Endeavor: comfort, comfort, comfort.

Mitsubishi designers were generous in using high-grade materials to present its newest model as an upscale, five-passenger vehicle.

The automaker points out that softer padded materials — for arm and elbow contact, for instance — were used throughout the Endeavor.

See KEANE, Page D3

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## Flash2Pass sheds new light on the garage door opener

MOTOR MATTERS

A couple of years ago, the remote controls for my garage door opener stopped working. After several calls to the manufacturer, it was apparent that the only solution was to buy a new system.

Call me lazy; call me cheap, but the new system never got installed. After all, I could still push the button inside the garage to open the door.

However, when I heard about a new product called, Flash2Pass, I got excited. That's because this product requires no remote controls.

Flash2Pass eliminates all the past hassles of garage door openers with a double flash of your vehicle's headlight. Also, there are no batteries to replace because Flash2Pass gets its power from the car battery.

Here's how it works: The Flash2Pass line consists of a patented radio frequency transmitter and corresponding receiver. Both are designed to work as a set to replace the remote system of any garage door/gate opener made since 1982.

The digital signal uses code-hopping technology for greater security.

The transmitter is operated via the vehicle's flash-to-pass feature commonly found on the turn signal stalk.

Flashing the high beam headlights once energizes the transmitter, and a second flash sends the signal to open the garage door.

If the second flash is not received within the predetermined time, the unit resets to neutral.

The components are simply installed in the car and in the garage. The transmitter case is resistant to water, heat, and vibration with simple non-polarized two-wire installation under the hood.

The small receiver is installed by disconnecting the two wires from the push button in the garage and reconnecting them to the Flash2Pass receiver. The receiver is then mounted on the wall.

**GARY MC COY**  
Aftermarket Reports

The transmitter/receiver set comes matched from the factory, but up to seven transmitters are easily added. Additional receivers are available as well.

My only complaint about the system: one has to be very precise when pausing between flashes. A couple of times the system simply didn't work for me.

Chris de Janasz, the president of FTP Electronics and the inventor of Flash2Pass, admits, "You have to be deliberate when using the technology." He is working on an upgraded system that will respond faster.

He hopes a new and improved version of Flash2Pass will be just as simple and quick as double-clicking a mouse on your computer.

A Flash2Pass unit sells for \$99 and can be ordered directly from the company by calling 866-249-7427 or by visiting [www.f2pelectronics.com](http://www.f2pelectronics.com).

Motorcyclists can go to any Harley Davidson to obtain the product. Harley Davidson has the exclusive license for the motorcycle market.

### Automatic tailgate

JSC Engineering Inc. introduced Droptail at the recent SEMA show in Las Vegas. It is a computer-controlled tailgate that automatically opens and closes based on vehicle speed.

It also can be selectively held in any position using an RF key chain remote control.

The microprocessor automatically opens the tailgate 40 degrees for best aerodynamics at highway speeds and then closes it before your truck comes to a stop, improving mileage and performance.

Droptail currently fits late-model F-150, Silverado and C/K Fleetside pickups. Other models will be available soon.



**FLASH2PASS** lets drivers open garage door from the car using the turn signal, right. It uses a patented radio frequency transmitter and receiver.

The company says installation requires two to three hours, with only a moderate skill level and common household tools. Everything else is provided in the complete kit.

Droptail sells for \$489, plus shipping and handling. To order, contact JSC Engineering Inc. at 877-707-TAIL or visit [www.droptail.com](http://www.droptail.com).

### Hot windshields

For those of us who live in colder climates, every year is a battle with old man winter.

One of the greatest challenges is keeping our windshields clear of snow and ice. A "hot" new product may help solve the problem.

HotShot, manufactured by Microheat, is the world's first effective and automated heated washer unit for windshields of automobiles, trucks, buses and other motor vehicles.

The system rapidly heats washer fluid on demand without relying on engine heat. At the touch of a button, drivers can quickly and effectively remove ice, snow, and frost. The company explains that HotShot works well in warm climates, too.

It cleans and clears road dirt and oil, wax, insect grime, tree sap, bird droppings.

It also eliminates dried splatters that may cause streaks and glare.

"Heated washer fluid seems like a very simple idea," said John Poris, vice president of product development at Microheat.

"Rapidly heating windshield solvent to the precise, effective temperature in a unit compact enough for automotive use has only become possible by Microheat's unique, patented process for heating fluid."

"Despite its advanced technology, it is an easy system for anyone to operate."

The unit is only 3 inches by 5 inches by 1.5 inches in size and is easily installed in a vehicle's engine compartment. It works via the electrical system, drawing a very low level of energy.

HotShot heats the wiper fluid to approximately 145 degrees Fahrenheit (63 Celsius) at nozzle output in about 30 seconds.

The company says that any windshield-washer fluid a driver would normally place in the washer reservoir will work.

HotShot has a three-year limited warranty.

HotShot Semi-Automated (SA) is the only model currently being offered. It sells for \$349. It is designed for do-it-yourself installation.

stallation.

This version of the product requires the driver to push the button on the HotShot to activate and the wiper blades.

A new Pro version is due in the second quarter of 2003. The HotShot will activate both HotShot wiper blades with the push of a button.

The Pro version will require installation and will be available at new car dealers and in aftermarket.

To purchase HotShot SA, visit [hotshot.com](http://hotshot.com) or phone 248-444-4444.

### Do-it-yourself detailing

Eagle One's Detailing Kit is a comprehensive kit with premium products that will make your wheels and tires look like new with minimal effort.

The products include WET Polish & Wax, WET A2Z All Wheel Cleaner, WET Tire Shine, and WET Tire Swipe dressing application. The kit retails for \$19.95 and includes handling.

Call 800-432-4531 or visit [eagleone.com](http://eagleone.com).



MOTOR MATTERS

## Grand opening of Yamaha Store set

EAST BAY MOTORSPORTS

**HAYWARD** — General manager Phil Acton has announced a mission to change the motorcycle industry with the opening of the East Bay Motorsports' Yamaha Store at 21756 Foothill Blvd.

"I believe a successful motorcycle business should be run like a combination of a well-run auto dealership and a Nordstrom department store," says Acton.

As the motorcycle giant opens its doors the vision lives up to the dreams of its GM and professional staff.

At 25,000 square feet, the store is one of the largest on the West Coast, featuring a huge stock of all Yamaha models currently available, beautifully displayed in its high ceiling showroom.

A tasteful color scheme ties together the displays of motorcycles, scooters, all terrain vehicles, accessories and apparel.

East Bay Motorsports will be open seven days a week, 12 hours a day and promises a service department that will get the motorcycle back on the road again. Customers with bikes requiring basic services, who have their vehicle to the dealership by 10 a.m., will be able to pick them up by 4 p.m.

The grand opening will be next Friday and will be celebrated by prizes, special offers, commemorative T-shirts, and the special appearance of the Yamaha Race Team from 6 to 7 p.m.

The Yamaha Race Team will be competing at Pac Bell Park in the San Francisco Super Cross Jan. 25.

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**-\$1000 Factory Rebate**

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# Cadillac's next bold move: The 2004 XLR

## MOTOR MATTERS

Nothing is for certain at Cadillac — it's not just business anymore.

A new era of Cadillac design technology, seen to the Escalade, Escalade EXT, is making a major impression on the public," says Jay Spence, Cadillac's design director.

The bold new era at Cadillac continues with the 2004

two-seat, retractable convertible that combines innovative edgy design with outstanding performance. It's a design roots to the past.

The surprise of the auto world with the audacious design of the 1999 Northstar International Auto

was the reaction of the public that GM developed its potential for

state-of-the-art body and chassis enable it to carry a roadster with performance car roots.

On the next generation, the structure uses a deformed perimeter, an enclosed structure, aluminum cockpit, and balsa-cored floors.

The idea was to get rigidity without bulk, exceptional resistance to bending forces. The structure allows engine suspension comfort, outstanding ride and characteristics.

The use of aluminum control arms and members, magnesium joints in the body and structures, plus composite body materials, the XLR's overall lowest in its class.

Due to its direct connection to the Lexus SC 430 and the SL500, the XLR is the lightest vehicle at 3,750 pounds, but it also has the longest wheelbase, lowest height and lowest power.

Mounted transmission, the XLR is a nearly perfect front-to-rear weight ratio for ideal balance, as well as foot room for passenger.

The use of a sophisticated chassis control system to manage the hardware, the kind of ride and handling you would expect in a roadster.

Part of XLR's active system is an integrated version of StabiliTrak, which applies braking to appropriate wheels in the direction of the driver.

It also integrates the brake system, traction control and powertrain and control system

## DAVE VAN SICKLE Down the Road

In order to manage the car's handling.

Magnetic Ride Control uses four wheel-to-body displacement sensors to measure wheel motion over the road surface and responds by adjusting the shock damping almost instantly.

The shock absorbers are filled with a fluid that contains suspended iron particles that respond to magnetic signals.

The system responds by constantly monitoring motion and changing the damping forces at all four corners of the vehicle.

The goal is to keep the body on an even plane, with smooth, well-controlled body motions even during aggressive maneuvers or on uneven road surfaces.

"The XLR contains a host of customized and personalized features befitting a world-class luxury roadster," said David Hill, vehicle line executive for GM performance cars.

"These systems are integrated into the car in a way that enhances — not complicates — the driving experience, especially considering the agility and performance attributes of the XLR."

For example, the adaptive cruise control can be monitored with the heads-up display, and the DVD-based navigation system can be voice-activated.

Keyless access with push-button start eliminates fumbling for keys.

The XLR convertible provides the ultimate convenience of a retractable hard top. Compared to soft-top convertibles, a retractable hard top is quieter with the top up, as well as more secure and more visually pleasing.

Developed by Car Top Systems of Germany, the XLR can convert from coupe to roadster in less than 30 seconds with just the touch of a button.

No premium roadster would be complete without a superb powertrain, and XLR is no exception with its next-generation Northstar engine.

Extensively re-engineered for the XLR's rear-wheel drive powertrain, this mostly-new Northstar delivers more refinement along with a healthy increase in performance.

Rated at 315 horsepower, it features all of the hi-tech features found in modern premium engines, including four valves per cylinder, variable camshaft phasing, electronic throttle control, and a host of small improvements that enhance refinement and reliability.

The rear-mounted five-speed automatic transmission was redesigned to handle the increased torque and horsepower of the new engine.

The Cadillac XLR will be built on a dedicated assembly line at GM's Bowling Green, Ky., plant beginning in the spring of 2003.

It powers the Endeavor with 215 horsepower at 5,000 rpm and 250 pound-feet of torque at 3,750 rpm mated to a four-speed automatic transmission.

Endeavor is available in front-wheel drive or all-wheel drive configurations.

I test drove the top-of-the-line LTD AWD model on hard, hairpin turns of sharp, twisting mountain roads and felt confidence-inspiring zip from the engine and the all-wheel drive system when braking, accelerating and negotiating the curves.

Model availability includes the LS, XLS and LTD. Prices start at \$25,592 and run up to \$33,497.

Mitsubishi is not some Johnny-come-lately in the emerging crossover market. This automaker is aggressive and way out front in this vehicle segment.

## 2003 MITSUBISHI ENDEAVOR LTD

Five-passenger AWD mid-size crossover

Utility vehicle

Retail \$33,497

Destination \$34,097

SOHC 24-valve, 3.8-liter V6 w/SMPFI

215 at 5,000 rpm

250 at 3,750 rpm

Four-speed automatic

109 inches

109 inches

74 inches

70 inches

5,250 pounds

21 gallons

City/highway 19/27

Shifting

Nothing



CADILLAC XLR, a 2004 model, continues the new era in design and technology for General Motors' flagship brand. The XLR is a two-seat, retractable hardtop convertible with great performance.

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'01 TOYOTA CAMRY LE	'00 TOYOTA TACOMA X-CAB	'00 VW JETTA V6 GLS
AT, AC, PS, PL, CD, P/Seat, #855221/2829	V6, AT, CD, Bedliner, Bumper, Alloys #652965/2713	V6, AC, Moonroof, Alloys #142092/2821
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All prices subject to prior sale & stock on hand. Price + tax, lic. & doc. fees. \*On approved credit. On select models. Sale prices & savings from MSRP do not apply to leases. Expires 1/19/03. Returns are in line of Finance Rates. All prices plus government fees and taxes, any finance charges, any document preparation charge, and any emission testing charge. Pictures are for illustration purposes only.



# 1954 Dodge truck with Hemi V8 still has muscle for hauling

MOTOR MATTERS

Back when Ed Johnson was a high school student, the 1940 Chevrolet dump truck he drove wasn't considered all that old.

After school and on weekends he would load his truck with sand — by hand — and deliver it to housing developers for a small profit.

Johnson recalls witnessing the delivery of a brand-new Dodge truck to a local resident in the summer of 1954.

The truck was equipped with a fifth wheel and the gears were designed so the 354-cubic-inch, 275-horsepower Hemi-head V8 engine could serve as a tractor for an automobile carrier.

After three years it became apparent the Job Rated "J" truck was never going to be used to haul new cars to their destinations. Consequently, the fifth wheel was removed and replaced with a three-year-old dump body with a Galion single-piston, scissor-action lift.

The original owner kept the truck, using it sparingly, until he died.

After a suitable time had passed, Johnson offered to buy the old, but barely used, truck from the widow. His offer was rejected.

Years later, after the widow died,

## VERN PARKER

Classic Classics

Johnson again offered to buy the truck from the son of the original owner.

This time the answer was yes, but not for a couple of weeks because the seller wanted to haul some gravel to his farm in the Dodge.

Johnson finally bought the truck in November 1983 — 29 years after he first saw the vehicle.

He used the truck for 16 years on his farm for hauling, always double-clutching when shifting gears both up and down.

"I've hauled 7- to 8-ton loads many times," Johnson said. "It goes in gear well," he added, "but you've got to help it."

During the years Johnson has owned the truck, it has been stolen twice. He's convinced the thieves were after the valuable Hemi engine. Fortunately, the truck was recovered quickly both times.

In June 1999, Johnson realized his 45-year-old Dodge truck with the factory-installed Hemi V8 was a rare model and relatively unused.

He decided to restore it to usable, not show, condition.

The six 8.25x20-inch 10-ply tires were replaced, along with a new, relatively dent-free dump body. Six big lug nuts secure each wheel.

Johnson installed white oak trim on the sides of the black body. The cab was repainted blue after the rusted-out floorboards were replaced, along with the rusted-out bottom portions of both doors.

The mighty Hemi V8 engine remains nestled beneath the two-piece engine hood, which opens from either side.

From the driver's seat in the towering cab the view is unobstructed through the panoramic one-piece windshield. The 17-foot-long Job Rated Dodge stands 7 feet high; 7 feet, 4 inches wide; and rides on a 130-inch wheelbase.

The curved quarter windows at the rear corners of the cab, though useless in this application, remain attractive.

The outrigger mirrors, however, are functional.

The truck has a four-speed transmission. It is mated to a two-speed axle, which translates to eight forward gears.



1954 DODGE TRUCK has less than 30,000 miles on the odometer, representing an average of 10 miles a year for 48 years.

The 80-mph speedometer is visible through the three-spoke steering wheel. Will the big truck reach 80 mph?

"No question about it," said Johnson, adding, "It'll scoot right along with a 7- or 8-ton load."

The only creature comfort is the heater.

The six-volt battery is under the floor, accessible by removing a steel plate beneath the driver's feet. "You don't go for Sunday drives," Johnson said.

son said.

When the truck is empty he reports fuel economy of about eight miles per gallon. "You're lucky to get six when its loaded."

The fuel tank has a 30-gallon capacity.

Although the heavy-duty Dodge is in the best condition, both cosmetically and mechanically, since it left the factory in 1954, Johnson keeps his truck semiretired.

It still has the muscle to haul

heavy loads, but Johnson gets great pleasure in operating it. He likes to baby "her."

The odometer only yet to reach 26,500 miles, a creditable average of about 10 miles each of the past 48 years.

If you have a vehicle to "Classic Classics," contact Vern Parker at Motor Matters, 4601 Wilmington, DE 19806, for more information on its merits.

# Diagnostic check should identify reason for intermittent ABS

KNIGHT RIDDER NEWSPAPERS

**Q** I have a 1997 Ford Explorer with anti-lock (ABS) brakes. Periodically, the ABS light on my instrument panel lights up.

Sometimes it stays on when I first start the car, sometimes it lights up when I'm sitting at a stop sign and sometimes it just pops on when I'm driving.

I notice nothing different about the car's braking ability and, if I turn the car off and then restart it, most of the time the light goes off.

My questions are: When the light goes on do my brakes lose their ABS?

Once it goes on, why would it go off if I restart the car?

## BRAD BERGHOLDT

Auto QnA

The dealership said they would charge me almost \$100 just to figure out what the problem is. That reeks of an opportunity for them to tell me just about anything.

Is there a reliable way to get brakes checked? Do I need to go to a dealer for this?

John Madison, Seattle

**A** Your Explorer's ABS warning-light functions similarly to its check-engine and air bag malfunction indicator lights.

During start-up, a preliminary check is run of circuits and components, and if all is well, the warning lamp is turned off after about three seconds.

If the brake pedal was depressed during start-up, the test is delayed until the vehicle reaches 4 miles per hour. Additional tests are run as certain operating conditions occur.

As many as 14 different faults might be identified during start-up, and an additional 10 as the Explorer is driven.

Whenever a fault is present, ABS operation is suspended, but you regularly aren't affected.

The Explorer's ABS fault occurs

intermittently, but there should be a DTC (diagnostic trouble code) stored in memory.

This should quickly narrow the search to a specific circuit.

The trick will be to induce the problem long enough to determine the exact cause.

The fault could be a poor connection at a component, the component itself or a fault elsewhere in the related circuit.

Today's vehicles often require more time to diagnose a problem than to fix it.

As an example, it could take several hours to induce and identify an intermittent fault, and perhaps only a few moments to make the repair.

With the high cost of many ABS components, I'd prefer to buy a reasonable amount of diagnostic time, and perhaps a connector repair, than an unneeded component.

There are many independent shops and brake specialty shops that are qualified to make ABS repairs, as well as the dealer.

In either case I'd ask if the technician that will be servicing your vehicle is ASE certified in brake systems, and what kind of training he/she has in ABS and electrical systems diagnosis.

Equipment and software also are important, as well as access to a technical assistance network.

Any reputable shop should,

upon completion of the repair, provide you with a written explanation of the problem, including exact cause and correction.

DTCs are great for a technician, narrowing the field and good for the customer in the chance of a diagnosis.

Brad Bergholdt, automotive technology instructor at College in San Jose, Calif.

E-mail him at [bergholdt@juno.com](mailto:bergholdt@juno.com) or care of Drive, Motor Matters, 4601 Wilmington, DE 19806, for more information on its merits.

He cannot make any promises.

## Freewheeling

FROM PAGE D1

wheels forever changed the landscape of the United States.

To celebrate the momentous milestone, Ford will throw a giant extravaganza June 12-16, 2003 on the grounds of its corporate headquarters in Dearborn, Mich.

"The Road is Ours," celebration will commemorate the company's rich history and will look ahead to its future.

The event likely will draw 10s, if not 100s, of thousands of people from around the world. The centennial team, which has been planning the event for the past few years, has no idea how many people will come to the celebration.

The team does know Ford has 100,000 employees and retirees in southeastern Michigan alone, and car clubs from as far away as Australia already have said "yes" to Ford's party invitation.

The event will feature one of the world's largest displays of Ford products in one location, including classic and historic cars and trucks from across

all Ford brands (Ford, Lincoln, Mercury, Aston Martin, Jaguar, Land Rover, Mazda and Volvo). The company also will have current models and concept vehicles on display.

In addition, visitors can see a wide range of headline entertainment, including country music super star Toby Keith. Also, Motown, rock-and-roll and other forms of popular music will be performed in an on-site outdoor theater.

People can purchase tickets online by accessing the 100th anniversary Web site at [www.ford.com](http://www.ford.com).

Tickets are \$24.95 per person. Children age 12 and younger are admitted free when accompanied by a paying adult. Employees and retirees receive a special discounted price of \$19.95.

Each ticket is good for the entire five days and includes the following: access to all displays, including the Centennial Theatre and Concert Series; an outdoor venue featuring live entertainment daily; entry to the 100th Anniversary Experience, a one-of-a-kind exhibit created for the anniversary that takes attendees on a heritage tour in a Model T; discounted admission; and shuttle service to local attractions, including the Henry Ford Museum & Greenfield Village, Henry Ford Estate, Fairlane,

plus the Edsel and Eleanor Ford House; and a fireworks display on June 13.

The public also will get a sneak preview of the famous Ford Rouge factory, which Henry Ford built to produce the steel and glass that went into the Model T.

The renovated plant will build the 2004 Ford F-Series.

This spring, Ford also will sell five Centennial Edition vehicles: the 2003 Ford Mustang, Focus, Taurus, Explorer and Ford F-Series Super Duty.

They come only in black, in keeping with Henry Ford's famous saying that Model T buyers could have any color — so long as it was black.

The special edition vehicles come with premium leather, 100th anniversary badging, a commemorative key chain and watch, as well as a copy of a limited edition, lavishly illustrated coffee table book, "The Ford Century."

Each vehicle also includes a black leather owner's guide portfolio with the embossed signatures of various members of the Ford family, including Henry Ford himself.

The five days won't end the celebration. Ford has other activities and events planned through the end of 2003.

Please recycle this newspaper

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Model EX1553PW 2 at this Price \$11578. \$16596

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**New 2003 Jeep Liberty** **\$248** Lease per month + tax **\$0** Cash Down!

Automatic, 3.7L V-6 and much more.

60 Mo. Closed end lease: \$248 Mo. + tax. 1 At This Price: \$1000 Factory Rebate + \$1000 lease loyalty from Chrysler due at lease inception. \$0 Refundable Security Deposit. 12K miles/Year. \$20 per mile thereafter. #578172. On credit approval thru Wells Fargo.

**New 2003 Jeep Grand Cherokee Laredo** **\$288** Lease per month + tax **\$0** Cash Down!

Lease for \$288 Mo. + tax. 66 Mo. Closed end lease: \$288 Mo. + tax. 1 At This Price: \$2500 Factory Rebate + \$1500 customer cash or trade equity due at lease inception. \$0 Refundable Security Deposit. 12K miles/Year. \$20 per mile thereafter. #578177. On credit approval thru Wells Fargo.

**New 2003 Jeep Wrangler SE** **\$248** Lease per month + tax **\$0** Cash Down!

48 Mo. Closed end lease: \$248 Mo. + tax. 1 At This Price: \$1000 Factory Rebate due at lease inception. \$0 Refundable Security Deposit. 12K miles/Year. \$20 per mile thereafter. #316633. On credit approval thru Wells Fargo.

**New 2003 Chrysler PT Cruiser** **\$248** Lease per month + tax **\$0** Cash Down!

Lease for \$248 Mo. + tax. 48 Mo. Closed end lease: \$248 Mo. + tax. 1 At This Price: \$1000 customer cash or trade equity due at lease inception. \$0 Refundable Security Deposit. 12K miles/Year. \$20 per mile thereafter. #501269. On credit approval thru Bank of the West.

**New 2003 Chrysler Sebring LX** **\$238** Lease per month + tax **\$0** Cash Down!

60 Mo. Closed end lease: \$238 Mo. + tax. 1 At This Price: \$1500 Factory Rebate due at lease inception. \$0 Refundable Security Deposit. 12K miles/Year. \$20 per mile thereafter. #55217. On credit approval thru Bank of the West.

**New 2002 Chrysler Town & Country LXI** **\$378** Lease per month + tax **\$0** Cash Down!

Power Windows/Locks/Mirrors, Leather, Power Door/Liftgate and much more.

Lease for \$378 Mo. + tax. 66 Mo. Closed end lease: \$378 Mo. + tax. 1 At This Price: \$1500 customer cash or trade equity due at lease inception. \$0 Refundable Security Deposit. 12K miles/Year. \$20 per mile thereafter. #592088. On credit approval thru Bank of the West.

All prices plus government fees & taxes, any finance charges, any dealer document preparation charge, & any emission testing charge. Ad expires close of business Sunday, January 19, 2003.

**CONNELL JEEP • CHRYSLER 2735 Broadway Auto Row 888•300•1538**

\*Limited Term Financing on Civics with Credit Approval. American Honda Finance Corporation. Offer ends 1/19/03.

**2003 Civic LX Sedan!** **\$14,388**

Model EX1553PW 2 at this Price \$11578. \$16596

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00 Accord EX Sdn #073567 GREEN

**Jim DOTEN BERKELEY HONDA**

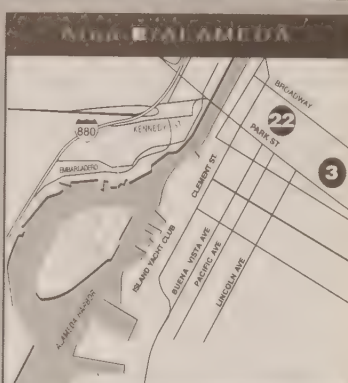
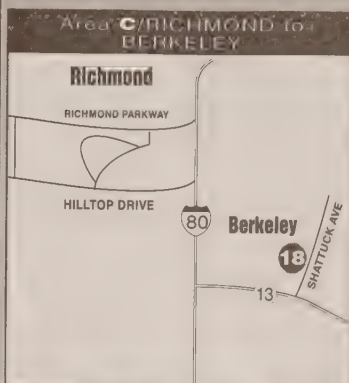
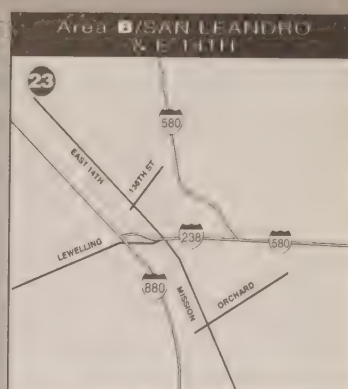
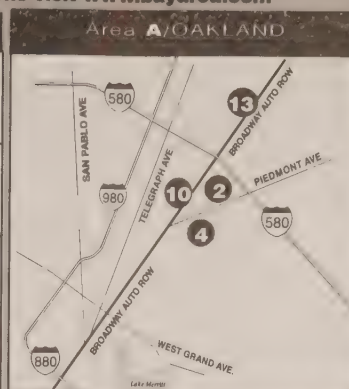
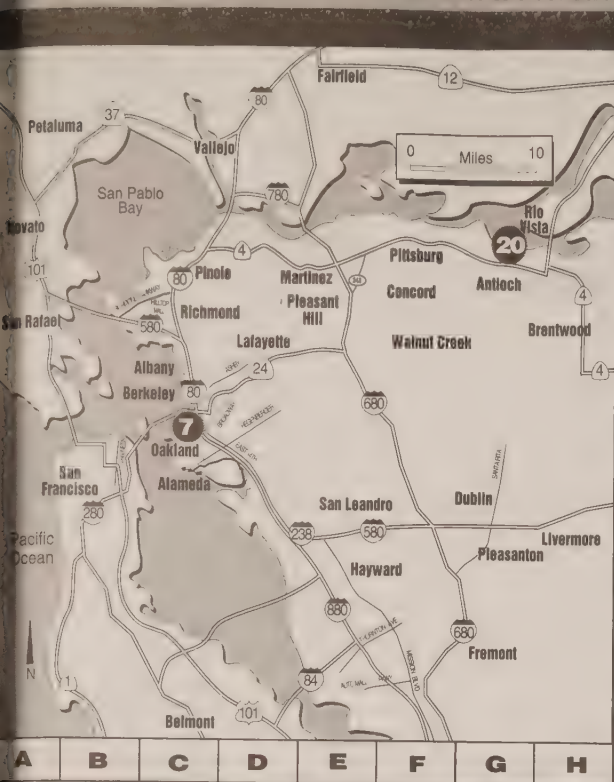
\*Limited term financing on selected used cars with credit approval. Honda Finance Corp. Price plus government fees and taxes, any dealer document preparation charge, and any emission testing charge. Offer ends 72 hrs after publication. Subject to pre-approval.

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SAT JAN 18th, 9-4

**MOVING everything must go!**  
Furn., clothing, books,  
housewares, etc. Sat-Sun  
9-3 1381 Versailles corner  
of Central

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241 CARMON (BFI)  
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Furniture, glass, clothes  
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554 Hight Ave.  
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837 PACIFIC AVE SAT/SUN  
8-12 Everything must go!  
Furn. W/D, tools, yd equip,  
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puter parts

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22 sofas, ski equip, lots of  
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FR, S & S  
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Dresser, refng, sofas, liv.  
rm, furn. din. table, kit.  
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FRI-SAT 9-3  
Selection older doll and  
new, dress, Chatty Cathy,  
Furgle & more. Also Doll  
clothes & bags  
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**ESTATE SALE**  
FINAL DAY, SAT ONLY  
9 A.M. TO 1 P.M.  
Furniture & to appliances,  
207 Jphn Gildi Ave.

3120 Garrow Drive  
Fri & Sat 9-7

**MOVING**  
Sale-Everything  
Must Go. Toys, backyard  
toys, high chair, baby swing  
clothes, center chair,  
furniture, desk. Something  
for everyone. Priced to sell

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Collectibles, tools, house-  
ware, furniture, & much  
more!  
FRI-SAT 117-18, 8-4  
4612 Antelope Way  
4615 & 4625 Fieldcrest Wy  
(Hillcrest to Deerfield)

**SAT. JAN. 18th, 9-12**

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Waterbed and chest, sofa,  
tuton, gas BBQ, household  
items & much more!

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WARE, FURNITURE, & MUCH  
MORE!  
FRI-SAT 9-3  
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(off Marin)

**SAT-SUN 9-3**  
Early 19th Century Amer.  
exp'd, baby grand piano,  
elec. stair escalator, desk,  
glassware, books, collect-  
ibles, dolls, costume jewel-  
ry, freezers, refriags, more.  
R.H. Anderson

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50 years accumulation  
SAT & SUN 11/8-11/9  
10am to 4pm  
5 Forest Ln  
1 blk. above Marin & Euclid,  
Alameda. glass, collectibles,  
tools, clothes, household  
items, piano, plants, office  
furniture, and much more.

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**FRIDAY & SATURDAY**  
Jan. 17th & 18th 9-2  
(No Early Birds)  
Big selection of tools & lots  
of other misc. items

**1070 Fairview Ave.**  
(cross street San Jose Dr.)

**YARD SALE!**  
SAT 18th 10-6PM  
Dining set, table, chairs,  
much more

**Clayton**

**MOVING SALE**  
We are leaving Al! Must go.  
Twin beds, dresser, beau-  
tiful, din. rm. table/chairs.  
SATURDAY 9-4pm  
731 Indian Wells Way  
Concord Blvd. to Oakland

**MULTI Family Garage Sale**  
SAT JAN 18, 7-11  
No Early Birds  
33 MARQUETTE CT.  
(off Southbrook)  
Tools, baby items, books,  
kitchenware, clothes, kitch-  
en table & more!

**Concord**

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60" big screen TV, Maytag  
washer & dryer, entertain-  
ment center, computer  
desk, Persian rug, Italian  
leather furniture & more!  
SAT-SUN JAN 18-19, 9-4  
4394 REDCLOUD CT.

**Concord**

**LARGE GARAGE SALE**  
SAT JAN 18th, 9-4  
Many items, exercise bike,  
furniture, baby furniture,  
video, books, household  
picture frames & more!  
267 Shakespear Dr.  
(off Cowell Rd.)

**SAT JAN 18, 10-5**  
1088 FOX MEADOW WAY  
(Oak Grove to Fox Way)  
Furniture, baby furniture,  
baby clothes, bedroom set,  
dining room set, and  
household items

**Danville**

**CHARITY GARAGE SALE**  
Benefits Leukemia &  
Society  
SAT JAN 18th, 7-11  
30 San Carlo Ct.

**Hand. items, furn., elec-**  
tronics, toys, dark room kit,  
books, CD's & much more

**GETTING MARRIED SALE**  
SAT/SUN 8-2pm  
331 FREITAS COURT  
Sycamore & Morrongone  
Sect. sofa (whit), 46 TV, O/c.  
desk/chair, printers, re-  
frigerator, wind. AC, patio  
furn., art & more!

**Dublin**

5872 APODAR Valley Blvd.  
Fridge, appliances, home  
decor, garden, tools, etc.  
men's sizes 36, women's  
size 12 & much more!  
Sat Only 9-4PM  
Rain or Shine  
No house hold items

**SATURDAY 8:30-3pm**  
7712 CORAL WAY  
Antiques, baby items  
clothes, electronics, etc.  
& More! NO EARLY BIRDS!

**Dublin**

**1/18 9AM-3PM, 7048**  
Elba Way, Multi-farm-  
house sale! Bunk bed w/matt.  
linens, clothes, baby items  
2 dining sets, center  
coffee table, books,  
shelves, kit items, toys, no  
early birds pls

**Hercules**

**MOVING SALE - JAN 18th**  
9 A.M. TO 2:00 P.M. 1394  
7th Street in RODEO  
40 years of accumulated  
items must go! Furniture,  
appliances, beds, reason-  
able rates. You name it, we  
probably have it. No early  
birds - cash and carry.

**Livermore**

**'GARAGE SALE**  
Sat. 1/18: 7:30-2:30pm  
1817 Cairo St.  
Household items, etc.  
Everything Must Go!

**MOVING SALE**  
SAT JAN 18, 9-2  
Everything Must Go  
561 DOVER WAY  
Furniture, kitchen appli-  
ances & lots more!

**MULTI FAMILY SALE**  
SATURDAY 1/18 9-12pm  
578 EVERALD STREET  
Merrell & Pearl  
Desk, kitchen items, tools  
linens, sm. appl's, clothes,  
misc

**Oakland**

**ADDISON STUDIO SALE**  
Sunday January 19th, 10-3  
New & old books, records,  
Ephemera, old Ribbons,  
frames & fabric, Victorian  
Crimping mach., antique  
Buttons, victorian jewelry &  
findings, 1915 French  
Ribbons, Sample Boards  
1930 French Garnets &  
Ribbons, antique Fan col-  
old french glass con-  
t 1900 iron table, lots of old  
X-mas, pink Feather Tree  
Art, Pictures, Letters  
type & Cuts, Wood type  
presses, glass, old frames,  
antique Chandeliers  
antique Chocolate Molds,  
miniature French glass  
Paintings, early American  
Folk Art, Dutch, vintage  
Crystal Chandeliers  
old Garden Statue, Gold Foil  
Stamp mach, old refg  
Cottage table, victorian  
pressed glass, much more!  
Myerson, Auctioneer of the  
Weird & Wonderful  
5397 Broadway Ave  
at Alcatraz

**ESTATE SALE**  
Furn - access. All must go  
Saturday (1/18), 11-4 p.m.  
473 Jean St. Santa Clara

**HUGE YARD SALE**  
Oakmore Highlands  
SAT JAN 18th 9-12  
1809 Rosecrest Dr  
(cross street Garfield)  
Furniture, lamps, baby &  
kid's toys, clothes & gear  
rug, mountain bike & stuff

**SUNDAY 19th, 9am-3pm**  
687 Mandana Blvd  
Collectibles, old books  
records, jewelry, dishes,  
furn., art, tools & stuff

**Piedmont**

**SAT 1/18 9AM-3PM, 1153**  
Ahrmont - Mandana 6  
burner stove, refri-  
clothes, laser discs, arcade  
game, books, kids bed  
wimmbasses, etc. Don't  
come early

**Pittsburg**

**ESTATE SALE**  
Antiques, collectibles, furni-  
ture, hand items, artwork,  
jewelry, lots of misc items  
Everything must go!  
FRI-SAT 9-4  
No Early Birds  
3815 SPARTA CIR

**Pleasant Hill**

**CLOSET CLEANING**  
CLEAN OUT  
Sat, Jan 18th 9AM-2PM  
Books/closet/mach./  
less/muchmoreclothes  
other misc items

**GARAGE SALE**  
425 Roberta Ave.  
Chandeliers, fans & kitchen  
appliances  
Saturday 1/18 & Sun, 1/19  
9 A.M. TO 12 NOON

**MULTI FAMILY**  
Furniture, household  
computer equip. & misc  
P.H. Road to Linda Lane to  
Erin Ct.  
SATURDAY 1/18  
8 A.M. TO 3 P.M.  
CASH ONLY

**Pleasanton**

**FRIDAY ONLY 8-3**  
Tools, baby items, boxes,  
luggage, ski equip., furni-  
ture, lamps & more!  
2527 SKIMMER CT.  
(off Blalind)

**GARAGE SALE!**  
SAT Jan 18th 8-3PM  
2630 Willowen Way  
(Blindland area)

**MOVING SALE**  
SATURDAY 1/18 8.30-2pm  
5151 GREENTREE CT  
Furn. weights, wine rack  
EVERYTHING MUST GO!

**Richmond**

**MOVING SALE**  
481 Buckboard  
Carrage Hills  
Saturday 1/18 9-3 p.m.  
Liv. rm. din. rm./bedrm, furn.,  
lamps, stereos, speakers,  
rockers, & much more!  
Great prices. Make offer

**RAIN OR SHINE**  
SATURDAY 1/18 8 30am-  
3:30pm, 2412 Lincoln Ave  
(off 23rd St) Dresser with  
mirror, hutch, stereo, De-  
nny & other items. Lots of  
clothes & jewelry like new  
old tools, xmr lawn mower,  
LOTS OF GOOD STUFF!

**San Ramon**

**MOVING SALE**  
SAT 1/18 9-3pm  
Furn., housewares, etc.  
Must go!

**Walnut**

**SALE**  
Furn., housewares, etc.  
Must go!

**Walnut**

**SALE**  
Furn., housewares, etc.  
Must go!

**Walnut**

**SALE**  
Furn., housewares, etc.  
Must go!

**Walnut**

**SALE**  
Furn., housewares, etc.  
Must go!

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**To place an ad, call 339-8777. For Kameda call 748-1667.**

**Classifieds**







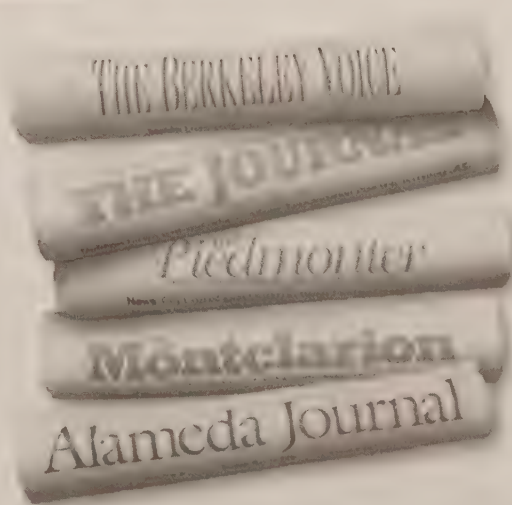
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and hard to bring you  
the news that affects you  
and your neighborhood.

Our neighborhood.



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...ing supplement<

# Mega News Bits



Costa Health Services is a... county health system, is the needs of county... variety of ways. We employ... tuals.

ion is to care for and improve... all people in Contra Costa... special attention to those... vulnerable to health... Key to accomplishing our... Service Excellence, which we... providing high quality services... and responsiveness. The... Service Excellence is positive... all who use our programs.

es include: (Visit us at... .org for more information)

Costa Regional Medical Center... acute care teaching... providing a full range of... including emergency, surgical, perinatal, pediatric... tratic services. Ancillary... include Diagnostic Imaging, laboratory, Pharmacy, and Cardiopulmonary

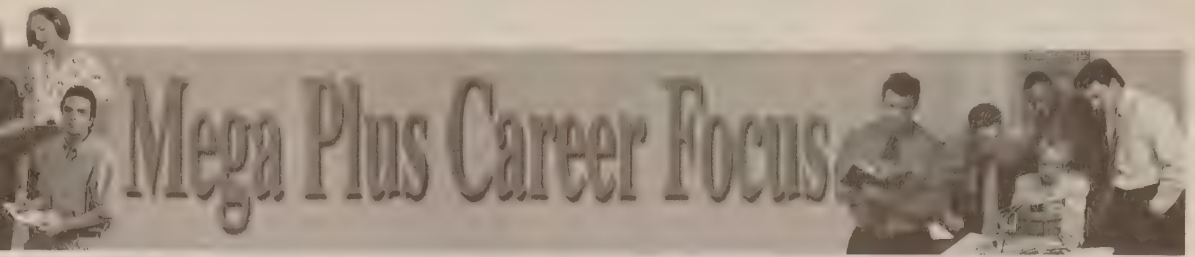
Costa Health Centers are a... thirteen ambulatory care... that provides outpatient, and geriatric care services. Services are provided at... Health Centers and at special... Pediatric clinics. Calling... 8885 can make... ents. Mobile community... vices are also available.

Other Drugs Services... vocates for alcohol and... communities by promoting... and family responsibility, self-sufficiency. Programs... vention, treatment, and... vices.

Costa Health Plan is a... need, federally-qualified... nance Organization... utilizes our programs for... health care provided to... 50,000 members.

Medical Services provides... ction, planning, and... for the County's pre-emergency Medical Service... EMS system consists of... ance, and related services, and to 9-1-1 medical... es.

Environmental Health... versight, guidance, in and enforcement of the... ing the handling, storage... ing of hazardous... monitors facilities to ensure



## "Make Your Move" in 2003 ... (to where the jobs are)

You don't have to work on Wall Street to know that the economy isn't in great shape. But like all gray clouds, this one also has a silver lining. Because even in today's sluggish market, there are a lot of challenging, well-paying jobs for people who are qualified and know where to look.



One place to look is on the road. At last count there were over 190 million cars and trucks traveling our nation's highways, and every one of them needs regular care and maintenance from a certified technician. Whether it's just a tune-up or a major engine overhaul, at some point every one of those 190 million vehicles is going to need service. It's not surprising therefore, that qualified "Auto Technicians" are enjoying stable well-paying careers. Automobile technicians are projected by the State of California EDD as one of the "top ten" careers through 2006.

There are a number of reasons for this great long-term outlook. For one, the American economy is largely dependent on the automobile and its associated industries. Big industries like oil and gas, steel, and rubber all revolve around the car. Two, cars are getting more complex every day. In fact, the average new car today boasts more onboard computing power than was found on the Apollo 13 spacecraft. It all adds up to opportunity. Each car that rolls off the assembly line is going to need someone to maintain and repair it. And with how sophisticated that car is that someone won't be some old fashioned wrench turner, but a skilled individual highly-trained in a variety of disciplines.

However, you don't have to look into the future to see the opportunity in auto technology. There are tremendous things happening right now. For instance, because of the new stiffer smog requirements that went into effect this year in California, there is presently an unprecedented shortage of qualified smog technicians. And the auto industry continues to roll along thanks to high consumer demand and aggressive low interest rate car loan programs.



Another example where prospects look great is in the housing industry and its related career files such as Heating, Ventilation, and Air Conditioning (HVAC). New home construction is at a record high due primarily to low mortgage rates. The housing industry is booming and the demand in related career fields continues to outpace the supply with no end in sight. Again, the State of California projects that housing construction related careers will see unprecedented demand for at least the rest of this decade.

And every house that gets built, no matter how small or large, whether it's an apartment or condo, tract home or mansion, needs to be heated and cooled. This means that the technician working on these systems will enjoy an unprecedented amount of opportunity, both in the fields of installation and maintenance. And it's not just new homes that need the skills of a highly trained HVAC technician.

Existing homes, too. Not to mention commercial buildings, factories, schools, hospitals... they all depend on reliable heating and cooling systems. Even high-tech manufacturing, while maybe not enjoying the levels of the past couple of years, is still an environment that demands sophisticated HVAC, as clean rooms get even cleaner, and filtration and circulation systems get even more complex.

### ADMISSION INFORMATION



It's pretty evident then that even in the midst of a recession; there are still well-paying jobs to be had. But you have to meet certain requirements and qualifications to land them. The key is, where can you get the training you need, so you can take advantage of these opportunities? As important, how can you get there fast? Many in the Bay Area have found the answer at Sequoia Institute in Fremont, CA. For

more than forty years, employers throughout Northern California have relied on Sequoia Institute for their supply of well-trained technicians. We have a modern, eight-acre campus, where we have replicated the kinds of environments today's auto and HVAC technicians will be working in. We have the latest equipment and real world instruction. In addition, we pride ourselves on offering an extensive, well-rounded curriculum, including ASE and EPA certifications taught by industry professionals who are well-versed in the qualities employers are looking for. Advanced specialized training by auto manufacturers such as BMW and Hyundai are also available to Sequoia students. In addition to technical training, we also provide our students with computer training and in-depth career guidance, with such programs as resume preparation and job interviewing skills.

If you're looking for a stable well-paying career with a future that you can enjoy and would like to be ready in just months, we invite you to "make your move" and call Sequoia Institute today at (800) 248-8585. No previous experience is required. Financial Aid is available for those who qualify.

## Join the Largest Department of County Government

safe and legal handling, storage, and disposal of hazardous wastes. Contra Costa Hazardous Materials Programs is the Certified Unified Program Agency (CUPA) for all of Contra Costa County.

- Our Homeless Program provides Emergency Shelter, Shelter Plus Care, Transitional Housing, and Case Management Services to the County's homeless population.
- Our Mental Health Division provides mental health services for children and adults living in Contra Costa County. These services are provided through a system of care that includes Mental Health staff, community-based organizations, and a network of private therapists. Services for children and adolescents are provided in conjunction with other county programs. Services for adults are provided to those with serious mental disabilities or those in acute crisis. We are the mental health provider for Medi-Cal beneficiaries and the uninsured.

**"They visit 12-16 people once a week, bringing meals, a smile and a feeling of caring which brightens the day for our homebound seniors."**

- The Public Health Division provides a variety of public health clinical services such as well child and primary care pediatrics, family planning, sexually transmitted diseases, tuberculosis clinics, immunization, and HIV/AIDS testing and counseling. Other public health services include food programs for seniors, residents with AIDS, and women, infants and children, a TeenAge Program provides counseling and services to youth throughout Contra Costa, services for developmentally delayed children and adults, community-wide prevention programs and much more.

Our websites (cchealth.org and cccpublichealth.org) feature important information about smallpox, asthma, obesity, immunization requirements, tips

and alerts about fish contamination, aspirin consumption by children and teenagers and much more. For information about other services in Contra Costa County, visit the Contra Costa Online Resource Database (CORD) at <http://www.cccord.org>.

We encourage residents to get involved with our programs in a number of ways

- Volunteer at CCRMC. If you have four hours a week to give towards the well being of others, there may be a place for you as a volunteer at Contra Costa Regional Medical Center and Health Centers. Volunteers provide services to our patients, visitors, and staff. Volunteers enhance the quality of health care while adding to the quality of their lives. Call 925-370-5440 for information.
- Meals on Wheels needs volunteer drivers to deliver meals in all areas of Contra. They visit 12- 16 people once a week, bringing meals, a smile and a feeling of caring which brightens the day for our homebound seniors. Volunteers must commitment an hour to an hour and a half a week on one weekday before lunchtime. Groups and clubs are also welcome and encouraged to volunteer. A group can share the responsibility of a delivery route on a given day of the week with members taking turns making deliveries. Meals On Wheels can serve more residents only with the help of new volunteers. Call for more information:
- West County, contact: Marcia Griffin (510) 412-0166
- Central and Near East County: (including Antioch, Bay Point & Pittsburg), contact: Dee Barrett (925) 937-8607
- Far East County, contact: Liz Vargas (925) 313-6706

- Help People Who Are Homeless. We can all do something to help people in Contra Costa County who are homeless. Contribute your time to work with the faith community to serve meals. Donate blankets, coats and other warm clothing. Donate money to open more shelter beds. Call (925) 313-6145 for more information.

- Health Advisory Groups. Contra Costa residents can get involved in important program work related to health by attending or becoming a member of our advisory boards and coalitions, such as the Tobacco Prevention Coalition, the Alcohol and Other Drugs Advisory Board, the Public and Environmental Health Advisory Board and others. Visit us at <http://cchealth.org> for more information.

## About The John Muir/Mt. Diablo Health System

The John Muir/Mt. Diablo Health System was formed when two East Bay hospitals, John Muir Medical Center in Walnut Creek and Mt. Diablo Medical Center in Concord, merged in 1997.

Now one of the largest employers in the region, the John Muir/Mt. Diablo Health System offers the considerable strengths of both medical centers plus a wide array of clinical services, highly advanced technologies, and facilities. Our focus is on technological excellence combined with comprehensive, compassionate patient care.

The mission of the John Muir/Mt. Diablo Health System is to improve -- with quality and compassion -- the health of the communities we serve.

A strong sense of community in our region, and also among employees, sets the Health System apart as a progressive environment where teamwork, excellence and commitment to superb patient care are a way of life.

John Muir Medical Center in Walnut Creek has long been recognized as one of the region's premier health care providers. The only designated trauma center for Contra Costa and portions of Solano County, John Muir is a 321-bed bed acute care hospital offering high- and low-risk obstetrics, neurosciences, orthopedics, cardiac and cancer care.

Mt. Diablo Medical Center, a 259-bed hospital in Concord, has a long-standing reputation as a preeminent center for cardiac care, including open-heart surgery and interventional cardiology. Serving Contra Costa and southern Solano counties, Mt. Diablo offers specialized programs in cancer care, general surgery, orthopedics and neurology.

The Health System also includes the Medical Pavilion, located in Concord. This licensed, 73-bed facility offers care for children, adolescents, adults and seniors who are experiencing emotional or behavioral difficulties, or struggling with substance abuse. Like our two medical centers, the Medical Pavilion is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

The John Muir/Mt. Diablo Health Network comprises more than 600 primary care and specialty physicians who deliver coordinated patient care in practice locations from Brentwood and Antioch to San Ramon. These physicians make up one of the largest and fastest-growing physician groups in the Bay Area. The Health Network also offers health education and wellness programs.

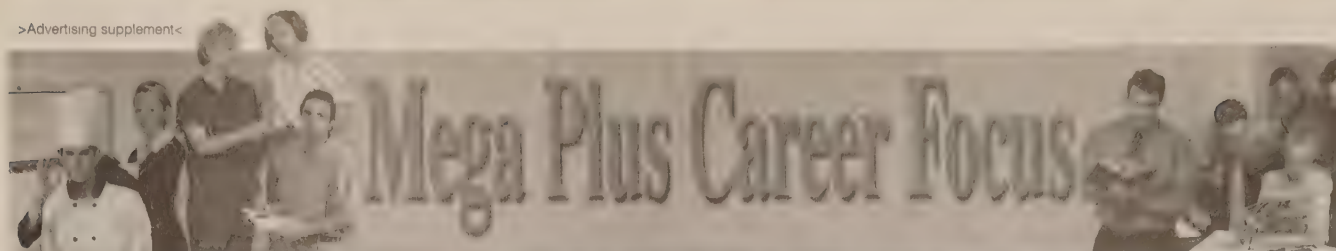
In addition, the Health System assists uninsured and underserved families, children and youth, seniors and other adults through the Community Health Benefit Corporation, which receives \$1 million annually from the John Muir/Mt. Diablo Health System. The Corporation awards grants to community-based programs and initiatives that help vulnerable populations gain greater access to health care and related services.

Our Community Health Alliance was created to assist the community in achieving optimal health through education, collaboration, and health and wellness services. Collaborative partners include private and public health and social service agencies, community-based organizations, and other providers. Current collaborative health initiatives include the Monument Community Partnership, the Mobile Health Clinic and Senior Services.

For more information on the John Muir/Mt. Diablo Health System, please visit us on the Web at [www.johnmuirmtdiablo.com](http://www.johnmuirmtdiablo.com).



&gt;Advertising supplement&lt;



## — Every Student Succeeds! —

### About Spectrum Center...

Spectrum Center is a non-profit organization serving children aged 3-22 with special education needs since 1975. Spectrum Center currently provides services in over fifty school districts throughout the San Francisco Bay Area. Spectrum operates 5 schools for special education students as well as providing consultation services to help "at risk" students.

### So why should you choose Spectrum Center as a career choice?

We work in a field of education that is both demanding and rewarding. Our staff are energized when helping children overcome the challenges that each special students faces on the road to independence. Come celebrate with the students as they achieve their success. Take advantage of this opportunity to work with a leader in Special Education and Behavior Analysis!

### We offer outstanding professional development opportunities:

You can earn a Master's degree and/or Teaching Credential on site through Cal-State University, Sacramento and Spectrum Center partnership. Staff receives tuition support through scholarships or stipends.

Teachers receive credential support and assistance in navigating Teacher Credentialing paperwork maze.

Receive training in leadership and program management. Advance your career through promotions and advancement.

### Ongoing Professional Support:

Learn from some of the very best professional Behavior Analysts and Educators in the nation. Ongoing Classroom Training provides initial and ongoing preparation in specialized education strategies and curriculum, coaching and teamwork.

Work alongside accomplished classroom staff, with enriched staff to student ratios and use generous curriculum budgets and vocational resources to help Every Student Succeed!

### Research in Autism and Applied Behavior Analysis:

Help to develop, test and implement creative strategies and join staff that present their innovations at national conferences and publish in professional journals.

### More about Spectrum Center...

Spectrum Center is an acknowledged leader in education noted for advancing innovations that get results, such as our satellite classrooms located on public schools that offer unique integration opportunities. Spectrum Center specializes in serving students with challenging educational and behavioral needs representing a wide array of disabilities, including Severely Handicapped, Autism, Emotionally Disturbed (ED), Deaf Blind, Hearing Impaired, and Traumatic Brain Injury. Spectrum Center offers a full menu of education and related services that are outcome driven, research based, and utilize positive behavior management strategies. Spectrum Center deliberately has no waiting lists and takes prides in responding quickly to address the needs of all of consumers. We work closely with parents, residential providers, school districts, education professionals and health professionals to develop customized curricula based on each child's need. Our ultimate goal is to facilitate the student's successful transition back into public schools.

Spectrum Center's consultation division, In-Class Support Services (ICSS), provides services designed to increase the public schools' ability to succeed with students "at risk" in a cost-effective approach that helps maintain the student in the student's neighborhood school. ICSS consultants have expertise serving students with virtually every type of disability, including Autism, Severely Handicapped, Emotionally Disturbed, ADD, ADHD, LH, and Medically Fragile. Consultants customize their methods to the individual student, staff and district needs.

### So what are you waiting for...

Visit our website today for information on position openings and requirements. A rewarding career is waiting for those who are up for the challenge.  
[www.spectrumcenter.org](http://www.spectrumcenter.org)

## Discover Oakland's best-kept secret of places to work

Do you like a challenge? Can you see yourself building your career with a company that values you and is committed to your growth? Why not look into a career with one of over 400 job opportunities at World Savings?

World Savings is financial industry leader named "America's Most Admired Savings Institution" seven times by Fortune Magazine. We've stayed true to our ideals of great customer service and fiscal strength in

supporting homeowners, individuals and communities across 462 offices in 38 states.

World is the second largest savings institution in the U.S. with over \$65 billion in assets. What that means for you is we're here to stay, for our over 8,000 employees as well as our millions of customers nationwide. World is also publicly traded on the New York Stock Exchange (GDW), but we are headquartered right here in the Bay Area. You might just

say we're Oakland's best-kept secret of places to work. But then again, not. After all, World Woman Magazine ranked among its top 25 for female executives three years.

So, if you're ready to enjoy all of the rewards of working with a team. You'll look forward to coming to work where you'll meet on the pulse of financial growth and your life will be greatly valued.

## Bay Area School Offers Cutting-Edge New Curriculum

Silicon Valley College has been a leading provider of career education since 1989, when the first campus was founded in Fremont, CA.

With additional campuses now open in Walnut Creek, San Jose, and Emeryville, the school has since earned a solid reputation for top-quality, technology-oriented learning opportunities in the Bay Area community.

Specializing in high-demand career fields like

Computer-Aided Drafting, Graphic Arts, Information Technology, and Healthcare Technology, the School recently added a program to train students for careers in Biotechnology. Biotechnology, which the U.S. Department of Labor predicts will be "one of the pivotal forces of the 21st Century," is a high-growth field projected to create thousands of Bay Area jobs in coming years. Graduates of SVC's Biotech program will be able to work as Laboratory Technicians in

area research and production facilities.

Although such edge programs are a cornerstone of success, the School's growth is also due to belief in putting students first. Everyone at SVC — administrators, instructors — is dedicated to helping graduates in their chosen careers.

Interested individuals call 1-800-906-5555 for more information.



Read  
**Mega  
News Bits**

### East Bay Job Listings as of 2 PM, Wednesday, January 8

	careerbuilder	Monster	HotJobs
Computer	1185	84	
Banking/Mortgage	485	242	
Healthcare	4000+	197	
Administrative	674	163	

Search Criteria:

**CareerBuilder Job Category:** 1) Healthcare **Keyword:** 2) Computer 3) Banking, Mortgage  
**City:** East Bay. **State:** California.

**Monster Job Category:** 1) Computers Hardware & Software. **Keyword:** 2) Banking  
**Job Category:** 3) Healthcare other & Healthcare Practitioner and Technician 4) Administrative  
**Location:** Oakland/East Bay

**HotJobs Keyword:** 1) Computer. **Job Category:** 2) Banking/Mortgage 3) Healthcare  
4) Clerical/Admin. **Include Jobs From:** Direct Employers and Staffing Firms. **City:** Walnut  
Metro Area. **State:** California. **Experience Level:** All.

### Employers:

See why East Bay recruiters prefer CareerBuilder to any other online job board.

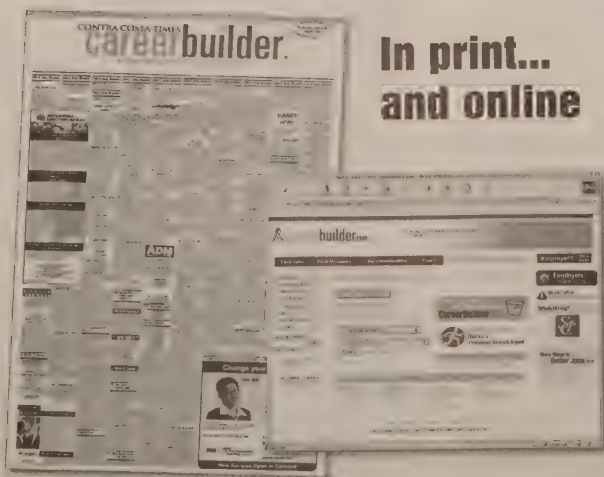
Call the Contra Costa Newspapers' Recruitment Team at (925) 977-8503.

*CareerBuilder in print and online features more Bay Area career opportunities than any other source.*

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<p><b>Professional Schools &amp; Instruction</b></p> <p><b>Get Us Help You....</b></p> <p>For your New Year special, we have an exciting career at Silicon Valley College. Choose from Health, Graphic Arts, or Computer Aided Design. Locations in Fremont, Walnut Creek, and Emeryville. 800-906-5600 now.</p>	<p><b>250 Help Wanted</b></p> <p><b>ACCOUNTANT</b></p> <p><b>CITY OF OAKLAND City Auditor's Office</b></p> <p><b>Deputy City Auditor I</b></p> <p>#3559 - \$4406 month</p> <p>Staff auditors for financial operations audits, performance audits, investigations and special studies for the independent office of the City Auditor for the City of Oakland.</p> <p>Candidates should have a Bachelor's Degree with at least 45 semester units or equivalent in accounting and related subjects, a differing experience in a CPA firm or in government. A CPA, CIA or other related certification is desirable.</p> <p>The City of Oakland offers a comprehensive benefits package. For application information, call (510) 238-3112 or go to <a href="http://www.oaklandnet.com">www.oaklandnet.com</a> click on "City Jobs" EOE</p> <p><b>ACCOUNTANT</b></p> <p>WC CPA firm seeking audit accountant for FT &amp; Per Diem jobs. Local card will be prof with Word, Excel, Lacerte, Go Systems, PCC &amp; Q-Books. Recs BA exp in public audit. We offer ex. comp pkgs incl. benefits for FT.</p> <p>Contact Audit Mgr: <a href="mailto:karen.crawford@all.com">karen.crawford@all.com</a> or fax resume &amp; cover letter to 925-977-4015</p>	<p><b>250 Help Wanted</b></p> <p><b>ACCOUNTING/ADMIN. SUPERVISOR</b></p> <p>HVAC co. seeks ind. w/strong acctg. bkgrnd. 5 yrs exp. supervisory exp. strong computer skills. college degree pref. Sal. DOE fax 925-846-7226 attn Kevin</p> <p><b>ACCOUNTING</b></p> <p><b>CAREER-MINDED ACCOUNTANTS COME JOIN THE INDUSTRY LEADER</b></p> <p>Sr. Acct/Tax Acct. to \$25/hr. Bookkeeper to \$18/hr. AP/Payroll to \$18/hr.</p> <p><b>accountemps</b></p> <p>Specialized Financial Staffing</p> <p>Call Today, EOE Walnut Crk. 925-930-8180 1255 Treat Blvd. #200 Walnut Creek, CA 94597 Visit us @ <a href="http://accountemps.com">accountemps.com</a></p> <p><b>ACCOUNTING MGR Timberline</b></p> <p>req. BS pref. w/7+ yrs exp. Fax 925/969-0751 <a href="mailto:enrnet">enrnet</a></p> <p><b>YOUR MOST CONVENIENT SHOPPING CENTER IS CLASSIFIEDS</b></p>	<p><b>250 Help Wanted</b></p> <p><b>ACCOUNTING FULL CHARGE BOOKKEEPER</b></p> <p>Strong understanding of A/R, A/P, adjustments &amp; closings, posting general ledger, cash receipts, cash disbursements. Able to work with others, independently &amp; complete projects on time. Good oral &amp; written comm. skills. Computer skills a must. Two year accounting degree. Email resume to <a href="mailto:olga@baron-direct.com">olga@baron-direct.com</a> or fax to 510/334-0306. Email benefit Package after 30 days. Web ID CC010415222</p> <p><b>ACCOUNTING STAND-ALONE Domestic Violence</b></p> <p>(formerly Battered Women's Alternatives) has the following opportunity in our Finance Department.</p> <p><b>ACCOUNTING MGR.</b></p> <p>The candidate for this position will have the following experience &amp; qualifications:</p> <ul style="list-style-type: none"> <li>• Experience in fiscal, admin. mgmt. of acctg. functions, including participation in strategic planning and quality assurance with the director</li> <li>• Non-profit exp. with a focus on grants mgmt., budget prep. &amp; analysis</li> <li>• Exp. in personnel mgmt. of professional staff</li> <li>• BA in Accounting, CPA pref</li> <li>• Fluency in MS Office 2000 and computerized accounting systems</li> </ul> <p>For immediate consideration, pls. forward your res. to <a href="mailto:resumes@standaloneadv.org">resumes@standaloneadv.org</a></p>	<p><b>250 Help Wanted</b></p> <p><b>ACCOUNTING TECHNICIAN (I)</b></p> <p><b>City of Brentwood</b></p> <p>(\$17.97-\$24.08/hr.)</p> <p>The hourly position will work 20 hours per week minimum. Additional hours, up to 40 hours per week, may be required. Full-time 27.03 pending approval.</p> <p>Two years exp. performing responsible &amp; complex accounting support work, budgetary, financial, statistical. An AA acctg. business admin. or related field is highly desirable. Obtain required City application &amp; detailed City flyer at City Hall 708 Third St. Brentwood, CA 94519, calling 925-516-5168 at <a href="http://www.ci.brentwood.ca.us">www.ci.brentwood.ca.us</a> Apply by 1/24/03</p> <p>Postmarks, faxed or emailed resumes will not be accepted. EOE</p> <p><b>WHEN YOU NEED TO SELL IT NOW TRY CLASSIFIED</b></p>	<p><b>250 Help Wanted</b></p> <p><b>ACCOUNTING</b></p> <p>Tired of doing accounting but still love the profession? Consider being a staffing recruiter in W.C. or S.F. Staffing &amp; Accounting Rec. CMA or CPA pref. Sal. + comm. EOE. Send Resume to <a href="mailto:wcac2003@yahoo.com">wcac2003@yahoo.com</a></p> <p><b>ACTIVIST ORGANIZER</b></p> <p>Work for justice, build a movement for social justice. ACPH, nat'l grass roots organization, seeks dedicated indiv. for community organizer positions. Learn more about 3 day regional training in San Jose. Contact Deracka Mehrens 408/293-1520</p> <p><b>ADMIN ASSISTANT FT</b></p> <p>Morga industrial sales office. General cto skills. computer knowledge required. Detail oriented. Pleasant telephone demeanor. Essential. SCHOLARS INC. Call (925) 376-7316.</p>	<p><b>250 Help Wanted</b></p> <p><b>ADMINISTRATION</b></p> <p>Exec. Asst./Office Mgr. Orange Coast Title 20 year old co. seeks EAO/CM for Nor Cal Div. based in Pleasanton. Duties include light A/R, payroll, facilities mgmt, report production, general office admin., field communication. Skills req. good personal communication, computer skills. Microsoft Office, internet, organization. Multi-tasking. Competitive Salary and Benefits. Fax Resume 925-251-0161, EOE</p> <p><b>ADMINISTRATIVE ASST</b></p> <p>Registered Sales Asst. Make the most of your potential at Morgan Stanley. As you assist Firm, Advise clients inquiries, help facilitate trades &amp; solve problems to qualify, you must have a Registered Rep. lic. related exp., excellent commun. &amp; people skills, &amp; a working knowledge of the stock market. We offer a commensurate wesp &amp; an excel. bnf. pkg. Fax res. to 925-254-2550</p> <p><b>Morgan Stanley, Orinda</b></p> <p>One client at a time. Equal Opportunity Employer</p> <p><b>LOOKING for a new Occupation? FIND IT NOW IS CLASSIFIED</b></p> <p><b>QUICK &amp; HANDY THAT'S CLASSIFIED!</b></p>	<p><b>250 Help Wanted</b></p> <p><b>ADMINISTRATIVE ASST.</b></p> <p>Stoneridge seeks a Mgmt. Asst. Candidate must be a self-starter. Multi-tasker with a positive, cooperative attitude. Resp. include:</p> <ul style="list-style-type: none"> <li>• Administrative</li> <li>• Customer Service</li> <li>• Secretarial/Clerical</li> <li>• Personnel Coordinator</li> <li>• Receptionist Duties</li> </ul> <p>Please fax resume with salary history to 925-483-1457, or mail to Stoneridge Management Office, 1 Stoneridge Mall, Pleasanton, CA 94566 (Equal Opportunity Employer) Web ID CC011618522</p> <p><b>CAREER CHANGE SOUND GOOD? Check CLASSIFIED It has endless possibilities</b></p>	<p><b>250 Help Wanted</b></p> <p><b>Accounting Manager</b></p> <p>The Tribune, a 40,000 circulation Knight-Ridder Newspaper on California's Central Coast is seeking a high energy, career minded individual to join our Finance team. The key management position is a career position with opportunities for advancement, growth, and career development. Reporting directly to the CFO the ideal candidate will be a team oriented, self-starter with strong communication skills and a proven track record in contributing new ideas. Exceptional analytical and problem solving skills are an absolute must for success. This individual will work closely with other department heads, particularly Department VPs and Directors, and on the CFO's behalf and representing the entire Finance Department. In addition to managing general accounting, financial reporting and overseeing daily operations for the entire Tribune, the Accounting Manager will provide analysis of business data and recommend courses of action based on that analysis. This individual must thrive in a complex, dynamic environment. Proven management skills are required as this position is charged with the motivation, training and development of staff. high-energy accounting staff.</p> <p>Requirements:</p> <ul style="list-style-type: none"> <li>• BS in Accounting required</li> <li>• Proven experience managing a professional staff</li> <li>• Strong written and verbal communication skills</li> <li>• Excellent analytical skills</li> <li>• CPA preferred</li> </ul> <p>San Luis Obispo is a terrific environment in which to live and work - home to a truly unique variety, it's an area with unbeatable weather, a vibrant downtown, and a host of cultural and outdoor recreational activities. We offer competitive compensation, and excellent benefits. To apply, send cover letter, resume, and salary requirements to: Devon P. Goetz, The Tribune P.O. Box 192, San Luis Obispo, CA 93406. Or email to <a href="mailto:dpgoetz@tribunenews.com">dpgoetz@tribunenews.com</a> EOE</p>
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## ACCOUNTING

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Responsibilities include the preparation, review and analysis of product costing from formula and production standards through overhead allocation and variance analysis. Candidates must possess strong mathematical skills, high degree of analytical and problem solving skills, the ability to multi-task and work independently, and excellent communication and organizational skills. Requirements include BA/BS Degree and minimum 5 - 7 years related experience or combination of education and experience. Must be proficient with Microsoft Office products with advanced Excel skills.

Web ID CC0112674059

### Assistant Controller

We are seeking a hands-on individual to assist in management of financial and accounting functions in dynamic, fast paced environment. Duties include supervising day-to-day accounting operations and personnel; maintaining internal accounting procedures and systems; coordinating timely and accurate financial statement and related schedules, budget reports and cost variance analysis; managing external audits; and assisting senior controller in meeting overall needs of the company. Candidates must possess strong technical accounting skills, high degree of analytical and problem solving skills, the ability to multi-task and work independently, and excellent communication, management and organizational skills. Requirements include BA/BS in Accounting/Finance/Business Admin. and minimum 7 - 10 years related experience. CPA experience is preferred. Must be proficient with Microsoft Office products with advanced Excel skills.

Web ID CC0112674059

Please send resume with salary requirements and history to:  
Attn: Human Resources, PO Box 86, Fairfield, CA 94533;  
or e-mail us at [jobs@jellybelly.com](mailto:jobs@jellybelly.com).

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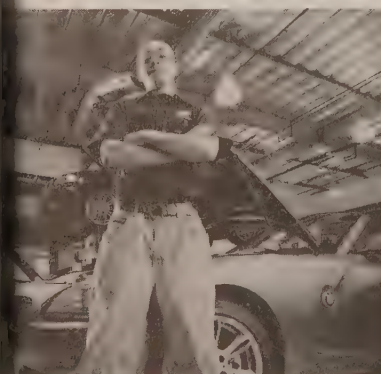
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This information sheet includes positions for which the City of Oakland is currently accepting applications. The closing date is the final date for which the City will accept applications. To check for job openings and closing dates, please call the 24-hour Job Hotline at (510) 238-3111. TDD is (510) 238-6930. The Job Hotline is updated every Monday morning. If you would like a copy of a job announcement and application, you may visit our website at [www.oaklandnet.com](http://www.oaklandnet.com), or visit the Employment Information Office at 150 Frank H. Ogawa Plaza, 2nd Floor, Oakland, California 94612-2019.

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(1) possession of a valid license as a Physical Control of Medical Examiners of the State of California from an approved school of physical therapy training to take the State of California Physical Therapy Examination. Continued employment in this class is dependent upon successfully passing the examination.

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**\$3736 - \$4543**  
**Open Until Filled**

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issued by the State of California as a Clinical or two (2) years of FTE experience as a licensed laboratory.

**CLINICAL DIETITIAN**  
**\$3779 - \$4594**  
**CCRM, Martinez - Continuum**

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**CARDIOLOGY TECHNICIAN**  
**\$2797 - \$3571**  
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Friday, January 17, 2003

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## Adjust cooking times when preparing succulent beef or pork roasts

BY RUSS PARSONS  
LOS ANGELES TIMES

Roast is the very image of a dinner. But lately you've probably been finding that the reality doesn't measure up. Too often that so monumental in appearance is nothing but a giant disappointment. What should be gloriously juicy turns out to be only a dry, unappetizing mass.

The fault isn't with the cook, but with the meat. Beef and pork are now bred to have much less fat than in the past, and that can mean a disappointing dinner. Fortunately, it's a problem that is pretty easily solved with a little preparation, though it does require some retraining on your

part. To unravel this particular puzzle, I searched through hundreds of scientific reports and then about a dozen roasts. We roasted pork and we roasted beef, and we roasted them to medium temperatures and rarer. We used ovens preheated to blazing hot, or gentle, and some in between, and high and finishing low.

What we found surprised us. On the sliced roasts side by side, the differences were astonishing. You might never have guessed that the only thing different about their preparation was the temperature. And the secret was so successful — a moist, succulent holiday roast — was a low temperature, for the finished roast for the oven in which it's cooked.

Don't panic, we're not talking about serving Uncle Bert bloody roast beef. When cooked at the oven temperature for a slightly longer time, a roast cooked to 125 degrees (historically quite rare) came out more like a conservatively medium-rare. The meat was and definitely cooked through, still juicy and flavorful.

When cooked in a hot oven, on the other hand, was still slightly raw in the center — even though it had

been cooked to the exact same temperature.

To understand how this works, you need to know a little bit about meat and heat. Roasts come from tender cuts of meat — the muscles that didn't get much exercise. Because they have less connective tissue than other cuts, they can be cooked rarer and in an oven instead of a covered pot — it's the stringy sinewy cuts that need the long moist cooking of a stew or braise.

Dry cooking — roasting, grilling and sautéing — won't make meat more tender, but it does have one distinct advantage over moist. It can brown. The chemical reactions that cause browning in meat don't begin to get going until the temperature on the surface reaches about 300 degrees. Since anything cooked with liquid present will never get hotter than the boiling point — 212 degrees — braised meat will never brown. That's why you sauté stew meat before you add any liquid. It's also why you should be sure to pat roasts completely dry before putting them in the oven.

It may sound redundant, but with these dry forms of cooking, dryness is always a problem. But it isn't dry air that causes the loss of juiciness, but the effects of the heat. When meat roasts, the protein strands contract and squeeze out the moisture they hold (as we'll see, as much as 25 percent).

When there is fat in the meat — either on the outside of the cut or the fine marbling within the muscle — this isn't such a problem. The fat renders, too, and that makes them seem juicy even if there is less actual moisture in the meat.

And therein lies the rub. Responding to what they perceive as the consumers' demands, the meat industry has been working overtime for the last 20 years to reduce the amount of fat in their products. The percentage of fat in the average piece of pork has been cut by a third since the early 1980s. The per-

centage of fat in beef fell 27 percent from the early '80s to 1990 and, according to a beef industry spokesman, is "probably well below that now." In fact, some luxury cuts such as sirloin and tenderloin now meet government standards as "lean," meaning they are low in fat and cholesterol.

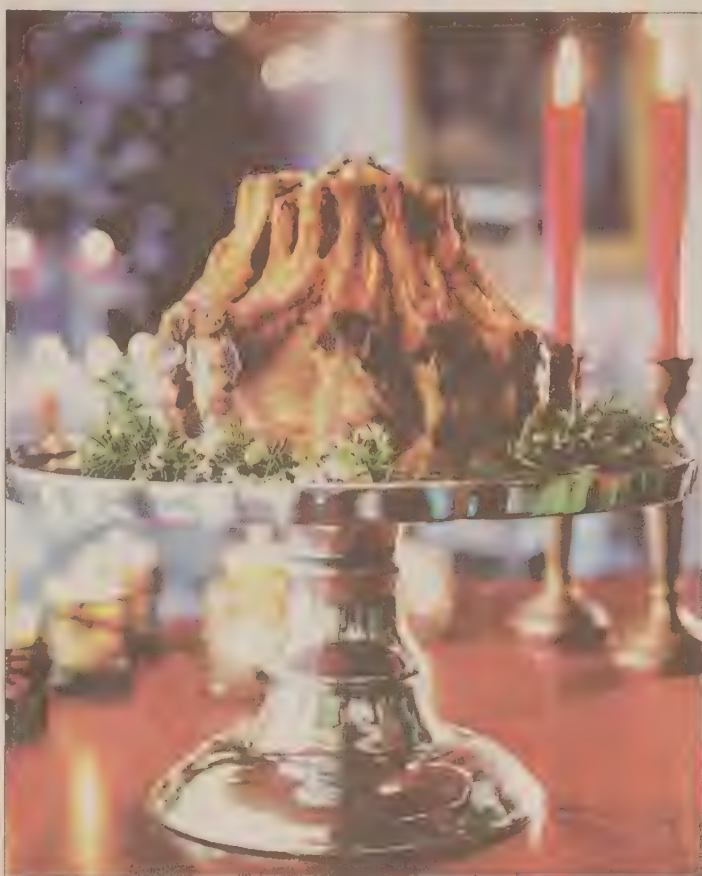
This has been done with the intention of making all of us meat-eaters leaner as well, and someday it may succeed in that. But a more immediate result has been to reduce the margin of error in roasting. Today if you overcook meat even a little bit, your guests will know it immediately.

Instead of cooking beef to 145 degrees (on the medium side of medium-rare), we found that removing it from the oven at 125, then being sure to let it rest and rise to 135 yielded beef that was still firm but was far moister. For pork, use 145 degrees instead of 160 (or even, shudder, the previous USDA recommendation of 180!).

Left unanswered was the question of at what temperature you cook it.

For the answer, we took three beef and three pork loins of roughly the same sizes and roasted them — one each at moderately high heat (450 degrees), one each at moderately low heat (300 degrees) and one each straddling the fence (450 degrees turned down to 300 after 15 minutes).

When the roasts were done, we removed them from the oven and set them aside for 10 to 15 minutes to rest. This is standard practice for roasting, though it is often overlooked in the cook's rush to get dinner on the table. It is important because it allows the roast to finish cooking with the residual heat retained in the meat. The internal temperature will increase from 5 to 15 degrees during the rest, depending on the size of the cut (smaller cuts



ROBERT GAUTHIER, LOS ANGELES TIMES

**A CROWN ROAST OF PORK**, stuffed with wild rice and dried fruit, makes for a dramatic main course. Like beef, pork is lower in fat than it used to be — which means, to ensure tender meat, cooking temperatures should be lowered, too.

See ROAST, Page 2

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## Roast

FROM PAGE 1

retain less heat). Equally important, it allows the meat's juices, which have been driven to the center by the heat of cooking, to redistribute evenly through the roast.

We cooked the beef to an internal temperature of 125 degrees. After a 10-minute rest, it was at 135, on the rare side of medium-rare - definitely moist and reddish pink, but the muscle fibers were set, not raw.

The pork we cooked to an internal temperature of 145 degrees (rising to 155 after the rest). This is somewhat lower than the current USDA standard of 160 degrees, but well above the minimum for safety. Pork needs to be held at 140 degrees for less than a minute to eliminate any threat of trichinosis.

What we found in our roasts was that high temperature roasting does develop a marginally better crust, but at a cost. The slight improvement in the crust is more than offset by a distinct toughening of the meat.

The roasts cooked at 450 degrees were definitely chewy and a little dry in the outside portions and were still quite rare in the center. Except for the browning in the crust, the flavor was a little weak as well.

The meats cooked at low heat were more tender and moister as well. And, except for the very outer crust, the meat had better flavor - it was fuller and meatier. While the exterior lacked some of the crust of the high-heat roasts, it didn't seem enough to tip the balance.

The roasts that were cooked first at high heat then at low were right in the middle. The crusting wasn't as good as the high-temperature roasts and they weren't as tender as the low.

The differences among cooking methods were particularly profound with beef. Not only was the high-heat loin not as good; there was less of it. The high-heat loin weighed 25 percent less after roasting, compared with a 15 percent shrinkage for both low-heat and high-low.

This is not to say that high-heat roasting does not work. It is still the best way to cook unstuffed poultry, where the skin provides a fatty cover that crisps and crusts well.

Birds also have a thermodynamic advantage in that they are hollow. This provides a tunnel for the hot oven air to circulate through and means a far smaller surface-to-volume ratio. Because of this, birds cook fast enough that at 450 or even 500 degrees overcooking and toughening aren't a problem.

### CROWN ROAST OF PORK STUFFED WITH WILD RICE AND DRIED FRUIT

- 1 (8-pound) crown pork roast
- Salt, pepper
- 1 pound wild rice
- 10 cups water
- 2 shallots, minced
- 1/3 cup dried cranberries
- 1 cup slivered dried pears (about 6 ounces)
- 1 teaspoon minced fresh rosemary
- 1 cup coarsely chopped walnuts
- 1/2 teaspoon red wine vinegar

1. Heat the oven to 300 degrees. Season the roast generously with salt and pepper and place it upside-down in a roasting pan, so it is supported by the rib bones.

Roast 30 minutes, then turn the meat over and continue cooking to an internal temperature of about 140 degrees, about 2 hours.

2. While the roast is cooking, combine the wild rice, 1 1/2 teaspoons of salt and the water in a large saucepan and cook uncov-



**BLACK OLIVE TAPENADE** coats this rib roast. For tender meat, roast it at a relatively low 300 degrees until the meat thermometer registers at just 125 degrees. Be sure to let the roast sit before serving, letting the thermometer rise to 135 degrees.



**A MIXTURE OF WHITE** and porcini mushrooms moistens and delicately scents the breast meat of roast capon.

ered over medium-high heat until the rice is tender, about 45 minutes. Drain the rice and return to the pan. Add the shallots, cranberries, pears and rosemary, cover the pan and let stand until the roast is ready.

3. When the roast is ready, add the walnuts to the wild rice, season to taste with salt and pepper and stir in the red wine vinegar. Spoon as much of the rice filling as possible into the center of the crown roast, spoon some of the fat from the bottom of the roasting pan over the stuffing, and return the meat to the oven.

(Place the remaining wild rice stuffing in a baking dish alongside the roast.) Cook the roast to an internal temperature of 145 degrees, an additional 10 to 15 minutes.

Total time: 3 1/2 hours, makes 12 servings.

### RIB ROAST WITH TAPENADE

- 6 ounces pitted black olives
- 3 cloves garlic, divided
- 4 anchovy filets
- 3 sprigs rosemary, leaves removed
- About 1/4 cup red wine
- 1 (3 1/2 to 4-pound) standing rib roast
- Freshly ground pepper
- 3/4 cup fresh bread crumbs
- 1/2 teaspoon minced fresh rosemary
- Olive oil, optional
- 12 baguette slices, toasted

1. Pulse the olives, 2 cloves of garlic, the anchovies and rosemary leaves in a food processor. Add just enough red wine to allow the mixture to form a fairly smooth paste.

2. Score the fatty sides of the rib roast in a diamond pattern, us-

ing a sharp knife to cut through the fat but not into the meat. Smear the top and both sides of the roast with the olive mixture, season generously with pepper and let it stand at room temperature 30 to 45 minutes to marinate. Reserve any leftover olive mixture.

3. Heat the oven to 300 degrees. Carefully transfer the rib roast to a shallow roasting pan, bone-side down. Disturb the olive smear as little as possible. Roast to an internal temperature of about 115 degrees. This will take about 2 hours.

4. In a food processor, pulse the bread crumbs, remaining clove of garlic and the 1/2 teaspoon of rosemary until the gar-

lic is minced fine. Remove the roast from the oven and pat the seasoned bread crumbs over top.

Spoon over some of the fat from the bottom of the pan and return the roast to the oven. (If there is very little fat, sprinkle about 1 tablespoon of olive oil over the crumbs.) Continue roasting to an internal temperature of 125 degrees, about 20 minutes more.

5. Remove the roast from the oven, cover it loosely with foil and let it stand an additional 15 minutes before carving. Use the remaining tapenade to smear on the toasted baguette slices and serve it alongside the carved roast, dipped in the juices.

Total time: 2 1/2 hours, makes 8 servings.

### ROAST CAPON WITH WILD MUSHROOM STUFFING

- 1/2 ounce dried porcini mushrooms
- 3/4 cup warm water
- 1 shallot, peeled
- 1/2 pound white mushrooms
- Juice and minced zest of 1/2 lemon
- 3 tablespoons butter
- Salt
- 1 teaspoon minced fresh thyme
- 1/2 teaspoon minced fresh rosemary
- Freshly ground pepper
- 1/4 cup Cognac or other brandy (not fruit-based)
- 1 (8 to 10-pound) capon or roasting chicken

1. Cover the dried mushrooms with the warm water; set aside to soften, about 10 minutes.

2. In a food processor with the motor running, drop the shallot through the feed tube and chop until finely minced, 10 seconds. Scrape down the sides of the work bowl, add the white mushrooms and the lemon zest and pulse to mince them as well.

Drain the dried mushrooms and squeeze dry, reserving the liquid to add to stock or soup. Add the softened mushrooms to the food processor; pulse to mince.

3. Melt the butter in a large skillet over medium-high heat. When the butter is sizzling, add the minced mushroom mixture.

The mushrooms will almost instantly absorb all of the butter. Let them continue to cook, stirring frequently, and after 2 or 3 minutes, they will begin to release their moisture.

Season with 1 teaspoon of salt, thyme, rosemary and a generous grinding of pepper and continue cooking until the moisture from the mushrooms has been reabsorbed and the bottom of the pan is completely dry when you drag a spoon across it, about 5 minutes. Add the Cognac and lemon juice and cook until the mushrooms are completely dry again, about 2 minutes.

Remove from the heat and cool. (The recipe can be prepared to this point as much as a day ahead and refrigerated, tightly sealed.)

4. Heat the oven to 400 degrees. Rinse the chicken inside and out with cold water and pat dry. Using your fingers, separate the skin covering the breast from the meat at the main cavity. Work your hand way underneath the skin until you have completely separated it from the breast meat up to the wishbone.

5. Carefully spoon the mushroom mixture into the pocket between the skin and the meat. As you work, press the skin with your hand to push the mushrooms all the way to the wishbone end of the breast.

The mushrooms should com-

pletely cover the breast with a layer about 1/2- to 3/4 inch thick.

6. Truss the chicken with a piece of kitchen twine, about 12 inches long. In the twine, form a loop around the knob of the wishbone.

Pull the other end of the twine along the side, alongside, secure the loop and pull it tight. The loose ends of the twine should be tucked snugly around the chicken so that the wing tips to the tail.

The twine should be tight enough to hold the bird together, but not so tight it cuts into the skin at the ends and causes the twine to burn.

7. Generously season the outside of the bird with the place it breast-side up. Set aside for 10 minutes until a thermometer registers the deepest part of the breast at 160 degrees, 70 to 75 minutes.

Remove the chicken from the oven and cover loosely with foil. Set aside for 10 minutes before carving. Carve as you would a turkey.

Note: When you carve the bird from the oven, the breast will be a little scorched-looking. Not to worry, the room stuffing should be moist and delicious. You'll find that the meat is incredibly moist and scented with the flavors of the stuffing.

Total time: 2 hours, makes 8 servings.

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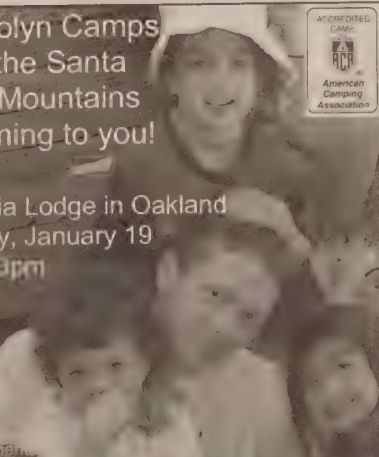
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# Low-fat cooking: Salmon-veggie bake

THE ASSOCIATED PRESS

This recipe is among the 1,200 featured in the latest edition of a classic cookbook, the 12th edition of "Better Homes and Gardens New Cook Book" (Meredith Books, 2002, hardcover \$29.95, softcover \$16.95). Nutrition information is included with every recipe, as are preparation and cooking times, and the book, which has inside ring binding, is illustrated with color photos.

The salmon recipe headnotes warn that the packets will be very hot when they come out of the oven. You can carefully transfer the contents of each to a dinner plate — or, for casual dining, leave the meal in the packet, and invite diners to grab a fork and dig in.

## SALMON-VEGGIE BAKE

1 pound fresh or frozen skinless salmon, orange roughly, cod, flounder or sea bass fillets, about ¾-inch thick  
2 cups thinly sliced carrots (4)  
2 cups sliced fresh mushrooms  
½ cup sliced green onions (4)

2 teaspoons finely shredded orange peel  
2 teaspoons snipped fresh oregano, or ½ teaspoon dried oregano, crushed  
4 cloves garlic, halved  
¼ teaspoon salt  
¼ teaspoon black pepper  
4 teaspoons olive oil  
Salt and black pepper  
2 medium oranges, thinly sliced  
4 sprigs fresh oregano (optional garnish)

Thaw fish, if frozen. Rinse fish; pat dry with paper towels. Cut into 4 serving pieces, if necessary. Set aside.

In a small saucepan cook carrots, covered, in a small amount of boiling water for 2 minutes. Drain and set aside.

Tear off four 24-inch pieces of 18-inch-wide heavy foil. Fold each in half to make four 18-by-12-inch pieces.

Preheat oven to 350 degrees. In a large bowl combine carrots, mushrooms, green onions, orange peel, oregano, garlic, the

¼ teaspoon salt, and the ¼ teaspoon pepper; toss gently to combine.

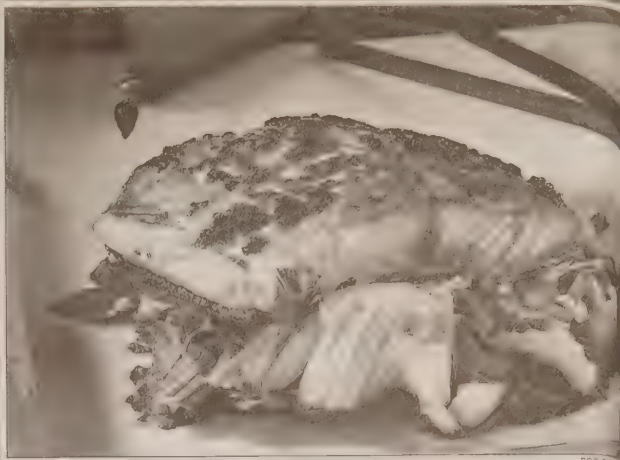
Divide vegetables among the 4 pieces of foil, placing vegetables in center of each piece. Place 1 piece of salmon on top of each portion of vegetables.

Drizzle 1 teaspoon of the oil over each piece of salmon. Sprinkle each lightly with additional salt and pepper, top with orange slices and, if desired, a sprig of oregano. Bring together 2 opposite edges of foil and seal with a double fold. Fold remaining ends to completely enclose the food, allowing space for steam to build.

Place the foil packets in a single layer on a baking pan.

Bake in a 350 degree oven about 30 minutes, or until carrots are tender and fish flakes easily when tested with a fork. Open slowly to allow steam to escape. Transfer the packets to individual plates.

Preparation 30 minutes, cooking time 30 minutes, makes 4 servings.



STEAMED BABY BOK CHOY, a variety of cabbage, forms a bed for salmon roasted with seasonings.

## Oven-roasted salmon with Asian flavorings and baby bok choy

BY CAROL MIGHTON HADDIX  
CHICAGO TRIBUNE

Salmon's rich flavor can hold up to many different glazes, sauces and seasonings. Pick from your favorite ethnic flavors.

You might choose a Middle Eastern rub of minced garlic, paprika, cumin and cilantro. Or try the classic dill sauce made with yogurt.

Here, we've gone Asian with a light marinade of tamar (similar to soy sauce), garlic and ginger. Then we teamed the salmon with steamed bok choy.

**Menu:** Oven-roasted salmon with Asian flavorings and baby bok choy, Basmati rice, Crescent rolls, Bakery custard pie, Sauvignon blanc.

**Time-saving tips:** To have fresh ginger on hand anytime, peel and store it in a jar of sherry

in the refrigerator. Start heating the water for the rice before marinating the salmon.

### OVEN-ROASTED SALMON WITH ASIAN FLAVORINGS AND BABY BOK CHOY

4 fillets salmon, 6 ounces each  
3 cloves garlic, minced  
1 piece (1-inch long) ginger root, peeled, minced  
¼ cup white wine or sherry  
1 tablespoon tamar or soy sauce  
Freshly ground pepper 8 heads baby bok choy  
2 tablespoons peanut oil

Heat oven to 400 degrees. Place salmon fillets in baking pan. Sprinkle garlic and ginger over fillets. Add half of the wine and tamar. Turn fillets to coat all sides. Marinate 10 minutes.

Heat oil in large, oven-safe skillet over high heat. Add fillets, skin

side up; sear 2 minutes. Turn fillets over; sear 2 minutes. Sprinkle with pepper to taste. Place on top of bok choy in steamer until crisp-tender, about 5 minutes. Remove to platter. Pour remaining wine into hot skillet. Simmer 2 minutes. Note: Some supermarkets carry baby bok choy. If you can't find it, a whole head of bok choy can be simply chopped into 8 heads.

Preparation time: 10 minutes. Marinating time: 10 minutes. Cooking time: 12 minutes. Servings: 4.



AP PHOTO/MEREDITH BOOKS

**SALMON-VEGGIE BAKE** is a low-fat meal that serves plenty of taste and substance baked in individual, steaming-hot foil packets. You may also use orange roughly, cod, flounder or sea bass fillets. The recipe is from the 12th edition "Better Homes and Gardens New Cookbook" (Meredith Books).

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**BEET RISOTTO** with greens, goat cheese and walnuts has a beautiful burgundy color — the beets, of course.

## Vegetarian cooking: Beet risotto with greens, goat cheese and walnuts

ASSOCIATED PRESS

The first thing you'll notice about this beet risotto with greens, goat cheese and walnuts is its beautiful burgundy color — from the beets, of course.

That's because the beets are cooked along with the rice. Before that, walnuts are toasted, then onions sautéed in the same Dutch oven in which the dish is completed.

The recipe is among the "One-Dish Wonders" that Peter Berley, vegetarian food writer, contributed to a feature for Cooking Light magazine's December issue.

Nowadays, he writes, he generally doesn't have the time to cook slowly. "But I still crave the nourishing pleasure that one-pot

meals can provide," he says, and his risotto recipe doesn't call for long, slow cooking.

### BEET RISOTTO WITH GREENS, GOAT CHEESE AND WALNUTS

2 teaspoons olive oil  
1 cup chopped onion  
1 cup Arborio rice  
1 tablespoon minced peeled fresh ginger  
2 teaspoons finely chopped fresh rosemary  
½ cup dry white wine  
3 cups finely chopped peeled beets  
½ cup water  
¼ teaspoon fine sea salt  
14½-ounce can vegetable broth  
6 cups finely sliced Swiss chard

½ cup (2 ounces) crumbled goat cheese  
½ cup chopped walnuts, toasted

Heat oil in a Dutch oven over medium-high heat. Add onion; sauté 3 minutes. Add rice, ginger and rosemary; sauté 1 minute. Add wine, cook 3 minutes or more until liquid is nearly absorbed, stirring constantly.

Add beets, water, salt and broth; bring to a boil. Cover, reduce heat, and simmer 20 minutes or until beets are tender, stirring occasionally.

Stir in chard; cook 5 minutes. Add cheese, stirring until blended. Sprinkle each serving with 1 tablespoon walnuts.

Makes 4 servings.

## Nutrient in eggs may help memory

NAPS

Researchers say choline, a nutrient found in eggs, may play a critical role in the development of an infant.

According to research on choline presented at the American Association's annual Food and Nutrition Conference and Exhibitions, choline is a nutrient that, according to research on choline, may play a critical role in the development of an infant.

Dr. Zeisel examined choline's role during pregnancy in the development of critical areas of the fetus' brain and its effect on brain function later in life. In research using laboratory rats that received choline supplements (in utero or during the second week of life), Dr. Zeisel found that the rats' brain function changed, resulting in lifelong memory enhancement. The change in memory function appears to be due to changes in the development of the memory center in the brain.

variety of foods, and that one or two eggs a day can only be helpful in terms of delivering the right amount of choline during pregnancy," says Dr. Zeisel.

"Research with animal models shows that if a mother doesn't have enough choline during pregnancy, the fetus' brain doesn't develop normally and the baby can be born either with defective memory or lower memory capabilities that lasts throughout life," he adds.

Choline, a nutrient essential for normal functioning of all cells, assures the structural development and signaling functions of cell membranes. In addition to memory, research shows that choline can improve cardiovascular health, liver function and reproductive development.

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To learn more about the latest research regarding the health benefits of eggs, log onto the Egg Nutrition Center's Web site at [www.eggnutrition.org](http://www.eggnutrition.org).

## Debating the proper temperature for cooking roasts — high versus low heat

BY RUSS PARSONS  
LOS ANGELES TIMES

Students of the art of roasting are well familiar with the debate over high-versus-low-heat roasting. It really hit the big time in 1995 when Barbara Kafka published her book "Roasting," advocating "hot ovens, short roasting times and rare meat."

In this case, "hot" means 500 degrees (an industrial strength kitchen exhaust fan is presumed). The advantage of high-heat roasting is a really great crust as well as, presumably, moister meat due to shorter cooking time.

The opposing camp is less focused on a single personality, but its prime spokesman is probably

Christopher Kimball of Cook's Illustrated magazine. Low Heaters argue that a slower oven results in meat that is moister and more tender. In an article last year, Cook's advocated cooking roast beef at 250 degrees. Of course, that required first searing it in a skillet on top of

the stove to get any kind of crust at all.

Some cooks refuse to choose. They try to straddle the middle, starting the meat at a high temperature and then turning it down after a period of time ranging from 15 to 30 minutes.

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## Dinner could not be easier with quick and tasty ginger beef and noodle soup

THE ASSOCIATED PRESS

Ginger beef and noodle soup is a solution to a common problem: the cook's lack of time.

This Asian-inspired main-dish soup can be on the table in just 15 minutes, using ground beef, ginger, broth, instant ramen noodles and frozen vegetables. To complete the menu, serve rice crackers or crusty bread and some fresh fruit. Dinner couldn't be easier.

In addition to cooking quickly, a 3-ounce serving of lean ground beef contains only 5 grams of total fat.

### GINGER BEEF AND NOODLE SOUP

1 pound lean ground beef  
1/2 teaspoon salt  
1/2 teaspoon ground ginger  
1/4 to 1/2 teaspoon pepper  
2 cups water  
13 1/4- to 14 1/2-ounce can ready-to-serve vegetable broth  
3-ounce package beef-flavored instant ramen noodles, broken up  
3 cups frozen broccoli stir-fry vegetable mixture

In Dutch oven or large saucepan, brown ground beef over medium heat 6 minutes or until outside surface is no longer

pink, breaking up into 3/4-inch crumbles.

Pour off drippings. Add salt, ginger and pepper. Stir in water, broth and seasoning packet from ramen noodles; bring to a boil.

Stir in noodles and vegetables; return to a boil.

Continue cooking 2 to 3 minutes or until noodles are tender.

Total preparation and cooking time 15 minutes, makes 4 servings (serving size about 1-1/2 cups).

Recipe for AP from the National Cattlemen's Beef Association.



AP PHOTO/NATIONAL CATTLEMEN'S

Ginger Beef and Noodle Soup is a solution to a common problem: the cook's lack of time. Asian-inspired soup can be on the table in just 15 minutes, using lean ground beef, instant ramen noodles and frozen veggies.

## Easy vegetarian recipes for the new year

BY J.M. HIRSCH

ASSOCIATED PRESS/WFLA

CONCORD, N.H. — With the holidays behind us, the focus predictably shifts to how to lose the pounds packed on while decking the halls and merrily ringing in the new year.

The trick to shedding pounds without starving is to select foods naturally low in fat, but that also bring heft and bulk to our diet, leaving us full and less likely to graze each time we pass the refrigerator.

It also helps if the foods are easy to prepare. Start with salads, an obvious choice for dieting. Ditch the lettuce. Instead, substitute the heartier baby spinach leaves or kale, a cold-weather leafy green that sweetens as the temperature drops.

Most tomatoes taste like plastic this time of year. If they are a must in your salads, use cherry or grape tomatoes, which tend to be sweeter.

Whatever else you add, don't forget the protein. Spicy baked tofu (available at most large grocers and natural-food shops) is a great choice, as are veggie burgers that are baked and then cut into crouton-sized pieces.

Beans, and we're not talking about the baked variety, also are an excellent choice. Try kidney, great northern, pinto and chickpeas (also called garbanzo beans). Cannellini and black soy beans are great.

These beans are perfect right from the can. Simply rinse them in a mesh strainer, allow to drip dry for several minutes, then add them to your salad.

Speaking of beans, they are also a great way to winterize just about any soup. Minus the onion, soups can leave you starving just hours after eating. Bulk them up with beans

and a bit of brown rice for lowfat satisfaction.

Canned beans also can make great main courses that come together in no time. Chili is a great example.

For an easy chili, combine one or two cans of kidney or pinto beans (liquid included) with an equal amount of canned crushed tomatoes. Add a package of vegetarian ground "beef" (available in the freezer section of most grocers), a chopped onion and bell pepper, and a cup of white rice. Add water or vegetable broth to cover, season to taste with chilies or chili powder or both, and simmer for 30 minutes.

Chickpeas are another terrific main-course bean. For an Indian take on this versatile bean, try a chickpea and spinach curry from Cooking Light magazine. Or for something more Mediterranean, try tomato, black olive and chickpea stew with fresh shiitakes, using a recipe by food writer Deborah Krasner from Vegetarian Times magazine.

### CHICKPEA AND SPINACH CURRY

1 cup coarsely chopped onion  
1 1/2 tablespoons fresh grated ginger

1 teaspoon olive oil  
1 1/2 teaspoons sugar  
1 1/2 teaspoons red curry powder  
19-ounce can chickpeas, rinsed and drained  
14 1/2-ounce can diced tomatoes, with liquid

4 cups fresh spinach leaves  
1/2 cup water  
1/4 teaspoon salt  
Combine the onion and ginger in a food processor and pulse until minced.

Heat the oil in a large skillet over

a medium-high flame. Add the onion mixture, sugar and curry. Saute for 3 minutes. Add the chickpeas and tomatoes and simmer for 2 minutes.

Stir in the spinach and salt. Cook for another minute, or until the spinach wilts.

Preparation 20 minutes. Makes 3 servings.

Recipe from Cooking Light magazine, October 2002.

### TOMATO, BLACK OLIVE AND CHICKPEA STEW WITH FRESH SHIITAKES

2 tablespoons extra-virgin olive oil

2 cups chopped onion  
2 cloves garlic, peeled, crushed and minced

1/4 pound fresh shiitake mushrooms, stems finely chopped and caps cut into 1/2-inch slices  
1/3 cup white wine

3 cups canned whole peeled tomatoes

1 and 1/3 cups chickpeas, drained and rinsed

1 tablespoon capers (preferably salt-packed, not rinsed)

1/2 cup oil-cured black olives, pitted

1 tablespoon crumbled dried or minced fresh oregano

Salt and freshly ground black pepper, to taste

Heat the oil in a Dutch oven or similar large, heavy pot over a medium flame. Reduce heat to medium-low and add onions. Cook until onions are translucent, but not

golden, about 4 to 5 minutes.

Add garlic and mushrooms. Stir until mushrooms are soft and partially cooked, about 3 minutes. Add wine and cook another 3 to 4 minutes, stirring to prevent sticking.

Add remaining ingredients and cook for 15 minutes, or until heated through.

Preparation 25 minutes. Makes 4 to 6 servings.

Recipe by Deborah Krasner, Vegetarian Times magazine, September 2002.

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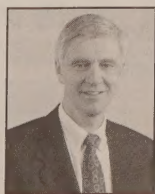
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# Prime



# Times

## "I Wish I Had Moved to Byron Park Sooner"

A comment often heard from residents at Byron Park! "I have all the PRIVACY I want in my apartment, and the CHOICES of things to do when I want to."

I was so tired of cooking and eating alone. I love the MEALS, and especially the companionship with others!"

Without the worry and expense of taking care of a big house, I have more time and energy to do other things!"

I feel so SAFE here!"

These are a few of the many great comments expressed from residents when asked about their home at Byron Park.

An example of a retirement community that values their residents' growth is Byron Park in Walnut Creek. Not only are the traditional services graciously provided, but there are diverse opportunities for recreational, cultural, educational, and spiritual growth.

Residents' ages range from 62 to 95 years of age with a vast diversity of

interests, backgrounds and talents. A variety of programs, ranging from water aerobics in the pool, exercise rooms and classes, seminars on health, financial and business interests, to seminars on history, current events, and specialized focuses of interest. Byron Park also provides opportunities to work on projects to provide scholarships for young people and participate in several projects that benefit others in the community.

Byron Park is located in a secure and ideal country setting between Rossmoor and downtown Walnut Creek. Most did not think they were "ready yet" when they first came to Byron Park to visit. They were pleasantly surprised! We invite you to stop by and see for yourself the full and active lifestyle Byron Park has to offer. For more information about Byron Park, or to request a brochure or tour, please call

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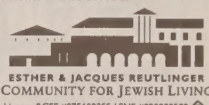
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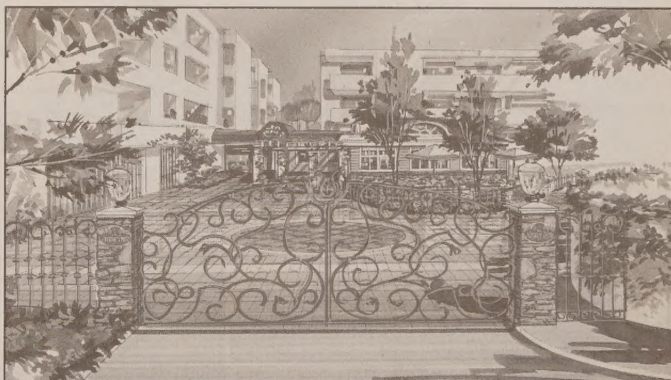
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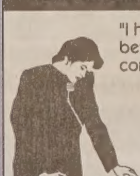
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